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# BMJ Open

## Indocyanine Green Clearance Test in Liver Transplantation: Defining Cut-off Levels for Graft Viability Assessment during Organ Retrieval and for the Prediction of Post-transplant Graft Function Recovery. The Liver Indocyanine Green (LivInG) Trial Study Protocol.

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Manuscripts

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3 **Indocyanine Green Clearance Test in Liver Transplantation: Defining Cut-off Levels for Graft**  
4 **Viability Assessment during Organ Retrieval and for the Prediction of Post-transplant Graft Function**  
5 **Recovery. The Liver Indocyanine Green (LivInG) Trial Study Protocol.**  
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## ABSTRACT

### Introduction

Viability assessment of the graft is essential to lower the risk of liver transplantation (LT) failure and need for emergency retransplantation, however this still relies mainly on surgeon's experience. Post-LT graft function recovery assessment is also essential to aid physicians in the management of LT recipients and guide them through challenging decision-making.

This study aims to trial the use of indocyanine green clearance test (IGT) in the donor as an objective tool to assess graft viability and in the recipient to assess graft function recovery after LT.

### Methods and analysis

This is an observational prospective single-center study on consecutive liver transplant donors and recipients.

Primary objective: to determine the capability of IGT of predicting graft viability at the time of organ retrieval. Indocyanine green will be administered to the donor and the plasma disappearance rate (PDR) measured using the pulsedensitometric method. Some 162 IGT donor procedures will be required ( $\alpha$ , 5%;  $\beta$ , 20%) using an IGT-PDR cut-off value of 13% to achieve a significant discrimination between viable and non-viable grafts.

Secondary objective: IGT-PDR will be measured at different time-points in the LT recipient: during the anhepatic phase, after graft reperfusion, at 24 hours, on day 3 and day 7 after LT. The slope of IGT values from the donor to the recipient will be evaluated for correlation with the development of early allograft dysfunction.

### Ethics and dissemination

This research protocol was approved by Fondazione Policlinico Universitario Agostino Gemelli IRCCS Ethics Committee (reference number: 0048466/20, study ID: 3656) and by the Italian National Transplant Center (CNT) (reference number: Prot.11/CNT2021). Liver recipients will be required to provide written informed consent. Results will be published in international peer-reviewed scientific journals and presented in congresses.

**Trial registration number: NCT05228587**

**Keywords:** Liver transplant, Liver failure, Organ donation, Indocyanine green clearance, Liver ischemia-reperfusion injury.

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### Strengths and limitations of this study

- This is the first adequately powered prospective trial aiming to demonstrate the possibility of graft viability assessment using the indocyanine clearance test (IGT) during liver retrieval surgery; the pulsedensitometric method for IGT is easy to perform and transport to the donor hospital.
- The addition of IGT to routine practice organ retrieval may provide an objective tool to assess graft viability, increase the chances of success of LT, and aid the retrieval surgeon in the decision whether to accept organs for LT.
- Donor IGT might be performed before the surgical team is mobilized, potentially optimizing resources.
- Recipient IGT might allow to quantify the chances of organ function recovery and enable the establishment of tailored management strategies by providing prognostic information.
- Some limitations rely in the pharmacokinetics of indocyanine green (excreted unmodified in the bile ducts, therefore not a measure of hepatocyte metabolism) and in the potentially long enrolment time (single-center prospective study design).

## Introduction

Liver transplantation (LT) is the gold standard treatment for end-stage liver diseases. The success of LT and the expansion of medical conditions that are successfully treated with LT have caused a growing gap between available organs and patients still dying while awaiting a transplantable organ.

Various attempts at fulfilling the gap continue to be made, including donation from live donors, split livers, and utilization of extended criteria deceased donors (e.g., elderly donors, steatotic grafts, donors after cardiac death, etc.).

Extended criteria grafts carry an increased risk of post-transplant failure which is difficult to quantify.<sup>1</sup> Yet, we rely on the donor surgeon's evaluation based on clinical aspects and past experience. In selected cases, a liver biopsy can be used, however the limitations of liver biopsies in graft viability assessment are well known and extensively questioned in the scientific literature, to the point of being used only in selected cases by many transplant units.<sup>2,3</sup>

The adoption of an objective measure of graft viability is highly desirable to prevent from transplanting organs at high risk of failure. Similarly, the recovery of organ function after LT is not measured by means of an objective test. This is mainly monitored with laboratory tests, in some cases measuring bile production, and monitoring the clinical evolution of patients condition.<sup>1,4</sup>

Indocyanine green clearance test (IGT) has been evaluated as a prognostic marker in patients with advanced cirrhosis or awaiting liver transplantation. In addition, it is used as a marker of portal hypertension in cirrhotic patients, as a prognostic factor in intensive care units and is commonly used as part of the preoperative work-up before liver resections.<sup>5</sup>

Indocyanine green is administered intravenously, up-taken almost exclusively by hepatocytes and excreted unprocessed in the bile ducts. The disappearance rate from the bloodstream is measured either on a blood sample (i.e., retention rate 15 minutes after injection) or - more recently - with a pulsedensitometric method (i.e., plasma disappearance rate, PDR). Lower PDR values correlate with worse liver function. A cut-off PDR level of >14%/min has been reported to allow safe major liver resections.<sup>6</sup> The role of IGT in LT has not been investigated extensively yet, in particular for the assessment of graft viability during donation.<sup>7</sup> A correlation between graft steatosis and IGT in the donor has been observed<sup>8</sup> whilst an increased incidence of graft failure has been reported with PDR<11%/min.<sup>9</sup> Conversely, there is more evidence in the recipient setting, with IGT correlating with the occurrence of post-LT complications (PDR cut-off level for increased risk of post-LT complications of <12.85%/min or graft loss and/or patient death of <9.6%/min).<sup>10,11</sup>

However, a correlation between the changes in the values (i.e., the slope) of IGT and graft function recovery has not been studied yet. Since recent technology enables PDR to be measured non-invasively at the bedside,

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3 this parameter is an attractive addition to liver function assessment. However, the current state-of-the-art as  
4 concerns this technology remains at a low level of evidence and thorough assessment is required.  
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7 Retrospective data correlating IGT values with graft function post-LT exist<sup>12</sup> whilst there is no prospective  
8 study adequately powered to demonstrate its role in graft viability assessment.  
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10 Data regarding the use of IGT in both liver donors and recipients are lacking in the current literature. There is  
11 no study analyzing variations in IGT values starting from the donor, through the transplant, ending 7 days  
12 post-LT.  
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15 This study aims to assess the ability of IGT to discriminate between viable and non-viable liver grafts for solid  
16 organ transplantation. Secondly, we aim to evaluate the correlation between the slope of IGT-PDR values  
17 and the development of early allograft dysfunction (EAD).  
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## 25 **Methods and analysis**

26 This protocol conforms to the recommendations outlined in the Standard Protocol Items: Recommendations  
27 for Interventional Trials statement guidelines.<sup>13</sup>  
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### 33 *Patient and public involvement*

34 Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of  
35 this research.  
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### 42 *Study design*

43 This is an observational, prospective, single-center study.  
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### 49 *Setting*

50 The study will take place at the Liver Transplant Center of Fondazione Policlinico Universitario Agostino  
51 Gemelli IRCCS, in Rome, Italy, beginning in April 2022. The donor procedures and the IGT will take place  
52 in the donor hospitals.  
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56 Performing IGT will be taught to the whole transplant team (6 staff surgeons and 4 residents) and tutorials will  
57 be organized in advance before the start of the study to minimize the risk of learning curve effect. IGT blood  
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3 tests are already performed in our unit for the assessment of liver function in prevision of liver resections in  
4 cirrhotic patients. Such expertise will be expanded and transmitted to as many members of the team as possible.  
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### 7 *Participants*

#### 8 Inclusion criteria:

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- 12 • All consecutive liver donors included in the study period
- 13
- 14 • All consecutive liver recipients transplanted in the study period with a graft from a donor undergone
- 15 IGT
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#### 18 Exclusion Criteria:

