

## Supporting Information

### Bee products: an emblematic example of underutilized sources of bioactive compounds

Francesca Giampieri<sup>1,2,3,°</sup>, Jose Luis Quiles<sup>4,°</sup>, Danila Cianciosi<sup>3</sup>, Tamara Yuliett Forbes-Hernández<sup>5</sup>, José Orantes Bermejo<sup>6</sup>, José Miguel Alvarez-Suarez<sup>7,8,\*</sup> and Maurizio Battino<sup>3,9,2,\*</sup>

<sup>1</sup> Department of Biochemistry, Faculty of Sciences, King Abdulaziz University, Jeddah, Saudi Arabia

<sup>2</sup> Research Group on Food, Nutritional Biochemistry and Health, Universidad Europea del Atlántico, Santander, 39011, Spain

<sup>3</sup> Department of Clinical Sciences, Polytechnic University of Marche, Ancona, 60131, Italy

<sup>4</sup> Department of Physiology, Institute of Nutrition and Food Technology “José Mataix”, Biomedical Research Centre, University of Granada, Granada, 1800, Spain

<sup>5</sup> Department of Analytical and Food Chemistry, CITACA, CACTI, University of Vigo - Vigo, Spain

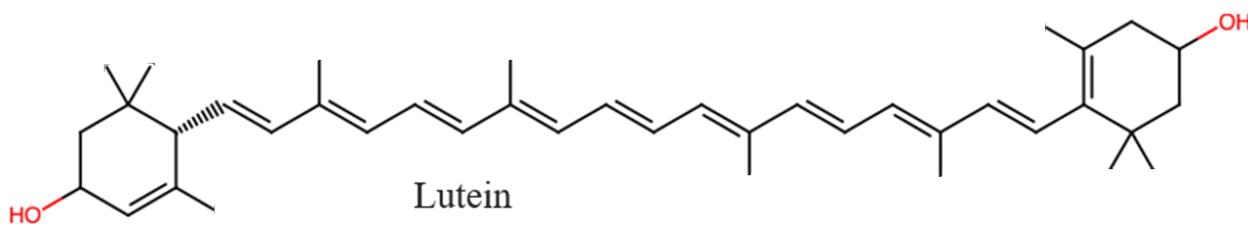
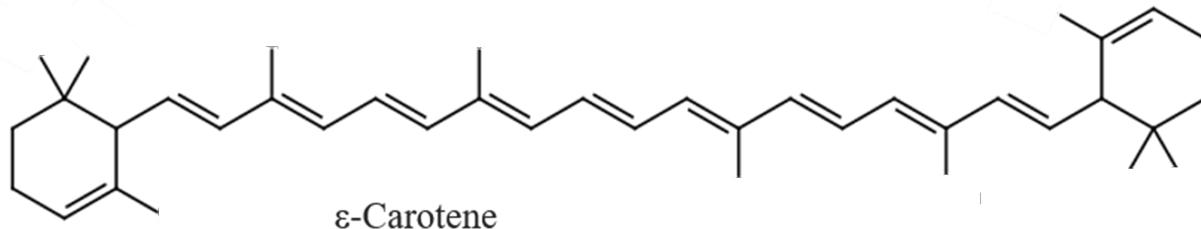
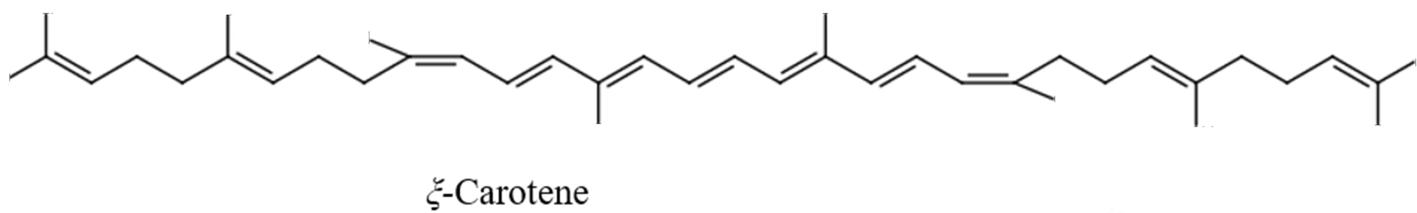
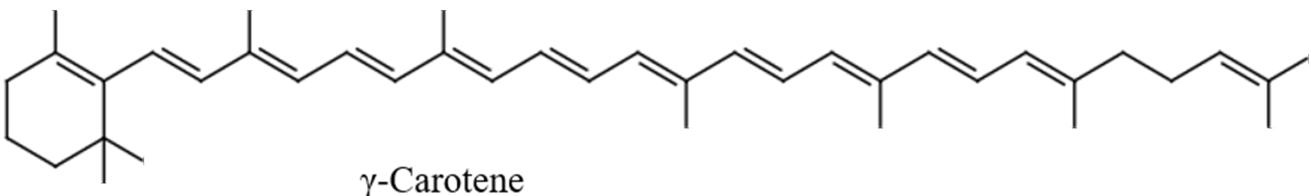
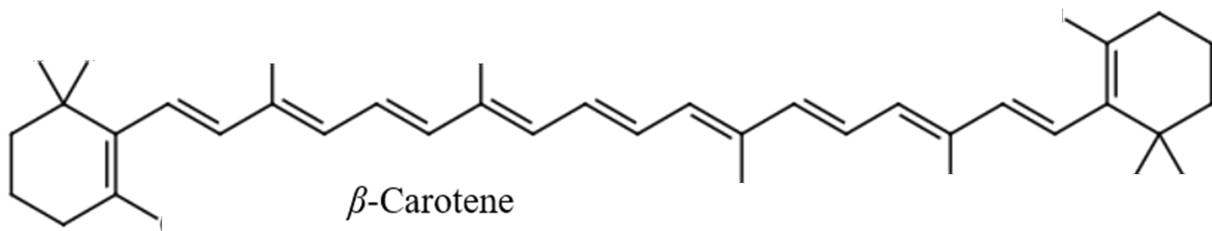
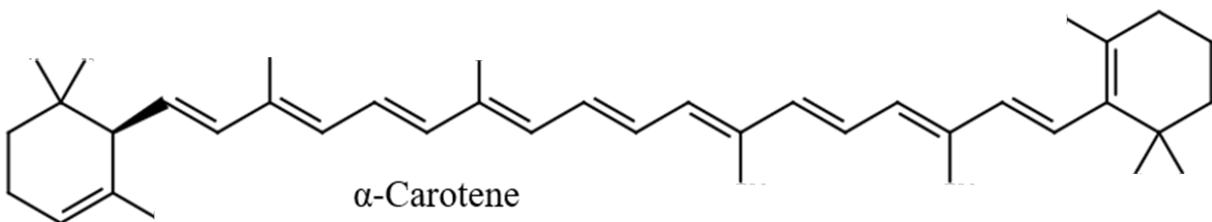
<sup>6</sup> Apinevada Analytical Laboratory of Bee Products, Barrancos s/n, Lanjarón, 18420 Granada, Spain

