

Data Sharing Statement

Jamshed. Effectiveness of Early Time-Restricted Eating for Weight Loss, Fat Loss, and Cardiometabolic Health in Adults With Obesity. *JAMA Intern Med.* Published August 08, 2022. doi:10.1001/jamainternmed.2022.3050

Data

Data available: Yes

Data types: Deidentified participant data

How to access data: Send requests for participant data to the corresponding author, Dr. Courtney Peterson, at cpeterso@uab.edu.

When available: Beginning date: 01-01-2023

Supporting Documents

Document types: None

Additional Information

Who can access the data: Any scientific researchers who request

Types of analyses: For any purpose

Mechanisms of data availability: With a signed data access agreement