Supplementary figure 1: Pain Score at 6-8 hours

	ACB			FNB			Std. Mean Difference		Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
1.10.1 pain score at rest									
borys 2019	4	1.08	43	2.3	1.08	42	9.9%	1.56 [1.07, 2.05]	
fahmy 2020	2.67	3.07	40	2.33	2.3	40	10.2%	0.12 [-0.31, 0.56]	- - -
Jaegar et al 2013	1.497	1.58	22	1.3	1.4	26	9.4%	0.13 [-0.44, 0.70]	- •
Li et al 2016	3.4	1.5	24	3.5	1.6	27	9.5%	-0.06 [-0.61, 0.49]	
Mementsoudis et al 2014	0.81	2.13	59	0.9	2.4	59	10.7%	-0.04 [-0.40, 0.32]	
Patterson et al 2014	2.3	2.2	32	3	1.5	41	10.0%	-0.38 [-0.84, 0.09]	
Shah et al 2014	2.49	0.45	48	2.67	0.45	50	10.5%	-0.40 [-0.80, 0.00]	
Tan et al 2018	2.65	0.34	100	2.74	0.38	100	11.1%	-0.25 [-0.53, 0.03]	
thobhani et al 2017	3.3	4.44	22	3.3	4.44	23	9.3%	0.00 [-0.58, 0.58]	
Wang 2020	1.67	0.77	30	2.67	0.77	30	9.4%	-1.28 [-1.84, -0.72]	
Subtotal (95% CI)			420			438	100.0%	-0.06 [-0.45, 0.33]	•
Heterogeneity: Tau² = 0.33; Chi² = 67.94, df = 9 (P < 0.00001); I² = 87%									
Test for overall effect: $Z = 0.3$	30 (P = 0).77)							
1.10.2 pain score at motion	1								
fahmy 2020	5.67	3.84	40	5	3.07	40	16.1%	0.19 [-0.25, 0.63]	
Jaegar et al 2013	3.63	2.17	22	3.07	2.35	26	9.6%	0.24 [-0.33, 0.81]	
Li et al 2016	4	1.47	24	3.9	1.56	27	10.3%	0.06 [-0.49, 0.61]	
Mementsoudis et al 2014	0.69	1.88	59	0.79	2.1	59	23.9%	-0.05 [-0.41, 0.31]	
Tan et al 2018	3.5	0.4	100	3.4	0.45	100	40.2%	0.23 [-0.04, 0.51]	
Wang 2020	2.67	0.77	30	3.67	0.77	30		Not estimable	
Subtotal (95% CI)			245			252	100.0%	0.14 [-0.03, 0.32]	◆
Heterogeneity: Tau ² = 0.00;	Chi² = 1.	.75, df	= 4 (P :	= 0.78);	l ² = 09	6			
Test for overall effect: $Z = 1.9$			•	,,					
									
									Favours [experimental] Favours [control]
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