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# **BMJ Open**

## A scoping review of models and frameworks of patient engagement in health services research

Journal:	BMJ Open
Manuscript ID	bmjopen-2022-063507
Article Type:	Original research
Date Submitted by the Author:	05-Apr-2022
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Keywords:	STATISTICS & RESEARCH METHODS, HEALTH SERVICES ADMINISTRATION & MANAGEMENT, MEDICAL EDUCATION & TRAINING
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1 2		
2 3 4	25	Abstract
5 6	26	Objective: To count and describe the elements that overlap (i.e., present in 2 or more) and
7 8 9	27	diverge between models and frameworks of patient engagement in health services research. Our
9 10 11	28	specific research question was, "What are the elements that underlie models and frameworks of
12 13	29	patient engagement in health services research?"
14 15 16 17	30	Design: Scoping review.
18 19	31	Eligibility criteria: We included published and unpublished (i.e., grey) literature that presented
20 21	32	(a) models or frameworks (b) of patient engagement (c) in health services research. We excluded
22 23 24	33	articles unavailable as full-text or not written in English.
25 26 27	34	Data sources: Using a search strategy co-developed with an academic librarian, published
27 28 29	35	literature was identified by searching six electronic databases. Searches for unpublished literature
30 31	36	included electronic databases and websites. These searches were supplemented by snowball
32 33 34	37	sampling.
35 36 37	38	Data extraction and synthesis: Two independent reviewers extracted data from included
38 39	39	articles using an a-priori developed standardized form. Data were synthesized using both
40 41	40	quantitative (i.e., counts) and qualitative (i.e., mapping) analyses.
42 43 44	41	Results: We identified a total of 8069 articles and ultimately included 14 models and
45 46	42	frameworks in the review. These models and frameworks were comprised of 18 overlapping and
47 48 49	43	57 diverging elements, that were organized into six conceptual categories (i.e., principles,
50 51	44	foundational components, contexts, actions, levels, and outcomes) and spanned intrapersonal,
52 53	45	interpersonal, process, and environment domains.
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**Conclusions**: There is little overlap between the elements that comprise existing models and frameworks of patient engagement in health services research. Those seeking to apply these models and frameworks should consider the "fit" of each element, by conceptual category and domain, within the context of their study. Trial registration: None. **Keywords** Patient and public involvement, stakeholder engagement, patient involvement, patient-oriented at research, patient engagement

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55	Article	e Summary
56	Streng	ths and limitations of this study
57	•	The study's methodological strengths included its published protocol and analysis
58		approach, which supported mapping model and framework elements to generate a
59		toolbox of options for researchers to use in their own patient-engaged research.
60	•	Another strength included the involvement of an interdisciplinary research team
61		comprised of content experts, including patient co-researchers.
62	•	A weakness of this study concerns the grey boundaries between health services research
63		and other forms of health research.
64	•	Greater engagement of patient co-researchers would have likely resulted in other study
65		insights through more direct contact with the study.
		insights through more direct contact with the study.

## 66 Introduction

Patient engagement in research involves the formation of meaningful and active collaborations between academic researchers and patients (i.e., an overarching term that refers to individuals with personal experience of a health issue and informal caregivers) in research governance, priority setting, conduct, and knowledge translation<sup>1</sup>. Globally, it is also commonly referred to as patient and public involvement, patient involvement, and stakeholder engagement in research. This research approach necessitates a shift from the patient's traditional role as a study participant to that of a research collaborator or partner (i.e., patient co-researcher). This shift in roles and power dynamics reflects the approach's roots in participatory research<sup>2</sup> and is founded on the premises that those affected by a problem should be actively involved in the generation of solutions to it<sup>3</sup>, and individuals' critical reflections on first-hand experiences are essential to effecting individual and social change<sup>4</sup>. A growing body of evidence supports the benefits of patient engagement in research, including improved enrollment and decreased attrition rates <sup>5</sup>, increased relevance of research and accessibility of study materials to study participants <sup>6</sup>, improved trial design<sup>7</sup>, and increased meaningfulness and understandability of disseminated findings <sup>56</sup>. However, despite its underlying rationale and documented benefits, academic researchers report hesitance in adopting this research approach <sup>89</sup>. 

Some of the reported challenges of patient engagement in research include uncertainty about the process (i.e., "how-to" engage patients in research) and the need for a culture shift that supports these collaborations <sup>8 9</sup>. As there is no standard process for engaging patients in research, this first challenge is not surprising <sup>5 6 10</sup>. That is, how patient engagement is operationalized may vary according to the characteristics of a given project (e.g., design, scope, time, and financial Page 7 of 48

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resources) and patient and academic co-researchers (e.g., personal and professional backgrounds, interests, skills). Further, the underlying cultural shift needed to support patient engagement in research necessitates the redistribution of power and restructuring of traditional research paradigms to support shared planning and decision-making throughout a study <sup>10</sup>. This requires a mutual understanding and vision for what these research collaborations entail. An exploration of the models and frameworks that underlie patient engagement in research may help clarify the processes and support the culture shift necessary for this approach by shedding light on the universal elements that underlie it. Three previous reviews have broadly synthesized the literature on models, frameworks and/or other systematic approaches to the engagement of patients (and in the case of Jull et al. - other knowledge users) in research <sup>11-13</sup>. Of these, only one described the elements that comprised identified frameworks and best practice guidelines <sup>12</sup>. Perhaps more importantly, none of these reviews focused on health services research, which entails considerations unique to health research. Specifically, health services research focuses on the impact of social factors, financing systems, organizational structures and processes, health technologies, and personal behaviours on health care access, quality and cost, and population health and well-being <sup>14</sup>. This differs substantially from general health research, where the goal of engagement is often to improve clinical outcomes, the effectiveness of a particular intervention, or uptake of research among patients with a specific condition. Engaging patients in health services research may require added considerations related to partnering with a more diverse group of patients with lived experience of different conditions, groups, interventions, and/or interactions with the health care system. Therefore, we set out to contribute to the existing literature on patient engagement in

> research by conducting a knowledge synthesis of models and frameworks of patient engagement in health services research. Specifically, we undertook a scoping review, which is "a type of knowledge synthesis that addresses an exploratory research question aimed at mapping key concepts, types of evidence, and gaps in research related to a defined area or field by systematically searching, selecting, and synthesizing existing knowledge <sup>15</sup>."

**Objectives** 

The research question driving our review was, "What are the elements that underlie models and frameworks of patient engagement in health services research?" Our primary objective was to count and describe the elements that overlap (i.e., present in 2 or more models or frameworks) and diverge between identified models and frameworks. This objective intends to support a clearer understanding of similarities in thinking about patient engagement rather than to judge the relevance of elements or prescribe a "one size fits all" approach. Thus, rather than synthesizing the identified elements, we chose to map them according to the categories developed by the original authors and the themes that arose among them, with the vision of presenting a "toolbox" of potential approaches that researchers may choose from for their given research endeavor. Finally, the exploratory nature of our research question and our desire to identify and map key concepts that underlie patient engagement in research led us to adopt a scoping review methodology <sup>16</sup>.

7 131

### 132 Methods

133 Our scoping review's design and conduct followed the methodological framework proposed by
134 Arksey and O'Malley <sup>17</sup> and enhanced by Levac et al. <sup>18</sup>. Its underlying protocol, including

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definitions of underlying key concepts, is published elsewhere <sup>19</sup>. Reporting was guided by the
Preferred Reporting Items for Systematic Reviews and Meta-Analysis: Extension for Scoping
Review (PRISMA-ScR) <sup>20</sup> and the revised Guidance for Reporting Involvement of Patients and
the Public (GRIPP2) short form <sup>21</sup> checklists. Research ethics approval was not required as this
study did not involve participants.

141 Eligibility criteria: We included published and unpublished (i.e., grey) literature that presented
142 (i) models or frameworks (ii) of patient engagement (iii) in health services research. Both
143 original and adapted models and frameworks were eligible as long as they were developed in or
144 for health services research. We excluded articles unavailable as full-text due to the limited
145 descriptive information they provide (e.g., context, description of development, underlying
146 elements) and not written in English due to feasibility-related considerations.

Information sources: The lead author (A.M.C.) searched six electronic databases CINAHL, 48 49 Cochrane Database of Systematic Reviews, Joanna Briggs Institute Evidence Based Practice 50 Database, MEDLine, PsycINFO, and Scopus) and Google Scholar for published literature. 51 Electronic databases (ProQuest Dissertations & Theses and Conference Proceedings Citation 52 Index), Google, and the websites of key agencies (Canadian Institutes of Health Research, 53 INVOLVE, Patient-Centered Outcomes Research Institute) were searched for unpublished 54 literature. These searches were supplemented by snowball sampling, which entailed backwards 55 and forwards reference searches of included articles and contacting experts in patient 56 engagement in research for recommendations about any potentially relevant models or 57 frameworks.

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158	Searches: The search strategy was co-developed by an academic librarian (L.D.) and the lead
159	author (A.M.C.) and finalized through collaboration with the rest of the research team. The
160	search strategy used a combination of search terms related to our underlying concepts (i.e.,
161	"models," "frameworks," "patient engagement," and "health services research"), was adapted to
162	the syntax used by each database and website, and used Boolean terms. The search strategy for
163	MEDLine is found in Appendix 1. There were no restrictions on publication dates. Searches of
164	the published and unpublished literature were conducted on July 6, 2021 and July 7, 2021,
165	respectively, while backward and forwards searches ended on January 13, 2022.
166	
167	Selection: Search results for the six electronic databases and Google Scholar were imported into
168	a reference management software (Endnote), and duplicate references were removed. Only the
169	first 10 pages of Google Scholar results ( $n = 100$ citations) were imported as advised by an
170	academic librarian (L.D.). One reviewer (A.M.C.) conducted the level 1 (title) screening. The
171	remaining relevant references were then imported into an online systematic review production
172	and management software (Covidence; Veritas Health Innovation, Melbourne Australia), where
173	two reviewers (A.M.C. and T.H.) independently conducted the level 2 (abstract) and level 3
174	(full-text) screening. Potentially relevant literature identified through websites and snowball
175	sampling was screened for inclusion by both reviewers (A.M.C. and T.H.).
176	
177	Data charting process: A standardized data charting (i.e., extraction) form was developed a
178	priori in Microsoft Word by the study team (Appendix 2). Items were chosen that described the
179	eligible models and frameworks, as well as provided context, including how and by who the
180	models were developed. Two reviewers (A.M.C. and T.H.) independently extracted information

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from the final set of included articles using the form. They met with the senior author (A.S) to compare their data after extracting from an initial set of five and ten articles and upon completion of data extraction. Any inconsistencies were resolved through discussion and ultimately referring back to the original article. Further, in two instances <sup>22 23</sup>, the lead author (A.M.C.) contacted the corresponding authors of included frameworks to obtain clarifying information. Consistent with methodological guidelines for scoping reviews, we did not appraise the methodological quality of included articles <sup>15 16</sup>.

Synthesis of results: Data were compiled into a single Microsoft Excel (2019) spreadsheet for validation and synthesis, which included both quantitative (i.e., counts) and qualitative (i.e., mapping) analyses. In conducting the analyses, the lead author (A.M.C) first immersed herself in the included models and frameworks by thoroughly (and repeatedly) reading the associated literature and reviewing graphical representations (when available) along with element definitions. With increased familiarity, the lead author was able to combine and reframe (where appropriate) similar elements found in the original publications. The revised elements were used to obtain counts of overlapping and diverging elements. During this process, it became evident that the elements were organized into similar over-arching conceptual categories by the original authors, and that they could also be located within multiple domains (Table 1). As such, in our analysis, we mapped each element according to conceptual category and domain. The validity (i.e., content and face) of the final set of elements was established through discussion with this study's authors. Visual representations of the data (i.e., concept maps) were created using Mind Manager 2020 software, version 20.1 (Corel Corp., Austin, T.X.). To support applicability, some elements within the concept maps contain clarifying examples in brackets.

