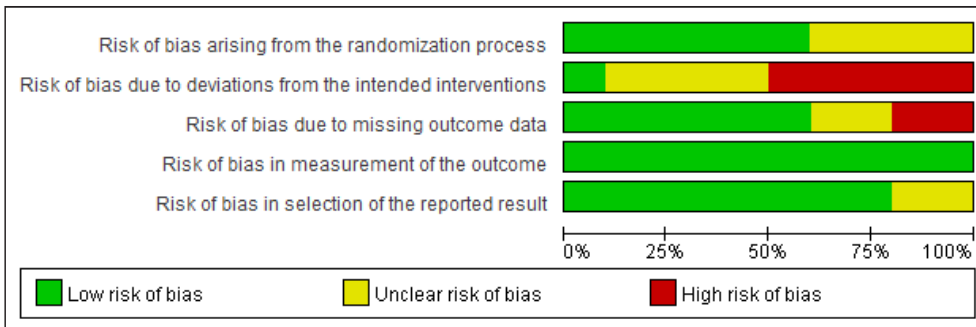


	Risk of bias arising from the randomization process	Risk of bias due to deviations from the intended interventions	Risk of bias due to missing outcome data	Risk of bias in measurement of the outcome	Risk of bias in selection of the reported result
Barnosky A, 2017	?	-	-	+	+
Bowen J, 2018	+	?	+	+	+
Carter S, 2016	+	-	+	+	+
Carter S, 2018	+	?	+	+	+
Kunduraci YE, 2000	?	?	?	+	+
Panizza CE, 2019	+	+	+	+	+
Phillips NE, 2021	+	?	?	+	+
Razavi R, 2021	?	-	+	+	?
Trepanowski JF, 2017	?	-	-	+	?
Varady KA, 2013	+	-	+	+	+



Supplementary Fig. 13. Risk of bias assessment in studies evaluating the effects of intermittent fasting in adults with overweight/obesity.