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- 21 • Donor or recipients with history of allergy to iodine.
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### 26 *Experimental design: primary endpoint – liver donors*

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28 Primary endpoint of the study is to identify a PDR cut-off level below which the liver graft is not viable for  
29 solid organ transplantation.  
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32 Organ donors will be managed according to the Italian National Transplant Center (CNT) policy and the  
33 current study will not require any change to standard practice. Indocyanine green 0.25 mg/kg will be  
34 administered intravenously to the multiorgan donor upon arrival in the operating room. The IGT-PDR will be  
35 measured using the pulsedensitometric method (LiMON System, Impulse Medical System, Munich, Germany  
36 - or alternative/equivalent device), recorded and secured inside a specially designed "IGT Study Box". The  
37 value obtained will not be revealed to the surgical retrieval team who will carry out the operation without any  
38 deviation from standard practice because of the current study (i.e., surgical team blinded).  
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### 46 *Research hypothesis*

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48 Based on the cut-off values available in the existing literature, we hypothesized an IGT-PDR cut-off inferior  
49 to 13%/min for predicting non-viability of the graft for solid organ transplantation.  
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### 55 *Power calculation based on the primary endpoint*

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57 Based on our Liver Transplant Center organ retrieval activity during 2017 and 2018 years, 162 organ retrieval  
58 procedures will be necessary for achieving 80% power (alfa 0.05) using IGT for graft viability assessment.  
59 Our current activity ranges between 60 and 70 organ retrievals per year and we plan to complete the enrollment  
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3 in 30-32 months. Interim analysis at 50% enrollment will be carried out to compare hypothesis (IGT cut-off  
4 level <13%/min for liver graft viability) with actual results. Study sample size might be amended accordingly.  
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9 *Experimental design: secondary endpoint - liver recipients*

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12 Secondary endpoint is to identify PDR cut-off level(s) below which post-LT organ recovery is impaired (early  
13 allograft dysfunction). IGT will be performed at different time-points post-LT: during the anhepatic phase,  
14 post-reperfusion, on day 1, 3 and 7. Each time-point measurement will be analyzed for correlation with EAD.<sup>14</sup>  
15 Finally, we will define distinct classes of EAD risk based on the slope of IGT values, starting from the donor  
16 IGT, ending on day 7 post-LT.  
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21 Liver transplantation will take place as per our standard protocol and IGT-PDR will be measured with the  
22 pulsidensitometric method at different time-points:  
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25 - T.0(zero): during the anhepatic phase (at completion of total hepatectomy) to calculate potential  
26 disappearance of indocyanine green via non-hepatic mechanisms (mainly extravasation in the interstitium as  
27 known from available literature).<sup>15</sup> The anhepatic disappearance rate will serve as a correction factor of IGT  
28 values until the recipient has evidence of fluid overload >10 L from their pre-LT weight;  
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32 - T.LT: after hemodynamic stability is obtained for at least one hour (usually after completion of bile duct  
33 reconstruction).  
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35  
36 - IGT will take place also 24 hours after LT (T.1), on day 3 (T.3) and day 7 (T.7) after LT.  
37

38 All post-LT IGT-PDR values will be recorded on the patient chart and will be accessible to the clinical staff  
39 managing the patient.  
40

41  
42 Early allograft dysfunction will be defined according to the Olthoff criteria by the presence of one or more of  
43 the following: INR > 1.6 on day 7; Bilirubin > 10mg/dL on day 7; ALT >2000 UI/L within the first 7 days.<sup>14</sup>  
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46 Each time-point IGT-PDR value will be analyzed for correlation with the development of EAD.  
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49 As per primary endpoint power calculation, out of the 162 donor cases enrolled, we expect to enroll  
50 approximately 120 liver transplant recipients.  
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53 Considering an incidence of EAD in 23% of LT recipients,<sup>14</sup> we expect 28 LT recipients experiencing EAD  
54 to be compared with 92 cases with normal graft function recovery.  
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57 Data analysis according to statistical methods described below will permit the creation of distinct EAD risk  
58 classes depending on the slope of IGT-PDR values.  
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3 Long-term follow-up will be carried out for each recipient lifelong as per our Center policy and the prospective  
4 database (currently in place) will be updated accordingly.  
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7 Graft and patient survival will be analyzed at 1-, 3- and 5-years post LT and any correlation with IGT slope  
8 risk classes will be analyzed and used in long-term survival studies.  
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### 11 12 13 *Indocyanine green clearance test measurements*

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15 IGT measurements will be conducted with the LiMON system (or equivalent): each patient is monitored with  
16 an IGT finger clip, which is connected to the liver function monitor via an optical probe.  
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19 Injected indocyanine green is detected from fractional pulsatile changes in optical absorption. The optical peak  
20 absorption at 805 and 890 nm allows continuous measurements of IGT.  
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23 For each measurement, 0.25 mg/kg indocyanine green is given through a peripheral or central vein as a bolus  
24 and immediately flushed with 10 mL of normal saline. The dose to be used was chosen on the basis of reports  
25 demonstrating that a dose between 0.25 and 0.50 mg/kg is accurate for the transcutaneous measurement of  
26 IGT in critically ill patients. The monitor automatically determines the plasma disappearance rate (PDR) by  
27 mono-exponential transformation of the original indocyanine green concentration curve and backward  
28 extrapolation to time point zero (100%), describing the decay as a percentage change with time (i.e. PDR).  
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### 36 *Informed consent*

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38 LT recipients will receive special informed consent to participate in the study and a dedicated leaflet will be  
39 produced to inform patients regarding study aims, possibility to withdraw from the study at any time, possible  
40 side effects related to indocyanine green and no financial implication neither for the patient nor for the  
41 researchers.  
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### 48 *Statistical analysis*

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50 For the descriptive analyses, continuous variables will be presented as the medians plus interquartile ranges,  
51 and categorical variables will be presented as percentages and frequencies. The Kolmogorov-Smirnov test will  
52 be used to verify a normal distribution.  
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56 For the primary endpoint: the study groups (divided depending on IGT values) will be compared using the  
57 Mann-Whitney U test for continuous variables; Fisher's exact test will be used for categorical variables. To  
58 identify the independent risk factors associated with donor acceptance, a univariate logistic regression analysis  
59 will be conducted. Variables with a P value of <0.20 in the univariate analysis will be included in the  
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3 multivariate logistic regression analysis via the forward stepwise method; the results will be presented as odds  
4 ratios (ORs) with 95% confidence intervals (CIs). Receiver operating characteristic (ROC) curves will be  
5 plotted for identifying the best IGT-PDR threshold value for the diagnosis of graft non-viability.  
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8 Cut-off values will be measured using the highest Youden index (specificity + sensitivity - 1) obtained from  
9 the ROC curves.  
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12 For secondary endpoint: descriptive statistics as per primary endpoint. In addition, to identify the independent  
13 risk factors associated with EAD, a univariate logistic regression analysis will be conducted. Variables with a  
14 P value of <0.20 in the univariate analysis will be included in the multivariate logistic regression analysis via  
15 the forward stepwise method; the results will be presented as odds ratios (ORs) with 95% confidence intervals  
16 (CIs). Receiver operating characteristic curves will be plotted for identifying the best IGT threshold value for  
17 the diagnosis of EAD. Cut-off values will be measured using the highest Youden index (specificity +  
18 sensitivity - 1) obtained from the ROC curves.  
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24 All patients will be followed until death, graft failure, or last known follow-up visit. Graft survival will be  
25 analyzed using the Kaplan-Meier method, and group comparisons will be conducted using the log-rank test.  
26 Statistical analyses will be performed using the Statistical Package for the Social Science (SPSS) 22.0 (IBM,  
27 USA). All P values will be two-tailed, and P<0.05 will be considered to indicate significance.  
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#### 34 *Study current status*

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36 The recruitment phase of the study will start in April 2022.  
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#### 41 **Discussion**

