

Assessment of the risk of bias by the Revised Cochrane risk-of-bias tool for randomized trials (RoB 2) for each outcome (Fig. 1-7: TST, LPS, WASO, N1, N3, REM, AHI)

Fig. 1 Assessment of the risk of bias for TST

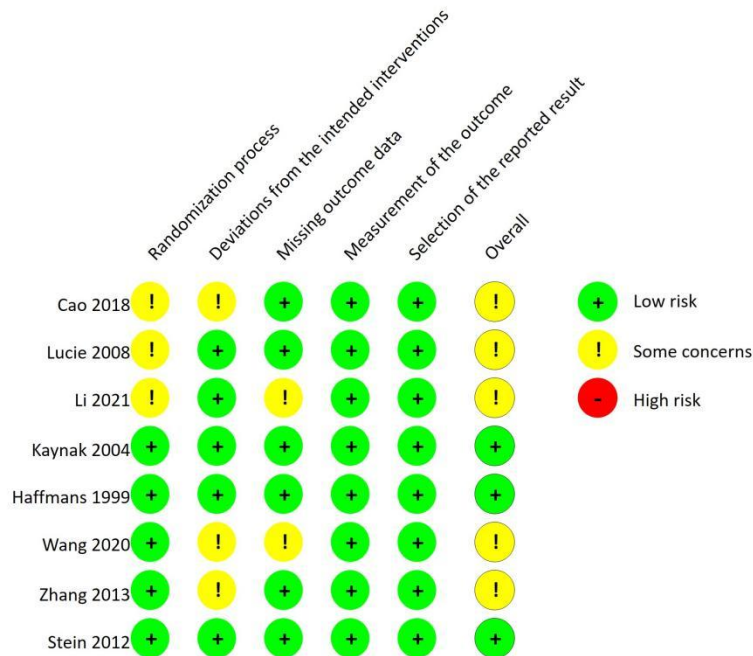


Fig. 2 Assessment of the risk of bias for LPS

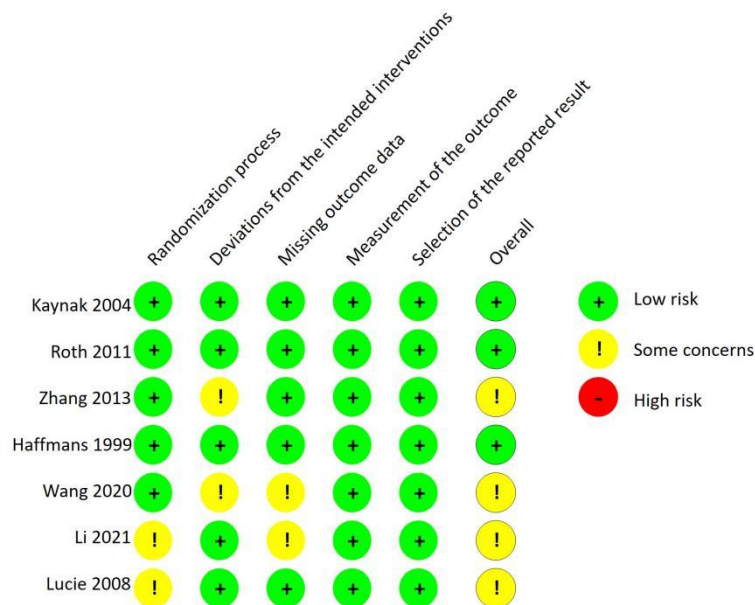


Fig. 3 Assessment of the risk of bias for WASO

