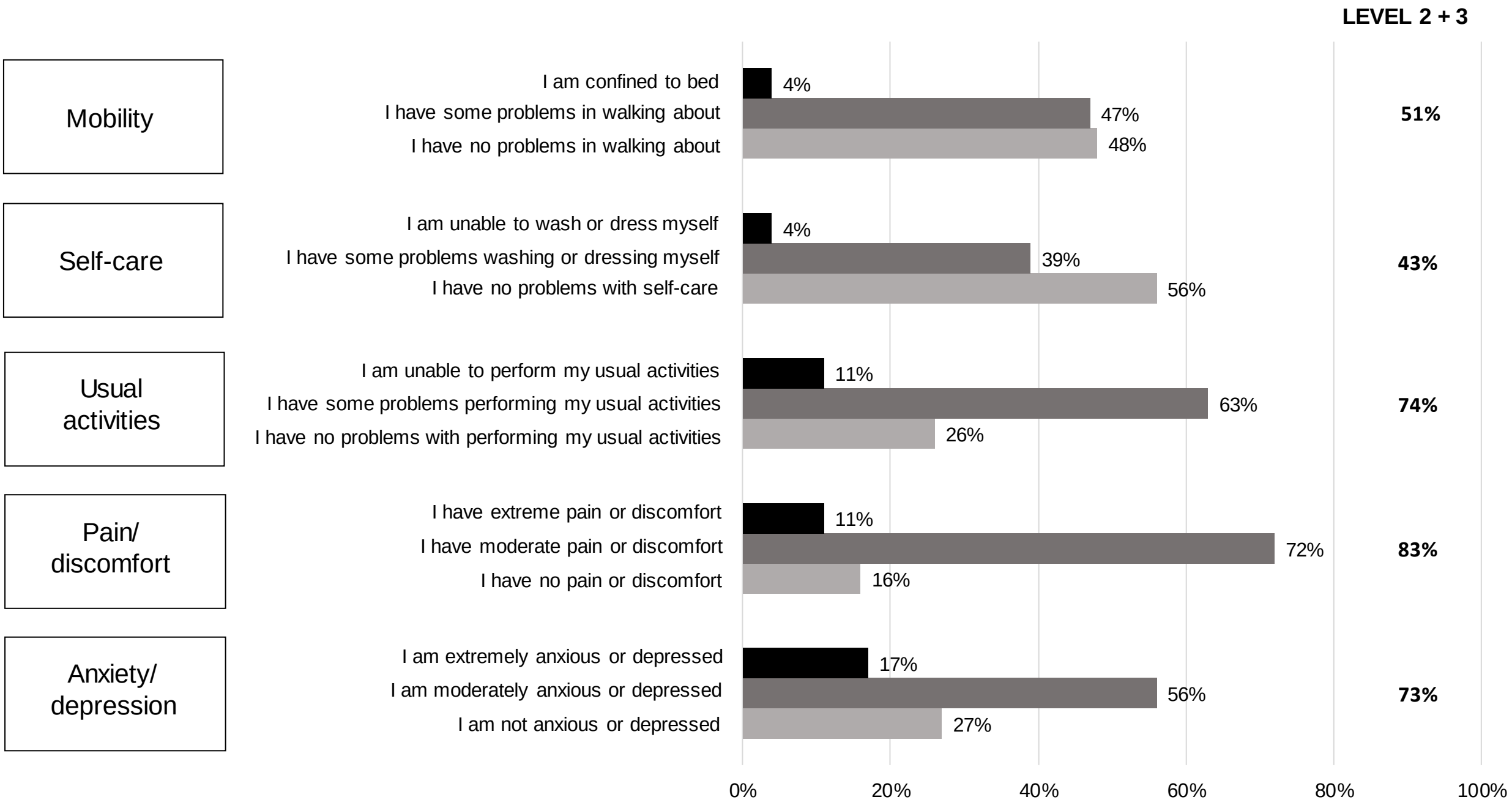
LEVEL 2 + 3
Mobility
I am confined to bed
I have some problems in walking about
I have no problems in walking about
4%
47%
48%
51%
Self-care
I am unable to wash or dress myself
I have some problems washing or dressing myself
I have no problems with self-care
4%
39%
56%
43%
Usual activities
I am unable to perform my usual activities
I have some problems performing my usual activities
I have no problems with performing my usual activities
11%
63%
26%
74%
Pain/ discomfort
I have extreme pain or discomfort
I have moderate pain or discomfort
I have no pain or discomfort
11%
72%
16%
83%
Anxiety/ depression
I am extremely anxious or depressed
I am moderately anxious or depressed
I am not anxious or depressed
17%
56%
27%
73%
0%
20%
40%
60%
80%
100%