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43 With the present study, we expect to validate the use of IGT in the setting of organ retrieval to aid the retrieval  
44 surgeon in the decision-making process of accepting a liver graft for solid organ transplantation. This will  
45 expand the yet limited armamentarium of the retrieval surgeon for graft viability assessment.  
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49 We expect to identify cut-off levels of IGT-PDR at distinct time points after LT, which could predict the  
50 development of EAD or graft failure. In addition, we expect to describe EAD risk classes by evaluating the  
51 slope of IGT-PDR from the time of organ retrieval to day 7 post-LT.  
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54 With this, we will add an objective measure of liver function post-LT to better detect EAD not only by  
55 laboratory data or clinical observation, thus offering a useful tool to the transplant physicians managing  
56 complex clinical scenarios where there is uncertainty due to impaired graft function recovery.  
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3 Undiagnosed EAD or graft failure can lead to delayed indication for retransplantation and recipient's death due  
4 to overcoming complications.  
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9 *Risk analysis, possible problems and solutions*  
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11 Risks related to the administration of indocyanine green to the donor and to the recipient have been considered.  
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14 The drug is contraindicated in patients with hypersensitivity to iodine. All patients will be screened for allergy  
15 and excluded whenever there is history of allergy to iodine. Allergic reactions have been reported although  
16 frequency is not defined by the pharmaceutical companies.  
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19 A possible problem relates to non-hepatic clearance mechanisms of indocyanine green, which has been  
20 reported to happen especially in fluid overloaded patients. This has been taken into account and we have  
21 introduced a IGT-PDR measurement during the anhepatic phase to be used as a correction factor when  
22 measuring IGT until the fluid overload is present.  
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26 If the primary outcome expectations are not met (i.e., identifying a cut-off PDR value to discriminate graft  
27 viability), the bulk of data obtained with our study will provide exceptional added knowledge to the field of  
28 assessing graft function recovery post-LT using IGT (i.e., the objective of secondary outcome). In fact, this  
29 has been the objective of clinical research mainly based on retrospective studies and adequately powered  
30 prospective studies are still lacking.  
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34 If interim analysis at 50% enrollment demonstrates expected insufficient power to demonstrate the hypothesis,  
35 we will reassess the sample size and potentially expand the study enrollment.  
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42 **Ethics and dissemination**  
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44 This research protocol was approved by Fondazione Policlinico Universitario Agostino Gemelli IRCCS Ethics  
45 Committee (reference number: 0048466/20, study ID: 3656). In addition, this research protocol was approved  
46 by the Italian National Transplant Center (CNT) (reference number: Prot. 11/CNT 2021). Informed consent  
47 will be sought in all liver transplant candidates at the time of organ donation offer. All data are deidentified  
48 and no patient-related information will be revealed during analysis.  
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52 All data regarding patients included in this study are covered by strict confidentiality in accordance with the  
53 General Data Protection Regulation EU 2016/679 (GDPR) and D.lgs. 30.06.2003, n. 196, as modified from  
54 D.lgs. 10.08.2018, n. 101. The study is conducted in accordance with the national law and according to  
55 international guidelines for the conduction of clinical trials according to the Declaration of Helsinki and in the  
56 respect of the principles of the Good Clinical Practice.  
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Results will be published in international peer-reviewed scientific journals and presented in relevant congresses.

### Authors' contributions

GB, AC and GS conceptualized and designed the protocol, drafted the initial manuscript and reviewed the final manuscript. QL planned the data extraction and statistical analysis. GM and MC provided critical insights. GS and SA applied for ethical and regulatory approvals. All authors have approved and contributed to the final written manuscript.

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### Conflict-of-interest statement

All the Authors have no conflict of interest related to the manuscript.

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37 anhepatic phase of orthotopic liver transplantation. *J Gastrointest Surg*. 2008;12(1):67–72.  
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### 43 Data sharing statement

44  
45 Data sharing is not applicable to this article as no new data were created or analyzed in this study.  
46  
47  
48  
49

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51  
52 None.  
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54  
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56

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# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

## Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and Elaboration: Guidance for protocols of clinical trials. *BMJ*. 2013;346:e7586

		Reporting Item	Page Number
<b>Administrative information</b>			
Title	<a href="#">#1</a>	Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	1
Trial registration	<a href="#">#2a</a>	Trial identifier and registry name. If not yet registered, name of intended registry	2
Trial registration: data set	<a href="#">#2b</a>	All items from the World Health Organization Trial Registration Data Set	n/a
Protocol version	<a href="#">#3</a>	Date and version identifier	1
Funding	<a href="#">#4</a>	Sources and types of financial, material, and other support	11
Roles and responsibilities: contributorship	<a href="#">#5a</a>	Names, affiliations, and roles of protocol contributors	1,11

