# THE LANCET Respiratory Medicine

# Supplementary appendix 1

This appendix formed part of the original submission and has been peer reviewed. We post it as supplied by the authors.

Supplement to: Munblit D, Nicholson T, Akrami A, et al. A core outcome set for post-COVID-19 condition in adults for use in clinical practice and research: an international Delphi consensus study. *Lancet Respir Med* 2022; published online June 14. https://doi.org/10.1016/S2213-2600(22)00169-2.

### Core Outcome Set for Research and Clinical Practice in Post COVID-19 Condition (Long COVID): An International Delphi Consensus Study 'PC-COS'

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- 7. University of Oxford, Oxford, UK
- 8. CDC COVID-19 Emergency Response, USA
- 9. University of Cork, Cork, Ireland
- 10. Division of Program Coordination, Planning, and Strategic Initiatives, Office of the Director, NIH, Bethesda, USA
- 11. European Medicines Agency, the Netherlands
- 12. New York University Grossman School of Medicine, USA
- 13. Pediatric Epidemiology, Department of Pediatrics, Medical Faculty, Leipzig University, Leipzig, Germany
- 14. Research and Clinical Center for Neuropsychiatry, Moscow, Russia
- 15. Interdepartmental Division of Critical Care Medicine, University of Toronto, Toronto, ON, Canada
- 16. Oregon Health & Science University, USA
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**Table S1: PC-COS Project Steering Committee** 

| Name            | Middle<br>name | Surname     | Institution   | Country   | Expertise                                     | Lived experience of Long COVID? |
|-----------------|----------------|-------------|---|-----------|---|---------------------------------|
| EUROPEAN REGION |                |             |   |           |   |                                 |
| Daniel          |                | Munblit     | Sechenov University/Imperial College<br>London  | Russia/UK | Allergy, Pediatrics                           |                                 |
| Alla            |                | Guekht      | Research and Clinical Centre for<br>Neuropsychiatry   | Russia    | Neurology                                     |                                 |
| Tim             |                | Nicholson   | King's College London   | UK        | Neuropsychiatry                               |                                 |
| Paula           |                | Williamson  | University of Liverpool   | UK        | Methodology, COS development                  |                                 |
| Jochen          |                | Schmitt     | University of Dresden   | Germany   | Methodology, COS development                  |                                 |
| Christian       |                | Apfelbacher | University of Magdeburg   | Germany   | Epidemiology, COS development                 |                                 |
| Piero           |                | Olliaro     | University of Oxford  | UK        | Public Health, Infectious diseases            |                                 |
| Malcolm "Calum" | G.             | Semple      | University of Liverpool; Alder Hey<br>Children's Hospital Liverpool                         | UK        | Respiratory and Infectious Diseases           | No                              |
| John            | O.             | Warner      | Imperial College London   | UK        | Allergy, Respiratory Medicine,<br>Peadiatrics |                                 |
| Louise          |                | Sigfrid     | University of Oxford  | UK        | Public Health, Infectious diseases            | No                              |
| Janet           | T.             | Scott       | MRC-University of Glasgow Centre for<br>Virus Research                                      | UK        | Infectious Diseases                           |                                 |
| Audrey          |                | DunnGalvin  | University of Cork  | Ireland   | Medical Psychology                            |                                 |
| Jon             |                | Genuneit    | Pediatric Epidemiology, Department of<br>Pediatrics, Medical Faculty, Leipzig<br>University | Germany   | Epidemiology                                  |                                 |
| Frances         |                | Simpson     | Coventry University   | UK        | Psychology                                    |                                 |

| Danilo        |          | Buonsenso    | Department of Woman and Child Health and<br>Public Health, Fondazione Policlinico<br>Universitario A. Gemelli IRCCS, Rome,<br>Italy | Italy           | Pediatrics, Infectious Diseases                      | No  |
|---------------|----------|--------------|---|-----------------|--|-----|
| Manoj         |          | Sivan        | University of Leeds   | UK              | Rehabilitation Medicine                              |     |
| Bob           |          | Siegerink    | Leiden University Medical Center  | The Netherlands | Epidemiology   | No  |
| Frederikus    | A.       | Klok         | Department of Medicine – Thrombosis and<br>Hemostasis, Leiden University Medical<br>Center  | The Netherlands | Vascular Medicine, Cardiology                        |     |
| Sergey        |          | Avdeev       | Sechenov University   | Russia          | Respiratory  |     |
| Charitini     |          | Stavropoulou | City, University of London  | UK              | Health Services Research                             | No  |
| Melina        |          | Michelen     | University of Oxford  | UK              | Public Health, Infectious diseases                   |     |
| Olalekan      | Lee      | Aiyegbusi    | University of Birmingham  | UK              | Outcomes Methodology                                 |     |
| Melanie       |          | Calvert      | University of Birmingham  | UK              | Outcomes Methodology                                 |     |
| Sarah         | E.       | Hughes       | University of Birmingham  | UK              | Outcomes Methodology                                 |     |
| Shamil        |          | Haroon       | University of Birmingham  | UK              | Public Health, Primary Care,<br>Respiratory Medicine | No  |
| Sarah         |          | Gorst        | University of Liverpool   | UK              | Epidemiology   |     |
| Nicola        |          | Harman       | University of Liverpool   | UK              | Epidemiology   |     |
| Laura         |          | Fregonese    | European Medicines Agency   | NL              | Respiratory, Immunology, Regulatory<br>Science       |     |
| Gail          |          | Carson       | University of Oxford  | UK              |  |     |
| Athena        |          | Akrami       | UCL   | UK              | Neuroscience   | Yes |
| Samuel        |          | Knauss       | Charité – Universitätsmedizin Berlin  | Germany         | Neurology with Experimental<br>Neurology             |     |
| Margaret      |          | O'Hara       | Long Covid Support  | UK              | Patient and Public Involvement in Research           | Yes |
| Nina          |          | Seylanova    | Sechenov University   | Russia          | ECR  | No  |
| Alisa         |          | Kokorina     | Pirogov Medical University  | Russia          | ECR  |     |
| Jessica       |          | Chen         | Imperial College London   | UK              | ECR  |     |
| Callum        |          | Parr         | Imperial College London   | UK              | ECR  |     |
| REGION OF THE | AMERICAS |              | 1   | I               |  |     |
| John          |          | Marshall     | University of Toronto   | Canada          | Surgery, Critical Care                               |     |
| Margaret      |          | Herridge     | University of Toronto   | Canada          | Critical Care, Pulmonary Medicine                    |     |

| Srinivas        |           | Murthy        | University of British Columbia                        | Canada      | Critical Care, Paediatrics, Infectious<br>Diseases  |    |
|-----------------|-----------|---------------|---|-------------|---|----|
| Dale            | M.        | Needham       | John's Hopkins University                             | USA         | Critical Care, Physical Medicine and<br>Rehabilitation                                    | No |
| Theo            |           | Vos           | University of Washington                              | USA         | Global Health, Epidemiology   |    |
| Sarah           |           | Wulf Hanson   | University of Washington                              | USA         |   |    |
| Ann             | M.        | Parker        | John's Hopkins University                             | USA         | Critical Care, Pulmonary Medicine   | No |
| Kelly           | K.        | O'Brien       | University of Toronto                                 | Canada      | Rehabilitation, Physical Therapy,<br>Clinical Epidemiology, Measurement                   | No |
| Andrea          |           | Lerner        | NIH/NIAID   | USA         | Infectious Diseases   |    |
| Jennifer        | R.        | Chevinsky     | CDC COVID-19 Emergency Response                       | USA         | Epidemiology, Population Health,<br>Preventive Medicine                                   |    |
| Robert          | W.        | Eisinger      | NIH/Office of the Director                            | USA         | Virology  |    |
| Catherine       | L.        | Hough         | Oregon Health & Science University                    | USA         | Pulmonary, Allergy, and Critical Care<br>Medicine   | No |
| Sharon          | H.        | Saydah        | CDC/DDID/NCIRD/DVD; CDC COVID-19<br>Response          | USA         | Epidemiology  |    |
| Elizabeth       | R.        | Unger         | CDC/DDID/NCEZID/DHCPP; CDC<br>COVID-19 Response       | USA         | Public Health   | No |
| Jennifer        | A.        | Frontera      | New York University Grossman School of<br>Medicine    | USA         | Neurocritical care  |    |
| Regis           | G.        | Rosa          | Hospital Moinhos de Vento                             | Brazil      | Critical Care, Respiratory Medicine   | No |
| WESTERN PACIFIC | C REGION  |               |   |             |   |    |
| Allison         |           | Tong          | The University of Sydney                              | Australia   | Public Health   |    |
| Bin             |           | Cao           | China-Japan Friendship Hospital                       | China       | Pulmonology   |    |
| SOUTH-EAST ASIA | AN REGION |               |   | •           |   |    |
| Shinjini        |           | Bhatnagar     | Translational Health Science and Technology Institute | India       | Maternal and child health,<br>Epidemiology  | No |
| Ramachandran    |           | Thiruvengadam | Translational Health Science and Technology Institute | India       | Maternal and child health,<br>Epidemiology  | No |
| WHO             |           |               |   |             |   |    |
| Janet           |           | Diaz          | WHO   | Switzerland | Critical Care, Pulmonary Medicine,<br>Global Health                                       |    |
| Archana         |           | Seahwag       | WHO   | Switzerland | Global Health, Tropical Medicine,<br>Epidemiology, Health Systems, Access<br>to Medicines | No |
| Wouter          |           | De Groote     | WHO   | Switzerland | Global Health, Rehabilitation Medicine  | No |

| Jacobus  | Preller       | WHO | Switzerland |  |
|----------|---------------|-----|-------------|--|
| Nicoline | Schiess       | WHO | Switzerland | Global health, Neurology                           |
| Anouar   | Bouraoui      | WHO |             |  |
| Maria    | Van Kerkhove  | WHO | Switzerland | Epidemiology                                       |
| Tarun    | Dua           | WHO |             |  |
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| Juan     | Soriano Ortiz | WHO |             |  |

Table S2. The list of the Delphi dissemination recipients.

| Groups contacted by study group  |                                  |
|--|----------------------------------|
| Long COVID ACTS (Autonomous Communities Together Spain)  | Patient advocacy group           |
| Covid-19 Longhauler Advocacy Project   | Patient advocacy group           |
| Long COVID Alliance  | Patient advocacy group           |
| Stroke Association Supportnetwork-Ghana  | Patient advocacy group           |
| Long Covid Italia  | Patient advocacy group           |
| Untypical Coronavirus (post-covid) Public Group, Russian Patients Group  | Patient advocacy group           |
| Long Covid Support   | Patient advocacy group           |
| Long Covid Physio  | Patient advocacy group           |
| PatientLed research  | Patient advocacy group           |
| Clinician-patient UK Facebook group  | Patient advocacy group           |
| NHS England  | Healthcare networks              |
| UK clinics in South East London  | Healthcare networks              |
| US Clinics (details of clinicians running Long COVID clinics were collected from a wide range of collaborators and networks) | Healthcare networks              |
| Australian networks (Provided by Dr Allison Tong)  | Healthcare networks              |
| NIH CONNECTS (at Vanderbilt University)  | Healthcare networks              |
| NIH RECOVER (at NYU Langone)   | Healthcare networks              |
| NICE (The National Institute for Health and Care Excellence)   | Healthcare networks              |
| Zhongnan Hospital of Wuhan University  | Healthcare networks              |
| ISARIC (International Severe Acute Respiratory and emerging Infection Consortium) Leads                                      | Healthcare and research networks |
| Global Burden of Disease   | Healthcare and research networks |
|  |                                  |

| NIHR Long COVID Working Group  | Healthcare networks                                      |
|--|--|
| COMET  | Core Outcome Measures in Effectiveness Trials Initiative |
| COVID-END Community  | Researchers community                                    |
| Cochrane Collaboration   | Researchers community                                    |
| Lead authors of studies identified in systematic review work, including trial registry entries |  |
| Recipients of WHO Post COVID COS distribution  |  |
| Recipients of WHO Neuro distribution   |  |

#### **Details of the Modified Delphi Consensus Process**

Relevant stakeholders were identified via published studies, international organisations (e.g. WHO, ISARIC) and patient organisations and were invited to take part in the Delphi process either by direct email, including a direct link to join the consensus process, from the study team or from relevant patient or professional organisations. Patients from "Long COVID clinical services" were also sent email invitations. Calls for participation were also disseminated via international and local patient organisations and large private "Long COVID" social media groups (see appendix p 25). Relevant stakeholder group descriptions and a contact email were also provided on a study website (https://www.pc-cos.org). These additional stakeholders received Delphi registration links after eligibility confirmation by study team members (NSe, AK) and, if needed, discussion with the 'core group'.

