Supporting Information

Advanced in vitro safety assessment of herbal medicines for the treatment of non-

psychotic mental disorders in pregnancy

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Table 1S. Identified proteins which were significantly influenced (up- or downregulated) after incubations with plant extracts for a period of 48 h in comparison with vehicle only (DMSO treatment).

| Plant extract | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) | log ₂ FC | p-value | Adjusted p-value |
|------------------|-------|--|--|---------------------|----------|------------------|
| St. John's | RN149 | E3 ubiquitin-protein ligase | Enables E3 ubiquitin-protein ligase activity | | 8.65E-06 | 0.018 |
| | TAP26 | Thyroid transcription factor 1-associated protein 26 | Component of the transcription complexes of the pulmonary surfactant-associated protein-B (SFTPB) and -C (SFTPC) which enhances the homeobox protein Nkx-2.1-activated SFTPB and SFTPC promoter activities | 1.80 | 7.52E-05 | 0.076 |
| wort | MBOA7 | Lysophospholipid acyltransferase 7 | Contributes to the regulation of free arachidonic acid in the cell through the remodeling of phospholipids | | 7.29E-05 | 0.076 |
| | PPR21 | Protein phosphatase 1 regulatory subunit 21 Regulator of protein phosphatase 1 | | -2.73 | 9.15E-05 | 0.076 |
| California poppy | ANR35 | Ankyrin repeat domain-containing protein 35 | Unknown | 4.68 | 1.92E-05 | 0.066 |
| | COPRS | Coordinator of PRMT5 and differentiation stimulator | Histone-binding protein which plays a role in muscle cell differentiation | 2.92 | 1.02E-04 | 0.119 |
| Valerian | AN32B | Acidic leucine-rich nuclear phosphoprotein 32 family member B | Multifunctional protein which is involved in the regulation of many processes e.g. cell proliferation, apoptosis, cell cycle progression or transcription | | 3.98E-06 | 0.014 |
| | FLOT2 | Flotillin-2 | Functionally participating in formation of caveolae or caveolae-like vesicles | | 3.31E-05 | 0.058 |
| | CALB2 | Calretinin | Calcium-binding protein which is abundant in auditory neurons | 1.82 | 1.50E-04 | 0.111 |
| | SPTB1 | Spectrin beta chain, erythrocytic | Major constituent of the cytoskeletal network underlying the erythrocyte plasma membrane | | 7.69E-04 | 0.142 |
| | GEMI | Geminin | Inhibits DNA replication | | 1.08E-03 | 0.166 |
| | BGLR | Beta-glucuronidase | Plays an important role in the degradation of dermatan and keratan sulfates | -1.01 | 4.24E-04 | 0.123 |
| Lavender | UBQL2 | Ubiquilin-2 | Plays an important role in the regulation of different protein degradation mechanisms and pathways including ubiquitin-proteasome system (UPS), autophagy and the endoplasmic reticulum-associated protein degradation (ERAD) pathway. | | 5.88E-05 | 0.080 |
| | RIOX2 | Ribosomal oxygenase 2 | Leads to an increase in ribosomal RNA expression; may play an important role in cell growth and survival and may be involved in ribosome biogenesis | -1.06 | 3.70E-04 | 0.123 |
| | STT3B | Dolichyl-diphosphooligosaccharide-protein glycosyltransferase subunit STT3B | Plays a role in ER-associated degradation (ERAD) pathway that mediates ubiquitin-dependent degradation of misfolded endoplasmic reticulum proteins; required for efficient post-translational glycosylation | -1.07 | 1.25E-03 | 0.181 |

