Supplementary Information:

Global Stable-isotope Tracing Metabolomics Reveals System-wide Metabolic Alternations in Aging *Drosophila*

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Supplementary Figure 1. Detailed data processing workflow of MetTracer. Related to Figure 1.

(a) Schematic illustration of MetTracer. (b-d) The detailed workflow of each processing step in panel a.



Supplementary Figure 2. Performance evaluation of MetTracer using 293T cell dataset acquired on TripleTOF 6600. Related to Figure 1.

(a) Number of extracted metabolites using MetTracer and other software tools. (b) Number of extracted isotopologues using MetTracer and other software tools.(c) Correlation plot between abundances of labeled isotopologues obtained from MetTracer and Skyline (N = 1725). The *P* value of Pearson correlation coefficient was calculated by two-sided Student's *t*-test. (d) Labeled fractions of example metabolites analyzed by MetTracer and Skyline (manual analysis). Source data are provided as a Source Data file.



0

284

286

Retention time (s)

288

290



base peak	id	mz	label
M104T365	C00065	104.0342	0
M104T365	C00065	105.0376	1
M104T365	C00065	106.0409	2
M104T365	C00065	107.0443	3

Result	in	X1	3CI	MS
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compound	isotopologue	groupID	rt
101.0247	101.0247	452	364.1
	102.0276	470	364.4
	103.0308	484	363.9
	104.0349	495	364.3
	105.0378	499	363.9
	107.0445	522	363.2

Result in MetTracer

base peak id label mz M181T288_2 C16884 181.0707 0 M181T288_2 C16884 182.0740 1 M181T288_2 C16884 183.0774 2 M181T288_2 C16884 184.0807 3 M181T288_2 C16884 185.0841 4

inc_id	feature_id	mzmed	rtmed	atoms
190	2391	180.0670	287.4	0
190	2422	181.0701	287.4	1
190	2445	182.0725	287.4	2
190	2553	186.0875	287.9	6

Supplementary Figure 3. Examples to demonstrate the advantages of targeted extraction in MetTracer. (a) Left panel, extracted ion chromatograms of isotopologue peaks of serine; middle panel, output results by MetTracer; right panel, output results of the isotopologue peak group containing M104T365 by X¹³CMS. (b) Left panel, extracted ion chromatograms of isotopologue peaks of threitol; middle panel, output results by MetTracer; right panel, output results of the isotopologue peak group containing M181T288_2 by geoRge. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.



base peak	id	mz	label	sample 1
M221T224	C01061	221.0057	0	0.03
M221T224	C01061	222.0090	1	0.00
M221T224	C01061	223.0124	2	0.00
M221T224	C01061	224.0157	3	0.00
M221T224	C01061	225.0191	4	0.00
M221T224	C01061	226.0224	5	0.01
M221T224	C01061	227.0258	6	0.38
M221T224	C01061	228.0291	7	0.00
M221T224	C01061	229.0325	8	0.58

Result in MetTracer

base peak	id	mz	label	sample 1
M170T331	C03871	170.0448	0	0.07
M170T331	C03871	171.0481	1	0.00
M170T331	C03871	172.0515	2	0.00
M170T331	C03871	173.0548	3	0.93
M170T331	C03871	174.0582	4	0.00
M170T331	C03871	175.0616	5	0.00
M170T331	C03871	176.0649	6	0.00
M170T331	C03871	177.0683	7	0.00

Supplementary Figure 4. Examples to demonstrate the performance of MetTracer for highly labeled metabolites. (a) Left panel, extracted ion chromatograms of isotopologue peaks of 4-Fumarylacetoacetate; right panel, output results by MetTracer. (b) Left panel, extracted ion chromatograms of isotopologue peaks of 2-Amino-6-oxoheptanedioate; right panel, output results by MetTracer. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.