1	Roles and	<a href="#">#5b</a>	Name and contact information for the trial sponsor	1,11
2	responsibilities:			
3	sponsor contact			
4	information			
5				
6				
7				
8	Roles and	<a href="#">#5c</a>	Role of study sponsor and funders, if any, in study design;	1,11
9	responsibilities:		collection, management, analysis, and interpretation of data;	
10	sponsor and funder		writing of the report; and the decision to submit the report for	
11			publication, including whether they will have ultimate authority	
12			over any of these activities	
13				
14				
15				
16	Roles and	<a href="#">#5d</a>	Composition, roles, and responsibilities of the coordinating centre,	n/a
17	responsibilities:		steering committee, endpoint adjudication committee, data	
18	committees		management team, and other individuals or groups overseeing the	
19			trial, if applicable (see Item 21a for data monitoring committee)	
20				
21				
22				
23	<b>Introduction</b>			
24				
25	Background and	<a href="#">#6a</a>	Description of research question and justification for undertaking	4,5
26	rationale		the trial, including summary of relevant studies (published and	
27			unpublished) examining benefits and harms for each intervention	
28				
29				
30	Background and	<a href="#">#6b</a>	Explanation for choice of comparators	5,6
31	rationale: choice of			
32	comparators			
33				
34				
35				
36	Objectives	<a href="#">#7</a>	Specific objectives or hypotheses	6,7
37				
38	Trial design	<a href="#">#8</a>	Description of trial design including type of trial (eg, parallel	5-8
39			group, crossover, factorial, single group), allocation ratio, and	
40			framework (eg, superiority, equivalence, non-inferiority,	
41			exploratory)	
42				
43				
44				
45	<b>Methods:</b>			
46	<b>Participants,</b>			
47	<b>interventions, and</b>			
48	<b>outcomes</b>			
49				
50				
51				
52	Study setting	<a href="#">#9</a>	Description of study settings (eg, community clinic, academic	5
53			hospital) and list of countries where data will be collected.	
54			Reference to where list of study sites can be obtained	
55				
56				
57	Eligibility criteria	<a href="#">#10</a>	Inclusion and exclusion criteria for participants. If applicable,	5,6
58			eligibility criteria for study centres and individuals who will	
59				
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		perform the interventions (eg, surgeons, psychotherapists)	
1			
2	Interventions:	<a href="#">#11a</a> Interventions for each group with sufficient detail to allow	6,7
3	description	replication, including how and when they will be administered	
4			
5	Interventions:	<a href="#">#11b</a> Criteria for discontinuing or modifying allocated interventions for	9,10
6	modifications	a given trial participant (eg, drug dose change in response to	
7		harms, participant request, or improving / worsening disease)	
8			
9	Interventions:	<a href="#">#11c</a> Strategies to improve adherence to intervention protocols, and any	9,10
10	adherence	procedures for monitoring adherence (eg, drug tablet return;	
11		laboratory tests)	
12	Interventions:	<a href="#">#11d</a> Relevant concomitant care and interventions that are permitted or	6
13	concomitant care	prohibited during the trial	
14			
15	Outcomes	<a href="#">#12</a> Primary, secondary, and other outcomes, including the specific	6,7
16		measurement variable (eg, systolic blood pressure), analysis metric	
17		(eg, change from baseline, final value, time to event), method of	
18		aggregation (eg, median, proportion), and time point for each	
19		outcome. Explanation of the clinical relevance of chosen efficacy	
20		and harm outcomes is strongly recommended	
21	Participant timeline	<a href="#">#13</a> Time schedule of enrolment, interventions (including any run-ins	6,7
22		and washouts), assessments, and visits for participants. A	
23		schematic diagram is highly recommended (see Figure)	
24			
25	Sample size	<a href="#">#14</a> Estimated number of participants needed to achieve study	6
26		objectives and how it was determined, including clinical and	
27		statistical assumptions supporting any sample size calculations	
28			
29	Recruitment	<a href="#">#15</a> Strategies for achieving adequate participant enrolment to reach	5,6
30		target sample size	
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45	<b>Methods: Assignment</b>		
46	<b>of interventions (for</b>		
47	<b>controlled trials)</b>		
48			
49			
50	Allocation: sequence	<a href="#">#16a</a> Method of generating the allocation sequence (eg, computer-	n/a
51	generation	generated random numbers), and list of any factors for	
52		stratification. To reduce predictability of a random sequence,	
53		details of any planned restriction (eg, blocking) should be provided	
54		in a separate document that is unavailable to those who enrol	
55		participants or assign interventions	
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1	Allocation	<a href="#">#16b</a>	Mechanism of implementing the allocation sequence (eg, central	n/a
2	concealment		telephone; sequentially numbered, opaque, sealed envelopes),	
3	mechanism		describing any steps to conceal the sequence until interventions are	
4			assigned	
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8	Allocation:	<a href="#">#16c</a>	Who will generate the allocation sequence, who will enrol	n/4
9	implementation		participants, and who will assign participants to interventions	
10				
11	Blinding (masking)	<a href="#">#17a</a>	Who will be blinded after assignment to interventions (eg, trial	n/a
12			participants, care providers, outcome assessors, data analysts), and	
13			how	
14				
15				
16				
17	Blinding (masking):	<a href="#">#17b</a>	If blinded, circumstances under which unblinding is permissible,	n/a
18	emergency unblinding		and procedure for revealing a participant's allocated intervention	
19			during the trial	
20				
21				
22	<b>Methods: Data</b>			
23	<b>collection,</b>			
24	<b>management, and</b>			
25	<b>analysis</b>			
26				
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29	Data collection plan	<a href="#">#18a</a>	Plans for assessment and collection of outcome, baseline, and other	6-8
30			trial data, including any related processes to promote data quality	
31			(eg, duplicate measurements, training of assessors) and a	
32			description of study instruments (eg, questionnaires, laboratory	
33			tests) along with their reliability and validity, if known. Reference	
34			to where data collection forms can be found, if not in the protocol	
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39	Data collection plan:	<a href="#">#18b</a>	Plans to promote participant retention and complete follow-up,	5
40	retention		including list of any outcome data to be collected for participants	
41			who discontinue or deviate from intervention protocols	
42				
43				
44	Data management	<a href="#">#19</a>	Plans for data entry, coding, security, and storage, including any	12
45			related processes to promote data quality (eg, double data entry;	
46			range checks for data values). Reference to where details of data	
47			management procedures can be found, if not in the protocol	
48				
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51	Statistics: outcomes	<a href="#">#20a</a>	Statistical methods for analysing primary and secondary outcomes.	8,9
52			Reference to where other details of the statistical analysis plan can	
53			be found, if not in the protocol	
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56	Statistics: additional	<a href="#">#20b</a>	Methods for any additional analyses (eg, subgroup and adjusted	8,9
57	analyses		analyses)	
58				
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1	Statistics: analysis	<a href="#">#20c</a>	Definition of analysis population relating to protocol non-	8,9
2	population and missing		adherence (eg, as randomised analysis), and any statistical methods	
3	data		to handle missing data (eg, multiple imputation)	
4				
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6	<b>Methods: Monitoring</b>			
7				
8	Data monitoring:	<a href="#">#21a</a>	Composition of data monitoring committee (DMC); summary of	2
9	formal committee		its role and reporting structure; statement of whether it is	
10			independent from the sponsor and competing interests; and	
11			reference to where further details about its charter can be found, if	
12			not in the protocol. Alternatively, an explanation of why a DMC is	
13			not needed	
14				
15	Data monitoring:	<a href="#">#21b</a>	Description of any interim analyses and stopping guidelines,	6
16	interim analysis		including who will have access to these interim results and make	
17			the final decision to terminate the trial	
18				
19	Harms	<a href="#">#22</a>	Plans for collecting, assessing, reporting, and managing solicited	9,10
20			and spontaneously reported adverse events and other unintended	
21			effects of trial interventions or trial conduct	
22				
23	Auditing	<a href="#">#23</a>	Frequency and procedures for auditing trial conduct, if any, and	9,10
24			whether the process will be independent from investigators and the	
25			sponsor	
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28				
29	<b>Ethics and</b>			
30	<b>dissemination</b>			
31				
32	Research ethics	<a href="#">#24</a>	Plans for seeking research ethics committee / institutional review	10
33	approval		board (REC / IRB) approval	
34				
35	Protocol amendments	<a href="#">#25</a>	Plans for communicating important protocol modifications (eg,	10
36			changes to eligibility criteria, outcomes, analyses) to relevant	
37			parties (eg, investigators, REC / IRBs, trial participants, trial	
38			registries, journals, regulators)	
39				
40	Consent or assent	<a href="#">#26a</a>	Who will obtain informed consent or assent from potential trial	8
41			participants or authorised surrogates, and how (see Item 32)	
42				
43	Consent or assent:	<a href="#">#26b</a>	Additional consent provisions for collection and use of participant	n/a
44	ancillary studies		data and biological specimens in ancillary studies, if applicable	
45				
46	Confidentiality	<a href="#">#27</a>	How personal information about potential and enrolled participants	10
47			will be collected, shared, and maintained in order to protect	
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		confidentiality before, during, and after the trial	
1			
2	Declaration of interests	<a href="#">#28</a> Financial and other competing interests for principal investigators	11
3		for the overall trial and each study site	
4			
5			
6	Data access	<a href="#">#29</a> Statement of who will have access to the final trial dataset, and	12
7		disclosure of contractual agreements that limit such access for	
8		investigators	
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10			
11	Ancillary and post trial	<a href="#">#30</a> Provisions, if any, for ancillary and post-trial care, and for	10
12	care	compensation to those who suffer harm from trial participation	
13			
14			
15	Dissemination policy:	<a href="#">#31a</a> Plans for investigators and sponsor to communicate trial results to	10
16	trial results	participants, healthcare professionals, the public, and other relevant	
17		groups (eg, via publication, reporting in results databases, or other	
18		data sharing arrangements), including any publication restrictions	
19			
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22	Dissemination policy:	<a href="#">#31b</a> Authorship eligibility guidelines and any intended use of	10,11
23	authorship	professional writers	
24			
25			
26	Dissemination policy:	<a href="#">#31c</a> Plans, if any, for granting public access to the full protocol,	11
27	reproducible research	participant-level dataset, and statistical code	
28			
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## Appendices

30			
31			
32	Informed consent	<a href="#">#32</a> Model consent form and other related documentation given to	Patient
33	materials	participants and authorised surrogates	Consent
34			
35			
36	Biological specimens	<a href="#">#33</a> Plans for collection, laboratory evaluation, and storage of	n/a
37		biological specimens for genetic or molecular analysis in the	
38		current trial and for future use in ancillary studies, if applicable	
39			
40			

## Notes:

- 32: supplementary 2 The SPIRIT Explanation and Elaboration paper is distributed under the terms of the Creative Commons Attribution License CC-BY-NC. This checklist was completed on 16. March 2022 using <https://www.goodreports.org/>, a tool made by the [EQUATOR Network](#) in collaboration with [Penelope.ai](#)

# BMJ Open

## Indocyanine Green Clearance Test in Liver Transplantation: Defining Cut-off Levels for Graft Viability Assessment during Organ Retrieval and for the Prediction of Post-transplant Graft Function Recovery. The Liver Indocyanine Green (LivInG) Trial Study Protocol.