3 4	<b>204</b> Table 1. Explanation of over-arching conceptual categories and domains		
5 6		Over-arching conceptual	Explanation
7 8 9		category	
10 11		Principles	Values that orient and rule the conduct of a group
12 13		Foundational components	Core elements that comprise patient engagement
14 15 16		Contexts	Resources or decisions that are external to but inform the
17 18			engagement process
19 20 21		Actions	Activities (e.g., behaviors, phases, advisory bodies) involved in
21 22 23			the actual conduct of the engagement and associated research
24 25		Outcomes	Results of engagement and its associated research
26 27		Organizational levels	Different organizational levels at which engagement may occur
28 29 20			in a research centre
30 31 32		Domain	Elements pertain to
33 34		Intrapersonal	Individual-level knowledge, perceptions, attitudes, and beliefs
35 36 27		Interpersonal	Relationships with other people
37 38 39		Process	Carrying out the engagement or broader research
40 41		Environmental	Research or organizational policies, cultures, perceptions
42 43		Health systems and	Health systems and health outcomes
44 45 46		outcomes	
47 48	205		
49 50	206	Patient involvement	
51 52 53	207	We engaged two patient co-re	searchers (R.S. and S.H.), at the level of involve <sup>24</sup> , in the design
55 54 55	208	and conduct of this study. The	ey were involved in development and publication of the scoping
56 57			
58 59 60		For peer review	11 only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

# 204 Table 1. Explanation of over-arching conceptual categories and domains

1		
2 3 4	209	review protocol <sup>19</sup> , provided feedback on the analyses (including element groupings), provided
5 6	210	their perspectives on the interpretation of the study findings, and co-authored this manuscript. In
7 8 9	211	helping shape these stages of the research cycle and related outputs, a notable impact of
9 10 11	212	engagement also included identifying gaps in the current literature relevant to patient partners.
12 13	213	The primary methods of engagement were 1-on-1 and small group meetings, as guided by a
14 15	214	terms of reference co-developed at the outset of the research partnership. The patient co-
16 17 18	215	researchers will continue to be involved in further knowledge translation activities, like
19 20	216	synthesizing the findings for our research group's website
21 22	217	(www.patientengagementinresearch.ca), co-presenting about the engagement process and study
23 24 25 26 27	218	findings, and identifying other appropriate methods of dissemination.
	219	
28 29	220	Results
30 31	221	Flow of models and frameworks into the study
32 33 34	222	Appendix 3 displays the flow of eligible articles into the review (PRISMA flow chart). Of the
35 36	223	10,840 initially identified citations, 2771 duplicates were excluded. After applying inclusion
37 38 39 40 41 42 43 44 45	224	criteria, 7150 articles were excluded at the title screen, 712 at the abstract screen, and 193 at the
	225	full-text screen, leaving 13 models and frameworks. One unpublished framework was then
	226	identified through snowball sampling, resulting in a total of 14 models and frameworks included
	227	in the review.
46 47 48	228	
48 49 50	229	Characteristics of included articles and models/frameworks
51 52	230	Select descriptive characteristics of the included models and frameworks and the articles they
53 54	231	were published in (where applicable) are presented in Appendix 4. Included articles were
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2 3 4	232	published between 2012 - 2020 ( $n = 10$ were published in or after 2015) and based in the United
5 6	233	States ( $n = 5$ ), United Kingdom ( $n = 4$ ), Canada ( $n = 2$ ), Australia ( $n = 1$ ) and United Kingdom
7 8 9	234	and Wales $(n = 1)$ . The included unpublished framework was developed in Canada as part of the
9 10 11	235	CONNECT project (Caroline Jose, Patricia George-Zwicker, Louise Tardif, Aaron Bouma,
12 13	236	Darlene Pugsley, Luke Pugsley, Mathieu Bélanger, Jeffrey Gaudet, Marc Robichaud,
14 15	237	CONNECT framework). Models and frameworks were developed in a variety of contexts
16 17 18	238	including organizations (i.e., Patient-Centered Outcomes Research Institute, British Columbia
19 20	239	Support Unit, Sunnybrook Hospital, PRIME Centre Wales), medical specialties (i.e., pediatric
21 22	240	subspecialty care, palliative care), research disciplines (i.e., healthcare operations research),
23 24	241	diseases (i.e., chronic or long-term conditions; cancer; dementia; stroke), and other health
25 26 27	242	conditions (e.g., autistic adults, persons with lived experience of long-term physical and/or
28 29	243	mental health illness, parents of children with disabilities). They were developed for general use
30 31	244	as well in specific health services research contexts like healthcare operational research, practice-
32 33 34	245	based research and innovation, pragmatic trials, patient-centered outcomes research, and
35 36	246	comparative effectiveness research. None targeted a specific component of the research process,
37 38	247	and patients were involved in the development of slightly over half $(n = 8)$ of the included
39 40 41	248	models/frameworks. Eight of the models/frameworks took into account the public participation
41 42 43	249	spectrum <sup>24</sup> either explicitly or by including considerations related to control of decision-making
44 45	250	and/or directionality of information exchange.
46 47	251	
48 49 50	252	Overview of the elements of included models and frameworks
51 52	253	A total of 112 elements of patient engagement were identified across the 14 included models and
E 2		

254 frameworks. Combining and reframing similar elements reduced the total number to 75. Among

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these, 18 elements overlapped across the included models and frameworks and 57 diverged (i.e., were unique to individual models and frameworks). We present the elements by conceptual category and identify the domains they are situated in below. In considering these results, it should be noted that we placed select elements from the models by Deverka et al. <sup>25</sup> (i.e., inputs, methods, outputs) and Evans et al. <sup>26</sup> (i.e., opportunities for engagement, research environment that actively supports engagement and its underlying principles, resources to support engagement, and system to enhance the breadth of patient and carer experience brought to research activities) in the "actions" conceptual category despite that not being what the original authors labeled them. This is due to the fact that although these elements were uncategorized by Deverka et al.<sup>25</sup>, they closely aligned with the actions category, and Evans et al.'s definition of the conceptual category that encompassed these elements closely aligned with other authors' conceptualization of "actions."

**Principles** 

Principles represent the values that orient and rule the conduct of a group. They form the ethical backdrop of engagement <sup>27</sup> and underpin effective collaborative involvement in research <sup>26</sup>. For example, communication, which included mutual communication and feedback, was identified as a core principle of patient engagement by Evans et al. <sup>26</sup>. Figure 1 displays the 13 elements in this conceptual category, as reported by two articles <sup>26 27</sup>. These elements were situated in interpersonal (n = 7), process (n = 5), and environment (n = 1) domains.

\*Figure 1 about here\*

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1 2		
2 3 4	278	
5 6	279	Figure 1. Concept map – principles of patient engagement in health services research
7 8 9	280	Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements
9 10 11	281	that overlap <i>across</i> conceptual categories; <b>Blue</b> : elements that reside in the interpersonal domain;
12 13	282	Orange: elements that reside in the process domain; Purple: elements that reside in the
14 15	283	environment domain.
16 17 18	284	
19 20	285	Foundational components
21 22	286	Foundational components represent the core elements that comprise patient engagement in health
23 24 25	287	services research (Figure 2). According to the eight models and frameworks <sup>27-33</sup> represented
26 27	288	here, the 26 underlying elements were primarily situated in the process domain ( $n = 14$
28 29	289	elements), with the remainder situated in intrapersonal $(n = 7)$ , interpersonal $(n = 3)$ , and
30 31	290	environmental $(n = 2)$ domains.
32 33 34	291	
35 36	292	**Figure 2 about here**
37 38	293	Figure 2. Concept map – foundational components of patient engagement in health services
39 40 41	294	research
42 43	295	Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements
44 45	296	that overlap across conceptual categories; Green: elements that reside in the intrapersonal
46 47 49	297	domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside in
48 49 50	298	the process domain; <b>Purple</b> : elements that reside in the environment domain.
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2 3	301	Contexts
3 4 5		
5 6 7	302	This conceptual category identifies elements that relate to resources or decisions that are external
8 9	303	to but inform the engagement process <sup>34</sup> . Figure 3 presents the four elements in this category, as
10 11	304	contributed by one article <sup>34</sup> . Three of the underlying elements resided in the process, and one in
12 13	305	the intrapersonal domains.
14 15	306	
16 17 18	307	**Figure 3 about here**
19 20	308	Figure 3. Concept map – contexts of patient engagement in health services research
21 22	309	Figure legend: Oval: elements that overlap across conceptual categories; Green: elements that
23 24	310	reside in the intrapersonal domain; <b>Orange</b> : elements that reside in the process domain.
25 26 27	311	
28 29	312	Actions
30 31	313	The elements within this category pertain to the activities (e.g., behaviors, phases, advisory
32 33 34	314	bodies) involved in the actual engagement of patients in health services research. Figure 4
35 36	315	presents the elements that comprised this category, as reported by six articles <sup>22 25-27 32 34</sup> . These
37 38	316	elements were primarily $(n = 18)$ situated in the process domain, with one element in each of
39 40	317	intrapersonal and environment domains, and two elements in the interpersonal domain. As
41 42 43	318	displayed in the top half of elements in the process domain (Figure 4), some of the elements
44 45	319	located here were conceptualized in terms of phases of research (i.e., preparatory, execution,
46 47	320	translational phases and inputs, methods, outputs).
48 49	321	
50 51 52	322	**Figure 4 about here**
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3 4	324	Figure 4. Concept map – actions of patient engagement in health services research
5 6 7	325	Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements
/ 8 9	326	that overlap across conceptual categories; Green: elements that reside in the intrapersonal
9 10 11	327	domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside
12 13	328	the process domain; <b>Purple</b> : elements that reside in the environment domain.
14 15	329	
16 17 18	330	Outcomes
19 20	331	Figure 5 presents the elements that comprise the outcomes of patient engagement in health
21 22 23 24 25 26 27	332	services research, based upon three articles <sup>25 27 34</sup> and the unpublished CONNECT framework
	333	As reflected in the figure, all but the CONNECT framework further organized the elements by
	334	time frame (i.e., immediate/near-term, intermediate, and long-term), with three elements (i.e.,
28 29	335	health decision-making, research culture, and research outcomes) belonging to two time frame
30 31 32	336	Overall, this category's elements were primarily situated in the process $(n = 11)$ and health
33 34	337	systems and outcomes $(n = 8)$ domains. A further three elements were situated in the
35 36	338	intrapersonal, one in the interpersonal, and two in the environment domains.
37 38	339	
39 40 41	340	**Figure 5 about here**
42 43	341	Figure 5. Concept map – outcomes of patient engagement in health services research
44 45	342	Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements
46 47 48	343	that overlap across conceptual categories; Green: elements that reside in the intrapersonal
49 50	344	domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside
51 52	345	the process domain; <b>Purple</b> : elements that reside in the environment domain; <b>Yellow</b> : elemen
53 54 55	346	that reside in the health system and outcomes domain.
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3 4 5 6 7 8 9	347	Organizational levels
	348	Two articles presented frameworks whose elements captured the organizational levels at which
	349	patient engagement in health services research occurred within research centres <sup>23 35</sup> . As
9 10 11	350	displayed in Figure 6, these elements were located in environment $(n = 3)$ and process $(n = 1)$
12 13	351	domains.
14 15 16	352	**Figure 6 about here**
17 18 19 20	353	Figure 6. Concept map – organizational levels of patient engagement in health services research
	354	Figure legend: Coloured: elements that overlap within conceptual categories; Orange: elements
21 22	355	that reside in the process domain; <b>Purple</b> : elements that reside in the environment domain.
<ol> <li>23</li> <li>24</li> <li>25</li> <li>26</li> <li>27</li> <li>28</li> <li>29</li> <li>30</li> <li>31</li> <li>32</li> <li>33</li> <li>34</li> <li>35</li> <li>36</li> <li>37</li> <li>38</li> <li>22</li> </ol>	356	
	357	Discussion
	358	Statement of principal findings
	359	Our scoping review identified 14 models and frameworks of patient engagement in health
	360	services research, which were comprised of 18 overlapping and 57 diverging elements ( $n_{total}$
	361	elements = 75). This work represents a novel contribution as, to our knowledge, it is the first to
	362	synthesize the literature on models and frameworks of patient engagement in health services
39 40 41	363	research. Our approach to data synthesis is also unique in that we attempt to maximize the
42 43	364	intuitiveness and applicability of our findings by presenting elements by overarching conceptual
44 45	365	categories (i.e., principles, foundational components, contexts, actions, levels, and outcomes) and
46 47 48	366	corresponding domains (i.e., intrapersonal, interpersonal, process, and environment). We
49 50	367	anticipate this approach will facilitate the ready application of our findings to readers' own
51 52	368	research programs by serving as a "toolbox" of elements to consider according to the multi-level
53 54 55	369	facets of a research team and study. That is, by considering the applicability of elements within
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ach conceptual category and domain (as well as other elements that may come to mind based on
the groupings' definitions), our findings can serve as a map that allows researchers to pick and
choose elements based on their study, resources, research partners, and context.

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# 374 Strengths and weaknesses of the study

375 Strengths of this study include its scoping review design, which enabled us to gain a broad 376 perspective of the literature on models and frameworks of patient engagement in health services 377 research. Other strengths include (i) a published protocol, (ii) the use of an established 378 methodological framework to guide its design and conduct, (iii) the involvement of an 379 interdisciplinary research team that included patient co-researchers with lived experience of 380 engaging in health services research and other researchers with content expertise in health 381 services research and participatory approaches (including patient engagement in research), and 382 (iv) and the co-design of the search strategy with an academic librarian (LD) and the rest of the 383 research team. A weakness of this study concerns the grey boundaries between health services 384 research and other forms of health research, which may have resulted in the inclusion or 385 exclusion of models or frameworks that others could argue do/do not belong in this review. We 386 attempted to minimize this possibility through a screening process that utilized two reviewers 387 (with a third to resolve discrepancies), an a priori agreed upon definition of health services 388 research, and reaching out to study authors for clarification when necessary. Further, the 389 engagement of patient co-researchers in our scoping review at the level of involve limited their 390 opportunities to formally provide insights and expertise to pre-determined study milestones. 391 Engagement at the level of collaborate or empower may have resulted in other insights through 392 more direct contact with the study.

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# *Comparison to other studies*

revious reviews of models, frameworks, and/or other systematic approaches to the engagement f patients and other knowledge users in research had a broader scope <sup>11-13</sup> (albeit only one nvolved a comprehensive search of multiple databases <sup>11</sup>) and different levels of analyses. pecifically, rather than report underlying elements, Greenhalgh et al. developed a taxonomy for ne classification of identified systematic approaches (i.e., tools, frameworks, benchmarks, uidelines, and critical appraisal checklists) based on their primary focus and intended purpose .e., power-focused, priority-setting, study-focused, report-focused, partnership-focused)<sup>11</sup>. nnovatively, they piloted co-design workshops that aimed to improve the aesthetic appeal and sability of "best in-class" resources identified through the review. Similar to our questioning of he appropriateness of a "one-size fits all" framework, preliminary findings from their co-design vorkshops indicated that although stakeholders were presented with a common set of resources, ney generated widely differing frameworks suited to meet their different needs and purposes. he review by Jull et al. reported 15 high-level concepts for knowledge user engagement in esearch that they identified through a directed content analysis of underlying elements <sup>13</sup>. Ithough they organized these concepts across four general research phases (i.e., prepare, plan, onduct, apply), they concluded that variation in the reported concepts between frameworks ndicated that research teams should consider the concepts as fluid rather than strictly required. astly, the findings of Harrison et al.'s narrative review of frameworks and guidelines ulminated in the proposal of an overarching framework that (similar in principle to our scoping eview) conceptualized three distinct but inter-related elements of the patient engagement in esearch process - engagement foundational principles (i.e., domains that original study authors ... considered foundational to patient engagement in research;" n = 15 elements), engagement

416 best practices (i.e., best practice activities to support engagement; n = 25 elements), and research 417 phases where engagement should occur (n = 3 elements) <sup>12</sup>.

