| Reason                   | n   |             | Endocrine follow-up |             |       |
|--------------------------|-----|-------------|---------------------|-------------|-------|
|                          |     | Institution | Private             | None        |       |
| Nonreadmitted            | 352 | 126 (35.8%) | 122 (34.7%)         | 104 (26.6%) | 0.565 |
| All readmitted           | 57  | 20 (30.1%)  | 12 (21.1%)          | 25 (43.9%)  | 0.510 |
| Medical causes           | 33  | 13 (39.4%)  | 5 (15.2%)           | 15 (45.5%)  | 0.570 |
| Surgical causes          | 25  | 8 (32.0%)   | 8 (32.0%)           | 9 (36.0%)   | 0.872 |
| Cerebrospinal fluid leak | 14  | 6 (42.9%)   | 4 (28.6)            | 4 (28.6%)   | 0.849 |
| Epistaxis                | 11  | 2 (18.2%)   | 4 (36.4%)           | 5 (45.5%)   | 0.425 |
| Hyponatremia             | 17  | 6 (35.3%)   | 4 (23.5%)           | 7 (42.2%)   | 0.611 |
| Hypernatremia            | 5   | 2 (40.0%)   | 1 (20.0%)           | 2 (40.0%)   | 0.989 |
| Pain/headache            | 16  | 6 (37.5%)   | 2 (12.5%)           | 8 (50.0%)   | 0.142 |
| Adrenal insufficiency    | 5   | 2 (40.0%)   | 2 (40.0%)           | 1 (20.0%)   | 0.822 |

## Supplementary Table S1 Outpatient endocrine follow-up patterns

Note: Values are presented as number (%) unless otherwise indicated.