Supplementary Information:

Global Stable-isotope Tracing Metabolomics Reveals System-wide Metabolic Alternations in Aging *Drosophila*

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Supplementary Figure 1. Detailed data processing workflow of MetTracer. Related to Figure 1.

(**a**) Schematic illustration of MetTracer. (**b-d**) The detailed workflow of each processing step in panel a.

Supplementary Figure 2. Performance evaluation of MetTracer using 293T cell dataset acquired on TripleTOF 6600. Related to Figure 1.

(**a**) Number of extracted metabolites using MetTracer and other software tools. (**b**) Number of extracted isotopologues using MetTracer and other software tools.(**c**) Correlation plot between abundances of labeled isotopologues obtained from MetTracer and Skyline (N = 1725). The *P* value of Pearson correlation coefficient was calculated by two-sided Student's *t*-test. (**d**) Labeled fractions of example metabolites analyzed by MetTracer and Skyline (manual analysis). Source data are provided as a Source Data file.

 $\overline{0}$

 $\overline{284}$

 $\overline{288}$

 286 Retention time (s) $\frac{1}{290}$

Result in X13CMS

Result in MetTracer

 mz

181.0707

182.0740

183.0774

184.0807

185.0841

 $\overline{4}$

 id

C16884

C16884

C16884

C16884

C16884

base peak

M181T288_2

M181T288_2

M181T288_2

M181T288_2

M181T288_2

Result in geoRge

Supplementary Figure 3. Examples to demonstrate the advantages of targeted extraction in MetTracer. (a) Left panel, extracted ion chromatograms of isotopologue peaks of serine; middle panel, output results by MetTracer; right panel, output results of the isotopologue peak group containing M104T365 by X¹³CMS. (b) Left panel, extracted ion chromatograms of isotopologue peaks of threitol; middle panel, output results by MetTracer; right panel, output results of the isotopologue peak group containing M181T288_2 by geoRge. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.

Result in MetTracer

Supplementary Figure 4. Examples to demonstrate the performance of MetTracer for highly labeled metabolites. (a) Left panel, extracted ion chromatograms of isotopologue peaks of 4-Fumarylacetoacetate; right panel, output results by MetTracer. **(b)** Left panel, extracted ion chromatograms of isotopologue peaks of 2-Amino-6-oxoheptanedioate; right panel, output results by MetTracer. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.

Supplementary Figure 5. Example to demonstrate the utilization of PPC score for correct peak grouping in MetTracer. (a) Targeted EIC of M153T266 recorded in the targeted list. **(b)** Isotopologue peaks extracted by MetTracer and their calculated PPC scores. **(c)** Extracted ion chromatograms of isotopologue peaks of oxalureate finally decided by MetTracer. **(d)** Output results of oxalureate by MetTracer. The examples were from labeled 293T cell samples acquired with the TripleTOF 6600 instrument.

Supplementary Figure 6. Example to demonstrate the isotope contamination correction in MetTracer. (a) Extracted ion chromatograms of isotopologue peaks of iminodiacetate before contamination correction in unlabeled samples. **(b)** Labeling extent result of iminodiacetate before contamination correction. **(c)** Labeling extent result of iminodiacetate after contamination correction. The examples were from unlabeled 293T cell samples acquired with the TripleTOF 6600 instrument.

Supplementary Figure 7. Performance evaluation of MetTracer using 293T cell dataset acquired on Orbitrap Exploris 480. Related to Figure 1.

(**a**) Number of extracted metabolites using MetTracer and other indicated software tools. (**b**) Number of extracted isotopologues using MetTracer and other software tools. (**c**) Numbers of labeled metabolites using MetTracer and other software tools. (**d**) Numbers of labeled isotopologues using MetTracer and other software tools. (**e**) The Venn diagram shows the overlap of the labeled metabolites using MetTracer and other software. (**f**) Distributions of the 635 labeled metabolites in 293T cells in the metabolic network (left panel) and pathways (right panel). Red dots in the left panel represent the labeled metabolites. The circle size in the right panel represents the ratio between the labeled metabolites and the entire pathway. (**g**) Relative standard deviation (RSD) distributions of metabolites and isotopologues obtained from MetTracer and other software tools (n=6 technical replicates of 293T cell samples). The black dots represent median RSD. (**h**) False positive rates of the labeled metabolites and isotopologues obtained from MetTracer and El-MAVEN. Source data are provided as a Source Data file.

Supplementary Figure 8. Performance evaluation of MetTracer using the *Drosophila* **head tissue. Related to Figure 2.**

(**a**) Number of extracted metabolites, extracted isotopologues, labeled metabolites and labeled isotopologues in *Drosophila* head tissues using MetTracer and other software tools. (**b**) Relative standard deviation (RSD) distributions of metabolites and isotopologues obtained from MetTracer (n=6 technical replicates of pooled quality control samples for *Drosophila* head tissues). The black dots represent median RSD. (**c**) False positive rates of labeled metabolites and isotopologues obtained from MetTracer. Source data are provided as a Source Data file.