Reminder emails were sent to registered participants, who had not yet completed the survey, at 1 week and 2 weeks after survey launch. In the first Delphi round participants were given information describing the objective of a COS and this project, and then provided with the list of outcomes (accompanied with text providing a simple description for each outcome (see appendix p 27)) and were asked to rate their importance for inclusion in the COS. Participants were also asked to suggest any additional important outcomes. Any additional outcomes submitted were reviewed by the 'core group' to ensure no redundancy with original outcomes before inclusion in the second round.

In the second round of the Delphi process, participants were shown their prior rating from the first round, together with ratings of each of the three stakeholder groups (presented as the distribution of 1-9 ratings for each outcome) and asked to consider this information and again rate the outcome using the 1-9 scale. Only participants rating 50% or more of the outcomes in the first round were invited to the second survey. All outcomes from the first round were carried through to the second round. Reminder emails, highlighting the importance of completing the second round, were sent at regular intervals to participants who had not submitted their responses.

#### **Details of Consensus meeting**

Participants completing both rounds of the Delphi survey were eligible to participate and were asked to express their interest during the online Delphi process. These expressions of interest were considered to help assure distribution of attendees across the stakeholder groups and international representation. There were 27 voting participants who agreed to take part; this was not sufficiently large for consensus-related voting as a separate stakeholder group so they were asked to select which of the other two groups they would be most appropriate to join; one joined the health care professionals or researchers group, and four joined the patient group. These final two stakeholder groups had the following composition: 12 Patients (7 UK, 1 Ireland, 1 Greece, 1 Belgian, 1 Spain, 1 USA), 15 health care professionals/researchers (2 USA, 2 India, 1 UK, 1 Russia, 1 Chile, 1 Switzerland, 1 Belgium, 1 Brazil, 1 Norway, 1 Canada, 1 Sweden, 1 Nigeria, 1 Ghana). Prior to attending the meeting, participants received background information and a copy of their own ratings from the Delphi survey and a summary of outcomes that would be discussed at the meeting. People with lived experience and their carers were also invited to attend a pre-meeting, led by the COMET Patient and Public Coordinator, where they were provided with further information about the purpose of COS, what to expect at the consensus meeting and had the opportunity to ask questions.

Table S3. References used for the development of the long list of outcomes.

## i. References suggested by the Steering Committee members

|    |                   | 1. References suggested by the Steering Committee members  |
|----|-------------------|--|
|    | Document type     |  |
| 1  | Draft             | ISARIC's Characterising long term Covid-19: a living systematic review, M. Michelen et al.   |
| 2  | Draft             | Therapies for Long COVID in non-hospitalised individuals, (TLC) Study Group  |
| 3  | Article           | Al-Aly, Z., Xie, Y. & Bowe, B. High-dimensional characterization of post-acute sequelae of COVID-19. Nature 594, 259–264 (2021). https://doi.org/10.1038/s41586-021-03553-9  |
| 4  | Article           | Nalbandian, A., Sehgal, K., Gupta, A. et al. Post-acute COVID-19 syndrome. Nat Med 27, 601–615 (2021). https://doi.org/10.1038/s41591-021-01283-z  |
| 5  | Draft             | Long COVID outcome measures (shared by T, Nicholson)   |
| 6  | CRF               | Global COVID-19 Clinical Platform Case Report Form (CRF) for Post COVID condition (Post COVID-19 CRF), WHO   |
| 7  | Article           | Taquet M, Geddes JR, Husain M, Luciano S, Harrison PJ. 6-month neurological and psychiatric outcomes in 236 379 survivors of COVID-19: a retrospective cohort study using electronic health records. Lancet Psychiatry. 2021;8(5):416-427. doi:10.1016/S2215-0366(21)00084-5 |
| 8  | Article           | Ayoubkhani D, Khunti K, Nafilyan V, et al. Post-covid syndrome in individuals admitted to hospital with covid-19: retrospective cohort study. BMJ. 2021;372:n693. Published 2021 Mar 31. doi:10.1136/bmj.n693  |
| 9  | National Guidance | National guidance for post-COVID syndrome assessment clinics (UK)  |
| 10 | Draft             | Proposed Epidemiologic Phenotypes for Post-COVID Conditions: Classification of Illness Beyond Four Weeks of Acute Infection  |
| 11 | Viewpoint         | Olliaro PL. An integrated understanding of long-term sequelae after acute COVID-19. Lancet Respir Med. 2021;9(7):679-680. doi:10.1016/S2213-2600(21)00206-X  |
| 12 | Article           | Wu X, Liu X, Zhou Y, et al. 3-month, 6-month, 9-month, and 12-month respiratory outcomes in patients following COVID-19-related hospitalisation: a prospective study. Lancet Respir Med. 2021;9(7):747-754. doi:10.1016/S2213-2600(21)00174-0                                |
| 13 | Preprint          | J. Rogers et al. The neurology and neuropsychiatry of COVID-19: a systematic review and meta-analysis of the early literature reveals frequent CNS manifestations and key emerging narratives, https://www.medrxiv.org/content/10.1101/2021.02.24.21252335v1                 |
| 14 | Article           | Machado FVC, Meys R, Delbressine JM, et al. Construct validity of the Post-COVID-19 Functional Status Scale in adult subjects with COVID-19. Health Qual Life Outcomes. 2021;19(1):40. Published 2021 Feb 3. doi:10.1186/s12955-021-01691-2                                  |
| 15 | Preprint          | H. Davis et al. Characterizing Long COVID in an International Cohort: 7 Months of Symptoms and Their Impact. https://www.medrxiv.org/content/10.1101/2020.12.24.20248802v2   |
| 16 | Preprint          | S. Lopez-Leon et al. More than 50 Long-term effects of COVID-19: a systematic review and meta-analysis.<br>https://www.medrxiv.org/content/10.1101/2021.01.27.21250617v2   |
|    |                   | ii. References from ISARIC Living Systematic Review (1)  |
| 1  | Article           | Greenhalgh T, Knight M, A'Court C, et al. Management of post-acute covid-19 in primary care. BMJ 2020;370. doi:10.1136/bmj.m3026   |
| 2  | Article           | Sudre CH, Murray B, Varsavsky T, et al. Attributes and predictors of long COVID. Nat Med 2021;27:626–31. doi:10.1038/s41591-021-01292-y  |
| 3  | Article           | Zhang J, Xu J, Zhou S, et al. The characteristics of 527 discharged COVID-19 patients undergoing long-term follow-up in China. Int J Infect Dis IJID Off Publ Int Soc Infect Dis 2021;104:685–92. doi:10.1016/j.ijid.2021.01.064   |
| 4  | Article           | Petersen MS, Kristiansen MF, Hanusson KD, et al. Long COVID in the Faroe Islands: A Longitudinal Study Among Nonhospitalized Patients. Clin Infect Dis Published Online First: 30 November 2020. doi:10.1093/cid/ciaa1792  |
| 5  | Article           | Nguyen NN, Hoang VT, Lagier J-C, et al. Long-term persistence of olfactory and gustatory disorders in COVID-19 patients. Clin Microbiol Infect Off Publ Eur Soc Clin Microbiol Infect Dis Published Online First: 5 January 2021. doi:10.1016/j.cmi.2020.12.021              |
| 6  | Article           | Qu G, Zhen Q, Wang W, et al. Health-related quality of life of COVID-19 patients after discharge: A multicenter follow-up study. J Clin Nurs;n/a. doi:https://doi.org/10.1111/jocn.15733   |

| 7  | Article | Logue JK, Franko NM, McCulloch DJ, et al. Sequelae in Adults at 6 Months After COVID-19 Infection. JAMA Netw Open 2021;4:e210830. doi:10.1001/jamanetworkopen.2021.0830   |
|----|---------|---|
| 8  | Article | Nugent J, Aklilu A, Yamamoto Y, et al. Assessment of Acute Kidney Injury and Longitudinal Kidney Function After Hospital Discharge Among Patients With and Without COVID-19. JAMA Netw Open 2021;4:e211095. doi:10.1001/jamanetworkopen.2021.1095   |
| 9  | Article | Arnold DT, Hamilton FW, Milne A, et al. Patient outcomes after hospitalisation with COVID-19 and implications for follow-up: results from a prospective UK cohort. Thorax 2021;76:399–401. doi:10.1136/thoraxjnl-2020-216086  |
| 10 | Article | Blanco J-R, Cobos-Ceballos M-J, Navarro F, et al. Pulmonary long-term consequences of COVID19 infections after hospital discharge. Clin Microbiol Infect 2021;0. doi:10.1016/j.cmi.2021.02.019  |
| 11 | Article | Sykes DL, Holdsworth L, Jawad N, et al. Post-COVID-19 Symptom Burden: What is Long-COVID and How Should We Manage It? Lung 2021;199:113–9. doi:10.1007/s00408-021-00423-z   |
| 12 | Article | Jacobson KB, Rao M, Bonilla H, et al. Patients with uncomplicated COVID-19 have long-term persistent symptoms and functional impairment similar to patients with severe COVID-19: a cautionary tale during a global pandemic. Clin Infect Dis Off Publ Infect Dis Soc Am Published Online First: 7 February 2021. doi:10.1093/cid/ciab103 |
| 13 | Article | Anastasio F, Barbuto S, Scarnecchia E, et al. Medium-term impact of COVID-19 on pulmonary function, functional capacity and quality of life. Eur Respir J Published Online First: 11 February 2021. doi:10.1183/13993003.04015-2020   |
| 14 | Article | Bellan M, Soddu D, Balbo PE, et al. Respiratory and Psychophysical Sequelae Among Patients With COVID-19 Four Months After Hospital Discharge. JAMA Netw Open 2021;4:e2036142. doi:10.1001/jamanetworkopen.2020.36142   |
| 15 | Article | Xu J, Zhou M, Luo P, et al. Plasma metabolomic profiling of patients recovered from COVID-19 with pulmonary sequelae 3 months after discharge. Clin Infect Dis Off Publ Infect Dis Soc Am Published Online First: 17 February 2021. doi:10.1093/cid/ciab147   |
| 16 | Article | Xiong Q, Xu M, Li J, et al. Clinical sequelae of COVID-19 survivors in Wuhan, China: a singlecentre longitudinal study. Clin Microbiol Infect Off Publ Eur Soc Clin Microbiol Infect Dis 2021;27:89–95. doi:10.1016/j.cmi.2020.09.023   |
| 17 | Article | Weng J, Li Y, Li J, et al. Gastrointestinal sequelae 90 days after discharge for COVID-19. Lancet Gastroenterol Hepatol 2021;6:344–6. doi:10.1016/S2468-1253(21)00076-5   |
| 18 | Article | Han X, Fan Y, Alwalid O, et al. Six-month Follow-up Chest CT Findings after Severe COVID-19 Pneumonia. Radiology 2021;299:E177–86. doi:10.1148/radiol.2021203153  |
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|   |          | ii. References from infaktic Elving Systematic Review (2)  |
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# iii. Clinical trials protocols