<sup>7</sup> Departamento de Ingeniería en Alimentos, Colegio de Ciencias e Ingenierías, Universidad San Francisco de Quito, Quito, 170157, Ecuador.

<sup>8</sup> King Fahd Medical Research Center, King Abdulaziz University, 21589, Jeddah, Saudi Arabia.

<sup>9</sup> International Research Center for Food Nutrition and Safety, Jiangsu University, Zhenjiang, China

\*Corresponding authors mails: [m.a.battino@univpm.it](mailto:m.a.battino@univpm.it) and [jalvarez@usfq.edu.ec](mailto:jalvarez@usfq.edu.ec).



**Table S1.** Main (poly)phenols and other relevant compounds described in bee pollen from different botanical and geographical origins.<sup>9–12</sup>

Chemical Family	Compounds identified
Phenolic acids and derivates	Caffeic acid, <i>o</i> - <i>p</i> -coumaric acid, ferulic acid, gallic acid, syringic acid, chlorogenic acid, vanillic acid, coumaroyl quinic acid, protocatechuic acid, tertcinnamic acid, rosmarinic acid, 5- <i>O</i> -caffeoylquinic acid, $\beta$ -resorcyclic acid, synaptic acid, cinnamic acid, tri-caffeooyl- and caffeooyl-di- <i>p</i> -coumaroyl spermidine derivates, isopimpinellin, hydroxycaffeic acid, benzoic acid, 4- hydroxybenzoic acid, trihydroxycinnamic acid, 3,4-dimethoxycinnamic acid, 2-hydroxycinnamic acid, protocatechuic acid, abscisic acid, trans-cinnamic acid, 3-hydroxytyrosol, isoferulic acid, methoxy-cinnamic acid, tri- <i>p</i> -coumaroyl spermidine, tri- <i>p</i> -coumaroyl spermidine (isomer), 1-sinapoyl-2-feruloyl gentiobiose, 5- <i>O</i> -caffeoylquinic acid, hydroxycinnamic acid amide derivatives
Flavonoids and derivates	Quercetin, isoquercetin, tricetin, kaempferol myricetin, luteolin, naringenin, selagin, isorhamnetin, epicatechin, hesperetin, rutin, catechin, ampelopsin, eriodictyol, taxifolin, acacetin, genkwanin, apigenin, 3- <i>O</i> -methylquercetin, quercetin diglucoside, quercetin-3- <i>O</i> -arabinoside, quercetin-3- <i>O</i> -rutinoside, quercetin-3- <i>O</i> -galactoside, quercetin-3- <i>O</i> -rhamnoside, quercetin rutinoside (isomer), quercetin-3-methyl ether, quercetin- <i>O</i> -dihexoside, bis-methylated quercetin, dihydroquercetin-3- <i>O</i> -rhamnoside, quercetin- <i>O</i> -hexosyl-pentoside, quercetin- <i>O</i> -rutinoside isomer 1, quercetin- <i>O</i> -rutinoside isomer 2, quercetin- <i>O</i> -(malonyl)-rutinoside, dihydroquercetin, quercetin-3- <i>O</i> -xylosyl-glucuronide, quercetin-3- <i>O</i> -sophoroside, quercetin- <i>O</i> -(malonyl)hexoside, quercetin- <i>O</i> -rhamnoside, quercetin- <i>O</i> -acetyl hydroxybenzoyl protocatechuic acid isomer 1, quercetin 3- <i>O</i> -galactoside-7- <i>O</i> -rhamnoside, quercetin-3- <i>O</i> -rhamnosyl-galactoside, quercetin- <i>O</i> -acetyl hydroxybenzoyl hydrobenzoic acid isomer 1, quercetin- <i>O</i> -acetyl hydroxybenzoyl hydrobenzoic acid isomer 2, 3,7-dimethylquercetin, quercetin-3- <i>O</i> - $\beta$ -D-glucosyl-(2 $\rightarrow$ 1)- $\beta$ -glucoside, isorhamnetin- <i>O</i> -rutinoside, isorhamnetin- <i>O</i> -dihexoside, isorhamnetin-3- <i>O</i> -methyl hexuronide, isorhamnetin-3- <i>O</i> -rhamnosyl-glucoside, isorhamnetin-3- <i>O</i> -rhamnosyl-glucoside (isomer), isorhamnetin-3- <i>O</i> -diglucoside, isorhamnetin-3- <i>O</i> -rutinoside-7- <i>O</i> -glucoside, isorhamnetin-3- <i>O</i> -glucoside, isorhamnetin- <i>O</i> -(malonyl)hexoside isomer 1, isorhamnetin- <i>O</i> -(malonyl)hexoside isomer 2, myricetin- <i>O</i> -(malonyl)-hexoside, myricetin- <i>O</i> -rutinoside, myricetin- <i>O</i> -hexoside, myricetin-3- <i>O</i> -glucoside, myricetin- <i>O</i> -(malonyl)-rutinoside, hydroxybenzoyl myricetin, myricetin- <i>O</i> -dihydroferuloyl, myricetin- <i>O</i> -acetyl hydroxybenzoyl protocatechuic acid-isomer 1, myricetin- <i>O</i> -acetyl hydroxybenzoyl protocatechuic acid isomer 2, myricetin- <i>O</i> -acetyl hydroxybenzoyl hydrobenzoic acid isomer 2, kaempferol-3- <i>O</i> -rhamnosyl-glucoside, kaempferol 3- <i>O</i> -sophoroside, kaempferol-3- <i>O</i> -glucoside, kaempferol-3- <i>O</i> -acetulglucoside, kaempferol 3- <i>O</i> -glucuronide, kaempferol-3- <i>O</i> -(4"-rhamnosyl)-neohesperidoside, kaempferol-3,4'-di- <i>O</i> - $\beta$ -D-glucoside, kaempferol-3- <i>O</i> - $\beta$ -D-glucosyl-(2 $\rightarrow$ 1)- $\beta$ -D-glucoside, naringin-6'-malonate, naringin-4'- <i>O</i> -glucoside, naringenin-7- <i>O</i> -glucoside, naringenin hexoxide, luteolin-7- <i>O</i> -glucuronide, luteolin- <i>O</i> -dihexoside, luteolin- <i>O</i> -(malonyl)-hexoside, luteolin-di- <i>O</i> -hexosyl-rhamnoside, luteolin- <i>O</i> -dihexoside, luteolin-7- <i>O</i> -6"-acetylglucoside, apigenin-7- <i>O</i> -(6'-malonyl-apiosyl-glucoside), apigenin-6-C-

