

S6 File. Definition of the categories of the adherence variable.

Category	Follow-up call	Follow-up call	Follow-up call
High adherence	Green	Green	Green
Medium-high adherence	Green	Green	Yellow
Medium-high adherence	Green	Yellow	Yellow
Medium-high adherence	Green	Green	Red
Medium adherence	Yellow	Yellow	Yellow
Medium-low adherence	Green	Yellow	Red
Medium-low adherence	Green	Red	Red
Medium-low adherence	Yellow	Yellow	Red
Low adherence	Yellow	Red	Red
Low adherence	Red	Red	Red

Total adherence: the proper daily use of the surgical mask or the closed face-shield with surgical mask (every time the participant left his/her home, removed only for eating, driving alone/riding a bicycle or while being alone). In the case of the closed face shield, it had to be washed or disinfected with alcohol daily, and the face mask must be changed every day.

Partial adherence: using the surgical mask or the closed face-shield with surgical mask whenever participants went out but reported removal of surgical mask or the closed face-shield with surgical mask for a reason different from those recommended cleaning/changing of the device properly. Also, partial adherence included using a surgical mask or the closed face-shield with surgical mask whenever they went out without removing the surgical mask or the closed face-shield with surgical mask, but without cleaning/changing the devices appropriately.

Non-proper adherence: using the surgical mask or the closed face-shield with surgical mask whenever the participant went out from their homes but with the removal of surgical mask or the face-shield with surgical mask for a reason different from those recommended and not proper cleaning/changing of the assigned device. Non-adherence was also defined if the participants reported that they went outside their homes without using the surgical mask or the closed face-shield + surgical mask.