

Supplementary Material 3 – Charities delivering remote rehabilitation

| Organisation | Remote services |
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| Beacon Centre for the Blind | Telephone-based welfare calls and befriending service. Life skills sessions to promote independent living. |
| Blind Veterans UK | Practical skills training including maintaining personal (e.g., managing medications) and domestic (e.g., preparing meals) activities of daily living. Remote befriending service and communication technology skills training. |
| Essex Sight | Telephone-based welfare calls, demonstration of equipment (e.g., kitchen aids and lighting). |
| Henshaws | Telephone-based welfare calls, befriending groups, physical exercise training (e.g., improving movement, strength and fitness), digital enablement services. |
| Galloway's | Digital skills training |
| My Sight Nottinghamshire | Telephone-based befriending, digital skills training, physical exercise training (e.g., chair-based and standing exercises). |
| Peterborough Association for the Blind | N/A |
| Sight for Surrey | Digital skills training, assistive technology training (e.g., screen magnification software), communication skills training, everyday living skills advice. |
| The Cambridgeshire Society for the Blind and Partially Sighted | Telephone-based welfare calls, peer support groups, digital skills training. |
| Vista | Digital skills training, assistive technology training (activating and optimising accessibility features), life skills (e.g., meal preparation), online well-being activities (e.g., singing and gardening) |
| The Royal National Institute for Blind People | Telephone-based counselling and befriending groups, signposting to online resources, online activities |

Supplementary material – Charities delivery remote rehabilitation. **Key** - N/A: not available