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-063081.R1
Article Type:	Protocol
Date Submitted by the Author:	24-May-2022
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<b>Primary Subject Heading</b>:	Surgery
Secondary Subject Heading:	Gastroenterology and hepatology
Keywords:	Transplant surgery < SURGERY, Hepatobiliary surgery < SURGERY, Hepatology < INTERNAL MEDICINE

SCHOLARONE™  
Manuscripts

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3 **Indocyanine Green Clearance Test in Liver Transplantation: Defining Cut-off Levels for Graft**  
4 **Viability Assessment during Organ Retrieval and for the Prediction of Post-transplant Graft Function**  
5 **Recovery. The Liver Indocyanine Green (LivInG) Trial Study Protocol.**  
6  
7

8 Alessandro Coppola<sup>1,2§</sup>, Giuseppe Bianco<sup>\*1§</sup>, Quirino Lai<sup>3</sup>, Giuseppe Marrone<sup>4</sup>, Miriam Caimano<sup>1</sup>, Salvatore  
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51 **Word count:** 2719  
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56 **Protocol Version** 1.1  
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## ABSTRACT

### Introduction

Viability assessment of the graft is essential to lower the risk of liver transplantation (LT) failure and need for emergency retransplantation, however this still relies mainly on surgeon's experience. Post-LT graft function recovery assessment is also essential to aid physicians in the management of LT recipients and guide them through challenging decision-making.

This study aims to trial the use of indocyanine green clearance test (IGT) in the donor as an objective tool to assess graft viability and in the recipient to assess graft function recovery after LT.

### Methods and analysis

This is an observational prospective single-center study on consecutive liver transplant donors and recipients.

Primary objective: to determine the capability of IGT of predicting graft viability at the time of organ retrieval. Indocyanine green will be administered to the donor and the plasma disappearance rate (PDR) measured using the pulsedensitometric method. Some 162 IGT donor procedures will be required ( $\alpha$ , 5%;  $\beta$ , 20%) using an IGT-PDR cut-off value of 13% to achieve a significant discrimination between viable and non-viable grafts.

Secondary objective: IGT-PDR will be measured at different time-points in the LT recipient: during the anhepatic phase, after graft reperfusion, at 24 hours, on day 3 and day 7 after LT. The slope of IGT values from the donor to the recipient will be evaluated for correlation with the development of early allograft dysfunction.

### Ethics and dissemination

This research protocol was approved by Fondazione Policlinico Universitario Agostino Gemelli IRCCS Ethics Committee (reference number: 0048466/20, study ID: 3656) and by the Italian National Transplant Center (CNT) (reference number: Prot.11/CNT2021). Liver recipients will be required to provide written informed consent. Results will be published in international peer-reviewed scientific journals and presented in congresses.

**Trial registration number: NCT05228587**

**Keywords:** Liver transplant, Liver failure, Organ donation, Indocyanine green clearance, Liver ischemia-reperfusion injury.

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### **Strengths and limitations of this study**

- This is the first adequately powered prospective trial assessing indocyanine green clearance test (IGT) regarding graft viability assessment during liver retrieval surgery.
- The pulsedensitometric method for IGT is easy to perform and transport to the donor hospital.
- The application of IGT at different time-points in the liver transplant recipient offers the possibility to highlight the modifications in liver graft function over time.
- Limitations relate to the monocentric nature of the study that could cause a prolonged enrollment phase depending on the center activity.



## Introduction

Liver transplantation (LT) is the gold standard treatment for end-stage liver diseases. The success of LT and the expansion of medical conditions that are successfully treated with LT have caused a growing gap between available organs and patients still dying while awaiting a transplantable organ.

Various attempts at fulfilling the gap continue to be made, including donation from live donors, split livers, and utilization of extended criteria deceased donors (e.g., elderly donors, steatotic grafts, donors after cardiac death, etc.).

Extended criteria grafts carry an increased risk of post-transplant failure which is difficult to quantify.<sup>1</sup> Yet, we rely on the donor surgeon's evaluation based on clinical aspects and past experience. In selected cases, a liver biopsy can be used, however the limitations of liver biopsies in graft viability assessment are well known and extensively questioned in the scientific literature, to the point of being used only in selected cases by many transplant units.<sup>2,3</sup>

The adoption of an objective measure of graft viability is highly desirable to prevent from transplanting organs at high risk of failure. Similarly, the recovery of organ function after LT is not measured by means of an objective test. This is mainly monitored with laboratory tests, in some cases measuring bile production, and monitoring the clinical evolution of patients condition.<sup>1,4</sup>

Indocyanine green clearance test (IGT) has been evaluated as a prognostic marker in patients with advanced cirrhosis or awaiting liver transplantation. In addition, it is used as a marker of portal hypertension in cirrhotic patients, as a prognostic factor in intensive care units and is commonly used as part of the preoperative work-up before liver resections.<sup>5</sup>

Indocyanine green is administered intravenously, up-taken almost exclusively by hepatocytes and excreted unprocessed in the bile ducts. The disappearance rate from the bloodstream is measured either on a blood sample (i.e., retention rate 15 minutes after injection) or - more recently - with a pulsedensitometric method (i.e., plasma disappearance rate, PDR). Lower PDR values correlate with worse liver function. A cut-off PDR level of >14%/min has been reported to allow safe major liver resections.<sup>6</sup> The role of IGT in LT has not been investigated extensively yet, in particular for the assessment of graft viability during donation.<sup>7</sup> A correlation between graft steatosis and IGT in the donor has been observed<sup>8</sup> whilst an increased incidence of graft failure has been reported with PDR<11%/min.<sup>9</sup> Conversely, there is more evidence in the recipient setting, with IGT correlating with the occurrence of post-LT complications (PDR cut-off level for increased risk of post-LT complications of <12.85%/min or graft loss and/or patient death of <9.6%/min).<sup>10,11</sup>

However, a correlation between the changes in the values (i.e., the slope) of IGT and graft function recovery has not been studied yet. Since recent technology enables PDR to be measured non-invasively at the bedside,

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3 this parameter is an attractive addition to liver function assessment. However, the current state-of-the-art as  
4 concerns this technology remains at a low level of evidence and thorough assessment is required.  
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7 Retrospective data correlating IGT values with graft function post-LT exist<sup>12</sup> whilst there is no prospective  
8 study adequately powered to demonstrate its role in graft viability assessment.  
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10 Data regarding the use of IGT in both liver donors and recipients are lacking in the current literature. There is  
11 no study analyzing variations in IGT values starting from the donor, through the transplant, ending 7 days  
12 post-LT.  
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15 This study aims to assess the ability of IGT to discriminate between viable and non-viable liver grafts for solid  
16 organ transplantation. Secondly, we aim to evaluate the correlation between the slope of IGT-PDR values  
17 and the development of early allograft dysfunction (EAD).  
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## 25 **Methods and analysis**

26 This protocol conforms to the recommendations outlined in the Standard Protocol Items: Recommendations  
27 for Interventional Trials statement guidelines.<sup>13</sup>  
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### 33 *Patient and public involvement*

34 Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of  
35 this research.  
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### 42 *Study design*

43 This is an observational, prospective, single-center study.  
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### 49 *Setting*

50 The study will take place at the Liver Transplant Center of Fondazione Policlinico Universitario Agostino  
51 Gemelli IRCCS, in Rome, Italy, beginning in April 2022. The donor procedures and the IGT will take place  
52 in the donor hospitals.  
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56 Performing IGT will be taught to the whole transplant team (6 staff surgeons and 4 residents) and tutorials will  
57 be organized in advance before the start of the study to minimize the risk of learning curve effect. IGT blood  
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3 tests are already performed in our unit for the assessment of liver function in prevision of liver resections in  
4 cirrhotic patients. Such expertise will be expanded and transmitted to as many members of the team as possible.  
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6

### 7 *Participants*

#### 8 Inclusion criteria:

- 9 • All consecutive liver donors included in the study period
- 10 • All consecutive liver recipients transplanted in the study period with a graft from a donor undergone  
11 IGT

#### 12 Exclusion Criteria:

- 13 • Donor or recipients with history of allergy to iodine.

### 14 *Experimental design: primary endpoint – liver donors*

15 Primary endpoint of the study is to identify a PDR cut-off level below which the liver graft is not viable for  
16 solid organ transplantation.