*The meaning of the study* 

Our findings indicate that the conceptualization of patient engagement in health services research varies between existing models and frameworks. Although models and frameworks posit to break down a concept into its base components (which implies the existence of convergence among underlying elements), this finding is not surprising as patient engagement is an *approach* to research rather than a *method*. Contributing to the heterogeneity among identified elements is the diversity in the populations, contexts, and approaches used to develop the models and frameworks, which also emphasizes the importance of avoiding a "one size fits all" approach to engagement. Perhaps congruence between models and frameworks actually exists at the level of conceptual categories. These could be taken to represent the essential components of patient engagement in health services research. The elements that underlie them, as identified across the various models and frameworks, would then serve as considerations for researchers and patient co-researchers when planning and operationalizing patient engagement in health services research. For this to be better developed from the current literature, consensus is needed on the definitions of the underlying categories, followed by some re-shuffling of the elements across the conceptual categories in order to align with the agreed upon definitions.

7 435

436 Unanswered questions and future research.

437 In sum, our study found that there is little overlap between the elements that comprise existing438 models and frameworks of patient engagement in health services research. Readers seeking to

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apply our findings to their own engaged work should consider the "fit" of each element, by conceptual category and domain, within the context of their study. Future research that builds upon our work should consider addressing three major gaps. First, most existing models and frameworks identified perceived deficits within patient co-researchers, with a lot less consideration paid to deficits that exist within academic co-researchers. This may be in large part due to the fact the majority of the models were written from an academic researcher lens (as evidenced, for example, by the fact that only a third of the included models and frameworks stated that they involved patients in their development). Second, there is a lack of focus on the "soft skills" that underlie interpersonal interactions and relationships (e.g., body language, wording, tone), as well as intrapersonal-level elements of patient engagement in health services research (e.g., attitudes, values, expectations). Third, patient co-researchers are not just "patients" that can be lumped into a single homogenous category. They are people with different backgrounds, skills, and interests extending beyond their health conditions or needs. Thus, it is important to incorporate a trauma-informed and intersectional approach that acknowledges and promotes an understanding of human beings as shaped by the interactions of different social locations and experiences <sup>36</sup>. Relatedly, it is important for patient co-researchers and academic researchers to get to know each other as people, instead of making assumptions (including about a patient co-researcher's experience with healthcare services). Engagement is as much about relational interactions as it is research processes. Careful attention needs to be paid to both for academic-patient co-researcher relationships to thrive.

460 Funding statement: This work was supported by a grant from the University Collaborative461 Research Program (University of Manitoba), grant number 50664. The patient engagement

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462 activities were supported by the George and Fay Yee Centre for Health Innovation (CHI) Patient 463 and Public Engagement Award (CHI), grant number 49876. Dr. Chudyk's postdoctoral 464 fellowship is supported by the Canadian Institute of Health Research's Patient-Oriented 465 Research Awards - Transition to Leadership Stream award, grant number 170670. The research 466 team had full autonomy in all aspects of the study. 467 468 Competing interests statement: None declared.

470 Author Contributions: A.M.C and A.S. were responsible for all major areas of concept 471 development, study planning, and manuscript writing. In addition, A.M.C. was also responsible 472 for data collection and analysis. T.H., L.D., C.S., R.S., and S.H. were responsible for all major 473 areas of concept development and study planning, were consulted on the data analysis and its 474 interpretation, and provided manuscript edits. In addition, T.H. was responsible for data 475 collection. C.W. led concept development but passed away prior to the completion of the 476 manuscript.

478 Data sharing statement: Data are available upon reasonable request to the corresponding author

- 479 (https://orcid.org/0000-0001-8476-2093)
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481 **Ethics statements** 

482 Patient consent for publication: Not applicable.

483 Ethics approval: This paper synthesized publicly available articles and therefore did not require 484 ethical approval.

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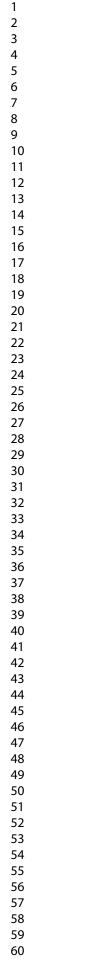
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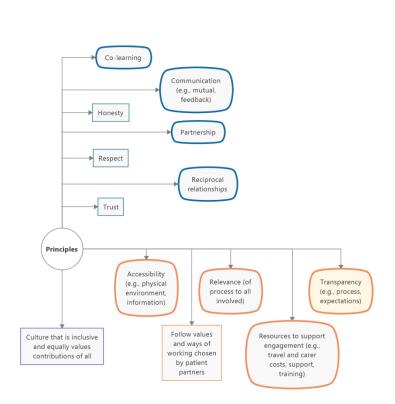
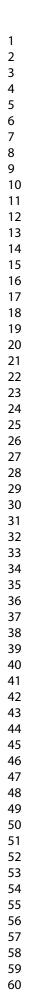


Figure 1. Concept map – principles of patient engagement in health services research Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements that overlap across conceptual categories; Blue: elements that reside in the interpersonal domain; Orange: elements that reside in the process domain; Purple: elements that reside in the environment domain.

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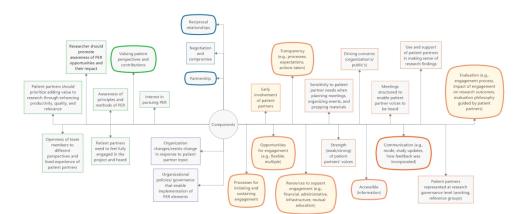
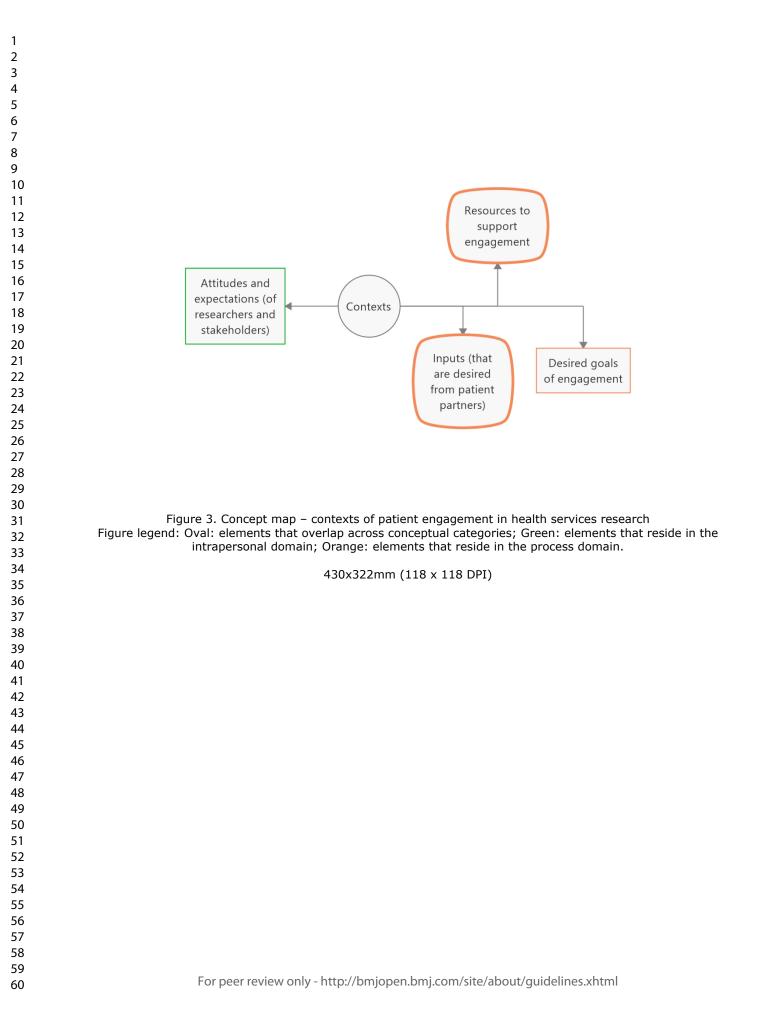
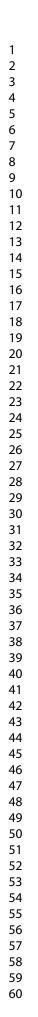


Figure 2. Concept map – foundational components of patient engagement in health services research Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements that overlap across conceptual categories; Green: elements that reside in the intrapersonal domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside in the process domain; Purple: elements that reside in the environment domain.

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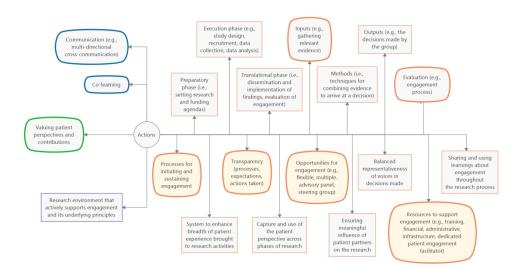
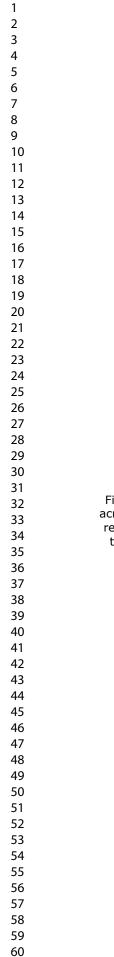


Figure 4. Concept map – actions of patient engagement in health services research Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements that overlap across conceptual categories; Green: elements that reside in the intrapersonal domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside in the process domain; Purple: elements that reside in the environment domain.

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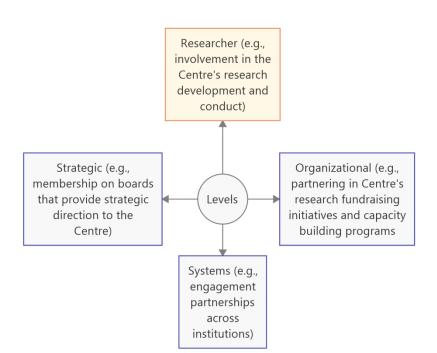
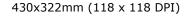
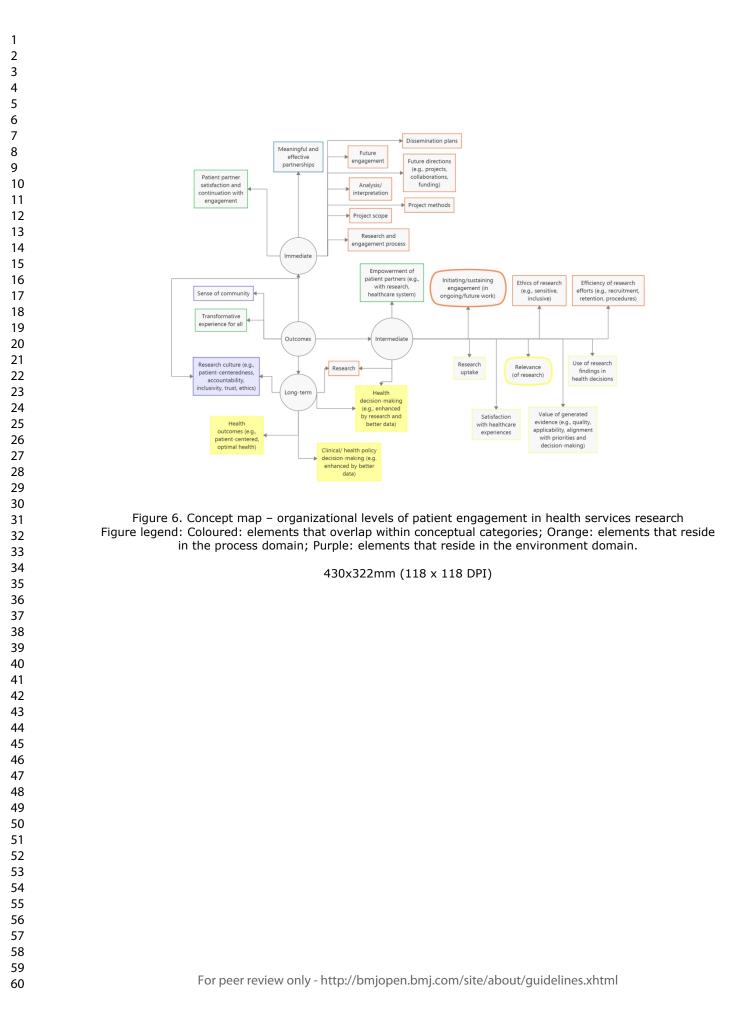


Figure 5. Concept map – outcomes of patient engagement in health services research Figure legend: Coloured: elements that overlap within conceptual categories; Oval: elements that overlap across conceptual categories; Green: elements that reside in the intrapersonal domain; Blue: elements that reside in the interpersonal domain; Orange: elements that reside in the process domain; Purple: elements that reside in the environment domain; Yellow: elements that reside in the health system and outcomes domain.