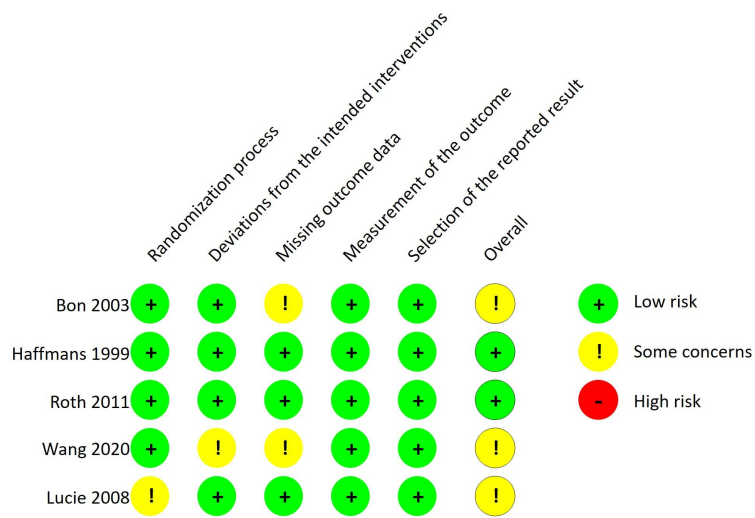


Fig. 4 Assessment of the risk of bias for N1

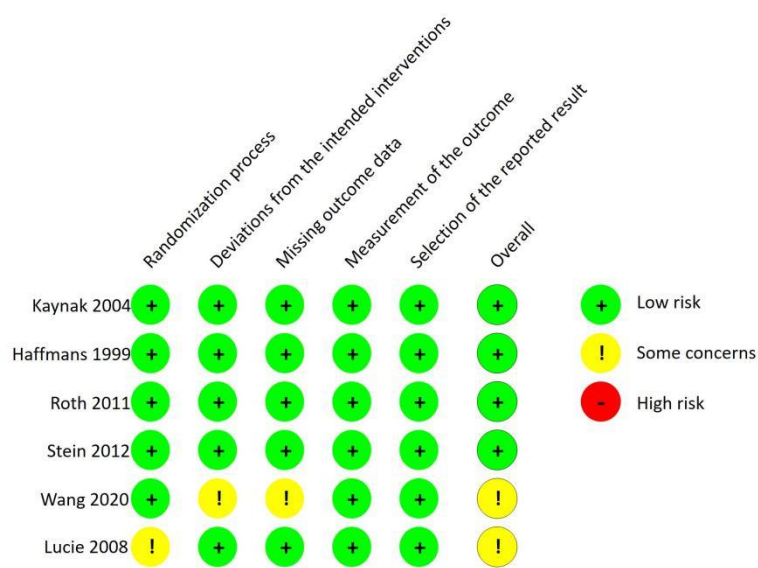


Fig. 5 Assessment of the risk of bias for N3



Fig. 6 Assessment of the risk of bias for REM

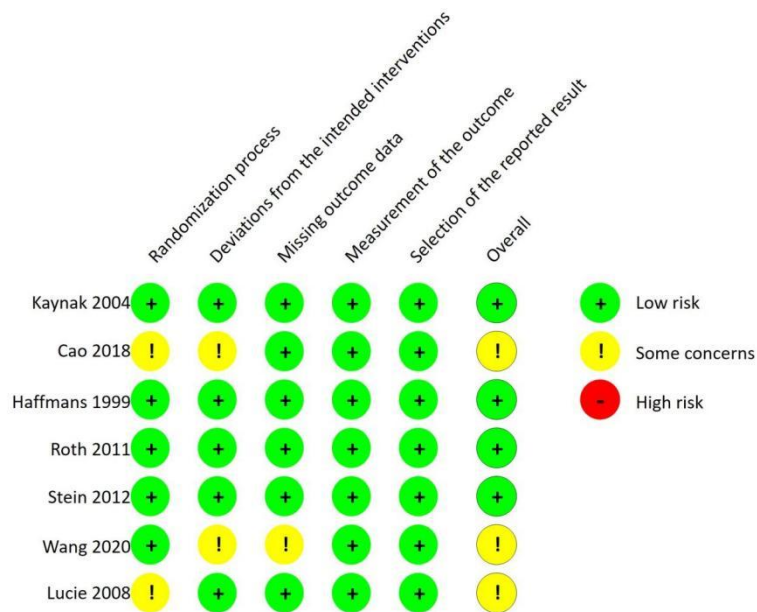


Fig. 7 Assessment of the risk of bias for AHI

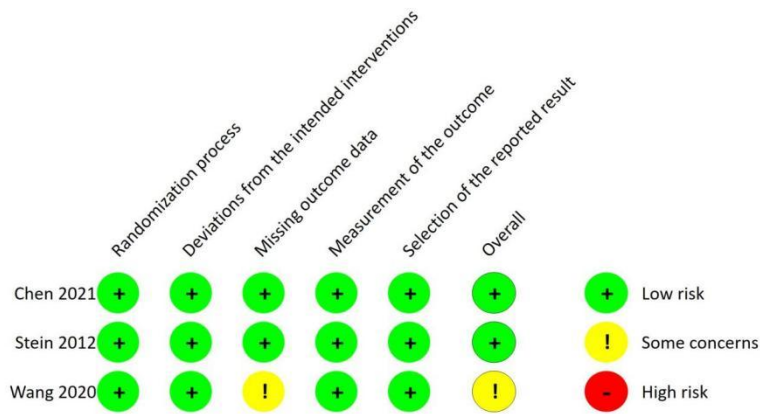


Fig. 8 Assessment of the risk of bias for NAs

