

SUPPLEMENTAL MATERIAL

Table S1. Summary of patient-reported outcomes.

Variables	Measurements	Description	Scale	Interpretation
Patient-reported health status	12-item Short-form Health Survey version 2 (SF-12) ³¹	<ul style="list-style-type: none"> 8 health domains divided into physical (PCS) and mental (MCS) component scores 		
		Physical Component Summary (PCS): <ul style="list-style-type: none"> Physical functioning Role participation with physical health problems Bodily pain General health 	0-100	Higher score = better perceived health status
		Mental Component Summary (MCS): <ul style="list-style-type: none"> Vitality Social functioning Emotional health Mental health 	0-100	Higher score = better perceived health status.
Quality of life	Linear Analogue Scale (LAS) ³²	The degree of overall life satisfaction that is positively or negatively influenced by individuals' perception of certain aspects of life important to them, including matters both related and unrelated to health. ³³	0-100	Higher score = better quality of life
	Satisfaction With Life Scale (SWLS) ³⁴	5 statements with scores from 1 to 7	5 - 35	Higher score = better satisfaction of life
Sense of coherence	Sense of Coherence Score – Orientation to Life Questionnaire ³⁵	3 components: <ul style="list-style-type: none"> Comprehensibility Manageability Meaningfulness 	13 - 91	Higher score = higher sense of coherence
Psychological distress	Hospital Anxiety and Depression Scale ³⁶	Hospital Anxiety Scale (HADS-A)	0 - 21	Higher score = greater psychological distress
		Hospital Depression Scale (HADS-D)	0 - 21	Higher score = greater psychological distress
Illness perception	Brief Illness Perception Questionnaire (Brief IPQ) ³⁷	9 items: <ol style="list-style-type: none"> Consequences; Timeline; Personal control; Treatment control; Identity; Coherence; Concern; Emotional response; Perceived causes 	0-80	Higher score = worse illness perception