# Appendix 1 – Search strategy for MEDLINE (Ovid)

- 1. Patient Participation/
- 2. models, theoretical/ or patient-specific modeling/
- 3. (patient\* adj3 engag\*).mp.
- 4. (model or models or framework\*).mp.
- 5. research.mp.

("patient oriented research" or "patient and public involvement" or "patient involvement" 6. or "stakeholder engagement").mp.

- 1 or 3 or 6 7.
- 8. 2 or 4
- 5 nd 8 9. 5 and 7 and 8

# Appendix 2 - Standardized data extraction form

### Notes on using a data extraction form:

- Be consistent in the order and style you use to describe the information for each report.
- Record any missing information as unclear or not described, to make it clear that the information was not found in the study report(s), not that you forgot to extract it.
- Include any instructions and decision rules on the data collection form, or in an accompanying document. It is important to practice using the form and give training to any other authors using the form.

### Decision rules

• Only include models and framework that are explicitly labelled by study authors as such

### **General Information**

Date form completed (dd/mm/yyyy)	
Name of data extractor	

### Study authors (characteristics of)

	Descriptions as stated in report/paper or note otherwise	Location in text or source (pg & ¶/fig/table/other )
Author last names		
<b>Country</b> (of authors' institutional affiliations)		

Lens of authors		
(by individuals, cluster/ groups or body parts)		
Notes:		

### Publication (characteristics of)

	Descriptions as stated in report/paper or note	Location in text
	otherwise	or source (pg &
	6	¶/fig/table/other )
Study name	C.	
Publication year		
Journal		
Is study published?	Yes No	
Notes:		

### Model/framework (characteristics of)

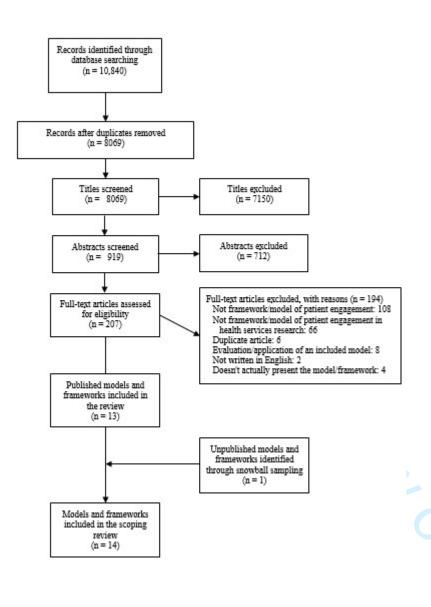
	Descriptions as stated in report/paper or note otherwise	Location in text or source (pg & ¶/fig/table/other )
Name of model/framework		
Purpose/aim of model/framework		

	Descriptions as stated in report/paper or note otherwise	Location in text or source (pg & ¶/fig/table/other )
Population developed in/for		
Methods used to develop m/f?		
Patients involved in m/f development (and if so how)?		
Targeted stage of research process		
Elements (description)	CC	
Proposed relations between elements		
Location on spectrum of engagement	210	
Strs/weaknesses of model/framework (stated in study)	2	
Notes:		

Model/framework (figure presented in text)

Model	A descriptive and d aspect of a phenom	eliberate simplification of a phenomenon or an enon
Framework	phenomena of inter	n for studying, explaining, and understanding est through the description and identification of underlying a phenomenon of interest
Patient engagement	-	ive collaboration of patients in research governated duct, and knowledge translation
Health services research	structures and proce affect access to hea	becial factors, financing systems, organizational esses, health technologies, and personal behaviour lth care, the quality and cost of health care, and, ilation's health and well-being. It includes resear
Inclusion/exclusion crite	with the goal of improfessionals and the and policy	proving the efficiency and effectiveness of health
Inclusion/exclusion crite	with the goal of improfessionals and the and policy	proving the efficiency and effectiveness of health
	with the goal of imp professionals and th and policy	proving the efficiency and effectiveness of health the health care system, through changes to practice <b>Exclusion</b>
<b>Inclusion</b> Published or unpublished	with the goal of imp professionals and th and policy	browing the efficiency and effectiveness of health         breve benchmark         breve benchmark

# Appendix 3 – PRISMA diagram



	Characteristics of the				
Article	Model/framework				
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified population)	
Daveson/ <sup>28</sup> / UK/ 2015	Not specified	An optimal involvement model that fulfills the needs of both users and researchers while acknowledging any potential diversity between these groups	Consultation workshop attended by patients and caregivers	Yes – patients activel involved in Cicely Saunders Institute palliative care researc	
Deverka/ <sup>25</sup> / USA/ 2012	Conceptual model for stakeholder engagement in CER	A conceptual model for involving stakeholders in the CER process	Literature search, followed by practical experience with an existing stakeholder engagement process/project, and review and revision by an expert panel (including patients)	Yes - patients engage with the Center for CANCERGEN projec	
Evans/ <sup>26</sup> / UK/ 2019	SUCCESS model	Not stated	Initially developed through a workshop, then reviewed and refined through meetings and email discussions.	Yes - people diagnose with, or caring for someone with, a chronic or long-term condition	
Evans/ <sup>23</sup> / UK and Wales/ 2020	PRIME Centre Wales	To enable and promote successful patient engagement across research activities within their research centre.	Informed by the research literature and the development of an engagement plan with the help of patients.	Yes – people with experience of using health services and caring for family members as well as people diagnosed with or caring for someone	

59

Article	Characteristics of the Model/framework				
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified – population)	
				with, a chronic or long- term condition	
Frank/ <sup>27</sup> / USA/ 2015	Conceptual model for PCOR	To provide the basis for subsequent evaluative frameworks, to guide evaluation of PCOR, and to serve as a foundation for measurement models, to allow testing of hypothesized relationships between elements in the model.	Literature search and worked with a patient advisory panel	Yes - members of the PCORI Patient Engagement Advisory Panel	
Gessell/ <sup>29</sup> / USA/ 2017	Not specified	To maximize stakeholder engagement within the context of a pragmatic trial	"Expanded" engagement standards that were previously proposed to PCORI standards	Not specified	
Gibson/ <sup>30</sup> / UK/ 2017	Not specified	To map and evaluate patient engagement interactions in health services research	Adapted the researchers' previously developed model through workshops held with various patient groups	Yes - the language used within the adapted model passed through iterative changes involving both the researchers and workshop participants	
Goeman/ <sup>33</sup> / Australia/ 2019	Model for successful inclusion of consumers and community	The successful inclusion of consumers in research	Co-design process involving expert working and reference groups	Yes - People living with dementia and their care partners ("consumers")	

Article	Characteristics of the Model/framework				
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified population)	
	representatives in research				
Holmes/ <sup>22</sup> / Canada/ 2018	BC SUPPORT Unit Framework	To conceptualize and organize patient engagement activities	Not specified	Not specified	
Pearson/ <sup>31</sup> / UK/ 2013	A provisional model for patient engagement in healthcare OR	A model for patient engagement in healthcare OR	Not specified	Not specified	
Ray/ <sup>34</sup> / USA/ 2017	Conceptual model for understanding impact of stakeholder engagement and differentiating stakeholder-engaged research from research on stakeholder engagement	A framework for planning, evaluating, and reporting both stakeholder-engaged research and research on stakeholder engagement	Initial framework developed based on synthesis of existing literature; refined through use in a patient engagement research project which examined families' experiences of access to pediatric subspecialty care	No	
Ruco/ <sup>35</sup> / Canada/ 2016	Sunnybrook Health Sciences Centre patient engagement in PBRI framework	To guide and capture the range and scope of patient engagement in PBRI at Sunnybrook Health Sciences Centre, Toronto	Developed based on CIHR's Supporting POR Visual Value Model for Patient Engagement and in alignment with Sunnybrook's PBRI Strategic plan	Not specified	
Shippee/ <sup>32</sup> /	Framework for PSUE	To develop a standardized, evidence-based	Systematic review/environmental scan/manual	Yes - patient advisory group consisting of	

2 3			Characteristics of	41.			
4 5	Article	Model/framework					
6 7 8							
9 10 11 12 13 14 15	First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified – population)		
16 17 18 19 20 21 22 23 24	USA/ 2013		framework for understanding, reporting, and assessing PSUE in biomedical and health services research	literature search that was synthesized into a two-part framework and supplemented with input from a patient advisory group	community member PSUEs		
25 26 27 28 29 30 31 32	Jose/ Unpublished/ 2020	CONNECT framework	To engage members of the autistic community in research	Developed as part of work on the CONNECT project, including 2 feedback questionnaires designed for the study	Yes – members of the autistic community		
33 34 35 36		_	ative effectiveness research in HR = Canadian Institutes of I	1	-		
37 38 39			and innovation; PCORI = pa				
40 41 42	POR =	patient-oriented re	esearch; PSUE = patient and s	service user engagement	; SUCCESS =		
43 44 45	service	users with chronic	c conditions encouraging sens	sible solutions.			
46 47 48							
49 50 51							
52 53 54 55							
56 57 58 59							
60		For peer rev	view only - http://bmjopen.bmj.co	om/site/about/guidelines.xh	tml		

Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	1
ABSTRACT			
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	4-7
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	7
METHODS			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	7-8
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	8
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	9
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	Appendix 1
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	9
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	9-10
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	Appendix 2
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	N/A



# St. Michael's

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	10
RESULTS			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	12, Appendix 3
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	12-13, Appendix 4
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	N/A
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	13-18
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	13-14
DISCUSSION			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	18-21
Limitations	20	Discuss the limitations of the scoping review process.	19
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	21-22
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review. MA-ScR = Preferred Reporting Items for Systematic reviews an	22-23

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

\* Where *sources of evidence* (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).
‡ The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the

process of data extraction in a scoping review as data charting. § The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

*From:* Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMAScR): Checklist and Explanation. Ann Intern Med. 2018;169:467–473. doi: 10.7326/M18-0850.



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### **GRIPP2-short form checklist**

Item

### Section and topic

### Line numbers

Report the aim of the study

# 2: Methods

Provide a clear description of the methods used for patient and public involvement (PPI) in the study

# 3: Results

Outcomes—Report the results of PPI in the study, including both positive and negative outcomes

# 4: Discussion

Outcomes—Comment on the extent to which PPI influenced the study overall. Describe positive and negative effects

### **5: Reflections**

Critical perspective—Comment critically on the study, reflecting on the things that went well and those that did not, so others can learn from this experience Our primary objective was to count and describe the 120-122 elements that overlap (i.e., present in 2 or more models or frameworks) and diverge between identified models and frameworks. We engaged two patient co-researchers (R.S. and 207-208, S.H.), at the level of involve (24), in the design and 213-214 conduct of this study... The primary methods of engagement were 1-on-1 and small group meetings, as guided by a terms of reference co-developed at the outset of the research partnership. They were involved in development and publication 208-210 of the scoping review protocol (19), provided feedback on the analyses (including element groupings), provided their perspectives on the interpretation of the study findings, and co-authored this manuscript. In helping shape these stages of the research cycle 210-212

and related outputs, a notable impact of engagement also included identifying gaps in the current literature relevant to patient partners.

Further, the engagement of patient coresearchers in our scoping review at the level of involve limited their opportunities to formally provide insights and expertise to pre-determined study milestones. Engagement at the level of collaborate or empower may have resulted in other insights through more direct contact with the study.

Adapted from: *BMJ 2017;358:j3453* 

# **BMJ Open**

### A scoping review of models and frameworks of patient engagement in health services research

Journal:	BMJ Open
Manuscript ID	bmjopen-2022-063507.R1
Article Type:	Original research
Date Submitted by the Author:	21-Jul-2022
Complete List of Authors:	Chudyk, Anna; University of Manitoba Faculty of Health Sciences Horrill, Tara; The University of British Columbia School of Nursing Waldman, Celeste; University of Manitoba Demczuk, Lisa; University of Manitoba Elizabeth Dafoe Library Shimmin, Carolyn; George and Fay Yee Centre for Healthcare Innovation Stoddard, Roger; Horizon Health Network Hickes, Serena; University of Manitoba Children's Hospital Research Institute of Manitoba Schultz, Annette; University of Manitoba College of Nursing
<b>Primary Subject Heading</b> :	Health services research
Secondary Subject Heading:	Research methods
Keywords:	STATISTICS & RESEARCH METHODS, HEALTH SERVICES ADMINISTRATION & MANAGEMENT, MEDICAL EDUCATION & TRAINING

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1	A scoping review of models and frameworks of patient engagement in health services
2	research
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4	Anna Maria Chudyk <sup>1</sup> , Tara Horrill <sup>2</sup> , Celeste Waldman <sup>†</sup> , Lisa Demczuk <sup>3</sup> , Carolyn Shimmin <sup>4</sup> ,
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# 29

# 30 Abstract

31 Objective: To count and describe the elements that overlap (i.e., present in 2 or more) and
32 diverge between models and frameworks of patient engagement in health services research. Our
33 specific research question was, "What are the elements that underlie models and frameworks of
34 patient engagement in health services research?"

35 **Design:** Scoping review.

36 Data sources: On July 6–7, 2021, we searched six electronic databases (CINAHL, Cochrane
37 Database of Systematic Reviews, Joanna Briggs Institute Evidence Based Practice Database,
38 MEDLINE, PsycINFO, and Scopus) and Google Scholar for published literature, and ProQuest
39 Dissertations & Theses, Conference Proceedings Citation Index, Google, and key agencies'
40 websites for unpublished (i.e., grey) literature, with no date restrictions. These searches were
41 supplemented by snowball sampling.