| Hops | NAGAB | Alpha-N-acetylgalactosaminidase | Required for the breakdown of glycolipids | 2.30 | 3.59E-06 | 0.013 |
|------|-------|---|--|-------|----------|-------|
| | EIF3D | Eukaryotic translation initiation factor 3 subunit D | mRNA cap-binding component of the eukaryotic translation initiation factor 3 (eIF-3) complex, a complex required for several steps in the initiation of protein synthesis of a specialized repertoire of mRNAs | -2.86 | 1.08E-03 | 0.166 |
| | S61A1 | Protein transport protein Sec61 subunit alpha isoform 1 | Plays a crucial role in the insertion of secretory and membrane polypeptides into the endoplasmic reticulum | -2.45 | 7.85E-04 | 0.142 |
| | URM1 | Ubiquitin-related modifier 1 | Involved in a specific pathway, which is part of tRNA modification | -2.31 | 4.15E-07 | 0.002 |
| | TF2AA | Transcription initiation factor IIA subunit 1 | Component of the transcription machinery of RNA polymerase II and plays an important role in transcriptional activation | -2.15 | 4.00E-04 | 0.123 |
| | RL36 | 60S ribosomal protein L36 | Component of the large ribosomal subunit | -1.94 | 1.64E-04 | 0.111 |
| | COQ9 | Ubiquinone biosynthesis protein COQ9, mitochondrial | Lipid-binding protein involved in the biosynthesis of coenzyme Q, also named ubiquinone, an essential lipid-soluble electron transporter for aerobic cellular respiration | -1.81 | 5.67E-04 | 0.142 |
| | TYSY | Thymidylate synthase | Contributes to the de novo mitochondrial thymidylate biosynthesis pathway | -1.72 | 5.96E-04 | 0.142 |
| | TLE1 | Transducin-like enhancer protein 1 | Transcriptional corepressor that binds to a number of transcription factors | -1.71 | 1.48E-05 | 0.030 |
| | GALK1 | Galactokinase | Major enzyme for galactose metabolism | -1.50 | 1.08E-04 | 0.110 |
| | CACO2 | Calcium-binding and coiled-coil domain-containing protein 2 | Required for autophagy-mediated intracellular bacteria degradation | -1.32 | 3.43E-04 | 0.123 |
| | CCS | Copper chaperone for superoxide dismutase | Delivers copper to copper zinc superoxide dismutase | -1.31 | 2.25E-04 | 0.115 |
| | TBA1B | Tubulin alpha-1B chain | Major constituent of microtubules | -1.25 | 7.26E-04 | 0.142 |
| | TTC9C | Tetratricopeptide repeat protein 9C | Protein coding gene; important paralog of the TTC9 gene which has been shown to be hormonally regulated in breast cancer cells and may play a role in cancer cell invasion and metastasis | -1.24 | 2.23E-04 | 0.115 |
| | SC11A | Signal peptidase complex catalytic subunit SEC11A | Component of the microsomal signal peptidase complex which removes signal peptides from nascent proteins as they are translocated into the lumen of the endoplasmic reticulum | -1.23 | 8.02E-04 | 0.142 |
| | PEBB | Core-binding factor subunit beta | Master-regulates a host of genes specific to hematopoiesis and osteogenesis | -1.22 | 5.46E-04 | 0.142 |
| | SET | Protein SET | Multitasking protein, involved in apoptosis, transcription, nucleosome assembly and histone chaperoning | -1.17 | 2.74E-04 | 0.123 |
| | STT3A | Dolichyl-diphosphooligosaccharide-protein glycosyltransferase subunit STT3A | Similar catalytic subunit with an overlapping function as STT3B | -1.09 | 4.21E-04 | 0.123 |

Table 2S. Label-free quantification of proteins which were only identified in either the treated (St. John's wort extract) or untreated (0.06% DMSO) sample.

| | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) |
|---------------------------|-------|--|--|
| Treated (St. John's wort) | CDIPT | CDP-diacylglycerol-inositol 3-phosphatidyltransferase | Catalyzes the biosynthesis of phosphatidylinositol (PtdIns) as well as PtdIns:inositol exchange reaction |
| | PPAL | Lysosomal acid phosphatase | Hydrolyzes orthophosphoric monoesters to alcohol and phosphate |
| | AT12A | Potassium-transporting ATPase alpha chain 2 | Catalytic subunit of a H^+/K^+ and/or Na^+/K^+ -ATPase pump which transports K^+ ions (into the cell) in exchange for Na^+ and/or H^+ ions (to the extracellular compartment) across the apical membrane of epithelial cells |
| Untreated (0.06% DMSO) | TGT | Queuine tRNA- ribosyltransferase catalytic subunit 1 | Catalyzes the base-exchange of a guanine (G) residue with queuine (Q) at position 34 (anticodon wobble position) in tRNAs with GU _N anticodons (tRNA-Asp, -Asn, -His and -Tyr), resulting in the hypermodified nucleoside queuosine |
| | 5NT3A | Cytosolic 5'-nucleotidase 3A | Specific activity towards cytidine monophosphate (CMP) and 7-methylguanosine monophosphate (m ₇ GMP); CMP seems to be the preferred substrate |