| Trial ID | Study title |  |
|----------|-------------|--|

| 1  | NCT04768257             | Physical Activity Post Coronavirus (COVID-19). A Longitudinal Study  |
|----|-------------------------|--|
| 2  | DRKS00024434            | Immune-mediated pathogenesis and development of autoimmunity in neurological manifestations of COVID-19 - IPEA   |
| 3  | NCT04736732             | The IRCM POST-COVID-19 (IPCO) Clinic: A Multidisciplinary Approach to Evaluate Short and Long-term Complications of COVID-19   |
| 4  | ISRCTN15615697          | Endocrinopathies post COVID-19   |
| 5  | CTRI/2021/01/030816     | Post COVID-19 ENT manifestations-An institutional based prospective study.   |
| 6  | NCT04728906             | Targeted-cell Therapy Using Epithelial Stem Cells and Patients' Cardiomyocytes Loaded in Amnion Bilayer to Regenerate Myocardial Infarction Post COVID-19 Complication   |
| 7  | CTRI/2021/01/030734     | Assessment of Pulmonary Complications in Post Covid Patients - NA  |
| 8  | CTRI/2021/01/030573     | Post Hospital Discharge follow-up of Health-Related Quality of Life (HRQOL) of COVID-19 infected patients. (COVID QOL India) - MIER/COVID/QOL/India/001  |
| 9  | NCT04716465             | Dysautonomia in Patients Post COVID-19 Infection (DYSCO)   |
| 10 | NCT04718506             | Rehabilitation for Post-COVID-19 Syndrome Through a Multicomponent, Educational and Supervised Exercise Intervention [RECOVE]  |
| 11 | NCT04701892             | Central Sensitisation in Post Covid-19 Infection Patients: a Prospective Cohort Study (SILENT 2)   |
| 12 | NCT04703452             | Central Sensitisation in Post Covid-19 Infection Patients: a Cross-sectional Study (SILENT 1)  |
| 13 | NCT04705831             | A Randomized, Double Blind, Placebo Controlled, Cross-Over, Proof-of-Concept Study to Evaluate the Benefit of RUCONEST (C1 Esterase Inhibitor [Recombinant]) in Improving Neurological Symptoms in Post-SARS-CoV-2 Infection   |
| 14 | CTRI/2021/01/030235     | Lung Function Indices Measured by Forced Oscillation Test in Post Covid patients: An Observational Study.  |
| 15 | CTRI/2020/12/029985     | An Open-labeled study to investigate efficacy of add-on personalized Ayurveda intervention in Covid-19 Patients with moderate diseases severity with type 2 diabetes followed by 60 day follow-up of post-viral syndrome post Covid-19 in comparison to standalone treatment based on ICMR guidelines - AAIC |
| 16 | NCT04678700             | Implementation of a Respiratory Physiotherapy Program in Post COVID-19 Patients Through Tele-assistance  |
| 17 | CTRI/2020/12/029755     | Assessment and characterisation of symptoms and quality of life in post covid patients   |
| 18 | CTRI/2020/12/029733     | To Assess CT Chest finding of Post-covid Pneumonia Patient   |
| 19 | NCT04657484             | Comparison of the Efficacy and Safety of Two Corticosteroid Regimens in the Treatment of Diffuse Lung Disease After Coronavirus Disease 2019 (COVID-19) Pneumonia  |
| 20 | NCT04649957             | Profiling the Determinants of Recovery to Establish Novel Rehabilitation Guidelines to Improve Clinically Relevant and Patient-reported Outcomes in the Post-COVID-19 Period   |
| 21 | NCT04647656             | Hyperbaric Oxygen Therapy for Post-COVID-19 Syndrome: a Prospective, Randomized, Double Blind Study.   |
| 22 | CTRI/2020/11/029437     | A retrospective study to evaluate clinical and radiological course in COVID 19 interstitial pneumonia.   |
| 23 | CTRI/2020/11/029305     | Clarithromycin in post Covid parenchymal organizing pneumonia - an open labelled randomized control trial - PCOVID   |
| 24 | NCT04634318             | Organization of Pulmonary Rehabilitation of Post-COVID-19 Patient With Sequelae. Assessment and Therapeutic Indication of Tele-rehabilitation Versus Conventional Rehabilitation   |
| 25 | CTRI/2020/11/029188     | Assessment of quality of life in patients who have recovered from SARS -COV 2 infection  |
| 26 | CTRI/2020/11/029025     | AN OPEN LABEL SINGLE CENTRE PROSPECTIVE OBSERVATIONAL STUDY TO EVALUATE THE RADIOLOGICAL PATTERNS:POST COVID 19 COMPLICATIONS AND CLINICAL OUTCOME RESOLUTIONS OF LUNGS AND BRAIN IN COVID 19 CONFIRMED PATIENTS TREATED WITH AN ANTIVIRAL DRUG ZingiVir-H.  |
| 27 | DRKS00023334            | SARS-CoViD-Endotheliitis Study via Retinal Vascular Analysis (COVID-19) - VoViThel   |
| 28 | ACTRN1262000111493<br>2 | Morbidity Post COVID-19 - Investigation and call to action   |

| 29 | NCT04607928             | Phase-II Randomized Clinical Trial to Evaluate the Effect of Pirfenidone Compared to Placebo in Post-COVID19 Pulmonary Fibrosis   |
|----|-------------------------|---|
| 30 | NCT04604704             | Pilot Study Into Low Dose Naltrexone (LDN) and Nicotinamide Adenine Dinucleotide (NAD+) for Treatment of Patients With Post-COVID-19 Syndrome (Long-COVID19)  |
| 31 | NCT04604080             | Post-COVID-19 Epidemic Depression Assessment in Adults in South Punjab Pakistan   |
| 32 | NCT04592354             | Anhydrous Enol-Oxaloacetate (AEO) on Improving Fatigue in Post-COVID-19 Survivors   |
| 33 | NCT04595240             | Semen Analysis Changes in Covid-19 Positive Patients  |
| 34 | NCT04584450             | Investigation of Validity and Reliability of Post-COVID-19 Functional Status Scale  |
| 35 | NL8947                  | ReCOVer: A Randomised Controlled Trial testing the efficacy of Cognitive Behavioural Therapy for preventing chronic post-infectious fatigue among patients diagnosed with COVID-19.   |
| 36 | CTRI/2020/10/028179     | Impact of Post COVID Physiotherapy and Rehabilitation in Bangladesh   |
| 37 | NCT04574050             | A Self - Guided, Internet - Based Intervention for Patients With Chronic Breathlessness (SELF-BREATHE): Feasibility Randomised Controlled Trial   |
| 38 | NCT04561141             | Post Covid Syndrome: Clinical Pattern and Functional Assessment   |
| 39 | NCT04551781             | Short Term Low Dose Corticosteroids for Management of Post Covid-19 Pulmonary Fibrosis  |
| 40 | NCT04544605             | Special Chinese Medicine Out-patient Programme for Discharged COVID-19 Patients: An Observational Study   |
| 41 | NCT04534478             | Randomized, Open, Parallel, Single-center, Non-inferiority Clinical Trial, With an Active Control Group, Comparing Two Oral Prednisone Regimens With the Aim of Optimizing the Therapeutic Strategy in Patients With Organizing Pneumonia Post-COVID-19 Infection |
| 42 | NCT04601415             | Diagnosis of Heart Failure in the Post-COVID-19 Clinic, Primary Care and Hospital Setting Using a Digital Stethoscope With Artificial Intelligence (AI) Electrocardiogram (ECG)   |
| 43 | NCT04525911             | Assessment of Long-term Impact Post COVID-19 for Patients and Health Care Professionals of the European Hospital  |
| 44 | NCT04514705             | Clinical Respiratory Investigation in Post Covid-19 Patients  |
| 45 | ACTRN1262000077898<br>7 | Persistent lung and arterial inflammation following COVID-19 pneumonia  |
| 46 | CTRI/2020/07/026821     | Study of dermatological changes post COVID-19 illness within 3 months of recovery.  |
| 47 | NCT04487691             | Autologous Nebulized Platelet Lysate for Post COVID-19 Syndrome   |
| 48 | NCT04479293             | Assessment of Functional Recovery From COVID-19 Using the Proposed Post- COVID-19 Functional Status Score   |
| 49 | RBR-4wnx2q              | Evaluation, pulmonary rehabilitation and follow-up of individuals affected by Covid-19 after hospital high - treatment and clinical follow-up   |
| 50 | NCT04414904             | Determining the Reproductive Health of Men Post-COVID-19 Infection  |
| 51 | NCT04388436             | Cardiopulmonary and Immunological Impacts of Covid-19 in a Cohort of Survivors  |
| 52 | NCT04374474             | Olfactory Retraining Therapy and Budesonide Nasal Rinse for Anosmia Treatment in Patients Post-CoVID 19. A Randomized Controlled Trial  |
| 53 | DRKS00024434            | Immune-mediated pathogenesis and development of autoimmunity in neurological manifestations of COVID-19   |
| 54 | ACTRN1262100003186<br>4 | Home-based virtual rehabililtation for people with persistent symptoms after COVID-19 disease (Long COVID-19)   |
| 55 | NCT04695704             | Montelukast Clinical Trial in Mild-moderate Respiratory Symptoms in Patients With Long-COVID (ESPERANZA COVID)  |
| 56 | NCT04659889             | Clinical and Haematological Phenotypes in Long COVID  |
| 57 | NCT04876417             | tDCS for Post COVID-19 Fatigue  |