	glucoside, 4',5-dihydroxy-7-methoxyflavanone, pinobanksin-5-methylether-3- <i>O</i> -acetate
Anthocyanins	Delphinidin-3- <i>O</i> -(6''-p-coumaroyl glucoside), delphinidin-3- <i>O</i> -glucoside, delphinidin-3- <i>O</i> -glucosylglucoside, delphinidin-3- <i>O</i> -rutinoside, cyanidin-3- <i>O</i> -xyloside/arabinoside, cyanidin-3- <i>O</i> -sophoroside, cyanidin-3-rutinoside, petunidin-3- <i>O</i> -arabinoside, petunidin-3- <i>O</i> -glucoside, petunidin-3- <i>O</i> -rutinoside, petunidin-3- <i>O</i> -galactoside, malvidin-3- <i>O</i> -rutinoside, pelargonidin-3- <i>O</i> -glucoside
Stilbenoids	Resveratrol, <i>trans</i> -resveratrol, <i>cis</i> -resveratrol, <i>trans</i> -piceid, <i>cis</i> -piceid
Other relevant compounds	Curcumin, 4-aminobenzoic acid, catechol, caffeine, coumarin, salicylic acid, 2,6-dihydroxy-6-methylbenzaldehyde, 2-formyloxy-1-phenylethanone, anthraquinone derivative, 5-methoxy-7-methyl-1,2-naphthoquinone, 7-hydroxy-1-indanone, methyl benzoate, 2-methyl-5-hydroxybenzofuran, 5-methoxy-7-methyl-1,2-naphthoquinone, 1,2,3,4-tetrahydro-2-(2-hydroxy-3-phenoxypropyl)-6,7-dimethoxyisoquinoline, 1-(2-methoxyphenyl)-9,10-anthracenedione, N',N'',N'''-tris-p-feruloylspermidine, glucoraphanin, rosmarinic acid dihexoside derivative, N',N'',N'''-tris-p-coumaroylspermidine, pyrogallol, aesculin, tetramethylscutellarein, <i>O</i> -dihydroxybenzoyl acetyl malonyl coumaric acid flavonoid derivative

**Table S2.** Main (poly)phenols and volatiles described in royal jelly from different botanical and geographical origins.<sup>78,90–94</sup>