Supplementary Figure 5. Example to demonstrate the utilization of PPC score for correct peak grouping in MetTracer. (a) Targeted EIC of M153T266 recorded in the targeted list. (b) Isotopologue peaks extracted by MetTracer and their calculated PPC scores. (c) Extracted ion chromatograms of isotopologue peaks of oxalureate finally decided by MetTracer. (d) Output results of oxalureate by MetTracer. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.



Supplementary Figure 6. Example to demonstrate the isotope contamination correction in MetTracer. (a) Extracted ion chromatograms of isotopologue peaks of iminodiacetate before contamination correction in unlabeled samples. **(b)** Labeling extent result of iminodiacetate before contamination correction. **(c)** Labeling extent result of iminodiacetate after contamination correction. The examples were from unlabeled 293T cell samples acquired with the TripleTOF 6600 instrument.



Supplementary Figure 7. Performance evaluation of MetTracer using 293T cell dataset acquired on Orbitrap Exploris 480. Related to Figure 1.

(a) Number of extracted metabolites using MetTracer and other indicated software tools. (b) Number of extracted isotopologues using MetTracer and other software tools. (c) Numbers of labeled metabolites using MetTracer and other software tools. (d) Numbers of labeled isotopologues using MetTracer and other software tools. (e) The Venn diagram shows the overlap of the labeled metabolites using MetTracer and other software. (f) Distributions of the 635 labeled metabolites in 293T cells in the metabolic network (left panel) and pathways (right panel). Red dots in the left panel represent the labeled metabolites. The circle size in the right panel represents the ratio between the labeled metabolites and the entire pathway. (g) Relative standard deviation (RSD) distributions of metabolites and isotopologues obtained from MetTracer and other software tools (n=6 technical replicates of 293T cell samples). The black dots represent median RSD. (h) False positive rates of the labeled metabolites and isotopologues obtained from MetTracer and El-MAVEN. Source data are provided as a Source Data file.



Supplementary Figure 8. Performance evaluation of MetTracer using the *Drosophila* head tissue. Related to Figure 2.

(a) Number of extracted metabolites, extracted isotopologues, labeled metabolites and labeled isotopologues in *Drosophila* head tissues using MetTracer and other software tools. (b) Relative standard deviation (RSD) distributions of metabolites and isotopologues obtained from MetTracer (n=6 technical replicates of pooled quality control samples for *Drosophila* head tissues). The black dots represent median RSD. (c) False positive rates of labeled metabolites and isotopologues obtained from MetTracer. Source data are provided as a Source Data file.



а



Supplementary Figure 9. Examples of metabolites in each labeling cluster from head tissue of *Drosophila*. Related to Figure 2.

(**a-c**) Examples of metabolites in cluster 1 (**a**), cluster 2 (**b**) and cluster 3 (**c**). Data are presented as median \pm SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.



Supplementary Figure 10. *In vivo* stable-isotope tracing in muscle tissue of *Drosophila*. Related to Figure 2.

(a) Left panel, schematic illustration of *in vivo* stable-isotope tracing in muscle tissue of *Drosophila*. Middle and right panels, distributions of labeled metabolites (middle panel) and labeled pathways (right panel) in *Drosophila* muscle tissue. (b) Left panel, statistics of labeling rates (k values; h⁻¹) of metabolites in 3 labeling clusters in *Drosophila* muscle tissue (n=172, 203, 62 metabolites successfully fitted in each cluster). The centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). Right panel, three examples of metabolites from cluster 1, cluster 2 and cluster 3. Data are presented as median \pm SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.



Supplementary Figure 11. Comparison of metabolic profiles in different tissues. Related to Figure 3. (a) Schematic illustration of the analysis of multi-tissue metabolic activities. (b) Venn diagram showing the number of labeled metabolites in head and muscle tissues. Network diagram showing the labeled metabolites in head and muscle tissues. (c) The enriched metabolic pathways for 234 shared metabolites in both of head and muscle tissues. (Hypergeometric test; *P* value < 0.05). For each pathway, a minimum number of labeled metabolites was 5. (d) Labeling kinetics of metabolites in purine metabolism. Data are presented as median \pm SD; n = 10 per time point per tissue; red and blue lines, fitting curves for head and muscle tissues, respectively. Source data are provided as a Source Data file.