17 Organ donors will be managed according to the Italian National Transplant Center (CNT) policy and the  
18 current study will not require any change to standard practice. Indocyanine green 0.25 mg/kg will be  
19 administered intravenously to the multiorgan donor upon arrival in the operating room. The IGT-PDR will be  
20 measured using the pulsedensitometric method (LiMON System, Impulse Medical System, Munich, Germany  
21 - or alternative/equivalent device), recorded and secured inside a specially designed "IGT Study Box". The  
22 value obtained will not be revealed to the surgical retrieval team who will carry out the operation without any  
23 deviation from standard practice because of the current study (i.e., surgical team blinded).  
24  
25

### 26 *Research hypothesis*

27 Based on the cut-off values available in the existing literature, we hypothesized an IGT-PDR cut-off inferior  
28 to 13%/min for predicting non-viability of the graft for solid organ transplantation.  
29  
30

### 31 *Power calculation based on the primary endpoint*

32 Based on our Liver Transplant Center organ retrieval activity during 2017 and 2018 years, 162 organ retrieval  
33 procedures will be necessary for achieving 80% power (alfa 0.05) using IGT for graft viability assessment.  
34 Our current activity ranges between 60 and 70 organ retrievals per year and we plan to complete the enrollment  
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3 in 30-32 months. Interim analysis at 50% enrollment will be carried out to compare hypothesis (IGT cut-off  
4 level <13%/min for liver graft viability) with actual results. Study sample size might be amended accordingly.  
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9 *Experimental design: secondary endpoint - liver recipients*

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11  
12 Secondary endpoint is to identify PDR cut-off level(s) below which post-LT organ recovery is impaired (early  
13 allograft dysfunction). IGT will be performed at different time-points post-LT: during the anhepatic phase,  
14 post-reperfusion, on day 1, 3 and 7. Each time-point measurement will be analyzed for correlation with EAD.<sup>14</sup>  
15 Finally, we will define distinct classes of EAD risk based on the slope of IGT values, starting from the donor  
16 IGT, ending on day 7 post-LT.  
17  
18  
19

20  
21 Liver transplantation will take place as per our standard protocol and IGT-PDR will be measured with the  
22 pulsidensitometric method at different time-points:  
23

24  
25 - T.0(zero): during the anhepatic phase (at completion of total hepatectomy) to calculate potential  
26 disappearance of indocyanine green via non-hepatic mechanisms (mainly extravasation in the interstitium as  
27 known from available literature).<sup>15</sup> The anhepatic disappearance rate will serve as a correction factor of IGT  
28 values until the recipient has evidence of fluid overload >10 L from their pre-LT weight;  
29  
30

31  
32 - T.LT: after hemodynamic stability is obtained for at least one hour (usually after completion of bile duct  
33 reconstruction).  
34

35  
36 - IGT will take place also 24 hours after LT (T.1), on day 3 (T.3) and day 7 (T.7) after LT.  
37

38 All post-LT IGT-PDR values will be recorded on the patient chart and will be accessible to the clinical staff  
39 managing the patient.  
40  
41

42 Early allograft dysfunction will be defined according to the Olthoff criteria by the presence of one or more of  
43 the following: INR > 1.6 on day 7; Bilirubin > 10mg/dL on day 7; ALT >2000 UI/L within the first 7 days.<sup>14</sup>  
44  
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46 Each time-point IGT-PDR value will be analyzed for correlation with the development of EAD.  
47

48 As per primary endpoint power calculation, out of the 162 donor cases enrolled, we expect to enroll  
49 approximately 120 liver transplant recipients.  
50  
51

52 Considering an incidence of EAD in 23% of LT recipients,<sup>14</sup> we expect 28 LT recipients experiencing EAD  
53 to be compared with 92 cases with normal graft function recovery.  
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56 Data analysis according to statistical methods described below will permit the creation of distinct EAD risk  
57 classes depending on the slope of IGT-PDR values.  
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3 Long-term follow-up will be carried out for each recipient lifelong as per our Center policy and the prospective  
4 database (currently in place) will be updated accordingly.  
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7 Graft and patient survival will be analyzed at 1-, 3- and 5-years post LT and any correlation with IGT slope  
8 risk classes will be analyzed and used in long-term survival studies.  
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10

### 11 12 13 *Indocyanine green clearance test measurements*

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15 IGT measurements will be conducted with the LiMON system (or equivalent): each patient is monitored with  
16 an IGT finger clip, which is connected to the liver function monitor via an optical probe.  
17  
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19 Injected indocyanine green is detected from fractional pulsatile changes in optical absorption. The optical peak  
20 absorption at 805 and 890 nm allows continuous measurements of IGT.  
21  
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23 For each measurement, 0.25 mg/kg indocyanine green is given through a peripheral or central vein as a bolus  
24 and immediately flushed with 10 mL of normal saline. The dose to be used was chosen on the basis of reports  
25 demonstrating that a dose between 0.25 and 0.50 mg/kg is accurate for the transcutaneous measurement of  
26 IGT in critically ill patients. The monitor automatically determines the plasma disappearance rate (PDR) by  
27 mono-exponential transformation of the original indocyanine green concentration curve and backward  
28 extrapolation to time point zero (100%), describing the decay as a percentage change with time (i.e. PDR).  
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### 36 *Informed consent*

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38 LT recipients will receive special informed consent to participate in the study and a dedicated leaflet will be  
39 produced to inform patients regarding study aims, possibility to withdraw from the study at any time, possible  
40 side effects related to indocyanine green and no financial implication neither for the patient nor for the  
41 researchers.  
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### 48 *Statistical analysis*

49  
50 For the descriptive analyses, continuous variables will be presented as the medians plus interquartile ranges,  
51 and categorical variables will be presented as percentages and frequencies. The Kolmogorov-Smirnov test will  
52 be used to verify a normal distribution.  
53  
54  
55

56 For the primary endpoint: the study groups (divided depending on IGT values) will be compared using the  
57 Mann-Whitney U test for continuous variables; Fisher's exact test will be used for categorical variables. To  
58 identify the independent risk factors associated with donor acceptance, a univariate logistic regression analysis  
59 will be conducted. Variables with a P value of <0.20 in the univariate analysis will be included in the  
60

1  
2  
3 multivariate logistic regression analysis via the forward stepwise method; the results will be presented as odds  
4 ratios (ORs) with 95% confidence intervals (CIs). Receiver operating characteristic (ROC) curves will be  
5 plotted for identifying the best IGT-PDR threshold value for the diagnosis of graft non-viability.  
6  
7

8 Cut-off values will be measured using the highest Youden index (specificity + sensitivity - 1) obtained from  
9 the ROC curves.  
10  
11

12 For secondary endpoint: descriptive statistics as per primary endpoint. In addition, to identify the independent  
13 risk factors associated with EAD, a univariate logistic regression analysis will be conducted. Variables with a  
14 P value of <0.20 in the univariate analysis will be included in the multivariate logistic regression analysis via  
15 the forward stepwise method; the results will be presented as odds ratios (ORs) with 95% confidence intervals  
16 (CIs). Receiver operating characteristic curves will be plotted for identifying the best IGT threshold value for  
17 the diagnosis of EAD. Cut-off values will be measured using the highest Youden index (specificity +  
18 sensitivity - 1) obtained from the ROC curves.  
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24 All patients will be followed until death, graft failure, or last known follow-up visit. Graft survival will be  
25 analyzed using the Kaplan-Meier method, and group comparisons will be conducted using the log-rank test.  
26 Statistical analyses will be performed using the Statistical Package for the Social Science (SPSS) 22.0 (IBM,  
27 USA). All P values will be two-tailed, and  $P < 0.05$  will be considered to indicate significance.  
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#### 34 *Study current status*

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36 The recruitment phase of the study will start in April 2022.  
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#### 41 **Discussion**

