

Supplement 1

EMS regimen:	<i>effective EMS</i>		<i>sham procedure</i>	
Time of sessions, min	58.7±18.6		54.5±10.4	
Number of sessions	8.8±2.9		8.0±2.0	
Intensity	Maximum tolerated		Minimal	
<i>Magnitude of the impulse</i> <i>M ± σ, Volts</i>	<i>Surface:</i>			
	<i>Anterior</i>	<i>Posterior</i>	<i>Anterior</i>	<i>Posterior</i>
Right thigh	23,36±2,54	23,63±2,25	5,66±1,45	5,43±1,47
Left thigh	23,45±2,38	23,63±2,29	5,74±1,63	5,61±1,41
Right calf	21,36±3,83	21,27±3,47	6,09±1,24	5,96±1,22
Left calf	21,23±3,85	21,27±3,32	5,96±1,26	5,83±1,23

EMS regimen protocol for effective EMS and sham procedures

Refers to manuscript : In-hospital electrical muscle stimulation for patients early after heart failure decompensation : results from a prospective randomized controlled pilot trial