# 42 Eligibility criteria: We included published and unpublished literature that presented (a) models 43 or frameworks (b) of patient engagement (c) in health services research. We excluded articles 44 unavailable as full-text or not written in English.

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45	Data extraction and synthesis: Two independent reviewers extracted data from included
46	articles using an a-priori developed standardized form. Data were synthesized using both
47	quantitative (i.e., counts) and qualitative (i.e., mapping) analyses.
48	Results: We identified a total of 8069 articles and ultimately included 14 models and
49	frameworks in the review. These models and frameworks were comprised of 18 overlapping and
50	57 diverging elements, that were organized into six conceptual categories (i.e., principles,
51	foundational components, contexts, actions, levels, and outcomes) and spanned intrapersonal,
52	interpersonal, process, environmental, and health systems and outcomes domains.
53	Conclusions: There is little overlap between the elements that comprise existing models and
54	frameworks of patient engagement in health services research. Those seeking to apply these
55	models and frameworks should consider the "fit" of each element, by conceptual category and
56	domain, within the context of their study.
57	domain, within the context of their study.
58	Keywords
59	Patient and public involvement, stakeholder engagement, patient involvement, patient-oriented
60	research, consumer and community involvement

61	Strengths and limitations of this study
62	• The study's methodological strengths include use of a published protocol and the
63	analysis approach, which supported mapping model and framework elements to generate
64	a toolbox of options for researchers to use in their own patient-engaged research.
65	• Another strength is the involvement of an interdisciplinary research team comprised of
66	content experts, including patient co-researchers.
67	• A weakness of this study concerns the grey boundaries between health services research
68	and other forms of health research.
69	• Greater engagement of patient co-researchers would have likely resulted in other study
70	insights through more direct contact with the study.
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# 71 Introduction

Patient engagement in research involves the formation of meaningful and active collaborations between academic researchers and patients (i.e., an overarching term that refers to individuals with personal experience of a health issue and informal caregivers) in research governance, priority setting, conduct, and knowledge translation<sup>1</sup>. Globally, it is also commonly referred to as patient and public involvement, patient involvement, consumer and community involvement, and stakeholder engagement in research. This research approach necessitates a shift from the patient's traditional role as a study participant to that of a research collaborator or partner (i.e., patient co-researcher). This shift in roles and power dynamics reflects the approach's roots in participatory research<sup>2</sup> and is founded on the premises that those affected by a problem should be actively involved in the generation of solutions to it<sup>3</sup>, and individuals' critical reflections on first-hand experiences are essential to effecting individual and social change <sup>4</sup>. A growing body of evidence supports the benefits of patient engagement in research, including improved enrollment and decreased attrition rates <sup>5</sup>, increased relevance of research and accessibility of study materials to study participants <sup>6</sup>, improved trial design <sup>7</sup>, and increased meaningfulness and understandability of disseminated findings <sup>56</sup>. However, despite its underlying rationale and documented benefits, academic researchers report hesitance in adopting this research approach <sup>8</sup> 9. 

Some of the reported challenges of patient engagement in research include uncertainty about the
process (i.e., "how-to" engage patients in research) and the need for a culture shift that supports
these collaborations <sup>8 9</sup>. As there is no standard process for engaging patients in research, this
first challenge is not surprising <sup>5 6 10</sup>. That is, how patient engagement is operationalized may

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vary according to the characteristics of a given project (e.g., design, scope, time, and financial resources) and patient and academic co-researchers (e.g., personal and professional backgrounds, interests, skills). Further, the underlying cultural shift needed to support patient engagement in research necessitates the redistribution of power and restructuring of traditional research paradigms to support shared planning and decision-making throughout a study <sup>10</sup>. This requires a mutual understanding and vision for what these research collaborations entail. An exploration of the models and frameworks that underlie patient engagement in research may help clarify the processes and support the culture shift necessary for this approach by shedding light on the universal elements that underlie it. Three previous reviews have broadly synthesized the literature on models, frameworks and/or other systematic approaches to the engagement of patients (and in the case of Jull et al. - other knowledge users) in research <sup>11-13</sup>. Of these, only one described the elements that comprised identified frameworks and guidelines describing best practices for engaging patients in research<sup>12</sup>. Perhaps more importantly, none of these reviews focused on health services research, which entails considerations unique to health research. Specifically, health services research focuses on the impact of social factors, financing systems, organizational structures and processes, health technologies, and personal behaviours on health care access, quality and cost, and population health and well-being <sup>14</sup>. This differs substantially from general health research, where the goal of engagement is often to improve clinical outcomes, the effectiveness of a particular intervention, or uptake of research among patients with a specific condition. Engaging patients in health services research may require added considerations related to partnering with a more diverse group of patients with lived experience of different conditions, groups,

interventions, and/or interactions with the health care system. Therefore, we set out to contribute to the existing literature on patient engagement in research by conducting a knowledge synthesis of models and frameworks of patient engagement in health services research. Specifically, we undertook a scoping review, which is "a type of knowledge synthesis that addresses an exploratory research question aimed at mapping key concepts, types of evidence, and gaps in research related to a defined area or field by systematically searching, selecting, and synthesizing existing knowledge"<sup>15</sup>.

**Objectives** 

The research question driving our review was, "What are the elements that underlie models and frameworks of patient engagement in health services research?" Our primary objective was to count and describe the elements that overlap (i.e., present in 2 or more models or frameworks) and diverge between identified models and frameworks. This objective intended to support a clearer understanding of similarities in thinking about patient engagement rather than to judge the relevance of elements or prescribe a "one size fits all" approach. Thus, rather than synthesizing the identified elements, we chose to map them according to the categories developed by the original authors and the themes that arose among them, with the vision of presenting a "toolbox" of potential approaches that researchers may choose from for their given research endeavor. Finally, the exploratory nature of our research question and our desire to identify and map key concepts that underlie patient engagement in research led us to adopt a scoping review methodology <sup>16</sup>. **Methods** 

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Our scoping review's design and conduct followed the methodological framework proposed by Arksey and O'Malley <sup>17</sup> and enhanced by Levac et al. <sup>18</sup>. The protocol for this scoping review, including definitions of underlying key concepts, is published elsewhere <sup>19</sup>. Reporting was guided by the Preferred Reporting Items for Systematic Reviews and Meta-Analysis: Extension for Scoping Review (PRISMA-ScR) <sup>20</sup> and the revised Guidance for Reporting Involvement of Patients and the Public (GRIPP2) short form <sup>21</sup> checklists. Research ethics approval was not required as this study did not involve participants.

148 Eligibility criteria

We included published and unpublished (i.e., grey) literature that presented (i) models or frameworks (ii) of patient engagement (iii) in health services research. Both original and adapted models and frameworks were eligible as long as they were developed in or for health services research. Since patient engagement also encompasses participation in research governance<sup>1</sup>, we included models and frameworks that conceptualized how patient engagement in research was embedded across the different levels of health services research centers. We excluded articles unavailable as full-text due to the limited descriptive information they provide (e.g., context, description of development, underlying elements) and not written in English due to feasibility-related considerations.

159 Information sources

160 The lead author (A.M.C.) searched six electronic databases (CINAHL, Cochrane Database of
161 Systematic Reviews, Joanna Briggs Institute Evidence Based Practice Database, MEDLINE,
162 PsycINFO, and Scopus) and Google Scholar for published literature. Electronic databases

(ProQuest Dissertations & Theses and Conference Proceedings Citation Index), Google, and the websites of key agencies (Canadian Institutes of Health Research, INVOLVE, Patient-Centered Outcomes Research Institute) were searched for unpublished literature. These searches were supplemented by snowball sampling, which entailed backwards and forwards reference searches of included articles and contacting experts in patient engagement in research for recommendations about any potentially relevant models or frameworks. Searches The search strategy was co-developed by an academic librarian (L.D.) and the lead author (A.M.C.) and finalized through discussion with the rest of the research team. The search strategy used a combination of search terms related to our underlying concepts (i.e., "models," "frameworks," "patient engagement," and "health services research"), was adapted to the syntax used by each database, register, and website, and used Boolean terms. The search strategies for all databases, registers, and websites are found in Appendix 1. There were no restrictions on publication dates. Searches of the published and unpublished literature were conducted on July 6, 2021 and July 7, 2021, respectively, while backward and forwards searches ended on January 13, 2022. Selection Search results for the six electronic databases and Google Scholar were imported into a reference

183 management software (Endnote), and duplicate references were removed. Only the first 10 pages

of Google Scholar results (n = 100 citations) were imported as advised by an academic librarian

185 (L.D.). One reviewer (A.M.C.) conducted the level 1 (title) screening. The remaining relevant

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references were then imported into an online systematic review production and management
software (Covidence; Veritas Health Innovation, Melbourne Australia), where two reviewers
(A.M.C. and T.H.) independently conducted the level 2 (abstract) and level 3 (full-text)
screening. Potentially relevant literature identified through websites and snowball sampling was
screened for inclusion by both reviewers (A.M.C. and T.H.). A third reviewer (A.S.) helped
resolve discrepancies at the close of level 2 and 3 screening, which predominantly dealt with
whether identified literature focused on health services research.

194 Data charting process

A standardized data charting (i.e., extraction) form was developed a priori in Microsoft Word by the study team (Appendix 2). Items were chosen that described the eligible models and frameworks, as well as provided context, including how and by who the models were developed. Two reviewers (A.M.C. and T.H.) independently extracted information from the final set of included articles using the form. They met with the senior author (A.S) to compare their data after extracting from an initial set of five and ten articles and upon completion of data extraction. Any inconsistencies were resolved through discussion and ultimately referring back to the original article. Further, in two instances <sup>22</sup> <sup>23</sup>, the lead author (A.M.C.) contacted the corresponding authors of included frameworks to obtain clarifying information. Consistent with methodological guidelines for scoping reviews, we did not appraise the methodological quality of included articles <sup>15 16</sup>.

207 Synthesis of results

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> 208 Data were compiled into a single Microsoft Excel (2019) spreadsheet for synthesis, which 209 included both quantitative (i.e., counts) and qualitative (i.e., mapping) analyses. In conducting 210 the analyses, the lead author (A.M.C) first immersed herself in the included models and 211 frameworks by thoroughly (and repeatedly) reading the associated literature and reviewing 212 graphical representations (when available) along with element definitions. With increased 213 familiarity, the lead author was able to combine and reframe (where appropriate) similar 214 elements found in the original publications. For example, 'improved quality health decisions' 215 and 'improved patient decision making' were combined into the element 'health decision-216 making' based on similarities in the element names and descriptions provided by the original 217 study authors. The revised elements were used to obtain counts of overlapping and diverging 218 elements. During this process, it became evident that the elements were organized into similar 219 over-arching conceptual categories by the original authors, and that they could also be located 220 within multiple domains (Table 1). These categories and domains were identified inductively 221 during the synthesis exercise. As such, in our analysis, we mapped each element according to 222 conceptual category and domain. The validity (i.e., content and face) of the final set of elements 223 was established through discussion with this study's authors. Visual representations of the data 224 (i.e., concept maps) were created using Mind Manager 2020 software, version 20.1 (Corel Corp., 225 Austin, T.X.). To support applicability, some elements within the concept maps contain 226 clarifying examples in brackets. 227 Table 1. Explanation of over-arching conceptual categories and domains

**Over-arching conceptual** 

category

Principles

Values that orient and rule the conduct of a group.