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43 With the present study, we expect to validate the use of IGT in the setting of organ retrieval to aid the retrieval  
44 surgeon in the decision-making process of accepting a liver graft for solid organ transplantation. This will  
45 expand the yet limited armamentarium of the retrieval surgeon for graft viability assessment.  
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49 We expect to identify cut-off levels of IGT-PDR at distinct time points after LT, which could predict the  
50 development of EAD or graft failure. In addition, we expect to describe EAD risk classes by evaluating the  
51 slope of IGT-PDR from the time of organ retrieval to day 7 post-LT.  
52  
53

54 With this, we will add an objective measure of liver function post-LT to better detect EAD not only by  
55 laboratory data or clinical observation, thus offering a useful tool to the transplant physicians managing  
56 complex clinical scenarios where there is uncertainty due to impaired graft function recovery.  
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3 Undiagnosed EAD or graft failure can lead to delayed indication for retransplantation and recipient's death due  
4 to overcoming complications.  
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9 *Risk analysis, possible problems and solutions*  
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11 Risks related to the administration of indocyanine green to the donor and to the recipient have been considered.  
12  
13

14 The drug is contraindicated in patients with hypersensitivity to iodine. All patients will be screened for allergy  
15 and excluded whenever there is history of allergy to iodine. Allergic reactions have been reported although  
16 frequency is not defined by the pharmaceutical companies.  
17  
18

19 A possible problem relates to non-hepatic clearance mechanisms of indocyanine green, which has been  
20 reported to happen especially in fluid overloaded patients. This has been taken into account and we have  
21 introduced a IGT-PDR measurement during the anhepatic phase to be used as a correction factor when  
22 measuring IGT until the fluid overload is present.  
23  
24  
25

26 If the primary outcome expectations are not met (i.e., identifying a cut-off PDR value to discriminate graft  
27 viability), the bulk of data obtained with our study will provide exceptional added knowledge to the field of  
28 assessing graft function recovery post-LT using IGT (i.e., the objective of secondary outcome). In fact, this  
29 has been the objective of clinical research mainly based on retrospective studies and adequately powered  
30 prospective studies are still lacking.  
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34 If interim analysis at 50% enrollment demonstrates expected insufficient power to demonstrate the hypothesis,  
35 we will reassess the sample size and potentially expand the study enrollment.  
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42 **Ethics and dissemination**  
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44 This research protocol was approved by Fondazione Policlinico Universitario Agostino Gemelli IRCCS Ethics  
45 Committee (reference number: 0048466/20, study ID: 3656). In addition, this research protocol was approved  
46 by the Italian National Transplant Center (CNT) (reference number: Prot. 11/CNT 2021). Informed consent  
47 will be sought in all liver transplant candidates at the time of organ donation offer. All data are deidentified  
48 and no patient-related information will be revealed during analysis.  
49  
50  
51

52 All data regarding patients included in this study are covered by strict confidentiality in accordance with the  
53 General Data Protection Regulation EU 2016/679 (GDPR) and D.lgs. 30.06.2003, n. 196, as modified from  
54 D.lgs. 10.08.2018, n. 101. The study is conducted in accordance with the national law and according to  
55 international guidelines for the conduction of clinical trials according to the Declaration of Helsinki and in the  
56 respect of the principles of the Good Clinical Practice.  
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3 Results will be published in international peer-reviewed scientific journals and presented in relevant  
4 congresses.  
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### 11 **Authors' contributions**

12  
13  
14 GB, AC and GS conceptualized and designed the protocol, drafted the initial manuscript and reviewed the  
15 final manuscript. QL planned the data extraction and statistical analysis. GM and MC provided critical insights.  
16 GS and SA applied for ethical and regulatory approvals. All authors have approved and contributed to the final  
17 written manuscript.  
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23

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25  
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28 GR-2019-12369666.  
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### 34 **Conflict-of-interest statement**

35  
36 All the Authors have no conflict of interest related to the manuscript.  
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37 anhepatic phase of orthotopic liver transplantation. *J Gastrointest Surg*. 2008;12(1):67–72.  
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### 43 Data sharing statement

44  
45 Data sharing is not applicable to this article as no new data were created or analyzed in this study.  
46  
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49

### 50 Acknowledgements

51  
52 None.  
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56

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58  
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60

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

## Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D. SPIRIT 2013 Explanation and Elaboration: Guidance for protocols of clinical trials. *BMJ*. 2013;346:e7586

		Reporting Item	Page Number
<b>Administrative information</b>			
Title	<a href="#">#1</a>	Descriptive title identifying the study design, population, interventions, and, if applicable, trial acronym	1
Trial registration	<a href="#">#2a</a>	Trial identifier and registry name. If not yet registered, name of intended registry	2
Trial registration: data set	<a href="#">#2b</a>	All items from the World Health Organization Trial Registration Data Set	n/a
Protocol version	<a href="#">#3</a>	Date and version identifier	1
Funding	<a href="#">#4</a>	Sources and types of financial, material, and other support	11
Roles and responsibilities: contributorship	<a href="#">#5a</a>	Names, affiliations, and roles of protocol contributors	1,11

1	Roles and	<a href="#">#5b</a>	Name and contact information for the trial sponsor	1,11
2	responsibilities:			
3	sponsor contact			
4	information			
5				
6				
7				
8	Roles and	<a href="#">#5c</a>	Role of study sponsor and funders, if any, in study design;	1,11
9	responsibilities:		collection, management, analysis, and interpretation of data;	
10	sponsor and funder		writing of the report; and the decision to submit the report for	
11			publication, including whether they will have ultimate authority	
12			over any of these activities	
13				
14				
15				
16	Roles and	<a href="#">#5d</a>	Composition, roles, and responsibilities of the coordinating centre,	n/a
17	responsibilities:		steering committee, endpoint adjudication committee, data	
18	committees		management team, and other individuals or groups overseeing the	
19			trial, if applicable (see Item 21a for data monitoring committee)	
20				
21				
22				
23	<b>Introduction</b>			
24				
25	Background and	<a href="#">#6a</a>	Description of research question and justification for undertaking	4,5
26	rationale		the trial, including summary of relevant studies (published and	
27			unpublished) examining benefits and harms for each intervention	
28				
29				
30	Background and	<a href="#">#6b</a>	Explanation for choice of comparators	5,6
31	rationale: choice of			
32	comparators			
33				
34				
35				
36	Objectives	<a href="#">#7</a>	Specific objectives or hypotheses	6,7
37				
38	Trial design	<a href="#">#8</a>	Description of trial design including type of trial (eg, parallel	5-8
39			group, crossover, factorial, single group), allocation ratio, and	
40			framework (eg, superiority, equivalence, non-inferiority,	
41			exploratory)	
42				
43				
44				
45	<b>Methods:</b>			
46	<b>Participants,</b>			
47	<b>interventions, and</b>			
48	<b>outcomes</b>			
49				
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51				
52	Study setting	<a href="#">#9</a>	Description of study settings (eg, community clinic, academic	5
53			hospital) and list of countries where data will be collected.	
54			Reference to where list of study sites can be obtained	
55				
56				
57	Eligibility criteria	<a href="#">#10</a>	Inclusion and exclusion criteria for participants. If applicable,	5,6
58			eligibility criteria for study centres and individuals who will	
59				
60				