| 58        | NCT04798066 | Intermediate Size Expanded Access Protocol Evaluating HB-adMSC's for the Treatment of Post-COVID-19 Syndrome (LongHaulers)              |
|-----------|-------------|---|
| 59        | NCT04694768 | Implementation of Rehabilitation Program for Post COVID-19  |
| 60        | NCT04718506 | Rehabilitation for Post-COVID-19 Syndrome Through a Supervised Exercise Intervention (RECOVE)   |
| 61        | NCT04881305 | Characterizing Long-term Cognitive and Emotional Impairment in Post-COVID-19 Sequelae   |
| 62        | NCT04849598 | Automatic Oxygen Titration in Patients After SARS-CoV-2 Infection   |
| 63        | NCT04885504 | Post COVID-19 Biorepository   |
| 64        | NCT04836351 | Rehabilitation for Patients With Persistent Symptoms Post COVID-19  |
| 65        | NCT04811859 | The Effect of Inspiratory Muscle Training in Post COVID-19 Patients   |
| 66        | NCT04813718 | Post COVID-19 Syndrome and the Gut-lung Axis  |
| 67        | NCT04716465 | Dysautonomia in Patients Post COVID-19 Infection (DYSCO)  |
| 68        | NCT04794985 | Post-COVID-Health Study: Multidimensional Health Status of COVID-19 Survivors One Year After a SARS-CoV-2 Infection                     |
| 69        | NCT04818489 | Colchicine and Post-COVID-19 Pulmonary Fibrosis   |
| 70        | NCT04860869 | Endocrine, Metabolic and Microbiome Influence on the Post COVID-19 Syndrome   |
| 71        | NCT04794036 | Efficacy of an Asynchronous Telerehabilitation Programme in Post-COVID-19 Patient   |
| 72        | NCT04841759 | The Effects of a Multi-factorial Rehabilitation Program for Healthcare Workers Suffering From Post-COVID-19 Fatigue Syndrome            |
| 73        | NCT04806880 | Study Evaluating the Olfactory Recovery of Anosmia Post COVID-19 by Olfactory Rehabilitation Assisted by Web-application (COVIDANOSMIA) |
| 74        | NCT04796064 | Low Versus High-Intensity Aerobic Training in Community-dwelling Older Men With Post-COVID 19 (SARS-CoV-2) Sarcopenia                   |
| 75        | NCT04705831 | Study to Evaluate the Benefit of RUCONEST in Improving Neurological Symptoms in Post COVID-19 Infection                                 |
| 76        | NCT04799444 | LATE-COVID/LATE-COVID-Kids - Observational Study in Children and Adults (LATE-COVID)  |
| 77        | NCT04860206 | Post COVID19 Functional and Cognitive Assessments (PostCovidZRS)  |
| <i>78</i> | NCT04889313 | Post-COVID Neurologic Symptoms : a Somatic Spectrum Disorder ? (SOMATiC)  |
| 79        | NCT04789395 | Evaluation of Post-covid 19 Patients Who Receive Ozonetheraphy With Thorax CT   |
| 80        | NCT04859894 | Physiological Studies in Post-COVID-19 Syndrome, and the Association With DNA Methylation   |
| 81        | NCT04799977 | COVID-19: Post-covid Olfactory Disorders Assessment   |
| 82        | NCT04830943 | Cerebrolycin for Treatment of Covid-related Anosmia and Ageusia   |
| 83        | NCT04793269 | Characteristics of Long COVID-19 Syndrome   |
| 84        | NCT04586413 | Post Acute COVID-19 Quality of Life (PAC-19QoL) Tool Development and Patient Registry (PAC-19QoLReg)                                    |
| 85        | NCT04573062 | Natural History of Post-Coronavirus Disease 19 Convalescence at the National Institutes of Health                                       |
| 86        | NCT04794374 | Effects of Telerehabilitation After Discharge in COVID-19 Survivors   |
| 87        | NCT04886414 | Home-based Care and Hand Hygiene Interventions in Honduras  |
| 88        | NCT04810065 | SingStrong: Strong Lungs Through Song - Long COVID-19 Study   |
|           |             |   |

| 89  | NCT04871815 | Effects of Sodium Pyruvate Nasal Spray in COVID-19 Long Haulers.  |
|-----|-------------|---|
| 90  | NCT04795557 | Efficacy of Adaptogens in Patients With Long COVID-19   |
| 91  | NCT04809974 | Clinical Trial of Niagen to Examine Recovery in People With Persistent Cognitive and Physical Symptoms After COVID-19 Illness (Long-COVID)            |
| 92  | NCT04842448 | Safety and Efficacy of Hyperbaric Oxygen Therapy for Long COVID Syndrome  |
| 93  | NCT04786353 | Long COVID Kids DK - Investigating Long-term Covid-19   |
| 94  | NCT04806620 | Comparison of ME/CFS and Long COVID-19 Patients   |
| 95  | NCT04883190 | Fatigue a Long COVID-19 Symptom Substudy of FSC19-KN Trial  |
| 96  | NCT04880161 | A Study to Evaluate Ampion in Patients With Prolonged Respiratory Symptoms Due to COVID-19 (Long COVID)   |
| 97  | NCT04851561 | Post-coronavirus Disease-2019 Fatigue   |
| 98  | NCT04872309 | MUlti-nuclear MR Imaging Investigation of Respiratory Disease-associated CHanges in Lung Physiology   |
| 99  | NCT04652518 | LYT-100 in Post-acute COVID-19 Respiratory Disease  |
| 100 | NCT04854772 | Mind Body Intervention for COVID-19 Long Haul Syndrome  |
| 101 | NCT04508712 | Long-term Outcomes in Patients With COVID-19  |
| 102 | NCT04715919 | Long Term Outcomes of Coronavirus Disease-19 (COVID-19)   |
| 103 | NCT04362150 | Long-term Impact of Infection With Novel Coronavirus (COVID-19)   |
| 104 | NCT04686734 | Long-term Effects of COVID-19 in Adolescents  |
| 105 | NCT04599998 | Long-term Follow-up Findings of Inpatients for COVID-19 Pneumonia   |
| 106 | NCT04685629 | Covid-19 Long-term Revalidation Follow-up (Colonel)   |
| 107 | NCT04581135 | Study to Investigate Long-term Pulmonary and Extrapulmonary Effects of COVID-19   |
| 108 | NCT04828135 | Dual MRI for Cardiopulmonary COVID-19 Long Haulers  |
| 109 | NCT04871789 | Optimization of Patients Long-term Management After the Coronavirus Infection COVID-19 (OPTIMIST  |
| 110 | NCT04644341 | Tele-monitoring of COVID-19 Survivors for Long-Term Impacts   |
| 111 | NCT04814914 | An Observational Clinical Study to Evaluate COVID-19 Symptoms in "Long Hauler" Patients Who Participated in K031-120 or K032-120                      |
| 112 | NCT04376840 | Prevalence of Long-term Respiratory Complications of Severe SARS-CoV-2 Pneumonia - COVID-19   |
| 113 | NCT04382755 | Zilucoplan® in Improving Oxygenation and Short- and Long-term Outcome of COVID-19 Patients With Acute Hypoxic Respiratory Failure (ZILU-COV           |
| 114 | NCT04605757 | Long-term Evolution of Pulmonary Involvement of Novel SARS-COV-2 Infection (COVID-19): Follow the Covid Study   |
| 115 | NCT04893070 | Impact of SARS-CoV-2 (COVID-19) Infection, Treated in Ambulatory Care, on Long-term Quality of Life in a Parisian Military Population (COVIDAMBUCMA1) |
| 116 | NCT04401163 | Long-term Pulmonary Outcomes After Infection With Sars-CoV-2  |
| 117 | NCT04360538 | Long Term Outcomes of Patients With COVID-19 (COVID19 LTFU)   |
| 118 | NCT04830852 | Pediatric SARS-CoV-2 and MIS-C Long-term Follow-up  |
| 119 | NCT04376658 | Quality of Life and Long-term Outcomes After Hospitalization for COVID-19   |

| 120 | NCT04359927 | Long-term Effects of Coronavirus Disease 2019 on the Cardiovascular System: CV COVID-19 Registry (CV-COVID-19)   |
|-----|-------------|--|
| 121 | NCT04385901 | Long Term Functional Outcomes of COVID-19 Patients Treated by Rehabilitation Services via Telehealth   |
| 122 | NCT04519320 | Medium and Long Term Follow-up of COVID-19 Infected Patients: Research and Characterization of Pulmonary Sequelae (COV-RECUP)                                      |
| 123 | NCT04756193 | Evaluate Long Term Cardiovascular and Pulmonary Complications After COVID-19 With Point of Care Ultrasound   |
| 124 | NCT04813575 | COVID-19 Pathophysiology of Long Term Implications   |
| 125 | NCT04893668 | Depression and Anxiety in Long Term Coronavirus Disease (COVID) 19 (DALT-COV)  |
| 126 | NCT04477902 | Long-Term Experience and Health Effects of COVID-19  |
| 127 | NCT04356378 | Long Term Physical Functional Limitations in Daily Living in SARS-CoV2 Infected Patients Hospitalized in the Acute Phase Then Requiring Rehabilitation (CAPACoV19) |
| 128 | NCT04605965 | WEAICOR: Wearables to Investigate the Long Term Cardiovascular and Behavioral Impacts of COVID-19 (WEAICOR)  |
| 129 | NCT04881266 | Long-Term Functional, Quality-of-Life, Neuropsychological and Cognitive Outcomes in COVID-19 Critical Illness Survivors (LUNGTERMcov)                              |
| 130 | NCT04678830 | COVID-19 Long-Haulers Study  |
| 131 | NCT04559100 | Long-term Characterization of Patients With Severe/Critical Infection by COVID-19 Virus  |
| 132 | NCT04673279 | Long-term COVID-19 Immune Response in a Vulnerable Neighbourhood in Argentina  |
| 133 | NCT04444661 | Effects of COVID-19 Induced Deconditioning After Long-term High Intensity Resistance Exercise  |
| 134 | NCT04347850 | A Cohort of Patients With Possible or Confirmed SARS-CoV-2 (COVID-19) (COVIDothèque)   |
| 135 | NCT04410107 | Lung Function, Exercise Capacity and Health-Related Quality of Life After Severe COVID-19  |
| 136 | NCT04836767 | Evaluation of Physical and Functional Status in Patients With COVID-19 in Long Term  |
| 137 | NCT04326920 | Sargramostim in Patients With Acute Hypoxic Respiratory Failure Due to COVID-19 (SARPAC)   |
| 138 | NCT04330638 | Treatment of COVID-19 Patients With Anti-interleukin Drugs (COV-AID)   |
| 139 | NCT04401449 | Cardiopulmonary Inflammation and Multi-System Imaging During the Clinical Course of COVID-19 Infection in Asymptomatic and Symptomatic Persons                     |
| 140 | NCT04384029 | The Geneva Covid-19 CVD Study  |
| 141 | NCT04397172 | Intensive Care Associated Complications and Outcome of Acute Respiratory Distress Syndrome Due to COVID-19   |
| 142 | NCT04368845 | Telerehabilitation in Patients With COVID-19 After Hospitalization. The ATHLOS Study (ATHLOS)  |
| 143 | NCT04416464 | Quality of Life and Patient-centered Outcomes After ICU Admission for COVID-19   |
| 144 | NCT04661462 | Health After Covid-19 in Tyrol   |
| 145 | NCT04593069 | The COGCOV Study in ICU Patients   |