Supplementary Figure 12. Metabolic homeostasis is lost during aging in head tissue of *Drosophila*. Related to Figure 4.

(a)The correlation loss between glucose and other metabolites during aging. Red line, significant correlation; grey dashed line, no correlation. (b) Decreased mRNA expressions in glycolysis pathway during aging (3d vs. 30d) in head tissue of *Drosophila*.



Supplementary Figure 13. Alternations of inter-cluster metabolic correlations during aging. Bar plot showing the numbers of inter-cluster metabolite-metabolite correlations in young and old Drosophila: head tissue (a), muscle tissue (b), inter tissue (c).



Supplementary Figure 14. Abundance correlation of metabolites and their labeling extents, fractions and rates. Related to Figure 5.

(a) Abundance correlations of serine and glycine against pyruvate during aging (n = 10 per group). Dashed line, linear regression; grey shadow, 95% confidence interval of the linear relationship between pyruvate and serine or glycine. The *P* value of Pearson correlation coefficient was calculated by two-sided Student's *t*-test. (b) Labeling extents (LE) of metabolites in 3d and 30d *Drosophila* (n = 10 per group; two-tailed Student's *t*-test). (c) Boxplots showing the labeling fraction of AMP (M+10), IMP (M+10), adenosine (M+10) and adenine (M+5). The lower, middle, and upper lines in box plots correspond to 25th, 50th, and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR) *P* value < 0.001: ***; *P* value < 0.05: * (n = 10 in each group). Labeled fraction was normalized to the fraction of glucose

(M+6) at the time of head dissection. (d) Labeling rates of the related metabolites. Data are presented as median \pm SD; n = 10 per time point per tissue; light blue and dark blue lines, fitting curves for 3d and 30d head tissues, respectively. In c, the labeled fraction was normalized to the fraction of glucose (M+6). In b and c, the centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). Two-tailed Student's *t*-test. Source data are provided as a Source Data file.



Supplementary Figure 15. Examples of metabolites with different labeling rates in head tissue of *Drosophila*. Data are presented as median \pm SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.



Supplementary Figure 16. Comparison of metabolic heterogeneity between 3d and 30d *Drosophila.* (a) Coefficient of variation (CV) values of labeled metabolites in 3d and 30d flies (n = 390 labeled metabolites; two-tailed Student's *t*-test). The centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). (b) Principal component analysis (PCA) plot shows the separation of 3d and 30d flies (n = 10 in each group). Colored shadow, 95% confidence interval. Source data are provided as a Source Data file.

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Dataset	Polarity	MetTracer	EI-MAVEN	X13CMS	geoRge	
293T cell	Positive	361	174	166	53	
(TripleTOF 6600)	Negative	469	268	280	139	
293T cell	Positive	245	155	180	75	
(Exploris 480)	Negative	390	188	318	89	

Number of labeled metabolites using four software tools

Supplementary Table 2

False positive rate evaluation using 293T cell samples acquired on TripleTOF 6600

	MetTracer		EI-MAVEN	
No.of	Isotopologues	Metabolites	Isotopologues	Metabolites
False positive	385	63	775	126
Total	10663	1203	6398	719
FPR	3.6%	5.2%	12.1%	17.5%

Supplementary Table 3

False positive rate evaluation using 293T cell samples acquired on Orbitrap Exploris 480

	MetTracer		EI-MAVEN	
No.of	lsotopologues	Metabolites	Isotopologues	Metabolites
False positive	231	52	458	95
Total	11844	896	8670	571
FPR	2.0%	5.8%	5.3%	16.6%

Supplementary Table 4

False positive rate evaluation of MetTracer using Fly head samples acquired on TripleTOF 6600