Supplementary Figure 9. Examples of metabolites in each labeling cluster from head tissue of *Drosophila***. Related to Figure 2.**

(**a-c**) Examples of metabolites in cluster 1 (**a**), cluster 2 (**b**) and cluster 3 (**c**). Data are presented as median ± SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.

Supplementary Figure 10. *In vivo* **stable-isotope tracing in muscle tissue of** *Drosophila.* **Related to Figure 2.**

(**a**) Left panel, schematic illustration of *in vivo* stable-isotope tracing in muscle tissue of *Drosophila*. Middle and right panels, distributions of labeled metabolites (middle panel) and labeled pathways (right panel) in Drosophila muscle tissue. (b) Left panel, statistics of labeling rates (k values; h⁻¹) of metabolites in 3 labeling clusters in *Drosophila* muscle tissue (n=172, 203, 62 metabolites successfully fitted in each cluster). The centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). Right panel, three examples of metabolites from cluster 1, cluster 2 and cluster 3. Data are presented as median \pm SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.

Supplementary Figure 11. Comparison of metabolic profiles in different tissues. Related to Figure 3. (**a**) Schematic illustration of the analysis of multi-tissue metabolic activities. (**b**) Venn diagram showing the number of labeled metabolites in head and muscle tissues. Network diagram showing the labeled metabolites in head and muscle tissues. (**c**) The enriched metabolic pathways for 234 shared metabolites in both of head and muscle tissues. (Hypergeometric test; *P* value < 0.05). For each pathway, a minimum number of labeled metabolites was 5. (d) Labeling kinetics of metabolites in purine metabolism. Data are presented as median \pm SD; n = 10 per time point per tissue; red and blue lines, fitting curves for head and muscle tissues, respectively. Source data are provided as a Source Data file.

Supplementary Figure 12. Metabolic homeostasis is lost during aging in head tissue of *Drosophila***. Related to Figure 4.**

(**a**)The correlation loss between glucose and other metabolites during aging. Red line, significant correlation; grey dashed line, no correlation. (**b**) Decreased mRNA expressions in glycolysis pathway during aging (3d vs. 30d) in head tissue of *Drosophila*.

Supplementary Figure 13. Alternations of inter-cluster metabolic correlations during aging. Bar plot showing the numbers of inter-cluster metabolite-metabolite correlations in young and old Drosophila: head tissue **(a)**, muscle tissue **(b)**, inter tissue **(c)**.

Supplementary Figure 14. Abundance correlation of metabolites and their labeling extents, fractions and rates. Related to Figure 5.

(**a**) Abundance correlations of serine and glycine against pyruvate during aging (n = 10 per group). Dashed line, linear regression; grey shadow, 95% confidence interval of the linear relationship between pyruvate and serine or glycine. The *P* value of Pearson correlation coefficient was calculated by two-sided Student's *t*-test. (**b**) Labeling extents (LE) of metabolites in 3d and 30d *Drosophila* (n = 10 per group; two-tailed Student's *t*-test). (**c**) Boxplots showing the labeling fraction of AMP (M+10), IMP (M+10), adenosine (M+10) and adenine (M+5). The lower, middle, and upper lines in box plots correspond to 25th, 50th, and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR) *P* value < 0.001: ***; *P* value < 0.01: **; *P* value < 0.05: * (n = 10 in each group). Labeled fraction was normalized to the fraction of glucose

(M+6) at the time of head dissection. (**d**) Labeling rates of the related metabolites. Data are presented as median \pm SD; n = 10 per time point per tissue; light blue and dark blue lines, fitting curves for 3d and 30d head tissues, respectively. In c, the labeled fraction was normalized to the fraction of glucose (M+6). In b and c, the centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and $75th$ quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). Two-tailed Student's *t*-test. Source data are provided as a Source Data file.

Supplementary Figure 15. Examples of metabolites with different labeling rates in head tissue of *Drosophila*. Data are presented as median \pm SD; n = 10 biological replicates in each time point; grey line, fitting curve. Source data are provided as a Source Data file.

Supplementary Figure 16. Comparison of metabolic heterogeneity between 3d and 30d *Drosophila***. (a)** Coefficient of variation (CV) values of labeled metabolites in 3d and 30d flies (n = 390 labeled metabolites; two-tailed Student's *t*-test). The centerlines of the box plots indicate the median; the lower and upper lines in box plots correspond to 25th and 75th quartiles, and the whiskers extend to the most extreme data points within 1.5 interquartile ranges (IQR). **(b)** Principal component analysis (PCA) plot shows the separation of 3d and 30d flies (n = 10 in each group). Colored shadow, 95% confidence interval. Source data are provided as a Source Data file.