Table 3S. Label-free quantification of proteins which were only identified in either the treated (valerian extract) or untreated (0.06% DMSO) sample.

| | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) |
|------------------------|--------|--|--|
| | | WAS/WASL-interacting protein family member 1 | Plays a role in the reorganization of the actin cytoskeleton; contributes with |
| Treated (valerian) | | | NCK1 and GRB2 in the recruitment and activation of WASL; may |
| | WIPF1 | | participate in regulating the subcellular localization of WASL, resulting in |
| /aler | | | the disassembly of stress fibers in favor of filopodia formation; plays a role |
| ed (1 | | | in the formation of cell ruffles |
| reat | | Myelin basic protein | Is, with PLP, the most abundant protein component of the myelin membrane |
| Т | MBP | | in the CNS; formation and stabilization of this compact multilayer |
| | | | arrangement of bilayers |
| | MYL3 | Myosin light chain 3 | Regulatory light chain of myosin; does not bind calcium |
| <u> </u> | | | Antigen-presenting major histocompatibility complex class I (MHCI) |
| Untreated (0.06% DMSO) | | HLA class I histocompatibility antigen, B- 41 alpha chain Caveolae-associated protein 1 | molecule; in complex with B2M/beta 2 microglobulin displays primarily |
| Q % | 1B41 | | viral and tumor-derived peptides on antigen-presenting cells for recognition |
| 90.0 | 1041 | | by alpha-beta T cell receptor (TCR) on HLA-B-restricted CD8-positive T |
| ped (| | | cells, guiding antigen-specific T cell immune response to eliminate infected |
| treat | | | or transformed cells |
| Ü | CAVN1 | | Plays an important role in caveolae formation and organization; essential for |
| | CHVIVI | | the formation of caveolae in all tissues |

Table 4S. Label-free quantification of proteins which were only identified in either the treated (hops extract) or untreated (0.06% DMSO) sample.

| | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) |
|------------------------|-------|---|--|
| | NGRN | Neugrin | Plays an essential role in mitochondrial ribosome biogenesis |
| | ANKZ1 | Ankyrin repeat and zinc finger domain-containing protein 1 | Plays a role in the cellular response to hydrogen peroxide and in the maintenance of mitochondrial integrity under conditions of cellular stress; involved in the endoplasmic reticulum (ER)-associated degradation (ERAD) pathway |
| | DPY30 | Protein dpy-30 homolog | Involved in the methylation of histone H3 at 'Lys-4', particularly trimethylation, which represents a specific tag for epigenetic transcriptional activation; may also play an indirect or direct role in endosomal transport |
| | CLAP1 | CLIP-associating protein 1 | Microtubule plus-end tracking protein that promotes the stabilization of dynamic microtubules; involved in the nucleation of noncentrosomal microtubules originating from the trans-Golgi network (TGN) |
| Treated (hops) | ITA3 | Integrin alpha-3 | Integrin alpha-3/beta-1 is a receptor for fibronectin, laminin, collagen, epiligrin, thrombospondin and CSPG4 |
| Treate | SP100 | Nuclear autoantigen Sp-100 | Together with PML, this tumor suppressor is a major constituent of the PML bodies, a subnuclear organelle involved in a large number of physiological processes including cell growth, differentiation and apoptosis; may play a role in angiogenesis, controlling endothelial cell motility and invasion |
| | LRCH4 | Leucine-rich repeat and calponin homology domain-containing protein 4 | This gene encodes a protein that contains leucine-rich repeats (LRR) at its amino terminus and that is known to be involved in ligand binding; carboxyl terminus may act as a membrane anchor |
| | SET1A | Histone-lysine N-methyltransferase SETD1A | Methylates 'Lys-4' of histone H3, when part of the SET1 histone methyltransferase (HMT) complex, but not if the neighboring 'Lys-9' residue is already methylated; H3 'Lys-4' methylation represents a specific tag for epigenetic transcriptional activation; may play a role in synaptic function and the development of neurons |
| 6% DMSO) | HMCES | Abasic site processing protein HMCES | Acts as an enzyme that recognizes and binds abasic sites in ssDNA at replication forks and chemically modifies the lesion by forming a covalent cross-link with DNA; promotes error-free repair of abasic sites by acting as a 'suicide' enzyme that is degraded, thereby protecting abasic sites from translesion synthesis (TLS) polymerases and endonucleases that are error-prone and would generate mutations and double-strand breaks; acts as a protease: mediates autocatalytic processing of its N-terminal methionine in |
| Untreated (0.06% DMSO) | GPX4 | Phospholipid hydroperoxide glutathione peroxidase | order to expose the catalytic cysteine Essential antioxidant peroxidase that directly reduces phospholipid hydroperoxide even if they are incorporated in membranes and lipoproteins; plays a key role in protecting cells from oxidative damage by preventing membrane lipid peroxidation |
| | PRIO | Major prion protein | Unclear primary physiological function; may play a role in neuronal development and synaptic plasticity; may play a role in iron uptake and iron homeostasis |