**Explanation** 

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1 2				
2 3 4		Foundational components	Core elements that comprise patient engagement.	
5 6 7		Contexts	Resources or decisions that are external to but inform the	
7 8 9			engagement process.	
) 10 11		Actions	Activities (e.g., behaviors, phases, advisory bodies) involved in	
12 13			the actual conduct of the engagement and associated research.	
14 15		Outcomes	Results of engagement and its associated research.	
16 17 18		Organizational levels	Different organizational levels at which engagement may occur	
19 20			in a research organization.	
21 22		Domain	Elements pertain to	
23 24 25		Intrapersonal	Individual-level knowledge, perceptions, attitudes, and beliefs.	
25 26 27		Interpersonal	Relationships with other people.	
28 29		Process	Carrying out the engagement or broader research.	
30 31 32		Environmental	Research or organizational policies, cultures, perceptions.	
32 33 34		Health systems and	Health systems and health outcomes.	
35 36		Outcomes	2	
37 38	228		O,	
39 40 41	229	Patient and public involveme	nt	
42 43	230	We engaged two patient co-researchers (R.S. and S.H.), at the level of 'involve' <sup>24</sup> , in the design		
44 45	231	and conduct of this study. The patient co-researchers and lead author (A.M.C.) arrived at this		
46 47	232	mutual decision at the study's outset, during the development of a terms of reference that guided		
<ul> <li>48</li> <li>49 233 the study's engagement process. By 'involve' we mean that the lead author y</li> </ul>			ss. By 'involve' we mean that the lead author worked consistently	
51 52	234	with patient co-researchers to ensure that their ideas and perspectives were understood and		
53 54	235	considered at study milestone	s. Specifically, patient co-researchers contributed to developing and	
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236	publishing the scoping review protocol <sup>19</sup> , provided feedback on the analyses (including element
237	groupings), provided their perspectives on the interpretation of the study findings, and co-
238	authored this manuscript. In helping shape these stages of the research cycle and related outputs,
239	a notable impact of engagement also included identifying gaps in the current literature relevant to
240	patient partners. The primary methods of engagement were 1-on-1 and small group meetings, as
241	guided by a terms of reference co-developed at the outset of the research partnership. The patient
242	co-researchers will continue to be involved in further knowledge translation activities, like
243	synthesizing the findings for our research group's website
244	(www.patientengagementinresearch.ca), co-presenting about the engagement process and study
245	findings, and identifying other appropriate methods of dissemination.
246	
247	Results
248	Flow of models and frameworks into the study
249	Appendix 3 displays the flow of eligible articles into the review (PRISMA flow chart). Of the
250	10,840 initially identified citations, 2771 duplicates were excluded. After applying inclusion
251	criteria, 7150 articles were excluded at the title screen, 712 at the abstract screen, and 194 at the
252	full-text screen, leaving 13 models and frameworks. One unpublished framework was then
253	identified through snowball sampling, resulting in a total of 14 models and frameworks included
254	in the review.
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256	Characteristics of included articles and models/frameworks
257	Select descriptive characteristics of the included models and frameworks and the articles they
258	were published in (where applicable) are presented in Appendix 4. Included articles were
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259	published between 2012 - 2020 (n = 10 were published in or after 2015) and based in the United
260	States ( $n = 5$ ), United Kingdom ( $n = 4$ ), Canada ( $n = 2$ ), Australia ( $n = 1$ ) and United Kingdom
261	and Wales $(n = 1)$ . The included unpublished framework was developed in Canada as part of the
262	CONNECT project (Caroline Jose, Patricia George-Zwicker, Louise Tardif, Aaron Bouma,
263	Darlene Pugsley, Luke Pugsley, Mathieu Bélanger, Jeffrey Gaudet, Marc Robichaud,
264	CONNECT framework). Models and frameworks were developed in a variety of contexts
265	including organizations (i.e., Patient-Centered Outcomes Research Institute, British Columbia
266	Support Unit, Sunnybrook Hospital, PRIME Centre Wales), medical specialties (i.e., pediatric
267	subspecialty care, palliative care), research disciplines (i.e., healthcare operations research),
268	diseases (i.e., chronic or long-term conditions; cancer; dementia; stroke), and other health
269	conditions (e.g., autistic adults, persons with lived experience of long-term physical and/or
270	mental health illness, parents of children with disabilities). They were developed for general use
271	as well in specific health services research contexts like healthcare operational research, practice-
272	based research and innovation, pragmatic trials, patient-centered outcomes research, and
273	comparative effectiveness research. None targeted a specific component of the research process,
274	and patients were involved in the development of slightly over half $(n = 8)$ of the included
275	models/frameworks. Eight of the models/frameworks took into account the public participation
276	spectrum <sup>24</sup> either explicitly or by including considerations related to control of decision-making
277	and/or directionality of information exchange.
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# 279 Overview of the elements of included models and frameworks

A total of 112 elements of patient engagement were identified across the 14 included models andframeworks. Combining and reframing similar elements reduced the total number to 75. Among

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282	these, 18 elements overlapped across the included models and frameworks and 57 diverged (i.e.,
283	were unique to individual models and frameworks). We present the elements by conceptual
284	category and identify the domains they are situated in below. In considering these results, it
285	should be noted that we placed select elements from the models by Deverka et al. <sup>25</sup> (i.e., inputs,
286	methods, outputs) and Evans et al. <sup>26</sup> (i.e., opportunities for engagement, research environment
287	that actively supports engagement and its underlying principles, resources to support
288	engagement, and system to enhance the breadth of patient and carer experience brought to
289	research activities) in the "actions" conceptual category despite that not being what the original
290	authors labeled them. This is due to the fact that although these elements were uncategorized by
291	Deverka et al. <sup>25</sup> , they closely aligned with the actions category, and Evans et al.'s definition of
292	the conceptual category that encompassed these elements closely aligned with other authors'
293	conceptualization of "actions."
294	
295	Principles

### **Principles**

Principles represent the values that orient and rule the conduct of a group. They form the ethical backdrop of engagement <sup>27</sup> and underpin effective collaborative involvement in research <sup>26</sup>. For example, communication, which included mutual communication and feedback, was identified as a core principle of patient engagement by Evans et al. <sup>26</sup>. Figure 1 displays the 13 elements in this conceptual category, as reported by two articles <sup>26 27</sup>. These elements were situated in interpersonal (n = 7), process (n = 5), and environmental (n = 1) domains.

Foundational components Page 17 of 50

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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	304	Foundational components represent the core elements that comprise patient engagement in health
	305	services research (Figure 2). According to the eight models and frameworks <sup>27-33</sup> represented
	306	here, the 26 underlying elements were primarily situated in the process domain ( $n = 14$
	307	elements), with the remainder situated in intrapersonal $(n = 7)$ , interpersonal $(n = 3)$ , and
	308	environmental $(n = 2)$ domains.
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	310	Contexts
	311	This conceptual category identifies elements that relate to resources or decisions that are external
21 22	312	to but inform the engagement process <sup>34</sup> . Figure 3 presents the four elements in this category, as
23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38	313	contributed by one article <sup>34</sup> . Three of the underlying elements resided in the process, and one in
	314	the intrapersonal domains.
	315	
	316	Actions
	317	The elements within this category pertain to the activities (e.g., behaviors, phases, advisory
	318	bodies) involved in the actual engagement of patients in health services research. Figure 4
	319	presents the elements that comprised this category, as reported by six articles <sup>22 25-27 32 34</sup> . These
39 40 41	320	elements were primarily $(n = 18)$ situated in the process domain, with one element in each of
41 42 43	321	intrapersonal and environmental domains, and two elements in the interpersonal domain. As
44 45	322	displayed in the top half of elements in the process domain (Figure 4), some of the elements
46 47 48	323	located here were conceptualized in terms of phases of research (i.e., preparatory, execution,
40 49 50	324	translational phases and inputs, methods, outputs).
50 51 52	325	
53 54	326	Outcomes
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60		For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml

27	Figure 5 presents the elements that comprise the outcomes of patient engagement in health
28	services research, based upon three articles <sup>25</sup> <sup>27</sup> <sup>34</sup> and the unpublished CONNECT framework.
29	As reflected in the figure, all but the CONNECT framework further organized the elements by
30	time frame (i.e., immediate/near-term, intermediate, and long-term), with three elements (i.e.,
31	health decision-making, research culture, and research outcomes) belonging to two time frames.
32	Overall, this category's elements were primarily situated in the process $(n = 11)$ and health
33	systems and outcomes $(n = 8)$ domains. A further three elements were situated in the
34	intrapersonal, one in the interpersonal, and two in the environmental domains.
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36	Organizational levels
37	Two articles presented frameworks whose elements captured the organizational levels at which
38	patient engagement in health services research occurred within research centres <sup>23 35</sup> . As
39	displayed in Figure 6, these elements were located in environmental $(n = 3)$ and process $(n = 1)$
40	domains.
41	
42	Discussion
43	Principal findings
44	Our scoping review identified 14 models and frameworks of patient engagement in health
45	services research, which were comprised of 18 overlapping and 57 diverging elements ( $n_{total}$
46	elements = 75). This work represents a novel contribution as, to our knowledge, it is the first to
47	synthesize the literature on models and frameworks of patient engagement in health services
48	research. Our approach to data synthesis is also unique in that we attempt to maximize the
49	intuitiveness and applicability of our findings by presenting elements by overarching conceptual
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categories (i.e., principles, foundational components, contexts, actions, levels, and outcomes) and corresponding domains (i.e., intrapersonal, interpersonal, process, environmental, and health systems and outcomes). We anticipate this approach will facilitate the ready application of our findings to readers' own research programs by serving as a "toolbox" of elements to consider according to the multi-level facets of a research team and study. To illustrate, research partners could begin to meet at a study's outset to co-develop terms of reference that guide the relational and activity related aspects of the study's engagement process. In doing so, they could reflect upon whether/how elements within the domains of each conceptual category resonate with their study's engagement process (as influenced by factors such as the study design, available resources, research partner strengths and interests, etc.) These conversations could be guided by prompts such as "do we want to embody or incorporate this element within our study (why/why not)?", "what does the embodiment or incorporation of this element look and feel like to us?", and "how will we know when we have or have not embodied or incorporated this element within our study?" In doing so, the "toolbox" of elements found within our review is transformed into a co-developed "roadmap" to help guide a study's engagement process.

- , 8 365
  - 366 Strengths and weaknesses of the study

367 Strengths of this study include its scoping review design, which enabled us to gain a broad 368 perspective of the literature on models and frameworks of patient engagement in health services 369 research. Other strengths include (i) a published protocol, (ii) the use of an established 370 methodological framework to guide its design and conduct, (iii) the involvement of an 371 interdisciplinary research team that included patient co-researchers with lived experience of 372 engaging in health services research and other researchers with content expertise in health

services research and participatory approaches (including patient engagement in research), and (iv) and the co-design of the search strategy with an academic librarian (LD) and the rest of the research team. A weakness of this study concerns the grey boundaries between health services research and other forms of health research, which may have resulted in the inclusion or exclusion of models or frameworks that others could argue do/do not belong in this review. We attempted to minimize this possibility through a screening process that utilized two reviewers (with a third to resolve discrepancies), an a priori agreed upon definition of health services research, and reaching out to study authors for clarification when necessary. Further, the engagement of patient co-researchers in our scoping review at the level of involve limited their opportunities to formally provide insights and expertise to pre-determined study milestones. Engagement at the level of collaborate or empower may have resulted in other insights through 04.0 more direct contact with the study.

#### Comparison with other studies

Previous reviews of models, frameworks, and/or other systematic approaches to the engagement of patients and other knowledge users in research had a broader scope <sup>11-13</sup> (albeit only one involved a comprehensive search of multiple databases <sup>11</sup>) and different levels of analyses. Specifically, rather than report underlying elements, Greenhalgh et al. developed a taxonomy for the classification of identified systematic approaches (i.e., tools, frameworks, benchmarks, guidelines, and critical appraisal checklists) based on their primary focus and intended purpose (i.e., power-focused, priority-setting, study-focused, report-focused, partnership-focused)<sup>11</sup>. Innovatively, they piloted co-design workshops that aimed to improve the aesthetic appeal and usability of "best in-class" resources identified through the review. Similar to our questioning of

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396	the appropriateness of a "one-size fits all" framework, preliminary findings from their co-design
397	workshops indicated that although stakeholders were presented with a common set of resources,
398	they generated widely differing frameworks suited to meet their different needs and purposes.
399	The review by Jull et al. reported 15 high-level concepts for knowledge user engagement in
400	research that they identified through a directed content analysis of underlying elements <sup>13</sup> .
401	Although they organized these concepts across four general research phases (i.e., prepare, plan,
402	conduct, apply), they concluded that variation in the reported concepts between frameworks
403	indicated that research teams should consider the concepts as fluid rather than strictly required.
404	Lastly, the findings of Harrison et al.'s narrative review of frameworks and guidelines
405	culminated in the proposal of an overarching framework that (similar in principle to our scoping
406	review) conceptualized three distinct but inter-related elements of the patient engagement in
407	research process - engagement foundational principles (i.e., domains that original study authors
408	" considered foundational to patient engagement in research;" n = 15 elements), engagement
409	best practices (i.e., best practice activities to support engagement; $n = 25$ elements), and research
410	phases where engagement should occur (n = 3 elements) $^{12}$ . Taken together, existing reviews
411	demonstrate diversity in how patient engagement in research has been conceptualized through
412	models, frameworks, and other systematic approaches and the approaches used to synthesize
413	their findings.
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*The meaning of the study* 

416 Our findings indicate that the conceptualization of patient engagement in health services research
417 varies between existing models and frameworks. Although models and frameworks posit to
418 break down a concept into its base components (which implies the existence of convergence)

among underlying elements), this finding is not surprising as patient engagement is an *approach* to research rather than a *method*. Contributing to the heterogeneity among identified elements is the diversity in the populations, contexts, and approaches used to develop the models and frameworks, which also emphasizes the importance of avoiding a "one size fits all" approach to engagement. Perhaps congruence between models and frameworks actually exists at the level of conceptual categories. These could be taken to represent the essential components of patient engagement in health services research. The elements that underlie them, as identified across the various models and frameworks, would then serve as considerations for researchers and patient co-researchers when planning and operationalizing patient engagement in health services research. For this to be better developed from the current literature, consensus is needed on the definitions of the underlying categories, followed by some re-shuffling of the elements across the conceptual categories in order to align with the agreed upon definitions. 4.10

#### Unanswered questions and future research

In sum, our study found that there is little overlap between the elements that comprise existing models and frameworks of patient engagement in health services research. Readers seeking to apply our findings to their own engaged work should consider the "fit" of each element, by conceptual category and domain, within the context of their study. Future research that builds upon our work should consider addressing three major gaps. First, most existing models and frameworks identified factors that needed improvement for patient co-researchers to be better research partners, with a lot less consideration paid to factors that needed improvement for academic co-researchers to be better research partners. This may be in large part due to the fact the majority of the models were written from an academic researcher lens (as evidenced, for

