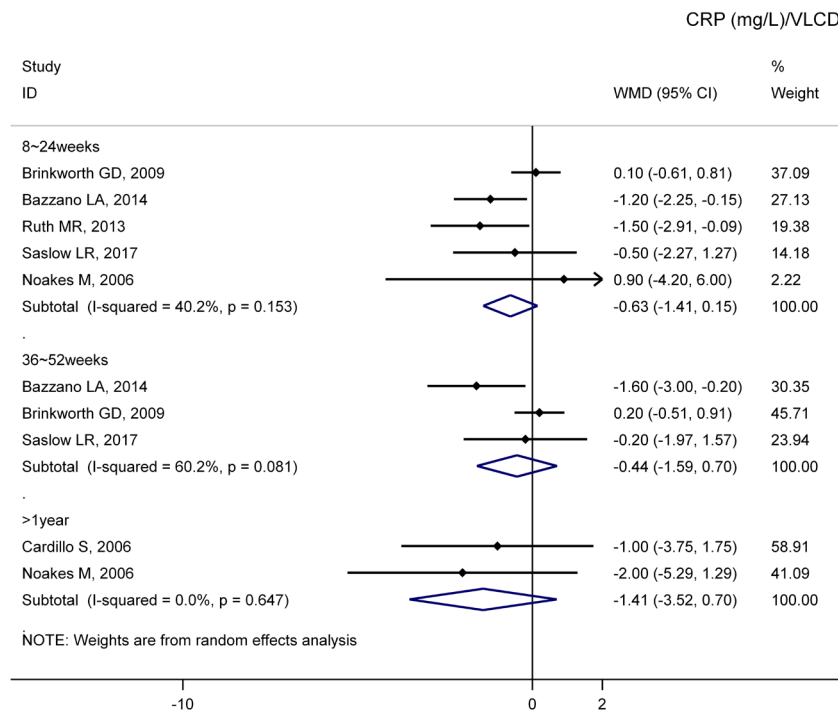
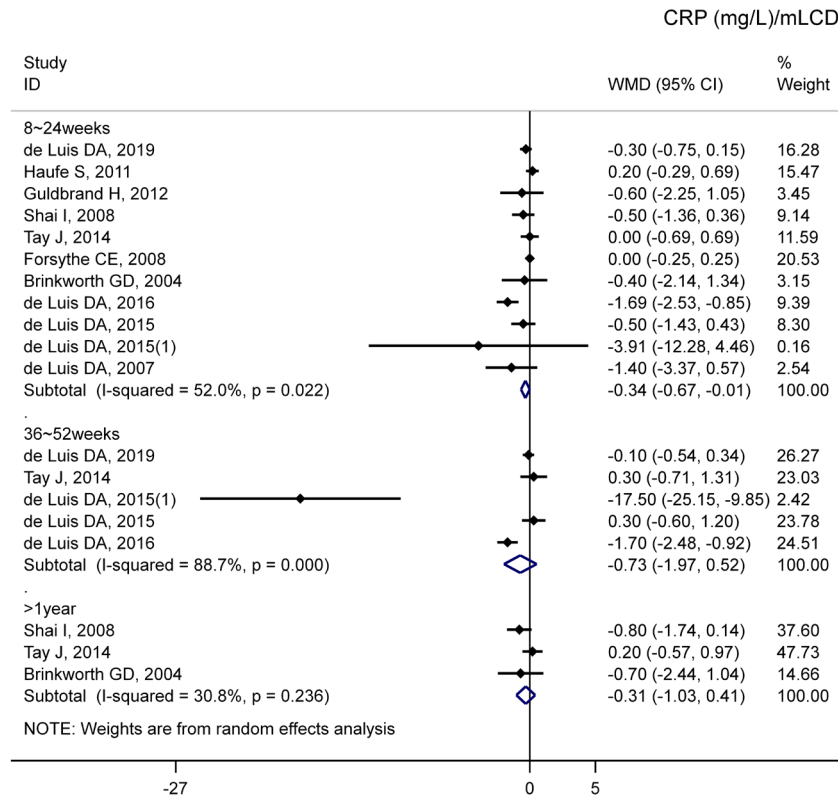


**Supplementary Fig. 10.** Effects of carbohydrate-restricted diets on serum adiponectin and C-reactive protein (CRP) levels in adults with overweight/obesity. (A) Moderately-low or low carbohydrate diet (mLCD) on adiponectin. (B) Very-low carbohydrate diet (VLCD) on adiponectin. (C) mLCD on C-reactive protein (CRP). (D) VLCD on CRP. (Continued to the next page)



Supplementary Fig. 10. Continued.