		Fly	
No. of	False positive	Total	FPR
Isotopologues	309	6368	4.9%
Metabolites	44	670	6.6%

Names of KEGG pathways for Drosophila		
KEGG pathway entry	Pathway name	
dme00052	Galactose metabolism	
dme00500	Starch and sucrose metabolism	
dme00564	Glycerophospholipid metabolism	
dme00650	Butanoate metabolism	
dme00350	Tyrosine metabolism	
dme00270	Cysteine and methionine metabolism	
dme00630	Glyoxylate and dicarboxylate metabolism	
dme00250	Alanine, aspartate and glutamate metabolism	
dme00760	Nicotinate and nicotinamide metabolism	
dme00340	Histidine metabolism	
dme00330	Arginine and proline metabolism	
dme00380	Tryptophan metabolism	
dme00240	Pyrimidine metabolism	
dme00030	Pentose phosphate pathway	
dme00053	Ascorbate and aldarate metabolism	
dme00040	Phenylalanine, tyrosine and tryptophan biosynthesis	
dme00480	Glutathione metabolism	
dme00230	Purine metabolism	
dme00061	Fatty acid biosynthesis	

Metabolites correlated with pyruvate in 3d Drosophila

Node 1	Node 2	P value (3d)	P value (30d)
Pyruvate	Glycerone	0.029	0.939
Pyruvate	Serine	0.024	0.948
Pyruvate	Succinate	0.008	0.166
Pyruvate	D-Tagatose	0.002	0.877
Pyruvate	L-Galactono-1,4-lactone	0.007	0.857
Pyruvate	Maltose	0.039	0.813
Pyruvate	Tulipalin B	0.011	0.877
Pyruvate	D-Erythrulose	0.003	0.950
Pyruvate	L-Serine	0.024	0.948
Pyruvate	D-Mannose	0.002	0.877
Pyruvate	D-Glucono-1,4-lactone	0.007	0.857
Pyruvate	D-Tagatose_T384	0.002	0.790
Pyruvate	Lactose	0.039	0.813
Pyruvate	L-Erythrulose	0.003	0.950
Pyruvate	D-Allose	0.002	0.877
Pyruvate	D-Galactono-1,4-lactone	0.007	0.857
Pyruvate	Cellobiose	0.039	0.813
Pyruvate	Glucose	0.002	0.877
Pyruvate	L-Sorbose	0.002	0.877
Pyruvate	2,3,4,5-Tetrahydrodipicolinate	0.037	0.313
Pyruvate	D-Tagatose_T404	0.024	0.760
Pyruvate	D-galacto-Hexodialdose	0.007	0.857
Pyruvate	D-Galactono-1,5-lactone	0.007	0.857

(P value of Pearson correlation coefficient was calculated by two-sided Student's t-test with FDR adjustment)