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example, by the fact that only a third of the included models and frameworks stated that they involved patients in their development). Second, there is a lack of focus on the intrapersonal domain of engagement, including the "soft skills" that underlie interpersonal interactions and relationships (e.g., body language, wording, tone), and the environmental domain of engagement which shapes the context in which engagement is set. Third, patient co-researchers are not just "patients" that can be lumped into a single homogenous category. They are people with different backgrounds, skills, and interests extending beyond their health conditions or needs. Thus, it is important to incorporate a trauma-informed and intersectional approach that acknowledges and promotes an understanding of human beings as shaped by the interactions of different social locations and experiences <sup>36</sup>. Relatedly, it is important for patient co-researchers and academic researchers to get to know each other as people, instead of making assumptions (including about a patient co-researcher's experience with healthcare services). Engagement is as much about relational interactions as it is research processes. Careful attention needs to be paid to both for academic-patient co-researcher relationships to thrive. **Funding:** This work was supported by a grant from the University Collaborative Research Program (University of Manitoba), grant number 50664. The patient engagement activities were supported by the George and Fay Yee Centre for Health Innovation (CHI) Patient and Public Engagement Award (CHI), grant number 49876. Dr. Chudyk's postdoctoral fellowship is supported by the Canadian Institute of Health Research's Patient-Oriented Research Awards -

1 2			
3 4	464	Transition to Leadership Stream award, grant number 170670. The research team had full	
5 6	465	autonomy in all aspects of the study.	
7 8 9	466		
) 10 11	467	Competing interests: None declared.	
12 13	468		
14 15 16	469	Contributors: A.M.C and A.S. were responsible for all major areas of concept development,	
10 17 18	470	study planning, and manuscript writing. In addition, A.M.C. was also responsible for data	
19 20	471	collection and analysis. T.H., L.D., C.S., R.S., and S.H. were responsible for all major areas of	f
21 22	472	concept development and study planning, were consulted on the data analysis and its	
23 24 25	473	interpretation, and provided manuscript edits. In addition, T.H. was responsible for data	
26 27	474	collection. C.W. led concept development but passed away prior to the completion of the	
28 29	475	manuscript.	
30 31 22	476		
32 33 34	477	Acknowledgments: We offer our sincerest thanks to Mr. Patrick Faucher for designing our	
35 36	478	figures, and to the Manitoba SPOR Support Unit (George & Fay Yee Centre for Healthcare	
37 38	479	Innovation) for Mr. Faucher's services.	
39 40 41	480		
42 43	481	Data availability statement: Data are available upon reasonable request to the corresponding	
44 45	482	author.	
46 47 48	483		
49 50	484	Ethics statements	
51 52	485	Patient consent for publication: Not applicable.	
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486 Ethics approval: This paper synthesized publicly available articles and therefore did not require487 ethical approval.

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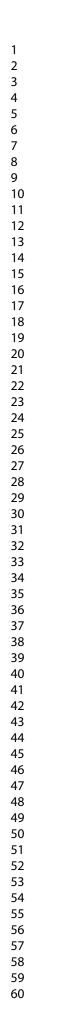
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42 43	614	Figure 1. Concept map – principles of patient engagement in health services research
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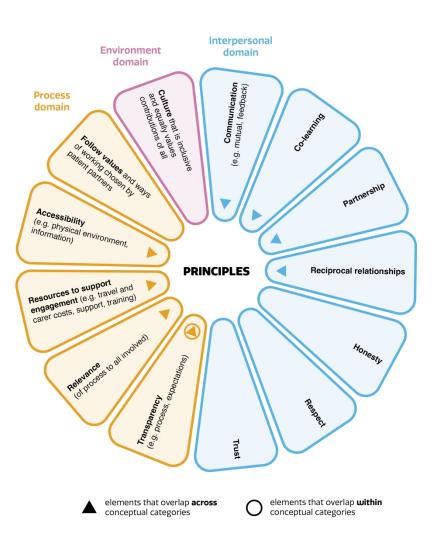


Figure 1. Concept map – principles of patient engagement in health services research

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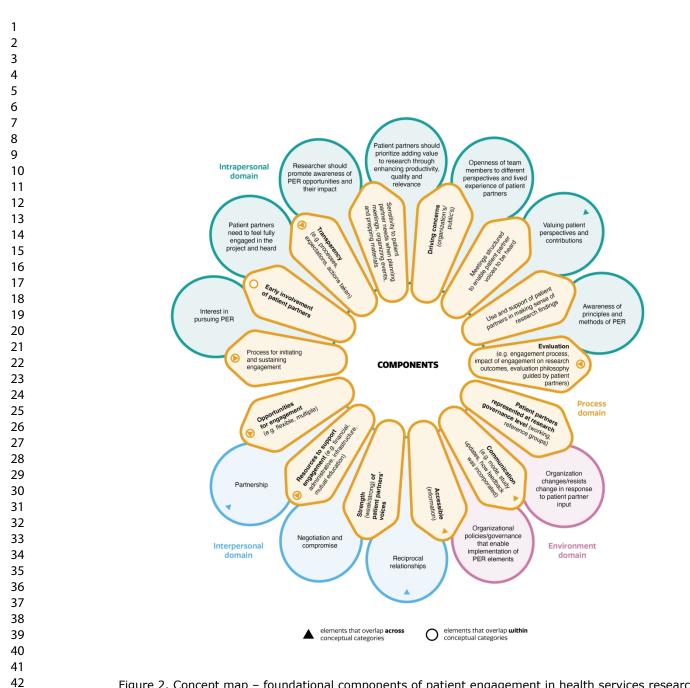
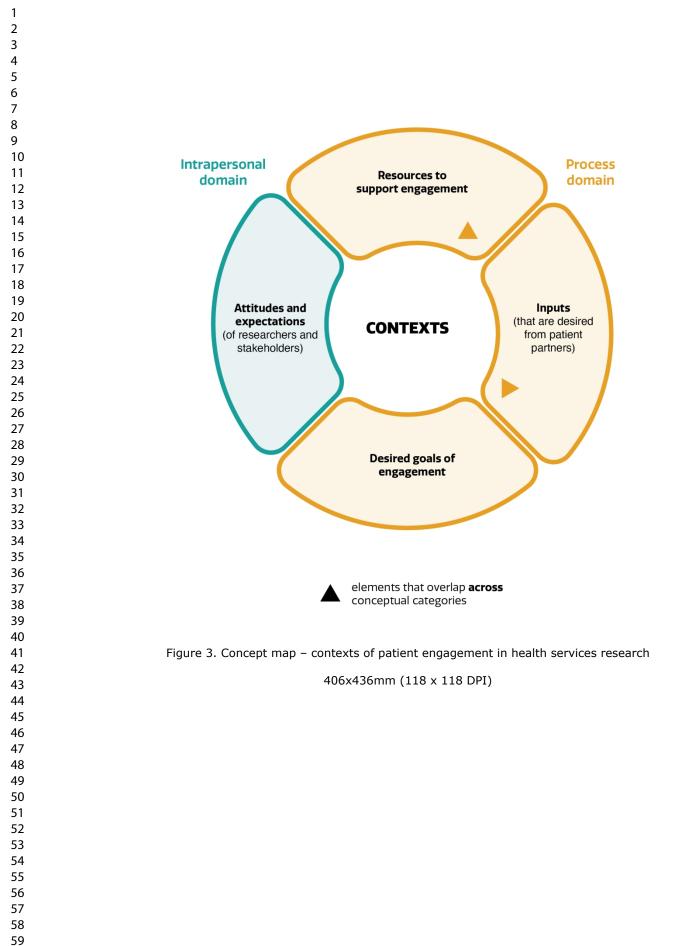
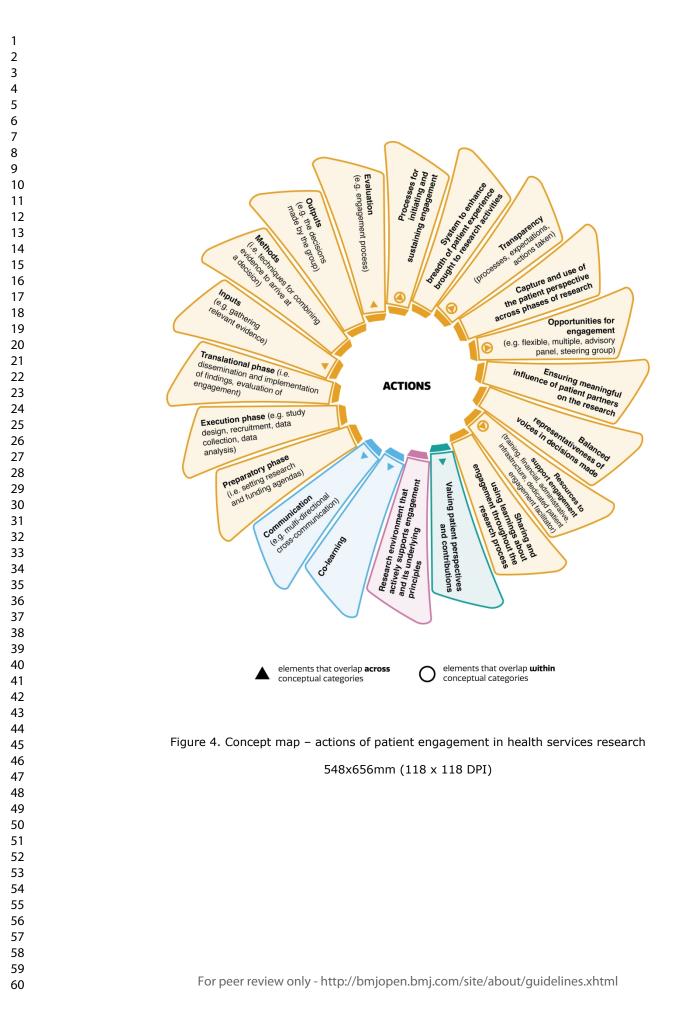


Figure 2. Concept map - foundational components of patient engagement in health services research

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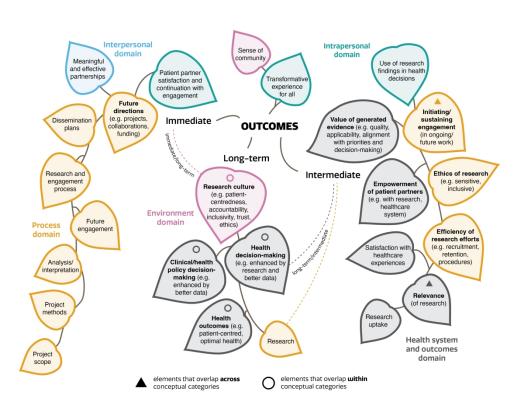
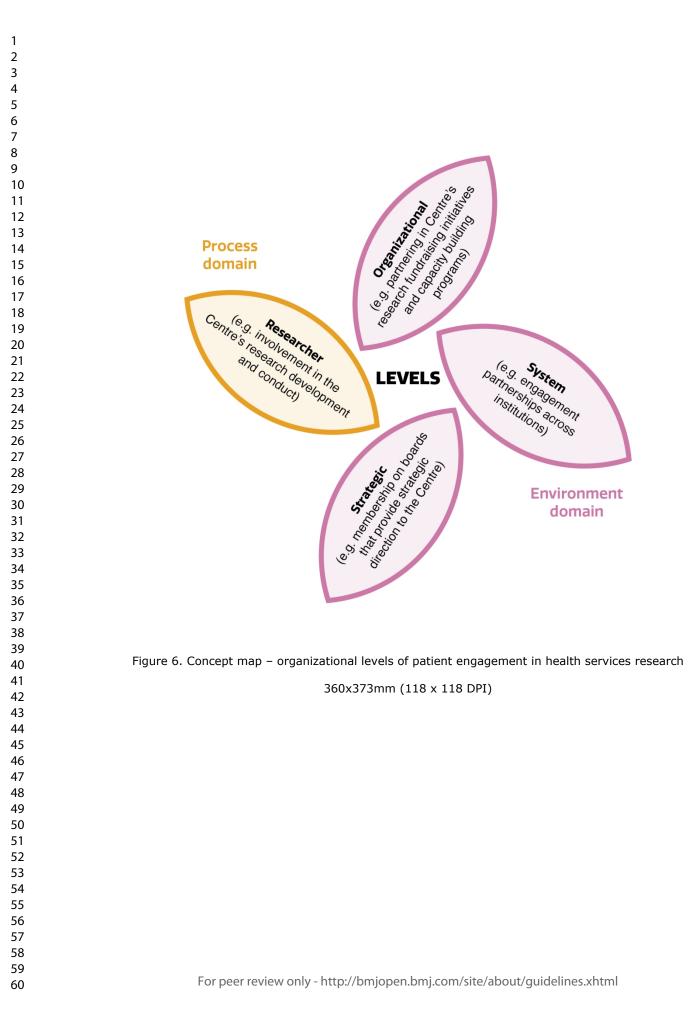


Figure 5. Concept map – outcomes of patient engagement in health services research

710x549mm (118 x 118 DPI)



# Appendix 1 –Search strategies for all databases, registers, and websites

# CINAHL

- 1. (patient\* n3 engag\*) OR "patient oriented research"
- 2. model OR models OR framework\* OR (MH "Conceptual Framework") OR (MH "Models, Theoretical")
- 3. research
- 4. "patient and public involvement" OR "patient involvement" or "stakeholder engagement"
- 5. S1 OR S4
- 6. S2 AND S3 AND S5

# Cochrane Database of Systematic Reviews

"patient engagement" OR "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement" in Title Abstract Keyword

# Joanna Briggs Institute Evidence Based Practice Database

("patient engagement" OR "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement").mp.