Table S4. The long list of outcomes used in post-COVID-19 condition studies.

| Outcome area            | Outcome domain (per COMET taxonomy)            | Outcome  |
|-------------------------|--|--|
| Death                   | 1. Mortality/survival (n = 1)                  | All-cause mortality                              |
| Physiological/ clinical | 2. Blood and lymphatic system outcomes (n = 9) | Sustained prothrombotic changes                  |
|                         |  | Anaemia  |
|                         |  | Thrombocytopenia                                 |
|                         |  | Neutrophil to lymphocyte ratio changes           |
|                         |  | Changes in inflammatory markers                  |
|                         |  | Changes in serum creatine kinase (CK)            |
|                         |  | Changes in lactate dehydrogenase (LDH)           |
|                         |  | Changes in glutamic-pyruvic transaminase (GPT)   |
|                         |  | Electrolytes changes                             |
|                         | 3. Cardiac outcomes (n = 12)                   | Angina pectoris                                  |
|                         |  | Acute coronary disease                           |
|                         |  | Heart rhythm issues                              |
|                         |  | Heart failure                                    |
|                         |  | Palpitations                                     |
|                         |  | Chest tightness                                  |
|                         |  | Newly diagnosed hypertension                     |
|                         |  | Myocardial fibrosis                              |
|                         |  | Myo- or pericarditis                             |
|                         |  | Changes in cardiovascular fitness                |
|                         |  | Signal variations in the Electrocardiogram (ECG) |
|                         |  | High blood pressure                              |
|                         | 4. Endocrine outcomes (n = 7)                  | Diabetes mellitus                                |
|                         |  | Worsening control of existing diabetes (T1/T2)   |
|                         |  | Diabetic ketoacidosis                            |

|  |                                       | Hyperlipidaemia  |
|--|---------------------------------------|--|
|  |                                       |  |
|  |                                       | Subacute thyroiditis   |
|  |                                       | Hyperthyroidism  |
|  |                                       | Hypothalamic-pituitary-adrenal axis suppression                              |
|  | 5. Ear and labyrinth outcomes (n = 2) | Tinnitus   |
|  |                                       | Hearing problems   |
|  | 6. Eye outcomes (n = 5)               | Visual disturbance   |
|  |                                       | Red eyes/eye irritation  |
|  |                                       | Conjunctivitis   |
|  |                                       | Dry eye disease  |
|  |                                       | Sicca syndrome   |
|  | 7. Gastrointestinal outcomes (n = 10) | Nausea or vomiting   |
|  |                                       | Diarrhoea  |
|  |                                       | Gastritis  |
|  |                                       | Dyspepsia  |
|  |                                       | GORD   |
|  |                                       | Dysphagia  |
|  |                                       | Bloody stool   |
|  |                                       | Enrichment of opportunistic organisms and depletion of beneficial commensals |
|  |                                       | Post-infectious irritable bowel syndrome                                     |
|  |                                       | Constipation   |
|  | 8. General outcomes (n = 20)          | Fatigue  |
|  |                                       | Fever  |
|  |                                       | Malaise  |
|  |                                       | Weakness   |
|  |                                       | New daytime sweating   |
|  |                                       | New nighttime sweating   |
|  |                                       | Flushing   |
|  | I .                                   | 1  |

|  |  | Loss of appetite   |
|--|--|--|
|  |  | Hair loss  |
|  |  | Unspecified pain   |
|  |  | Sleep disorder   |
|  |  | Chest pain   |
|  |  | Breathlessness   |
|  |  | Sleep apnea  |
|  |  | Voice change   |
|  |  | Abdominal pain   |
|  |  | Faints   |
|  |  | Limb edema   |
|  |  | Dry mouth  |
|  |  | Dental issues  |
|  | 9. Hepatobiliary outcomes (n = 2)                          | Chronic liver disease  |
|  |  | Liver function test changes  |
|  | 10. Immune system outcomes (n = 2)                         | Hyperinflammatory state induced SARS-CoV-2   |
|  |  | Post-MIS-C: coronary artery aneury sm, neurologic (headache, encephalopathy, stroke and seizure) complications |
|  | 11. Infection and infestation outcomes (n = 2)             | Prolonged viral fecal shedding   |
|  |  | Tuberculosis   |
|  | 12. Metabolism and nutrition outcomes (n = 4)              | Unintentional weight loss  |
|  |  | Unintentional weight gain  |
|  |  | New onset bone demineralisation  |
|  |  | Unintentional change in Body Constitution  |
|  | 13. Musculoskeletal and connective tissue outcomes (n = 6) | Myalgia  |
|  |  | Arthralgia   |
|  |  | Limb pain - upper or lower   |
|  |  | Muscle atrophy   |
|  |  | Changes in neuromuscular performance during resistance exercise  |

|  |  | Dorsal/low back pain                      |
|--|--|---|
|  | 14. Outcomes relating to neoplasms: benign, malignant and unspecified (including cysts and polyps) $(n = 1)$ | Worsening of pre-existing cancer/neoplasm |
|  | 15. Nervous system outcomes (n = 23)   | Dizziness                                 |
|  |  | Headache                                  |
|  |  | Stroke                                    |
|  |  | Autonomic dysfunction                     |
|  |  | Tremors                                   |
|  |  | Seizures                                  |
|  |  | Taste disturbance                         |
|  |  | Smell disturbance                         |
|  |  | Bradykinesia                              |
|  |  | Dysmetria                                 |
|  |  | Speech difficulty / dysarthria            |
|  |  | Numbness                                  |
|  |  | Guillain-Barré syndrome                   |
|  |  | Abnormal reflex status                    |
|  |  | Trigeminal neuralgia                      |
|  |  | Neuralgia/neuropathy                      |
|  |  | Frontal release signs                     |
|  |  | Parkinsonism                              |
|  |  | Problems with balance                     |
|  |  | Encephalitis                              |
|  |  | Brain physiology changes                  |
|  |  | Restless legs                             |
|  |  | Abnormal muscle tone                      |
|  | 16. Renal and urinary outcomes (n = 8)   | New onset bladder incontinence            |
|  |  | Acute kidney injury                       |

|  |   | Chronic kidney disease                  |
|--|---|---|
|  |   | Urinary tract infections                |
|  |   |   |
|  |   | Problems passing urine                  |
|  |   | Microhaematuria                         |
|  |   | Renal function tests change             |
|  |   | COVID-19-associated nephropathy (COVAN) |
|  | 17. Reproductive system and breast outcomes (n = 4)         | Dysmenorrhea                            |
|  |   | Erectile dysfunction                    |
|  |   | Semen/Sperm changes                     |
|  |   | Infertility                             |
|  | 18. Psychiatric outcomes (n = 14)                           | Depression                              |
|  |   | Anxiety                                 |
|  |   | Post-traumatic stress disorder (PTSD)   |
|  |   | Acute stress disorder                   |
|  |   | Mood change                             |
|  |   | OCD                                     |
|  |   | Behaviour change                        |
|  |   | Thoughts of self-harm/suicide           |
|  |   | Risk to self and/or others              |
|  |   | Psychosis                               |
|  |   | Traumatic bereavement                   |
|  |   | Substance abuse                         |
|  |   | Smoking habit                           |
|  |   | Hallucinations                          |
|  | 19. Respiratory, thoracic and mediastinal outcomes (n = 18) | Sore throat                             |
|  |   | Sneezing                                |
|  |   | New onset COPD                          |
|  |   | Excessive sputum expectoration          |
|  | I   | I                                       |

|             |   | Nasal congestion                        |
|-------------|---|---|
|             |   | Catarrh                                 |
|             |   | Wheezing                                |
|             |   | Cough                                   |
|             |   | Lung fibrosis                           |
|             |   | Pleurisy                                |
|             |   | Pleural effusion                        |
|             |   | Pain on breathing                       |
|             |   | Pulmonary function abnormalities        |
|             |   | Hypoxaemia                              |
|             |   | Respiratory failure                     |
|             |   |   |
|             |   | Respiratory disease                     |
|             |   | Bronchiectasis                          |
|             |   | Asthma                                  |
|             | 20. Skin and subcutaneous tissue outcomes (n = 2)   | Ulcers                                  |
|             |   | Skin rash                               |
|             | 21. Vascular outcomes (n = 3)   | Thromboembolism                         |
|             |   | Venous thrombosis                       |
|             |   | Pulmonary and systemic vascular disease |
|             | 22. Congenital, familial and genetic outcomes (n = 0)   |   |
|             | 23. Pregnancy, puerperium and perinatal outcomes, including breastfeeding and weaning $(n=0)$ |   |
| Life impact | 24. Physical functioning (n = 4)  | Post-exertional malaise                 |
|             |   | Impaired mobility                       |
|             |   | Walking / gait abnormality              |
|             |   | Problems with usual activities          |

|              | 25. Social functioning (n = 1)              | COVID related relationship issues  |
|--------------|---|--|
|              | 26. Role functioning (n = 2)                | Functioning  |
|              |   | Work/occupational function changes   |
|              | 27. Emotional functioning/wellbeing (n = 9) | Demoralization symptoms  |
|              |   | Coping issues  |
|              |   | Low mood   |
|              |   | Burnout  |
|              |   | Perceived stigma/discrimination  |
|              |   | Worry about infecting others   |
|              |   | Worry about invasion of privacy  |
|              |   | Need for accurate information from the government  |
|              |   | Fear of no full recovery   |
|              | 28. Cognitive functioning (n = 3)           | Confusion  |
|              |   | Concentration impairment   |
|              |   | Memory impairment  |
|              | 29. Global quality of life (n = 2)          | Reduced quality of life  |
|              |   | Reduction in health-related quality of life scores   |
|              | 30. Perceived health status (n = 1)         | Illness perceptions  |
|              | 31. Delivery of care (n = 5)                | Lack of information/ uncertain prognosis   |
|              |   | Difficulty accessing and navigating services   |
|              |   | Difficulty being taken seriously/achieving a diagnosis   |
|              |   | Variation in standards (e.g. inconsistent criteria for seeing, investigating and referring patients) |
|              |   | Variable quality of the therapeutic relationship   |
|              | 32. Personal circumstances (n = 3)          | Self-care ability  |
|              |   | COVID related life issues such as debt, unemployment, family relationships                           |
|              |   | Personal finances difficulties   |
| Resource use | 33. Economic (n = 1)                        | Health economic  |

|                | 34. Hospital (n = 1)                      | Post-Intensive Care Syndrome                       |
|----------------|---|--|
|                |   |  |
|                |   |  |
|                | 35. Need for further intervention (n = 7) | Hospital readmission                               |
|                |   | Further healthcare contact                         |
|                |   | Lung transplantation                               |
|                |   | Oxygen dependence                                  |
|                |   | RRT requirement                                    |
|                |   | Need for regular medical check-ups after discharge |
|                |   | Need for psychiatric service                       |
|                | 36. Societal/carer burden (n = 2)         | Care dependency                                    |
|                |   | Carer burden                                       |
| Adverse events | 37. Adverse events/effects (n =2)         | Vaccination adverse effects                        |
|                |   | Adverse effects of prednisolone                    |

