**S2 Figure.** Instrumental variables design. Directed acyclic graph (i.e., causal diagram) illustrating the relationship between an instrumental variable Z, an endogenous predictor or treatment X, unmeasured confounders U, and an outcome Y. This method rests on several assumptions, including the assumption that there does not exist a separate causal pathway W linking the instrument and outcome. *CVD*, cardiovascular disease; *SES*, socioeconomic status.