Comparison of metabolic observations between our study and other studies

Fly strain	Major metabolic conclusions	Reference	Related conclusions in MetTracer
Oregon-R wild type	In the hypoxia model of <i>Drosophila</i> , old flies showed lower TCA cycle fluxes during recovery from hypoxia.	Coquin et al., 2008, Molecular Systems Biology ¹	No related observations in the context of hypoxia.
Canton-S wild type	The number of detected metabolites increased as a function of age, followed by cessation of the increase in late life.	Avanesov et.al., 2014, eLife ²	Aging influenced the system-wide metabolic coordination.
15 inbred fly lines from DGRP	Glycolysis related metabolites were declined with aging. Carnitines were declined with aging.Metabolites associated with glycerophospholipids showed either increases or declines with age.	Hoffman et.al., 2014, Aging Cell ³	Consistent with the literature. Glycolysis wasdown-regulated with aging.Norelatedobservationsinglycerophospholipids and carnitines.
w1118	 Diet restriction (DR) significantly slowed age-related changes in the metabolome and enhanced metabolite correlations with age in <i>Drosophila</i>. Amino acids such as leucine, tryptophan and betaine showed declines upon DR, and increased in aging. Beta-alanine biosynthesis, SAM cycle and methionine degradation were downregulated upon DR, and increased in aging. 	Laye et.al., 2015, Aging Cell ⁴	Metabolite-metabolite correlations were lost during normal aging. Consistent with the literature. Betaine was increased with aging. SAM and SAH were increased with aging. Metabolite precursors of one-carbon metabolism such as serine and glycine were increased with aging.
w1118, yw, Canton-S	Enhancement of SAM catabolism extends the lifespan in <i>Drosophila</i> .	Fumiaki Obata, Masayuki Miura, 2015 Nature Communications ⁵	Consistent with the literature. SAM and SAH were increased with aging. Metabolite precursors of one-carbon metabolism such as serine and glycine were increased with aging.
w1118	Metabolites such as glutamine, alanine, glycine, tyrosine, tryptophan were highly correlated with the increase of age. Metabolites including leucine, valine, methionine were correlated with sex in aging process.	Zhou et.al., 2017, Experimental Gerontology ⁶	Metabolites such as glutamine, alanine and glycine were altered with aging.

w1118	Glycolysis was downregulated with aging, and the activity of glycolysis was enhanced in long-lived PRC2 mutants.	Ma et.al., 2018, eLife ⁷	Consistent with the literature. Glycolysis was declined with aging.
B3, O1, O3	Level of tyrosine was increased with age in long-lived flies. Tyrosine supplementation and downregulation of enzymes in the tyrosine degradation pathway significantly extend <i>Drosophila</i> lifespan.	Parkhitko et.al., 2020, eLife ⁸	No related observations.
178 inbred fly lines from DGPR	Proteinogenic amino acids and metabolites involved in α -KG and glutamine metabolism were correlated with the magnitude of the lifespan response upon diet restriction.	Jin et.al., 2020, PLOS Genetics ⁹	α -KG, glutamine, and proteinogenic amino acids such as proline, alanine were associated with aging.
W ^{Dah}	High-sugar feeding shortened fly lifespan through increasing purine catabolism.	Dam et.al., 2020, Cell Metabolism ¹⁰	Purine metabolism was observed to be enhanced in old flies.
w ^{Dah} , w ^{iso31} , Canton-S	Purine metabolism was increased in aged flies, and purine metabolites were impacted by gut bacterial species distinctively.	Yamauchi et.al., 2020, iScience ¹¹	Consistent with the literature. Purine metabolism was observed to be enhanced in old flies.
Oregon-R	TCA cycle components were decreased with aging.Triacyclglycerols and phospholipids were increased with aging.Amino acids such as histidine, tyrosine and leucine have trends towards lower levels with aging.	Tapia et.al., 2021, International Journal of Molecular Sciences ¹²	TCA cycle components such as α -KG and succinate were decreased with aging. No related observation for triacyclglycerols, phospholipids, histidine, tyrosine and leucine
w1118	Decreases in riboflavin and metabolites in purine metabolism were observed in the eyes of aged flies, which were distinct from those observed in the head or whole fly. Metabolites involved in SAM regeneration was increased in the eyes of aged flies.	Hall et.al., 2021, Molecular Cell Proteomics ¹³	Purine metabolism was observed to be upregulated during aging in fly head. SAM and SAH were increased with aging.
20 fly lines from DGPR	Metabolites such as proline, glutamate, glutamine, and tryptophan were associated with aging.	Zhao et.al., 2022, Aging Cell ¹⁴	Metabolites such as proline, glutamine and glutamate were dysregulated during aging.