		perform the interventions (eg, surgeons, psychotherapists)	
1			
2	Interventions:	<a href="#">#11a</a> Interventions for each group with sufficient detail to allow	6,7
3	description	replication, including how and when they will be administered	
4			
5	Interventions:	<a href="#">#11b</a> Criteria for discontinuing or modifying allocated interventions for	9,10
6	modifications	a given trial participant (eg, drug dose change in response to	
7		harms, participant request, or improving / worsening disease)	
8			
9	Interventions:	<a href="#">#11c</a> Strategies to improve adherence to intervention protocols, and any	9,10
10	adherence	procedures for monitoring adherence (eg, drug tablet return;	
11		laboratory tests)	
12	Interventions:	<a href="#">#11d</a> Relevant concomitant care and interventions that are permitted or	6
13	concomitant care	prohibited during the trial	
14			
15	Outcomes	<a href="#">#12</a> Primary, secondary, and other outcomes, including the specific	6,7
16		measurement variable (eg, systolic blood pressure), analysis metric	
17		(eg, change from baseline, final value, time to event), method of	
18		aggregation (eg, median, proportion), and time point for each	
19		outcome. Explanation of the clinical relevance of chosen efficacy	
20		and harm outcomes is strongly recommended	
21	Participant timeline	<a href="#">#13</a> Time schedule of enrolment, interventions (including any run-ins	6,7
22		and washouts), assessments, and visits for participants. A	
23		schematic diagram is highly recommended (see Figure)	
24			
25	Sample size	<a href="#">#14</a> Estimated number of participants needed to achieve study	6
26		objectives and how it was determined, including clinical and	
27		statistical assumptions supporting any sample size calculations	
28			
29	Recruitment	<a href="#">#15</a> Strategies for achieving adequate participant enrolment to reach	5,6
30		target sample size	
31			
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45	<b>Methods: Assignment</b>		
46	<b>of interventions (for</b>		
47	<b>controlled trials)</b>		
48			
49			
50	Allocation: sequence	<a href="#">#16a</a> Method of generating the allocation sequence (eg, computer-	n/a
51	generation	generated random numbers), and list of any factors for	
52		stratification. To reduce predictability of a random sequence,	
53		details of any planned restriction (eg, blocking) should be provided	
54		in a separate document that is unavailable to those who enrol	
55		participants or assign interventions	
56			
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1	Allocation	<a href="#">#16b</a>	Mechanism of implementing the allocation sequence (eg, central	n/a
2	concealment		telephone; sequentially numbered, opaque, sealed envelopes),	
3	mechanism		describing any steps to conceal the sequence until interventions are	
4			assigned	
5				
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7				
8	Allocation:	<a href="#">#16c</a>	Who will generate the allocation sequence, who will enrol	n/4
9	implementation		participants, and who will assign participants to interventions	
10				
11	Blinding (masking)	<a href="#">#17a</a>	Who will be blinded after assignment to interventions (eg, trial	n/a
12			participants, care providers, outcome assessors, data analysts), and	
13			how	
14				
15				
16				
17	Blinding (masking):	<a href="#">#17b</a>	If blinded, circumstances under which unblinding is permissible,	n/a
18	emergency unblinding		and procedure for revealing a participant's allocated intervention	
19			during the trial	
20				
21				
22	<b>Methods: Data</b>			
23	<b>collection,</b>			
24	<b>management, and</b>			
25	<b>analysis</b>			
26				
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28				
29	Data collection plan	<a href="#">#18a</a>	Plans for assessment and collection of outcome, baseline, and other	6-8
30			trial data, including any related processes to promote data quality	
31			(eg, duplicate measurements, training of assessors) and a	
32			description of study instruments (eg, questionnaires, laboratory	
33			tests) along with their reliability and validity, if known. Reference	
34			to where data collection forms can be found, if not in the protocol	
35				
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38				
39	Data collection plan:	<a href="#">#18b</a>	Plans to promote participant retention and complete follow-up,	5
40	retention		including list of any outcome data to be collected for participants	
41			who discontinue or deviate from intervention protocols	
42				
43				
44	Data management	<a href="#">#19</a>	Plans for data entry, coding, security, and storage, including any	12
45			related processes to promote data quality (eg, double data entry;	
46			range checks for data values). Reference to where details of data	
47			management procedures can be found, if not in the protocol	
48				
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50				
51	Statistics: outcomes	<a href="#">#20a</a>	Statistical methods for analysing primary and secondary outcomes.	8,9
52			Reference to where other details of the statistical analysis plan can	
53			be found, if not in the protocol	
54				
55				
56	Statistics: additional	<a href="#">#20b</a>	Methods for any additional analyses (eg, subgroup and adjusted	8,9
57	analyses		analyses)	
58				
59				
60				

1	Statistics: analysis	<a href="#">#20c</a>	Definition of analysis population relating to protocol non-	8,9
2	population and missing		adherence (eg, as randomised analysis), and any statistical methods	
3	data		to handle missing data (eg, multiple imputation)	
4				
5				
6	<b>Methods: Monitoring</b>			
7				
8	Data monitoring:	<a href="#">#21a</a>	Composition of data monitoring committee (DMC); summary of	2
9	formal committee		its role and reporting structure; statement of whether it is	
10			independent from the sponsor and competing interests; and	
11			reference to where further details about its charter can be found, if	
12			not in the protocol. Alternatively, an explanation of why a DMC is	
13			not needed	
14				
15	Data monitoring:	<a href="#">#21b</a>	Description of any interim analyses and stopping guidelines,	6
16	interim analysis		including who will have access to these interim results and make	
17			the final decision to terminate the trial	
18				
19	Harms	<a href="#">#22</a>	Plans for collecting, assessing, reporting, and managing solicited	9,10
20			and spontaneously reported adverse events and other unintended	
21			effects of trial interventions or trial conduct	
22				
23	Auditing	<a href="#">#23</a>	Frequency and procedures for auditing trial conduct, if any, and	9,10
24			whether the process will be independent from investigators and the	
25			sponsor	
26				
27				
28				
29	<b>Ethics and</b>			
30	<b>dissemination</b>			
31				
32	Research ethics	<a href="#">#24</a>	Plans for seeking research ethics committee / institutional review	10
33	approval		board (REC / IRB) approval	
34				
35	Protocol amendments	<a href="#">#25</a>	Plans for communicating important protocol modifications (eg,	10
36			changes to eligibility criteria, outcomes, analyses) to relevant	
37			parties (eg, investigators, REC / IRBs, trial participants, trial	
38			registries, journals, regulators)	
39				
40	Consent or assent	<a href="#">#26a</a>	Who will obtain informed consent or assent from potential trial	8
41			participants or authorised surrogates, and how (see Item 32)	
42				
43	Consent or assent:	<a href="#">#26b</a>	Additional consent provisions for collection and use of participant	n/a
44	ancillary studies		data and biological specimens in ancillary studies, if applicable	
45				
46	Confidentiality	<a href="#">#27</a>	How personal information about potential and enrolled participants	10
47			will be collected, shared, and maintained in order to protect	
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		confidentiality before, during, and after the trial	
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2	Declaration of interests	<a href="#">#28</a> Financial and other competing interests for principal investigators	11
3		for the overall trial and each study site	
4			
5			
6	Data access	<a href="#">#29</a> Statement of who will have access to the final trial dataset, and	12
7		disclosure of contractual agreements that limit such access for	
8		investigators	
9			
10			
11	Ancillary and post trial	<a href="#">#30</a> Provisions, if any, for ancillary and post-trial care, and for	10
12	care	compensation to those who suffer harm from trial participation	
13			
14			
15	Dissemination policy:	<a href="#">#31a</a> Plans for investigators and sponsor to communicate trial results to	10
16	trial results	participants, healthcare professionals, the public, and other relevant	
17		groups (eg, via publication, reporting in results databases, or other	
18		data sharing arrangements), including any publication restrictions	
19			
20			
21			
22	Dissemination policy:	<a href="#">#31b</a> Authorship eligibility guidelines and any intended use of	10,11
23	authorship	professional writers	
24			
25			
26	Dissemination policy:	<a href="#">#31c</a> Plans, if any, for granting public access to the full protocol,	11
27	reproducible research	participant-level dataset, and statistical code	
28			
29			

## Appendices

30			
31			
32	Informed consent	<a href="#">#32</a> Model consent form and other related documentation given to	Patient
33	materials	participants and authorised surrogates	Consent
34			
35			
36	Biological specimens	<a href="#">#33</a> Plans for collection, laboratory evaluation, and storage of	n/a
37		biological specimens for genetic or molecular analysis in the	
38		current trial and for future use in ancillary studies, if applicable	
39			
40			

## Notes:

- 32: supplementary 2 The SPIRIT Explanation and Elaboration paper is distributed under the terms of the Creative Commons Attribution License CC-BY-NC. This checklist was completed on 16. March 2022 using <https://www.goodreports.org/>, a tool made by the [EQUATOR Network](#) in collaboration with [Penelope.ai](#)