Table S5. The list of outcomes presented to the Delphi participants.

|    |                        | OUTCOMES   | LAY DEFINITIONS   |
|----|------------------------|--|---|
| 1  | Mortality/survival     | Survival   | How long does someone live  |
| 2  | Physiological/clinical | Cardiovascular functioning, symptoms, and conditions                   | New onset or worsening of problems affecting the heart (e.g. pounding or racing heart) and the blood vessels (e.g., veins or arteries)  |
| 3  | Physiological/clinical | Endocrine and metabolic functioning, symptoms, and conditions          | New onset or worsening of problems related to the glands that make hormones, hormonal balance (e.g., diabetes, thyroid problems, adrenal gland or steroid problems, changes in body weight, bone mineral problems)                        |
| 4  | Physiological/clinical | Hearing-related functioning, symptoms, and conditions                  | New onset or worsening of problems with hearing (e.g., hearing loss, ringing or buzzing in the ears, increased sensitivity to sounds)   |
| 5  | Physiological/clinical | Gastrointestinal functioning, symptoms, and conditions                 | New onset or worsening of problems with stomach aches, nausea (feeling sick)/vomiting, diarrhea, malabsorption, constipation, gas, or indigestion (heartburn)   |
| 6  | Physiological/clinical | Fatigue or Exhaustion  | New onset or worsening in severity or duration of feeling exausted, having too little energy, or needing more rest  |
| 7  | Physiological/clinical | Pain   | New onset or worsening of problems related to uncomfortable feelings in the body that can include sharp or burning pain, dull ache, or stinging or throbbing feeling, pain that comes and goes  |
| 8  | Physiological/clinical | Sleep-related functioning, symptoms, and conditions                    | New onset or worsening of problems with falling or staying asleep, need for sleeping medications/aids, excessive sleepiness, or lack of refreshing sleep/poor sleep quality   |
| 9  | Physiological/clinical | Nervous system functioning, symptoms, and conditions                   | New onset or worsening of dizziness, fainting, headache, tremors/shaking, seizures/fits, tingling feelings, muscle twitching, decreased sensation, stroke, inability to move part of the body, lack of coordination, or speech difficulty |
| 10 | Physiological/clinical | Cognitive functioning, symptoms, and conditions                        | New onset or worsening problems with memory, communication, concentration, or understanding instructions  |
| 11 | Physiological/clinical | Mental functioning, symptoms, and conditions                           | New onset or worsening problems with emotions and mood, including anxiety/worrying, panic attacks, depression, suicidal thoughts, or post-traumatic stress disorder   |
| 12 | Physiological/clinical | Taste- and/or smell-related functioning, symptoms, and conditions      | New onset or worsening problems with altered or reduced/loss of taste or smell (e.g., familiar things smell or taste bad or different)  |
| 13 | Physiological/clinical | Kidney and urinary-related<br>functioning, symptoms, and<br>conditions | New onset or worsening problems with kidney function or need for dialysis. or problems with urination (i.e., wee/pee) including infections, burning or stinging, higher frequency or urgency  |
| 14 | Physiological/clinical | Reproductive and sexual functioning, symptoms, and conditions          | New onset or worsening problems with menstrual periods, infertility (i.e., ability to make a baby), desire for sex, ability to have sex, or discomfort during sex   |

| 15 | Physiological/clinical | Respiratory functioning, symptoms, and conditions                    | New onset or worsening problems with lungs or breathing (e.g., shortness of breath, chest tightness. or coughing)   |
|----|------------------------|--|---|
| 16 | Physiological/clinical | Skin, hair and/or nail-related functioning, symptoms, and conditions | New onset or worsening problems with ulcers, skin rash, itch, red spots or lumps on toes (COVID toes), hair thinning/loss, changes in nails   |
| 17 | Life impact            | Physical functioning, symptoms, and conditions                       | New onset or worsening problems with physical abilities, including muscle strength, arm/leg shaking or unsteadiness, walking, dressing, or eating.  |
| 18 | Life impact            | Social role-functioning and relationships problems                   | New onset or worsening problems with connecting with others, maintaining friendships and romantic relationship  |
| 19 | Life impact            | Work/occupational changes and study                                  | New onset or worsening problems with being able to resume work, study or activities/hobbies   |
| 20 | Life impact            | Stigma   | Fear or experiences of being discriminated against, including by employer, medical professionals, family/friends/neighbours, or others  |
| 21 | Life impact            | Satisfaction with life, or personal enjoyment                        | Satisfaction with life, or personal enjoyment, loss of being the person who you were  |
| 22 | Resource use           | Healthcare resource utilisation                                      | Seeing more healthcare professionals (e.g., doctor, physiotherapist, psychologist); taking new medications; returning to the hospital or emergency care; including complementary/alternative medicine (e.g., acupuncturists, naturopaths) |
| 23 | Resource use           | Family/carer burden  | Being a burden on caregiver/family or friends/colleagues; impact of sickness on other people in your life   |
| 24 | Physiological/clinical | Post-exertion symptoms*  | Worsening of symptoms following physical or mental exertion that can last for a prolonged duration  |
| 25 | Physiological/clinical | Muscle and joint symptoms and conditions **                          | New onset or worsening of joint or muscle problems, such as muscle weakness or joint stiffness or swelling  |
| 26 | Physiological/clinical | Eye symptoms and conditions **                                       | New onset or worsening of eye-related problems, such as visual changes (e.g. blurring, double vision, floaters), itching, dryness or excessive tearing or increased sensitivity to light.   |

<sup>\* -</sup> an outcome added after people with lived experience representatives review

\*\* - outcomes suggested by Round 1 participants, and rated during Round 2

Table S6. Full details of Delphi participants.

|  | Round 1<br>n = 1535 | Round 2<br>n = 1148 |
|--|---------------------|---------------------|
| Stakeholder group, n                             |                     |                     |
| Person with post COVID-19 condition              | 774                 | 553                 |
| Family member/caregiver                          | 36                  | 26                  |
| Health professional with post COVID-19 condition | 148                 | 110                 |
| Researchers with post COVID-19 condition         | 21                  | 16                  |
| Health professional                              | 448                 | 350                 |
| Researcher                                       | 108                 | 93                  |
|  |                     |                     |
| Gender, n  |                     |                     |
| Male   | 392                 | 301                 |
| Female   | 1135                | 841                 |
| Non-binary, other or no answer                   | 6                   | 4                   |
| Other  | 1                   | 1                   |
| Prefer not to answer                             | 1                   | 1                   |
|  |                     |                     |
| Age group, n                                     |                     |                     |
|  |                     |                     |

| 18-29        | 89  | 57  |
|--------------|-----|-----|
| 30-39        | 404 | 299 |
| 40-49        | 565 | 423 |
| 50-59        | 343 | 262 |
| 60-69        | 119 | 94  |
| 70-79        | 15  | 13  |
|              |     |     |
| Countries, n |     |     |
| Afghanistan  | 1   | 0   |
| Argentina    | 13  | 10  |
| Australia    | 25  | 22  |
| Austria      | 1   | 1   |
| Belarus      | 1   | 0   |
| Belgium      | 12  | 11  |
| Brazil       | 30  | 22  |
| Burkina Faso | 1   | 1   |
| Canada       | 72  | 58  |
| Chile        | 20  | 12  |

| 8  | 5                            |
|----|------------------------------|
|    |                              |
| 1  | 1                            |
| 1  | 1                            |
| 1  | 0                            |
| 1  | 0                            |
| 8  | 7                            |
| 1  | 0                            |
| 2  | 1                            |
| 1  | 1                            |
| 5  | 3                            |
| 21 | 19                           |
| 1  | 1                            |
| 45 | 39                           |
| 5  | 3                            |
| 4  | 2                            |
| 36 | 19                           |
| 5  | 3                            |
|    | 1 1 1 1 1 2 1 1 5 21 1 45 36 |

| 7  | 5   |
|----|---|
| 2  | 1   |
| 20 | 13  |
| 1  | 1   |
| 2  | 2   |
| 5  | 3   |
| 1  | 1   |
| 2  | 2   |
| 4  | 4   |
| 1  | 1   |
| 1  | 0   |
| 6  | 4   |
| 1  | 0   |
| 9  | 5   |
| 12 | 10  |
| 4  | 2   |
| 1  | 1   |
| 6  | 6   |
|    | 2 20 1 20 5 1 2 4 1 2 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 |

| 1   | 0                              |
|-----|--------------------------------|
| 4   | 3                              |
| 2   | 2                              |
| 4   | 2                              |
| 3   | 3                              |
| 2   | 1                              |
| 33  | 15                             |
| 2   | 1                              |
| 1   | 0                              |
| 8   | 5                              |
| 525 | 374                            |
| 1   | 1                              |
| 5   | 5                              |
| 6   | 4                              |
| 3   | 2                              |
| 1   | 1                              |
| 2   | 1                              |
|     | 2 4 3 2 33 2 1 8 525 1 5 6 3 1 |

| 9   | 1  |
|-----|--|
| 3   | 2  |
| 284 | 242  |
| 207 | 163  |
| 1   | 1  |
| 2   | 1  |
| 1   | 1  |
| 1   | 1  |
|     |  |
| 975 | 753  |
| 68  | 47   |
| 350 | 246  |
| 43  | 33   |
| 4   | 4  |
| 25  | 16   |
| 12  | 10   |
| 58  | 39   |
|     | 3 284 207 1 207 1 1 2 1 1 975 68 350 43 4 25 |

Table S7. Results following two rounds of Delphi and selection of outcomes for the consensus meeting.

