Supplementary Material 2

Search strategy used

Cochrane search:

("mental health" OR "mental disease*" OR "mental disorder*" OR anxiety OR bipolar OR "disruptive impulse control" OR "conduct disorder*" OR "dissociative disorder*" OR "eating disorder*" OR "feeding disorder*" OR "mood disorder*" OR "personality disorder*" OR "somatoform disorder*" OR trauma OR "stress* related disorder*" OR depression OR wellbeing OR well-being OR "psychiatric disorder*" OR "psychiatric problem" OR "non-medical symptom*" OR "psychosocial problem" OR "psycho-social problem" OR mups OR "medically unexplained physical symptom*" OR "mental difficult*" OR recovery OR "social function*"):ti,ab,kw

AND

(social near/4 (prescri* OR referral OR intervention)):ti,ab,kw OR (community near/4 (prescri* OR referral OR intervention)):ti,ab,kw OR ("linking scheme*" OR u3a OR "university of the third age" OR "buddy scheme*" OR "men's shed" OR ecotherapy OR "individual placement" OR "supported employment" OR "non-medical referral" OR "non-clinical referral"):ti,ab,kw OR ((wellbeing near/2 referral)):ti,ab,kw OR ((wellbeing near/2 referral)):ti,ab,kw

Scopus Search:

(((TITLE-ABS-KEY("mental health" OR "mental disease*" OR "mental disorder*" OR anxiety OR bipolar OR "disruptive impulse control" OR "conduct disorder*" OR "dissociative disorder*" OR "eating disorder*" OR "feeding disorder*" OR "mood disorder*" OR "personality disorder*") OR TITLE-ABS-KEY("somatoform disorder*" OR trauma OR "stress* related disorder*" OR "mental* ill*" OR depression OR wellbeing OR well-being OR "psychiatric disorder*" OR "psychiatric problem"))) OR (TITLE-ABS-KEY("non-medical symptoms" OR psychosocial OR psycho-social OR mups OR "medically unexplained physical" OR "mental difficult*" OR recovery OR "social function*"))) AND (((TITLE-ABS-KEY(social W/4 (prescri* OR referral OR intervention)))) OR (TITLE-ABS-KEY("linking scheme*" OR u3a OR "university of the third age" OR "buddy scheme*" OR "men's shed"))) OR (TITLE-ABS-KEY(ecotherapy OR "individual placement" OR "supported employment" OR "non-medical referral" OR "non-clinical referral")))

Web of Science Search:

((TS=(prescri* near/4 (exercis* OR education OR learning OR arts))) OR (TS=("information referral" OR "social referral" OR "green gym" OR "sign-posting intervention" OR "healthy living" OR "time bank" OR "supported referral" OR "non-clinical intervention" OR ecotherapy OR "employment skills" OR "individual placement")) OR (TS=("supported employment" OR "non-medical referral" OR

"non-clinical referral")) OR (TS=(wellbeing near/2 referral)) OR (TS=(well-being near/2 referral)) OR ((TS=(social near/4 (prescri* OR referral OR intervention))) OR (TS=(community near/4 (prescri* OR referral OR intervention))) OR (TS=("linking scheme*" OR u3a OR "university of the third age" OR "buddy scheme*" OR "men's shed")))) AND (((TS=("mental health" OR "mental disease*" OR "mental disorder*" OR anxiety OR bipolar OR "disruptive impulse control" OR "conduct disorder*" OR "dissociative disorder*" OR "eating disorder*" OR "feeding disorder*" OR "mood disorder*" OR "personality disorder*") OR TS=("somatoform disorder*" OR trauma OR "stress* related disorder*" OR "mental* ill*" OR depression OR wellbeing OR well-being OR "psychiatric disorder*" OR "psychiatric problem"))) OR (TS=("non-medical symptoms" OR "psychosocial problem" OR "psycho-social problem" OR mups OR "medically unexplained physical" OR "mental difficult*" OR "ill health" OR recovery OR "social function*")))

Medline/ Embase/ PsychINFO search:

- 1 (Social adj4 (prescri* or referral or intervention)).mp.
- 2 (community adj4 (prescri* or referral or intervention)).mp.
- 3 linking scheme*.mp.
- 4 u3a.mp.
- 5 university of the third age.mp.
- 6 buddy scheme*.mp.
- 7 men's shed.mp.
- 8 (prescri* adj4 (exercis* or education or learning or arts)).mp.
- 9 information referral.mp.
- 10 social referral.mp.
- 11 green gym.mp.
- 12 time bank.mp.
- 13 supported referral.mp.
- 14 (well-being adj2 referral).mp.
- 15 (wellbeing adj2 referral).mp.
- 16 ecotherapy.mp.
- 17 Individual Placement.mp.
- 18 supported employment.mp.
- 19 non-medical referral.mp.
- 20 non-clinical referral.mp.
- 21 or/1-20
- 22 Mental Health/
- 23 mental disorders/ or anxiety disorders/ or "bipolar and related disorders"/ or "disruptive, impulse control, and conduct disorders"/ or dissociative disorders/ or "feeding and eating

disorders"/ or mood disorders/ or personality disorders/ or somatoform disorders/ or "trauma and stressor related disorders"/

- 24 mental* ill*.mp.
- 25 Depression/
- 26 exp Anxiety/
- 27 wellbeing.mp.
- 28 well-being.mp.
- 29 psychiatric disorder*.mp.
- 30 psychiatric problem.mp.
- 31 non-medical symptoms.mp.
- 32 psycho-social problem*.mp.
- 33 psychosocial problem*.mp.
- 34 mups.mp.
- 35 medically unexplained physical symptoms.mp.
- 36 non-medical problem.mp.
- 37 mental difficult*.mp.
- 38 recovery.mp.
- 39 Mental Health Recovery/
- 40 social function*.mp.
- 41 or/22-40
- 42 21 and 41
