

Supplemental Information

Stepwise Poisson Regression Models with Robust Standard Errors Examining Changes to Daily Behaviors and Feelings of Depression about the COVID-19 Pandemic by Demographic Factors.

		Single, Widowed, Married or Living with Partner		Divorced, or Never Married		Not Living Alone		Male	Female	White	Non-White	Age<75 Years	Age>74 Years
Changes to Daily Behaviors [†]		aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)	aPR (95%CI)
Feelings of Depression about the COVID-19 Pandemic													
Sleep Quality	Worse	2.0 (1.6 -2.6)	2.0 (1.5 -2.7)	1.9 (1.3 -2.7)	2.1 (1.5 -2.8)	2.3 (1.5 -3.5)	1.9 (1.5 -2.5)	1.9 (1.6 -2.3)	2.4 (1.7 -3.3)	1.8 (1.3 -2.5)	2.1 (1.8 -2.6)		
	Better	2.2 (1.2 -3.9)	0.7 (0.3 -1.6)	0.9 (0.4 -2.2)	1.1 (0.5 -2.6)	1.1 (0.4 -2.9)	1.0 (0.5 -2.1)	1.3 (0.8 -2.1)	0.0 (0. -0.0)	0.9 (0.3 -2.3)	1.0 (0.6 -1.9)		
Sleep Duration	Less	1.5 (1.1 -2.)	1.5 (1.0 -2.2)	1.7 (1.1 -2.6)	1.4 (0.9 -2.)	1.3 (0.6 -2.7)	1.5 (1.1 -2.1)	1.8 (1.4 -2.3)	1.2 (0.7 -1.8)	1.4 (0.9 -2.4)	1.6 (1.2 -2.)		
	More	1.5 (1.2 -1.9)	1.5 (1.1 -1.9)	1.8 (1.3 -0.5)	1.3 (1.0 -1.7)	1.6 (1.2 -2.3)	1.4 (1.1 -1.8)	1.6 (1.3 -1.9)	1.0 (0.7 -1.5)	1.7 (1.2 -2.3)	1.4 (1.2 -1.7)		
TV	Less	0.8 (0.4 -1.5)	1.0 (0.6 -1.7)	0.9 (0.5 -0.8)	0.9 (0.5 -1.7)	1.1 (0.5 -2.5)	0.9 (0.5 -1.5)	1.1 (0.7 -1.7)	0.7 (0.4 -1.5)	0.6 (0.3 -1.4)	1.1 (0.7 -1.7)		
	More	1.4 (1.1 -1.7)	1.2 (1.0 -1.5)	1.2 (0.9 -1.6)	1.3 (1.1 -1.6)	1.2 (0.9 -1.7)	1.3 (1.1 -1.6)	1.3 (1.1 -1.6)	1.1 (0.8 -1.5)	1.2 (0.9 -1.6)	1.3 (1.1 -1.6)		
Walk	Less	1.4 (1.1 -1.7)	1.5 (1.2 -1.9)	1.4 (1.0 -0.8)	1.5 (1.2 -1.9)	1.5 (1.1 -2.1)	1.4 (1.1 -1.7)	1.4 (1.2 -1.7)	1.5 (1.1 -2.)	1.3 (1.0 -1.8)	1.5 (1.2 -1.7)		
	More	1.0 (0.7 -1.3)	1.1 (0.7 -1.6)	1.1 (0.7 -0/7)	1.0 (0.7 -1.4)	1.3 (0.9 -2.1)	0.9 (0.6 -1.3)	1.0 (0.8 -1.3)	1.0 (0.6 -1.8)	1.0 (0.7 -1.5)	1.0 (0.8 -1.4)		
Feelings of Anxiety about the COVID-19 Pandemic													
Sleep Quality	Worse	1.9 (1.4-2.6)	1.9 (1.4-2.6)	1.9 (1.3-2.6)	1.9 (1.5-2.5)	1.6 (1.1-2.5)	2.0 (1.6-2.6)	1.9 (1.6-2.3)	1.8 (1.4-2.5)	2.1 (1.6-2.7)	1.8 (1.5-2.1)		

	Better	1.8 (0.8-3.8)	0.6 (0.3-1.5)	0.7 (0.3-2.0)	1.1 (0.6-2.3)	1.1 (0.5-2.5)	0.8 (0.4-1.8)	1.3 (0.8-2.1)	0.0 (0.-0.0)	1.6 (0.9-2.9)	0.6 (0.3-1.4)
Sleep Amount	Less	1.2 (0.8-1.9)	1.1 (0.8-1.7)	1.3 (0.8-1.9)	1.1 (0.8-1.6)	1.1 (0.5-2.1)	1.2 (0.9-1.6)	1.4 (1.1-1.8)	0.8 (0.6-1.3)	1.3 (0.9-1.9)	1.2 (0.9-1.5)
	More	1.4 (1.1-1.7)	1.1 (0.8-1.4)	1.2 (0.9-1.6)	1.2 (1.0-1.5)	1.4 (1.-1.8)	1.1 (0.8-1.4)	1.2 (1.-1.4)	1.2 (0.9-1.6)	1.2 (0.9-1.6)	1.2 (1.0-1.4)
TV	Less	0.7 (0.4-1.5)	0.8 (0.4-1.4)	0.6 (0.3-1.3)	0.9 (0.5-1.5)	0.9 (0.4-1.9)	0.7 (0.4-1.2)	0.8 (0.5-1.3)	0.7 (0.4-1.3)	0.7 (0.4-1.4)	0.7 (0.5-1.2)
	More	1.3 (1.1-1.7)	1.4 (1.1-1.8)	1.5 (1.1-1.9)	1.4 (1.1-1.6)	1.4 (1.-1.7)	1.4 (1.2-1.7)	1.4 (1.2-1.7)	1.3 (1.0-1.6)	1.3 (1.0-1.6)	1.4 (1.2-1.6)
Walk	Less	1.4 (1.1-1.7)	1.4 (1.2-1.8)	1.3 (1.0-1.7)	1.5 (1.2-1.8)	1.4 (1.1-1.8)	1.4 (1.2-1.7)	1.4 (1.2-1.6)	1.3 (1.0-1.6)	1.2 (1.0-1.5)	1.5 (1.3-1.7)
	More	1.2 (0.9-1.5)	1.1 (0.7-1.5)	1.0 (0.7-1.6)	1.2 (0.9-1.5)	1.2 (0.8-1.7)	1.1 (0.8-1.5)	1.2 (1.-1.5)	0.9 (0.6-1.4)	0.9 (0.7-1.2)	1.2 (1.0-1.6)

†Bold indicates significance at the p<0.05 level.