|                    |          |                            |           |                | Patients members      | and Famil                     | y<br>rs (n=579)         |                           | HPs and<br>COVID      | Researche<br>(n=126)          | ers with Lo             | ong                    | HPs and<br>COVID      | Researche<br>(n=443)          | ers without             | i Long        |
|--------------------|----------|----------------------------|-----------|----------------|-----------------------|-------------------------------|-------------------------|---------------------------|-----------------------|-------------------------------|-------------------------|------------------------|-----------------------|-------------------------------|-------------------------|---------------|
|                    |          |                            |           |                | Not that<br>important | Important but not<br>critical | Critically<br>Important |                           | Not that<br>important | Important but not<br>critical | Critically<br>Important |                        | Not that<br>important | Important but not<br>critical | Critically<br>Important |               |
|                    | Outcome  | Help Text                  | R1 result | Overall result | %1-2                  | <b>%4-6</b>                   | %7-9                    | Patient/Carer Result<br>P | %1-3                  | %4-6                          | %7-9                    | HP/Res COVID<br>Result | %1-3                  | %4-6                          | <b>%7-9</b>             | HP/Res Result |
| MORTALITY/SURVIVAL | Survival | How long does someone live |           | Discuss        | 6.9                   | 14.0                          | 79.0                    | Medium                    | 1.6                   | 12.2                          | 86.2                    | П                      | 1.1                   | 8.9                           | 89.9                    | In            |

|                         | Cardiovascular<br>functioning,<br>symptoms and<br>conditions             | New onset or worsening of problems affecting the heart (e.g. pounding or racing heart) and the blood vessels (e.g., veins or arteries), lightheadedness/fainting (including on standing).                          | In                   | 3.5  | 16.5 | 80.0 | П      | 2.4  | 3.2  | 94.4 | In     | 0.9  | 10.9 | 88.2 | In  |
|-------------------------|--|--|----------------------|------|------|------|--------|------|------|------|--------|------|------|------|-----|
| PHYSIOLOGICAL/ CLINICAL | Endocrine and<br>metabolic<br>functioning,<br>symptoms and<br>conditions | New onset or worsening of problems related to the glands that make hormones, hormonal balance (e.g., diabetes, thyroid problems, adrenal gland or steroid problems, changes in body weight, bone mineral problems) | Query discuss at end | 6.3  | 20.5 | 73.2 | Medium | 1.6  | 20.2 | 78.2 | Medium | 3.9  | 47.0 | 49.1 | Out |
| PHY                     | Hearing-related<br>functioning,<br>symptoms and<br>conditions            | New onset or worsening of problems with hearing (e.g., hearing loss, ringing or buzzing in the ears ('tinnitus'), increased sensitivity to sounds)   | Out                  | 15.6 | 45.3 | 39.1 | Out    | 10.4 | 46.4 | 43.2 | Out    | 16.1 | 67.3 | 16.6 | Out |
|                         | Gastrointestinal<br>functioning,<br>symptoms and<br>conditions           | New onset or worsening of problems with stomach aches, nausea (feeling sick)/vomiting, diarrhea, malabsorption, constipation, gas, or indigestion (heartburn), appetite or weight change                           | Query discuss at end | 5.4  | 24.3 | 70.3 | Medium | 0.8  | 24.0 | 75.2 | Medium | 4.8  | 58.5 | 36.6 | Out |

| Fatigue or<br>Exhaustion                                     | New onset or worsening in<br>severity or duration of<br>feeling exhausted, having too<br>little energy, or needing more<br>rest  | In | In      | 0.9 | 5.5  | 93.7 | In     | 0.0 | 0.8  | 99.2 | In | 0.0 | 4.8  | 95.2 | In     |
|--|--|----|---------|-----|------|------|--------|-----|------|------|----|-----|------|------|--------|
| Pain   | New onset or worsening of problems related to uncomfortable feelings in the body that can include sharp or burning pain, dull ache, or stinging or throbbing feeling, pain that comes and goes                                 |    | In      | 3.2 | 14.0 | 82.8 | Я      | 0.0 | 8.0  | 92.0 | Ē  | 1.1 | 17.7 | 81.2 | In     |
| Sleep-related<br>functioning,<br>symptoms and<br>conditions  | New onset or worsening of problems with falling or staying asleep, need for sleeping medications/aids, excessive sleepiness, or lack of refreshing sleep/poor sleep quality  |    | Discuss | 2.1 | 18.0 | 79.9 | Medium | 0.8 | 12.0 | 87.2 | II | 1.1 | 23.5 | 75.3 | Medium |
| Nervous system<br>functioning,<br>symptoms and<br>conditions | New onset or worsening of dizziness, fainting, headache, tremors/shaking, seizures/fits, tingling feelings, decreased sensation, stroke, inability to move part of the body, lack of coordination/balanceor speech difficulty. |    | In      | 1.2 | 9.5  | 89.3 | In     | 0.8 | 4.8  | 94.4 | II | 0.5 | 12.7 | 86.9 | In     |
| Cognitive<br>functioning,<br>symptoms and<br>conditions      | New onset or worsening problems with memory, communication, concentration, or understanding instructions   | ll | ď       | 1.7 | 11.9 | 86.4 | ΙΙ     | 0.0 | 3.2  | 96.8 | П  | 0.7 | 4.5  | 94.8 | In     |

| Mental functioning,<br>symptoms and<br>conditions                          | New onset or worsening problems with emotions and mood, including anxiety/worrying, avoidance, catastrophizing, panic attacks, depression, suicidal thoughts, or post-traumatic stress disorder | In  | П                    | 3.8  | 11.9 | 84.3 | In     | 0.8 | 7.2  | 92.0 | II     | 0.0 | 5.6  | 94.4 | In  |
|--|---|-----|----------------------|------|------|------|--------|-----|------|------|--------|-----|------|------|-----|
| Taste- and/or smell-<br>related functioning,<br>symptoms and<br>conditions | New onset or worsening problems with altered or reduced/loss of taste or smell (e.g., familiar things smell or taste bad or different)  |     | Out                  | 19.7 | 43.2 | 37.1 | Out    | 5.6 | 52.4 | 42.1 | Out    | 5.9 | 61.9 | 32.2 | Out |
| Kidney and urinary-<br>related functioning,<br>symptoms and<br>conditions  | New onset or worsening problems with kidney function or need for dialysis. or problems with urination (i.e., wee/pee) including infections, burning or stinging, higher frequency or urgency    |     | Query discuss at end | 16.0 | 33.3 | 50.7 | Medium | 8.7 | 33.3 | 57.9 | Medium | 7.5 | 56.9 | 35.7 | Out |
| Reproductive and sexual functioning, symptoms and conditions               | New onset or worsening problems with menstrual periods, infertility (i.e., ability to make a baby), desire for sex, ability to have sex, or discomfort during sex                               | Out | Out                  | 17.5 | 41.3 | 41.3 | Out    | 9.5 | 50.0 | 40.5 | Out    | 9.7 | 66.0 | 24.4 | Out |
| Respiratory<br>functioning;<br>symptoms; and<br>conditions                 | New onset or worsening problems with lungs or breathing (e.g., shortness of breath, chest tightness or coughing)  | In  | п                    | 3.8  | 11.6 | 84.5 | In     | 0.8 | 4.8  | 94.4 | П      | 0.0 | 3.4  | 96.6 | ll  |

|             | Skin; hair and/or<br>nail-related<br>functioning,<br>symptoms and<br>conditions | New onset or worsening problems with ulcers, skin rash, itch, red spots or lumps on toes (COVID toes), hair thinning/loss, changes in nails | Out | Out                  | 12.2 | 44.7 | 43.1 | Out    | 6.4 | 52.0 | 41.6 | Out    | 19.6 | 65.6 | 14.8 | Out    |
|-------------|---|---|-----|----------------------|------|------|------|--------|-----|------|------|--------|------|------|------|--------|
|             | Physical functioning;<br>symptoms; and<br>conditions                            | New onset or worsening<br>problems with physical<br>abilities, such as walking,<br>dressing, or eating                                      |     | In                   | 0.5  | 8.7  | 90.8 | In     | 0.0 | 3.2  | 96.8 | In     | 0.0  | 2.0  | 98.0 | In     |
| LIFE IMPACT | Social role-<br>functioning and<br>relationships<br>problems                    | New onset or worsening problems with connecting with others, maintaining friendships and romantic relationship                              | П   | Query discuss at end | 4.9  | 29.8 | 65.3 | Medium | 2.4 | 19.2 | 78.4 | Medium | 1.1  | 22.9 | 76.0 | Medium |
|             | Work/occupational<br>changes and study  | New onset or worsening problems with being able to resume work, study or activities/hobbies   |     | щ                    | 2.1  | 10.5 | 87.4 | uI     | 0.0 | 7.2  | 92.8 | In     | 0.7  | 11.2 | 88.2 | In     |
|             | Stigma  | Fear or experiences of being discriminated against, including by employer, medical professionals, family/friends/neighbours, or others      |     | Out                  | 11.3 | 39.3 | 49.4 | Out    | 5.6 | 46.4 | 48.0 | Out    | 12.6 | 63.0 | 24.4 | Out    |

|                         | Satisfaction with life;<br>or personal<br>enjoyment | Satisfaction with life, or<br>personal enjoyment, loss of<br>being the person who you<br>were  | Out | Discuss              | 2.1  | 18.2 | 79.7 | Medium | 0.0 | 16.1 | 83.9 | П      | 0.7  | 23.6 | 75.7 | Medium |
|-------------------------|---|--|-----|----------------------|------|------|------|--------|-----|------|------|--------|------|------|------|--------|
| USE                     | Healthcare resource utilisation                     | Seeing more healthcare professionals (e.g., doctor, physiothe rapist, psychologist); taking new medications; returning to the hospital or emergency care; including complimentary/alternative medicine (e.g., acupuncturists, naturopaths) |     | Discuss              | 2.5  | 20.2 | 77.3 | Medium | 0.8 | 18.7 | 80.5 | Ч      | 0.7  | 24.7 | 74.7 | Medium |
| RESOURCE USE            | Family/carer burden                                 | Being a burden on<br>caregiver/family or<br>friends/colleagues; impact of<br>sickness on other people in<br>your life  |     | Query discuss at end | 5.9  | 27.5 | 66.6 | Medium | 4.0 | 19.2 | 76.8 | Medium | 1.1  | 30.4 | 68.5 | Medium |
| CLINICAL                | Post-exertion<br>symptoms                           | Worsening of symptoms<br>following physical or mental<br>exertion that can last for a<br>prolonged duration  |     | In.                  | 0.7  | 6.9  | 92.4 | П      | 0.0 | 4.8  | 95.2 | uI     | 0.5  | 12.6 | 86.9 | In     |
| PHYSIOLOGICAL/ CLINICAL | Eye symptoms and conditions                         | New onset or worsening of<br>eye-related problems, such<br>as visual changes (e.g.<br>blurring, double vision,<br>floaters), itching, dryness or<br>excessive tearing or<br>increased sensitivity to light                                 |     | Query discuss at end | 10.1 | 30.0 | 59.9 | Medium | 4.0 | 48.8 | 47.2 | Out    | 15.3 | 62.8 | 21.8 | Out    |

|        | Muscle and joint symptoms and conditions | New onset or worsening of joint or muscle problems, such as muscle weakness or joint stiffness or swelling |   | Discuss | 3.5 | 15.3 | 81.1 | М | 0.0 | 15.2 | 84.8 | М | 2.1 | 37.6 | 60.3 | Medium |
|--------|--|--|---|---------|-----|------|------|---|-----|------|------|---|-----|------|------|--------|
|        | То                                       | tal  |   |         |     |      |      |   |     |      |      |   |     |      |      |        |
| In     |  |  | 5 | 10      |     |      |      |   |     |      |      |   |     |      |      |        |
| Out    |  |  | 3 | 5       |     |      |      |   |     |      |      |   |     |      |      |        |
| Discus | s  |  |   | 5       |     |      |      |   |     |      |      |   |     |      |      |        |
| Query  | discuss at end                           |  |   | 6       |     |      |      |   |     |      |      |   |     |      |      |        |

Table S8. Attrition between Rounds one and two.