# MEDLINE (Ovid)

- 1. Patient Participation/
- 2. models, theoretical/ or patient-specific modeling/
- 3. (patient\* adj3 engag\*).mp.
- 4. (model or models or framework\*).mp.
- 5. research.mp.
- 6. ("patient oriented research" or "patient and public involvement" or "patient involvement" or "stakeholder engagement").mp.
- 7. 1 or 3 or 6
- 8. 2 or 4
- 9. 5 and 7 and 8

# Scopus

((TITLE-ABS-KEY (patient\* W/3 engag\*)) OR (TITLE-ABS-KEY ("patient oriented research")) OR (TITLE-ABS-KEY ("patient and public involvement")) OR (TITLE-ABS-KEY ("patient involvement")) OR (TITLE-ABS-KEY ("stakeholder engagement"))) AND (TITLE-ABS-KEY (model or models or framework\*)) AND (TITLE-ABS-KEY (research))

# PsycINFO

- 1. Client Participation/
- 2. Models/
- 3. (patient\* adj3 engag\*).mp.
- 4. (model OR models OR framework\*).mp.
- 5. research.mp.
- 6. ("patient oriented research" OR "patient and public involvement" OR "patient involvement" or "stakeholder engagement").mp.
- 7. 1 OR 3 OR 6
- 8. 2 OR 4
- 9. 5 AND 7 AND 8

# Web of Science - Conference Proceedings Citation Index

(TS=(patient\* NEAR/3 engag\*) OR (TS=( "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement"))) AND (TS=(model OR models OR framework\*)) AND (TS=(research))

## Google Scholar

("patient engagement" OR "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement") AND (model or framework) AND research

### **Conference Proceedings Citation Index**

(TS=(patient\* NEAR/3 engag\*) OR (TS=( "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement"))) AND (TS=(model OR models OR framework\*)) AND (TS=( research ))

### ProQuest Dissertations & Theses

noft((patient\* near/3 engag\*) OR "patient oriented research" OR "patient and public involvement" OR "patient involvement" OR "stakeholder engagement") AND noft(model OR models OR framework\*) AND noft(research)

Google and websites (model OR framework) AND "health services research"

# Appendix 2 – Standardized data extraction form

# Notes on using a data extraction form:

- Be consistent in the order and style you use to describe the information for each report.
- Record any missing information as unclear or not described, to make it clear that the information was not found in the study report(s), not that you forgot to extract it.
- Include any instructions and decision rules on the data collection form, or in an accompanying document. It is important to practice using the form and give training to any other authors using the form.

## Decision rules

• Only include models and framework that are explicitly labelled by study authors as such

### **General Information**

Date form completed ( <i>dd/mm/yyyy</i> )	
Name of data extractor	

# Study authors (characteristics of)

	Descriptions as stated in report/paper or note otherwise	Location in text or source (pg & ¶/fig/table/other )
Author last names		
<b>Country</b> (of authors' institutional affiliations)		

Lens of authors (by individuals, cluster/ groups or body parts)	
Notes:	

### Publication (characteristics of)

	Descriptions as stated in report/paper or note	Location in text
	otherwise	or source (pg &
	6	¶/fig/table/other )
Study name	Ċ	
Publication year		
Journal	7.	
Is study published?	Yes No	
Notes:		·

# Model/framework (characteristics of)

Model/framework (cha	aracteristics of)	
	Descriptions as stated in report/paper or note otherwise	Location in text or source (pg & ¶/fig/table/other )
Name of model/framework		
Purpose/aim of model/framework		

	Descriptions as stated in report/paper or note	Location in text
	otherwise	or source (pg & ¶/fig/table/other )
Population developed in/for		
Methods used to develop m/f?		
Patients involved in m/f development (and if so how)?		
Targeted stage of research process	6	
Elements (description)	Co Co	
Proposed relations between elements		
Location on spectrum of engagement	2.	
Strs/weaknesses of model/framework (stated in study)	12	
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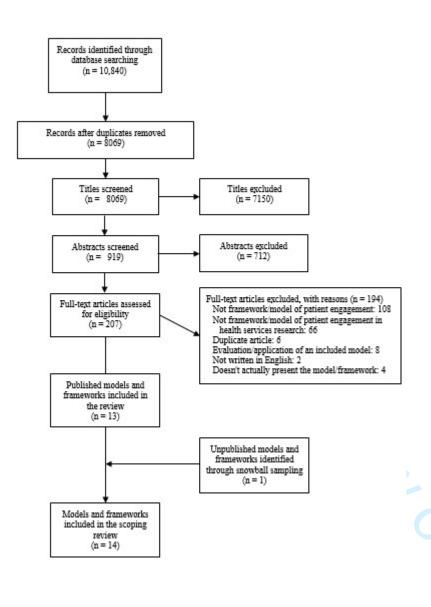
Model/framework (figure presented in text)

Definitions

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Model	A descriptive and descriptive and descriptive and description aspect of a phenome	eliberate simplification of a phenomenon or an enon
Framework	phenomena of inter-	n for studying, explaining, and understanding est through the description and identification of the underlying a phenomenon of interest
Patient engagement	-	ive collaboration of patients in research governance, duct, and knowledge translation
Health services research Inclusion/exclusion criteria	structures and proce affect access to heat ultimately, the popu with the goal of imp	because of the system of the s
Inclusion		Exclusion
Published or unpublished r	nodel or framework	<ul> <li>Models/frameworks not focused on health services research, such as those related to: <ul> <li>clinical decision-making/practice,</li> <li>active role of patients in health management,</li> <li>therapeutic engagement,</li> <li>understanding disease experience</li> <li>technology engagement</li> <li>the pharmaceutical industry</li> </ul> </li> </ul>
Patient engagement in		Not written in English
Health services research		Unavailable as full-text

# Appendix 3 – PRISMA diagram



Article Model/framework					
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified population)	
Daveson/ <sup>28</sup> / UK/ 2015	Not specified	An optimal involvement model that fulfills the needs of both users and researchers while acknowledging any potential diversity between these groups	Consultation workshop attended by patients and caregivers	Yes – patients activel involved in Cicely Saunders Institute palliative care researc	
Deverka/ <sup>25</sup> / USA/ 2012	Conceptual model for stakeholder engagement in CER	A conceptual model for involving stakeholders in the CER process	Literature search, followed by practical experience with an existing stakeholder engagement process/project, and review and revision by an expert panel (including patients)	Yes - patients engage with the Center for CANCERGEN project	
Evans/ <sup>26</sup> / UK/ 2019	SUCCESS model	Not stated	Initially developed through a workshop, then reviewed and refined through meetings and email discussions.	Yes - people diagnost with, or caring for someone with, a chronic or long-term condition	
Evans/ <sup>23</sup> / UK and Wales/ 2020	PRIME Centre Wales	To enable and promote successful patient engagement across research activities within their research centre.	Informed by the research literature and the development of an engagement plan with the help of patients.	Yes – people with experience of using health services and caring for family members as well as people diagnosed wit or caring for someone	

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Article	cle Model/framework				
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified – population)	
				with, a chronic or long- term condition	
Frank/ <sup>27</sup> / USA/ 2015	Conceptual model for PCOR	To provide the basis for subsequent evaluative frameworks, to guide evaluation of PCOR, and to serve as a foundation for measurement models, to allow testing of hypothesized relationships between elements in the model.	Literature search and worked with a patient advisory panel	Yes - members of the PCORI Patient Engagement Advisory Panel	
Gessell/ <sup>29</sup> / USA/ 2017	Not specified	To maximize stakeholder engagement within the context of a pragmatic trial	"Expanded" engagement standards that were previously proposed to PCORI standards	Not specified	
Gibson/ <sup>30</sup> / UK/ 2017	Not specified	To map and evaluate patient engagement interactions in health services research	Adapted the researchers' previously developed model through workshops held with various patient groups	Yes - the language used within the adapted model passed through iterative changes involving both the researchers and workshop participants	
Goeman/ <sup>33</sup> / Australia/ 2019	Model for successful inclusion of consumers and community	The successful inclusion of consumers in research	Co-design process involving expert working and reference groups	Yes - People living wit dementia and their care partners ("consumers")	

Article	Characteristics of the Model/framework					
First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified population)		
	representatives in research					
Holmes/ <sup>22</sup> / Canada/ 2018	BC SUPPORT Unit Framework	To conceptualize and organize patient engagement activities	Not specified	Not specified		
Pearson/ <sup>31</sup> / UK/ 2013	A provisional model for patient engagement in healthcare OR	A model for patient engagement in healthcare OR	Not specified	Not specified		
Ray/ <sup>34</sup> / USA/ 2017	Conceptual model for understanding impact of stakeholder engagement and differentiating stakeholder-engaged research from research on stakeholder engagement	A framework for planning, evaluating, and reporting both stakeholder-engaged research and research on stakeholder engagement	Initial framework developed based on synthesis of existing literature; refined through use in a patient engagement research project which examined families' experiences of access to pediatric subspecialty care	No		
Ruco/ <sup>35</sup> / Canada/ 2016	Sunnybrook Health Sciences Centre patient engagement in PBRI framework	To guide and capture the range and scope of patient engagement in PBRI at Sunnybrook Health Sciences Centre, Toronto	Developed based on CIHR's Supporting POR Visual Value Model for Patient Engagement and in alignment with Sunnybrook's PBRI Strategic plan	Not specified		
Shippee/ <sup>32</sup> /	Framework for PSUE	To develop a standardized, evidence-based	Systematic review/environmental scan/manual	Yes - patient advisory group consisting of		

2 3					
4	Antiala	I	Characteristics of		
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9 10 11 12 13 14 15	First author/ reference/ country/ year	Name	Purpose	Methods of development	Were patient co- researchers involved in its development (yes/no/not specified – population)
16 17 18 19 20 21 22 23 24	USA/ 2013		framework for understanding, reporting, and assessing PSUE in biomedical and health services research	literature search that was synthesized into a two-part framework and supplemented with input from a patient advisory group	community member PSUEs
25 26 27 28 29 30 31 32	Jose/ Unpublished/ 2020	CONNECT framework	To engage members of the autistic community in research	Developed as part of work on the CONNECT project, including 2 feedback questionnaires designed for the study	Yes – members of the autistic community
33 34 35 36		-	tive effectiveness research in $HR = Canadian$ Institutes of 1	1	-
37 38 39			and innovation; $PCORI = pa$		
40 41 42	POR =	patient-oriented res	search; PSUE = patient and s	service user engagement;	; SUCCESS =
43 44	service	users with chronic	conditions encouraging sens	sible solutions.	
45 46 47					
47 48 49					
50 51					
52 53					
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56 57					
58 59 60		For peer rev	iew only - http://bmjopen.bmj.co	pm/site/about/guidelines.xht	tml

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# **GRIPP2-short form checklist**

Item

## Section and topic

### Line numbers

1:	Aim
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Report the aim of the study

# 2: Methods

Provide a clear description of the methods used for patient and public involvement (PPI) in the study

# 3: Results

Outcomes—Report the results of PPI in the study, including both positive and negative outcomes

# 4: Discussion

Outcomes—Comment on the extent to which PPI influenced the study overall. Describe positive and negative effects

# **5: Reflections**

Critical perspective—Comment critically on the study, reflecting on the things that went well and those that did not, so others can learn from this experience Our primary objective was to count and describe the 120-122 elements that overlap (i.e., present in 2 or more models or frameworks) and diverge between identified models and frameworks. We engaged two patient co-researchers (R.S. and 207-208, S.H.), at the level of involve (24), in the design and 213-214 conduct of this study... The primary methods of engagement were 1-on-1 and small group meetings, as guided by a terms of reference co-developed at the outset of the research partnership. They were involved in development and publication 208-210 of the scoping review protocol (19), provided feedback on the analyses (including element groupings), provided their perspectives on the interpretation of the study findings, and co-authored this manuscript. In helping shape these stages of the research cycle 210-212

and related outputs, a notable impact of engagement also included identifying gaps in the current literature relevant to patient partners.

Further, the engagement of patient coresearchers in our scoping review at the level of involve limited their opportunities to formally provide insights and expertise to pre-determined study milestones. Engagement at the level of collaborate or empower may have resulted in other insights through more direct contact with the study.

Adapted from: *BMJ 2017;358:j3453* 

Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	1
ABSTRACT		Provide a structured summary that includes (as	
Structured summary	2	applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	4-7
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	7
METHODS	1		
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	7-8
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	8
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	9
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be repeated.	Appendix 1
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	9
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	9-10
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	Appendix 2
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	N/A



SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	10
RESULTS			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	12, Appendix 3
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	12-13, Appendix 4
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	N/A
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	13-18
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	13-14
DISCUSSION			
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	18-21
Limitations	20	Discuss the limitations of the scoping review process.	19
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	21-22
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	22-23

JBI = Joanna Briggs Institute; PRISMA-ScR = Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews.

\* Where *sources of evidence* (see second footnote) are compiled from, such as bibliographic databases, social media platforms, and Web sites.

† A more inclusive/heterogeneous term used to account for the different types of evidence or data sources (e.g., quantitative and/or qualitative research, expert opinion, and policy documents) that may be eligible in a scoping review as opposed to only studies. This is not to be confused with *information sources* (see first footnote).
‡ The frameworks by Arksey and O'Malley (6) and Levac and colleagues (7) and the JBI guidance (4, 5) refer to the

process of data extraction in a scoping review as data charting. § The process of systematically examining research evidence to assess its validity, results, and relevance before using it to inform a decision. This term is used for items 12 and 19 instead of "risk of bias" (which is more applicable to systematic reviews of interventions) to include and acknowledge the various sources of evidence that may be used in a scoping review (e.g., quantitative and/or qualitative research, expert opinion, and policy document).

*From:* Tricco AC, Lillie E, Zarin W, O'Brien KK, Colquhoun H, Levac D, et al. PRISMA Extension for Scoping Reviews (PRISMAScR): Checklist and Explanation. Ann Intern Med. 2018;169:467–473. doi: 10.7326/M18-0850.

