Supplemental Online Content

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eTable 1. Survey instrument

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This supplemental material has been provided by the authors to give readers additional information about their work.

eTable 1: Survey instrument

Section 1: Baseline Characteristics	
Demographics	Age Sex Race Ethnicity
AA Participant Characteristics	Years with Alopecia Areata (AA) History of Alopecia Totalis (AT) Current active hair loss Last treatment used
Section 2: Decision-Making	
Patient preferences in decision-making (Select one out of the five statements)	I prefer my doctor makes the final selection about which treatment I will receive
	I prefer that my doctor and I share responsibility for deciding which treatment is best for me
	I prefer that my doctor makes the final decision about which treatment will be used, but seriously considers my opinion
	I prefer to make the final selection about which treatment I will receive
	I prefer to make the final selection of my treatment after seriously considering my doctor's opinion
How patients perceived last decision was made (Select one out of three options)	By my doctor
	By myself
	With a doctor
Section 3: Shared Decision-Making	
Validated SDMQ9 (6-point Likert scale for each statement ranging from "completely agree" to "completely disagree")	My doctor made clear that a decision needs to be made
	My doctor wanted to know exactly how I wanted to be in making the decision
	My doctor told me that there are different options for treating my medical condition
	My doctor precisely explained the advantages and disadvantages of the treatment options
	My doctor helped me understand all the information
	My doctor asked me which treatment option I prefer
	My doctor and I thoroughly weight the different treatment options
	My doctor and I selected a treatment option together
	My doctor and I reached an agreement on how to proceed
Section 4: Decisional Regret Assessment	
Validated Decisional Regret Scale (DRS) (For each statement, select Agree, Neutral, or Disagree [3-point Likert scale])	It was the right decision
	I regret the choice that was made
	I would go for the same choice if I had to do it over again
	The choice did me a lot of harm

	The decision was a wise one	

eTable 2. SDMQ9 responses

	Completely agree, n(%)	Strongly agree, n(%)	Somewhat agree, n(%)	Somewhat disagree, n(%)	Strongly disagree, n(%)	Completely disagree, n(%)
My doctor made clear that a decision needs to be made	123 (11.5)	104 (9.7)	218 (20.3)	166 (15.5)	147 (13.7)	316 (29.4)
My doctor wanted to know exactly how I wanted to be involved in making the decision	243 (22.6)	219 (20.4)	211 (19.6)	139 (12.9)	85 (7.9)	177 (16.5)
My doctor told me that there are different options for treatment my medical condition	252 (23.5)	214 (19.9)	245 (22.8)	128 (11.9)	87 (8.1)	148 (13.8)
My doctor precisely explained the advantages and disadvantages of the treatment options	239 (22.3)	233 (21.7)	258 (24.0)	125 (11.6)	89 (8.3)	130 (12.1)
My doctor helped me understand all the information	250 (23.3)	220 (20.5)	273 (25.4)	129 (12.0)	81 (7.6)	121 (11.3)
My doctor asked me which treatment option I prefer	254 (23.6)	240 (22.3)	223 (20.8)	121 (11.3)	86 (8.0)	150 (14.0)
My doctor and I thoroughly weighed the different treatment options	211 (19.6)	187 (17.4)	219 (20.4)	166 (15.5)	129 (12.0)	162 (15.1)
My doctor and I selected a treatment option together	205 (19.1)	210 (19.6)	273 (25.4)	125 (11.6)	103 (9.6)	158 (14.7)

eTable 3. Correlation between components of SDM and decisional regret for last AA treatment decision made

Completely agree with item of SDMQ9, n (%)	DRS: I would go for the same choice if I had to do it over again			
	Agree	Disagree	Neutral	P value
My doctor made clear that a decision needs to be made	76 (61.8)	23 (18.7)	24 (19.5)	0.3

My doctor wanted to know exactly how I wanted to be in making the decision	148 (60.9)	41 (16.9)	54 (22.2)	0.001
My doctor told me that there are different options for treating my medical condition	174 (69.0)	22 (8.7)	56 (22.2)	0.001
My doctor precisely explained the advantages and disadvantages of the treatment options	164 (68.6)	26 (10.9)	49 (20.5)	0.001
My doctor helped me understand all the information	169 (67.6)	30 (12.0)	51 (20.4)	0.001
My doctor asked me which treatment option I prefer	172 (67.7)	23 (9.1)	59 (23.2)	0.001
My doctor and I thoroughly weight the different treatment options	143 (67.8)	20 (9.5)	48 (22.7)	0.001
My doctor and I selected a treatment option together	139 (67.8)	27 (13.2)	39 (19.0)	0.001
My doctor and I reached an agreement on how to proceed	182 (69.5)	33 (12.6)	47 (17.9)	0.001

eTable 4. Decisional regret regarding last AA treatment decision made

	Disagree , n(%)	Neutral , n(%)	Agree , n(%)
It was the right decision	123 (11.5)	392 (36.5)	559 (52.0)
I regret the choice that was made	709 (66.0)	251 (23.4)	114 (10.6)
I would go for the same choice if I had to do it over again	229 (21.3)	299 (27.8)	546 (50.8)
The choice did me a lot of harm	796 (74.1)	216 (20.1)	62 (5.8)
The decision was a wise one	115 (10.7)	423 (39.4)	536 (50.0)