## S1 CONSORT checklist

CONSORT

Section/Topic	Item No	Checklist item	Reported o the page No
Title and abstract	1a	Identification as a randomized trial in the title	1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance, see CONSORT for abstracts)	5
Introduction Background and objectives	2a	Scientific background and explanation of the rationale	7
	2b	Specific objectives or hypotheses	9
<b>Methods</b> Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	10
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	N/A
Participants	4a	Eligibility criteria for participants	10
	4b	Settings and locations where the data were collected	10
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	12
Outcomes Sample size	ба	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	
	6b	Any changes to trial outcomes after the trial commenced, with reasons	13
	7a	How sample size was determined	14
	7a 7b	When applicable, explanation of any interim analyses and stopping guidelines	N/A
Randomisation:	10		
Sequence generation	8a	Method used to generate the random allocation sequence	11
	8b	Type of randomization; details of any restriction (such as blocking and block size)	11
Allocation concealment mechanism	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	11
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those assessing outcomes), and how	11 N/A
	11b	If relevant, a description of the similarity of interventions	N/A
Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	15
	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	15
Results	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment and were analyzed for the primary outcome	16

## CONSORT 2010 checklist of information to include when reporting a randomized trial\*

Participant flow (a diagram is strongly recommended)	13b	For each group, losses and exclusions after randomization, together with reasons	16
Recruitment	14a	Dates defining the periods of recruitment and follow-up	16
	14b	Why the trial ended or was stopped	N/A
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	18
Numbers analyzed	16	For each group, the number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	17
Outcomes and estimation	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	18
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	20
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing prespecified from exploratory	21
Harms	19	All-important harms or unintended effects in each group (for specific guidance, see CONSORT for harms)	22
<b>Discussion</b> Limitations	20	- Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, the multiplicity of analyses	27
Generalisability	21	Generalizability (external validity, applicability) of the trial findings	27
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	27
<b>Other information</b> Registration	23	-	28
Protocol	23	Where the full trial protocol can be accessed, if available	28
Funding	25	Sources of funding and other support (such as the supply of drugs), the role of funders	6

\*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for randomized cluster trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and up-to-date references relevant to this checklist, see <u>www.consort-statement.org</u>.