Dataset	Polarity	MetTracer	EI-MAVEN	X13CMS	geoRge	
293T cell	Positive	361	174	166	53	
(TripleTOF 6600)	Negative	469	268	280	139	
293T cell	Positive	245	155	180	75	
(Exploris 480)	Negative	390	188	318	89	

Number of labeled metabolites using four software tools

Supplementary Table 2

False positive rate evaluation using 293T cell samples acquired on TripleTOF 6600

Supplementary Table 3

False positive rate evaluation using 293T cell samples acquired on Orbitrap Exploris 480

Supplementary Table 4

False positive rate evaluation of MetTracer using Fly head samples acquired on TripleTOF 6600

Metabolites correlated with pyruvate in 3d *Drosophila*

Node 1	Node 2	P value (3d)	P value (30d)
Pyruvate	Glycerone	0.029	0.939
Pyruvate	Serine	0.024	0.948
Pyruvate	Succinate	0.008	0.166
Pyruvate	D-Tagatose	0.002	0.877
Pyruvate	L-Galactono-1,4-lactone	0.007	0.857
Pyruvate	Maltose	0.039	0.813
Pyruvate	Tulipalin B	0.011	0.877
Pyruvate	D-Erythrulose	0.003	0.950
Pyruvate	L-Serine	0.024	0.948
Pyruvate	D-Mannose	0.002	0.877
Pyruvate	D-Glucono-1,4-lactone	0.007	0.857
Pyruvate	D-Tagatose_T384	0.002	0.790
Pyruvate	Lactose	0.039	0.813
Pyruvate	L-Erythrulose	0.003	0.950
Pyruvate	D-Allose	0.002	0.877
Pyruvate	D-Galactono-1,4-lactone	0.007	0.857
Pyruvate	Cellobiose	0.039	0.813
Pyruvate	Glucose	0.002	0.877
Pyruvate	L-Sorbose	0.002	0.877
Pyruvate	2,3,4,5-Tetrahydrodipicolinate	0.037	0.313
Pyruvate	D-Tagatose_T404	0.024	0.760
Pyruvate	D-galacto-Hexodialdose	0.007	0.857
Pyruvate	D-Galactono-1,5-lactone	0.007	0.857

(*P* value of Pearson correlation coefficient was calculated by two-sided Student's *t*-test with FDR adjustment)

Comparison of metabolic observations between our study and other studies

Fly strain	Major metabolic conclusions	Reference	Related conclusions in MetTracer
Oregon-R wild type	In the hypoxia model of Drosophila, old flies showed lower TCA cycle fluxes during recovery from hypoxia.	Coquin et al., 2008, Molecular Systems Biology ¹	No related observations in the context of hypoxia.
Canton-S wild type	The number of detected metabolites increased as a function of age, followed by cessation of the increase in late life.	Avanesov et.al., 2014, e Life 2	Aging influenced the system-wide metabolic coordination.
15 inbred fly lines from DGRP	Glycolysis related metabolites were declined with aging. Carnitines were declined with aging. Metabolites associated with glycerophospholipids showed either increases or declines with age.	Hoffman et.al., 2014, Aging Cell ³	Consistent with the literature. Glycolysis was down-regulated with aging. related observations No. in glycerophospholipids and carnitines.
w1118	Diet restriction (DR) significantly slowed age-related changes in the metabolome and enhanced metabolite correlations with age in Drosophila. Amino acids such as leucine, tryptophan and betaine showed declines upon DR, and increased in aging. Beta-alanine biosynthesis, SAM cycle and methionine degradation were downregulated upon DR, and increased in aging.	Laye et.al., 2015, Aging Cell ⁴	Metabolite-metabolite correlations were lost during normal aging. Consistent with the literature. Betaine was increased with aging. SAM and SAH were increased with aging. Metabolite precursors of one-carbon metabolism such as serine and glycine were increased with aging.
w1118, yw, Canton-S	Enhancement of SAM catabolism extends the lifespan in Drosophila.	Fumiaki Obata, Masayuki Miura, 2015 Nature Communications ⁵	Consistent with the literature. SAM and SAH were increased with aging. Metabolite precursors of one-carbon metabolism such as serine and glycine were increased with aging.
w1118	Metabolites such as glutamine, alanine, glycine, tyrosine, tryptophan were highly correlated with the increase of age. Metabolites including leucine, valine, methionine were correlated with sex in aging process.	Zhou et.al., 2017, Experimental Gerontology ⁶	Metabolites such as glutamine, alanine and glycine were altered with aging.

The parameters for MetTracer

The parameters for X¹³CMS, geoRge and El-MAVEN

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