| Stakeholder   | Number registered (% of total registrations) | Completed R1 n (% of registrations) | Number of participants invited to R2* | Completed R2 n (% of completed R1 and invited to R2) |
|---|--|-------------------------------------|---------------------------------------|--|
| People with long COVID/post COVID condition and their and Carers            | 912 (54)                                     | 810 (89)                            | 807                                   | 579 (72)   |
| Health professional and Researchers with Long<br>COVID/Post-COVID condition | 191 (11)                                     | 169 (88)                            | 169                                   | 126 (75)   |
| Health professional and Researchers (without COVID)                         | 589 (35)                                     | 556 (94)                            | 554                                   | 443 (80)   |
|   |  |                                     |                                       |  |
| Total   | 1692   | 1535 (91)                           | 1530*                                 | 1148   |

<sup>\*</sup>This figure takes into account participants who could not be reached because of mail delivery failures (n=5)

Table S9. Consensus meeting participants.

|   | N (%)    |
|---|----------|
| Healthcare professionals/Researchers                                    | 15 (100) |
| Delphi stakeholder group  |          |
| Health professional (including those who also do research) <sup>1</sup> | 10 (67)  |
| Researcher (without any clinical patient care duties) <sup>2</sup>      | 4 (26)   |
| Health professional with Long COVID/Post-COVID condition <sup>1</sup>   | 1 (7)    |
| Country of residence  |          |
| Belgium   | 1 (7)    |
| Brazil  | 1 (7)    |
| Canada  | 1 (7)    |
| Chile   | 1 (7)    |
| Ghana   | 1 (7)    |
| India   | 2 (13)   |
| Nigeria   | 1 (7)    |
| Norway  | 1 (7)    |
| Russia  | 1 (7)    |
| Sweden  | 1 (7)    |
| Switzerland   | 1 (7)    |
| UK  | 1 (7)    |
| USA   | 2 (13)   |
|   |          |
| People with long COVID and their carers                                 | 12 (100) |
| Delphi stakeholder Group  |          |
| Person with Long COVID/Post-COVID Condition                             | 7 (58)   |
| Family member/caregiver of person with Long COVID/Post-                 |          |
| COVID Condition   | 1 (8)    |
| Health professional with Long COVID/Post-COVID condition <sup>3</sup>   | 4 (33)   |
|   |          |
| Country of residence  |          |
| Belgium   | 1 (8)    |
| Greece  | 1 (8)    |
| Ireland   | 1 (8)    |
| Spain   | 1 (8)    |
| UK  | 7 (58)   |
| USA   | 1 (8)    |
| <sup>1</sup> Health professionals who care for people with long COVID   |          |

<sup>&</sup>lt;sup>1</sup> Health professionals who care for people with long COVID

<sup>2</sup>Researchers who undertake research in long COVID

<sup>3</sup>Health professionals who do not provide care for people with long COVID

Table S10. Delphi process and Consensus meeting results.

| Domain                 | Outcome   | Outcome description   | % people with long<br>COVID rating 7-9<br>in the online Delphi | %HCPs/ researchers<br>with long<br>COVID voting 7-9<br>in the online Delphi | % HCPs<br>/researchers<br>voting 7-9 in the<br>online Delphi | % people<br>with long<br>COVID<br>voting 7-9 in<br>consensus<br>meeting | % HCPs<br>voting 7-9 in<br>consensus<br>meeting | Result                  |
|------------------------|---|---|--|---|--|---|---|-------------------------|
| Mortality outcomes     | Survival  | How long does someone live  | 79   | 86  | 90   | 83  | 92  | Included in<br>the COS  |
| Physiological/clinical | Sleep-related<br>functioning,<br>symptoms and<br>conditions | New onset or worsening of problems with falling or staying asleep, need for sleeping medications/aids, excessive sleepiness, or lack of refreshing sleep/poor sleep quality   | 80   | 87  | 75   | 75  | 64  | Not included in the COS |
| outcomes               | Muscle and joint symptoms and conditions                    | New onset or worsening of joint or<br>muscle problems, such as muscle<br>weakness or joint stiffness or<br>swelling   | 81   | 85  | 60   | 92  | 25  | Not included in the COS |
|                        | Satisfaction with<br>life or personal<br>enjoyment          | Satisfaction with life, or personal<br>enjoyment, loss of being the person<br>who you were  | 80   | 84  | 76   | 42  | 27  | Not included in the COS |
| Life impact outcomes   | Social role<br>functioning and<br>relationships<br>problems | New onset or worsening problems<br>with connecting with others,<br>maintaining friendships and<br>romantic relationship   | 65   | 78  | 76   | 25  | 18  | Not included in the COS |
|                        | Family/carer<br>burden                                      | Being a burden on caregiver/family<br>or friends/colleagues; impact of<br>sickness on other people in your life   | 67   | 77  | 69   | 33  | 36  | Not included in the COS |
| Resource use outcomes  | Healthcare<br>resource<br>utilisation                       | Seeing more healthcare professionals (e.g., doctor, physiotherapist, psychologist); taking new medications; returning to the hospital or emergency care; including complementary/alternative medicine (e.g., acupuncturists, naturopaths) | 77   | 81  | 75   | 92  | 73  | in the COS              |

Table S11. Participants wishing to be acknowledged.

| Adriana                   |  |
|---------------------------|--|
| Africa Martínez Amezcua   |  |
| Aitana                    |  |
| Alba                      |  |
| Alejandra Sánchez Alonso  |  |
| Alicia                    |  |
| Alicia Claver Lacruz      |  |
| Ana                       |  |
| Ana Isabel Arroba Rocha   |  |
| Ana Isabel Casas Novellön |  |
| Ana Isabel Rodriguez      |  |
| Ana Lacalle Henche        |  |
| Ana María                 |  |
| Ana María Blasco Catalín  |  |
| Angela Castaño Ruiz       |  |
| Angela Mórales Elbaz      |  |
| Antonio Martín Castillejo |  |
| Aránzazu Angel            |  |
| Ascension                 |  |
| Beatriz                   |  |
| Beatriz                   |  |
| Begoña Puges Comas        |  |
| Begoña Ruiz               |  |
| Carlos                    |  |
| Carlos a. Alvarez-Moreno  |  |
| Carlos Sierra Sahun       |  |
| Carme Navarrete           |  |
| Carmen Fernandez          |  |

Carmen Gimeno Zamora Carmen Molina Carmen Tejero Cano Carolina Carolina Daneyko Marinas Carolina Foster Castro Horacio Matias Cesareo Moreno Pérez Charo Concepcion Martín Cortijo Cristina Arnáiz Domínguez Cristina Garcia Cristina Gomez Cativiela Cristina Hernandez Puente Daniel López Fernández Danizza Valencia Lazo Desirée Diego Dolores Trevejo Esteban Dr Carola Flurschütz Elena Elena Garcia Elena Pérez-Velasco Elizabeth Semper Emlpegsagl@gmail.com Emma Enrique Noguero Rodríguez Estela Esther Moya Clemente Esther Rodríguez

| Estrella                           |
|------------------------------------|
| Eva                                |
| Eva M Palacian Monzon              |
| Eva María Martín Martínez          |
| Fatima                             |
| Federico Carini                    |
| Felipe Araya Casanova              |
| Fernando Elosúa                    |
| Francisca Madrid Botello           |
| Francisco Sánchez Ruiz             |
| Francy Cantor-Cruz                 |
| Gabriela Delsignore                |
| Gema Marián González González      |
| Gemma Sáez Ons                     |
| GiovaniI Assuncao De Azevedo Alves |
| Giuliana María Pesaresi            |
| Gonzalo Queipo                     |
| Inma Pérez del Toro                |
| Inmaculada Samaniego Galan         |
| Isabel                             |
| Isabel Herreros                    |
| Isabelle Delez                     |
| Itziar                             |
| Ivan                               |
| Javier                             |
| Javier Pacho Sánchez               |
| Joan                               |
| Jordi Rello                        |
| Jorge                              |
| José                               |

Jose Andres Calvache José Antonio Martín Quero Jose F. Parodi José Ignacio Ruiz Serrano José Jacinto Jose Zuccoli Josep Oriol Mesa Rey Josep Ortega Juan Juan José Lòpez Cantero Judit Vidal Marimon Julia García Morán Julieta Kristina Jausoro Alzola Ladislao Diaz Ballve Laura rapela Leidy Depestre Benitez Lidia Loretta Luis Antonio Gorordo-Delsol Luis D Capacete Novo Luis González Argomániz M Jose M Victoria Perez M. Pietat Espin Ma Dolores Garcia Llamas Maira Cuello Maite Manuel Prieto Manuela

Mar Ariza Mar Lefort Mar Sendra Marcela Marga Flores Maria Maria Maria Aida Alzola Medina María Almagro Del Rosal María Angeles Rodríguez de Guzmán Moreno Maria De Los Angeles Diaz Garrido Maria Del Mar Racero Maria Dolores María Dolores Dominguez Cáceres Maria Dolores Peleato Catalan María Esther Franco Carranza María Eugenia Díez Moreno María Eugenia Prieto Calonge Maria Gracia Sánchez Ruiz María Jesús Bermúdez Rivero Maria Luisa Costa Talavera Maria Montoya Martínez María Nöel Zucco Solari Maria Pilar Uruen Pelegrin Marie-Claire Marimar Sánchez Perez Marína Ibañez Mario Mario Hurtado Donaire Marisa Milla Ibáñez

Marta Marta Arranz Cárcamo Marta Begueria Sopesens Marta Castro Garcia Marta Fuentes Marta Isabel Casas Santiago Marta Sanguino López Marta Villafañez Mary Mercedes Mercedes Sánchez Sancho Mertxe Milagros Del Pino Nieto Miriam Miriam Miriam Jesica Martin Duran Monica Monica Condeminas Pich Montse Alcolado Montserrat Canal Myrian Brun Natalia Reina Nicolasa Ramirez Torres Nieves Camara Nuria Nuria Nuria Nuria Tabuenca Prat Patricia Patricia D.R.

| Patricia Garcia Gomez     |
|---------------------------|
| Pavel Contreras           |
| Paz TI                    |
| Pilar                     |
| Pilar                     |
| Pilar del aguila          |
| Pilar Suarez García       |
| Pilar Yagüe Sebastian     |
| Rafael                    |
| Raquel                    |
| Raquel Anton Boada        |
| Raquel Valls              |
| Raül                      |
| Rebeca                    |
| Ricardo Allegri           |
| Rocío Biedma Romero       |
| Roger Paredes             |
| Rosa María Alvarez Bernal |
| Rosa María San Martin     |
| Rosa Puerta Alonso        |
| Rosana Prados Román       |
| Rosario Arias             |
| Ruben Garcia Sanchez      |
| Ruth Lobo                 |
| Sabrina                   |
| Sagrario                  |
| Sandra                    |
| Sandra González Muñoz     |
| Sandra Muñoz              |
| Sandra RG                 |

| Sara                    |
|-------------------------|
| Sara Lancho             |
| Seila Torrón Domínguez  |
| Sheyla                  |
| Silvia                  |
| Silvia Sanz Arumí       |
| Sofía                   |
| Susanne Kessler         |
| Tatiana                 |
| Teresa Villani          |
| Vanesa                  |
| Vanessa                 |
| Vanessa                 |
| Veronica Rojas Jara     |
| Viginia Martínez Buelga |
| Yanine Perez            |
| Yolanda                 |
|                         |