Routine	Parameter		
ExperimentParam	ppm = 25		
	res.define = 400		
	element.trace = 12C		
	element.label = 13C		
	method = "max"		
isotopologueraram	rt.extend = 15		
	peakwidth = c(5,30)		
Decidate effer Dever	snthr = 3		
PeakoetectionParam	method.peakdetection = "centWave"		
	method.smooth = "Gaussian"		
	d.extract = "labelled"		
	method.align = "apex"		
	method.best = "maxint"		
	method.quant = "rawinroi"		
ExtractParam	nscan.quant = 3		
	minfrac = 0.5		
	correct.iso = TRUE		
	adj.contaminate = TRUE		
	thr.contaminate = 0.02		

The parameters for MetTracer

ΤοοΙ	Routine	Parameter
		IsotopeMassDiff = 1.00335
	getIsoLabelReport()	RTwindow = 3
X ¹³ CMS		ppm = 25
		noiseCutoff = 1000
		intChoice = maxo
		alpha = 0.05
		enrichTol = 0.0
		fc.threoshold = 1.2
	Pulnc_seeker	p.value.threshold = 0.05
_		Pulnc.int.lim = 300
geoRge		UL.atomM = 12
	booonaak findar	L.atomM = 13.00335
	basepeak_initier	ppm.s = 25
		Basepeak.minInt = 2000
	Instrumentation	Polarity = Auto Detect
		Ionization Type = ESI
		EIC Smoothing Algorithm = Savitzky Golay
		EIC Smoothing Window = 3 scans
	Book Detection	Max Retention Time difference between Peaks =
	Feak Delection	0.2 min
		Drop top 20% intensities from chromatogram
		Baseline Smoothing = 20%
		Min. Signal Baseline Difference = 3
	Dook Filtoring	Min. Peak Quality = 0.0
_	Peak Fillening	Isotope Peak Filtering is same as Peak Filtering:
		check
		Report Isotopes: check
		Isotopic tracer: C13 check
	Isotope settings	Minimum isotope-parent correlation = 0.5
		Isotope is within [X] scans of parent = 15
		Link isotope peak RT range with parent peak:
		Check

The parameters for X¹³CMS, geoRge and EI-MAVEN

		Maximum number of iterations = 10
	Alignment	Polynomial Degree = 5
		At least [X] good peaks in group = 50% samples
		Limit total number of groups = 1000
		Peak grouping window = 50
		Minimum peak intensity = 300
		Minimum peak S/N Ratio = 3
		Minimum peak width = 5 scans
	Feature detection selection	Compound database search : check
		EIC Extraction window = 25
EI-MAVEN		Match Retention Time : check 0.25 min
		Limit number of reported groups per compound =
		3 best
	Group filtering	Minimum peak intensity = 300 (Area top)
		At least = 1
		Minimum Quality = 0.5 At least = 1
		Minimum S/B Ratio = 3 At least = 1
		Minimum S/N Ratio = 3 At least = 50%
		Minimum peak width = 3 scans
		Min good peak / Group = 1

The modifications of default parameters in different software tools.				
Software	Parameter	Default	Modified	Reason
	RTwindow	NA	3 s	Keep the same as MetTracer.
X ¹³ CMS	ppm	NA	25 ppm (QTOF) 10 ppm (QE)	Keep the same as MetTracer.
	intChoice	intb	maxo	Keep the same as MetTracer.
	enrichTol	0.1	0	To reduce false positives as recommended in their protocol
geoRge	ppm.s	6.5 ppm	25 ppm (QTOF) 10 ppm (QE)	Instrument platform dependent parameter. Keep the same as MetTracer.
	Min signal baseline difference	0	3	Keep the same as MetTracer
	Minimum isotope-parent	0.2	0.5	At least 50% frequency for the co-occurrence

25 ppm (QTOF)

50% of samples

10 ppm (QE)

0.25 min

Supplementary References

correlation

extraction

5 ppm

1.0 min

1 sample

EIC

window

Match retention time

Minimum S/N ratio

EIMAVEN

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Instrument platform dependent

parameter. Keep the same as

Keep the same as MetTracer.

Keep the same as MetTracer.

MetTracer

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