Chemical Family	Compounds identified
Flavonoids and derivates	Acacetin, apigenin, apigenin-6-C-glucoside, apigenin-7-O-glucoside, apigenin-7-O-neohesperidoside, apigenin-7-O-rutinoside, apigenin-8-C-glucoside, biochanin A, chrysin, coumestrol, daidzein, daidzin, eriocitrin, eriodictyol, fisetin, formononetin, galangin, genistein, genistin, glycitein, glycitin, hesperetin, hesperidin, isosakuranetin,isorhamnetin, isorhamnetin-3-O-glucoside, isorhamnetin-3-O-rutinoside, isosakuranetin, kaempferol, kaempferol-3-O-glucoside, kaempferol-3-O-rutinoside, luteolin, luteolin-4'-O-glucoside, luteolin-6-C-glucoside, luteolin-7-O-glucoside, luteolin-8-C-glucoside, naringenin, narirutin, neoeriocitrin, neohesperidin, phloridzin, pinocembrin, pinobanksin, quercetin 3-O-glucoside, quercetin-3-O-galactoside, quercetin-3-O-rhamnoside, quercetin-3-O-rutinoside, sakuranetin, tamarixetin.
Phenolic and organic acids	Caffeic acid, ferulic acid, p-coumaric acid, 4-hydroxybenzoic acid, 4-hydroxyhydrocinnamic acid, 4-hydroxy-3-methoxyphenylethanol, sinapic acid, syringic acid, dodecanoic acid, octanoic acids and 1,2-benzenedicarboxylic acid.
Volatiles	Ethanol, acetone, methyl acetate, 2-Butanone, ethyl acetate, acetic acid, 3-Methylbutanal, 2-Methylbutanal, 2-Pentanone, 2-Methyl-2-butenal, toluene, butyric acid, hexanal, 2-Heptanone, benzaldehyde, phenol, 2-Methoxyphenol 2-Nonanone, methyl benzoate, octanoic acid, benzoic acid, 2-Methoxy-p-cresol, methyl salicylate, 1-Pentadecene, carbonyls, phenols, aliphatic acids

**Table S3.** Main (poly)phenols and volatiles described in propolis from different botanical and geographical origins.<sup>110,118,121–124,126</sup>

Chemical Family	Compounds identified
Flavonoids and derivates	Pinocembrin, pinocembrin-5-methyl-ether, pinobanksin, pinobanksin-3- <i>O</i> -acetate, pinobanksin-3- <i>O</i> -propionate, pinobanksin-2- <i>O</i> -butyrate, pinobanksin-3- <i>O</i> -pentanoate, pinobanksin-5-methyl-ether, pinobanksin-5-methyl-ether-3-pentanoate, pinostrobin, naringenin, naringenin-glucoside, sakuranetin, isosakuranetin, liquiritigenin, galangin, chrysin, chrysin-5-methyl-ether, chrysin-6-methyl-ether, tectochrysin, isalpinin, alnustinol, 5-methoxy-3-hydroxyflavanone, hesperetin dimethylated derivates, propolin A, propolin B, propolin E, sigmoidin B, geranylflavanone derivatives, solophenol A, sophoraflavanone A, isosakuranetin, acacetin, catechin, apigenin, izalpinin, quercetin, quercetin 3- <i>O</i> -rutinoside, rutin, kaempferol, kaempferol rutinoside, kaempferide, myricetin, fisetin, pectolinarigenin, luteolin, luteolin glucoside, isorhamnetin-3- <i>O</i> -rutinoside, macarangin, daidzein, formononetin, pterocarpins, xenognosin B, vestitone, calycosin, vestitol, mucronulatol, neovestitol.
Phenolic acids and derivates	Gallic acid, gentisic acid, chlorogenic acid, cinnamic acid, protocatechuic acid, salicylic acid, vanillic acid, p-coumaric acid, caffeic acid, ferulic acid, caffeic acid phenethyl ester, 4-hydroxybenzoic acid, 4-hydroxyhydrocinnamic acid, and 4-hydroxybenzoic acid-methyl ester, artepillin C, chromenes.
Lignans, stilbenes, coumarins	Syringaresinol, pinoresinol and their dimethyl ether derivatives; schweinfurthin A, schweinfurthin B, 5-farnesyl-3'-hydroxyresveratrol, pterostilbene, pinosylvin, O-prenylated tetrahydroxystilbenes and C-prenylated tetrahydroxystilbenes; coumarin, daphnetin and suberosin 1.
Volatiles	$\beta$ -Eudesmol, guaiol, tricosane, thymol, calamine, cis-verbenol, caryophyllene oxide, bisabolol, eucalyptol, $\gamma$ -cadinene, $\alpha$ -cadinol, T-cadinol, $\delta$ -cadinene, $\alpha$ -pinene, allo-aromadendrene, cedrol, 13-nor-Aubreinolide, 15-nor-Labdan-8-ol, 8-epi-13-nor-Aubreinolide, ambroxide, eicosanol, ethyl linoleate, labd-8-en-15-ol, pinocarvone, eicosane, heneicosane, heptadecane, labd-7-en-15-ol, viridiflorol, nonadecane, pentacosane.