Table 5S. Label-free quantification of proteins which were only identified in either the treated (California Poppy extract) or untreated (0.06% DMSO) sample.

| | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) | | |
|----------------------------|--------|--|---|--|--|
| | | | Isoform 1: May be involved in RNA splicing | | |
| | | | Isoform 2: Functions as an apoptosis repressor that blocks multiple modes of | | |
| | | | cell death; inhibits extrinsic apoptotic pathways; inhibits intrinsic apoptotic | | |
| | | | pathway in response to a wide range of stresses, through its interaction with | | |
| ppy) | | | BAX resulting in BAX inactivation, preventing mitochondrial dysfunction | | |
| a pol | | | and release of pro-apoptotic factors; Inhibits calcium-mediated cell death by | | |
| Treated (California poppy) | NOL3 | Nucleolar protein 3 | functioning as a cytosolic calcium buffer, dissociating its interaction with | | |
| Calif | NOLS | Nucleolal protein 3 | CASP8 and maintaining calcium homeostasis; negatively regulates hypoxia- | | |
|)) ps | | | induced apoptosis in part by inhibiting the release of cytochrome c from | | |
| reat | | | mitochondria in a caspase-independent manner; inhibits TNF-induced | | |
| Т | | | necrosis by preventing TNF-signaling pathway through TNFRSF1A | | |
| | | | interaction abrogating the recruitment of RIPK1 to complex I; promotes | | |
| | | | vascular remodeling through inhibition of apoptosis and stimulation of | | |
| | | | proliferation, in response to hypoxia | | |
| | NUDT3 | Diphosphoinositol | May play a role in signal transduction; acts as a negative regulator of the | | |
| | | polyphosphate phosphohydrolase 1 | ERK1/2 pathway | | |
| | | | ERRI/2 paulway | | |
| | | Glutathione S-transferase Mu 1 | Conjugation of reduced glutathione to a wide number of exogenous and | | |
| | GSTM1 | | endogenous hydrophobic electrophiles; involved in the formation of | | |
| | GSTWII | | glutathione conjugates of prostaglandin A2 (PGA2) and prostaglandin J2 | | |
| | | | (PGJ2) | | |
| 6 | | Transcriptional activator protein Pur-beta | Capacity to bind repeated elements in single-stranded DNA; plays a role in | | |
| MS | | | the control of vascular smooth muscle (VSM) alpha-actin gene transcription | | |
| Z % | PURB | | as repressor in myoblasts and fibroblasts; participates in transcriptional and | | |
| 90.0 | | | translational regulation of alpha-MHC expression in cardiac myocytes by | | |
| Untreated (0.06% DMSO) | | | binding to the purine-rich negative regulatory (PNR) element | | |
| ıtrea | | Splicing factor YJU2 | Part of the spliceosome which catalyzes two sequential transesterification | | |
| Ü | | | reactions, first the excision of the non-coding intron from pre-mRNA and | | |
| | YJU2 | | then the ligation of the coding exons to form the mature mRNA; may protect | | |
| | | | cells from TP53-dependent apoptosis upon dsDNA break damage through | | |
| | | | association with PRP19-CD5L complex | | |
| | SPCS1 | | Component of the microsomal signal peptidase complex which removes | | |
| | | Signal peptidase complex subunit 1 | signal peptides from nascent proteins as they are translocated into the lumen | | |
| | | | of the endoplasmic reticulum; plays a key role in the post-translational | | |
| | | | processing of flaviviral structural proteins prM, E, and NS1 | | |

Table 6S. Label-free quantification of proteins which were only identified in either the treated (levender extract) or untreated (0.06% DMSO) sample.

| | Gene | Protein | Function (Szklarczyk et al., 2018; The UniProt Consortium, 2019) |
|------------------------|-------|---|---|
| | AAAS | Aladin | Plays a role in the normal development of the peripheral and central nervous system |
| | PNKP | Bifunctional polynucleotide phosphatase/kinase | Plays a key role in the repair of DNA damage, functioning as part of both the non-homologous end-joining (NHEJ) and base excision repair (BER) pathways; through its two catalytic activities, PNK ensures that DNA termini are compatible with extension and ligation by either removing 3'-phosphates from, or by phosphorylating 5'-hydroxyl groups on, the ribose sugar of the DNA backbone |
| | REX1B | Required for excision 1-B domain-containing protein | Uncharacterized protein |
| | FHL3 | Four and a half LIM domains protein 3 | Recruited by SOX15 to FOXK1 promoters where it acts as a transcriptional coactivator of FOXK1 |
| ır) | CO4A5 | Collagen alpha-5(IV) chain | Type IV collagen is the major structural component of glomerular basement membranes (GBM), forming a 'chicken-wire' meshwork together with laminins, proteoglycans and entactin/nidogen |
| Treated (lavender) | SEM7A | Semaphorin-7A | Plays an important role in integrin-mediated signaling and functions both in regulating cell migration and immune responses. Promotes formation of focal adhesion complexes, activation of the protein kinase PTK2/FAK1 and subsequent phosphorylation of MAPK1 and MAPK3; promotes production of proinflammatory cytokines by monocytes and macrophages; plays an important role in modulating inflammation and T-cell-mediated immune responses; promotes axon growth in the embryonic olfactory bulb |
| | PJA2 | E3 ubiquitin-protein ligase Praja-2 | Responsible for ubiquitination of cAMP-dependent protein kinase type I and type II-alpha/beta regulatory subunits and for targeting them for proteasomal degradation; essential for PKA-mediated long-term memory processes |
| | MGST3 | Microsomal glutathione S-transferase 3 | Catalyzes the oxydation of hydroxy-fatty acids; catalyzes the conjugation of a reduced glutathione to leukotriene A4 in vitro; may participate in the lipid metabolism |
| | FBLL1 | rRNA/tRNA 2'-O- methyltransferase fibrillarin- like protein 1 | S-adenosyl-L-methionine-dependent methyltransferase that has the ability to methylate both RNAs and proteins; involved in pre-rRNA processing by catalyzing the site-specific 2'-hydroxyl methylation of ribose moieties in pre-ribosomal RNA; also acts as a protein methyltransferase by mediating methylation of glutamine residues |
| Untreated (0.06% DMSO) | DC1I1 | Cytoplasmic dynein 1 intermediate chain 1 | Acts as one of several non-catalytic accessory components of the cytoplasmic dynein 1 complex that are thought to be involved in linking dynein to cargos and to adapter proteins that regulate dynein function; cytoplasmic dynein 1 acts as a motor for the intracellular retrograde motility of vesicles and organelles along microtubules; may play a role in mediating the interaction of cytoplasmic dynein with membranous organelles and |
| Untre | RASF8 | Ras association domain- containing protein 8 | kinetochores Essential for maintaining adherens junction function in epithelial cells and has a role in epithelial cell migration. |

Table 7S. Relative concentrations of linalool present in cell culture medium at different positions of a 96-well or 24-well plate after 3 h or 24 h, respectively.

| Plate | Time (h) | Position | Well | Area (GC) | Linalool (%)* | Mean (%) |
|---------|----------|----------|------|-----------|---------------|----------|
| | | Stock | - | 21395 | | |
| | 0 | | | 22767 | | 100 |
| | | | | 23020 | | |
| | | | | 18468 | 86 | |
| 96-well | | Center | D5 | 18293 | 80 | 85 |
| | 3 | | | 20494 | 89 | |
| | 3 | | | 12865 | 60 | |
| | | Border | A5 | 14684 | 64 | 60 |
| | | | | 12946 | 56 | |
| | | 0 Stock | - | 410938 | | |
| | 0 | | | 381251 | | 100 |
| | | | | 369752 | | |
| | | Center | | 165974 | 40 | |
| | | | B4 | 172929 | 45 | 44 |
| 24 11 | | | | 167115 | 45 | |
| 24-well | | | | 153577 | 37 | |
| | 48 | | C4 | 159509 | 42 | 41 |
| | | | | 163896 | 44 | |
| | | | | 142483 | 35 | |
| | | Border | A1 | 117050 | 31 | 36 |
| | | | | 152353 | 41 | |

^{*} Calculated as (area t₂₄)/(area stock t₀)*100

References

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