

Additional file 2: List of articles excluded after full-text screening (n=131)

Articles excluded because not published in English (n=13)

1. Ardic T. Recurrent falls in the elderly person. *Aide Soignante*. 2018;32(198):25-7.
2. Becker C. [Prevention of falls and fall-related injuries: Personal balance and future tasks]. *Z Gerontol Geriatr*. 2017;50(8):672-5.
3. Dargent-Molina P, Cassou B. Prevention of falls and broken bones in older women: Ossebo random trials. *Gerontologie et Societe*. 2008;125:65-78.
4. Freiburger E, Sieber CC, Singler K. Mobility and Fall Prevention in older Community-dwelling Persons. *Deutsche Medizinische Wochenschrift*. 2020;145(13):932-43.
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6. Kemmler W, S VS, Mayer S, Niedermayer M, Hentschke C, Kalender WA. [Effect of whole body vibration on the neuromuscular performance of females 65 years and older. One-year results of the controlled randomized ELVIS study]. *Z Gerontol Geriatr*. 2010;43(2):125-32.
7. Kemmler W, Stengel S, Mayer S, Engelke K, Kalender WA. Exercise effects on risk factors and health care costs in the elderly. Final results of the Senior Fitness and Prevention Study (SEFIP). *Deutsche Zeitschrift für Sportmedizin*. 2010;61:264-9.
8. Kemmler W, von Stengel S. Validation of evidence-based recommendations in the setting of rehabilitation sports for people with osteoporosis: The randomised, controlled Senior Fitness and Prevention Study Senioren Fitness- und Präventions-Studie (SEFIP). *Osteologie*. 2020;29(03):215-20.

9. Perez-Ros P, Martinez-Arnau F, Tormos Minana I, Lopez Aracil A, Oltra Sanchis MC, Pechene Mera LE, et al. [Preliminary results of a community fall prevention programme: PRECAN study (falls prevention in La Ribera)]. *Rev Esp Geriatr Gerontol.* 2014;49(4):179-83.
10. Salva A, Rojano X, Coll-Planas L, Domenech S, Roque IFM. [Randomized clinical trial of a fall-prevention strategy for institutionalized elderly based on the Mini Falls Assessment Instrument]. *Rev Esp Geriatr Gerontol.* 2016;51(1):18-24.
11. Schone D, Freiburger E, Sieber CC. [Influence of skeletal muscles on the risk of falling in old age]. *Internist (Berl).* 2017;58(4):359-70.
12. Thiel C, Braun T, Grüneberg C. Physical training as core component of multimodal treatment of older frail people—study protocol of a randomized controlled pilot study. *Zeitschrift für Gerontologie und Geriatrie.* 2019;52(1):45-60.
13. von Stengel S, Kemmler W, Mayer S, Engelke K, Klarner A, Kalender WA. [Effect of whole body vibration exercise on osteoporotic risk factors]. *Dtsch Med Wochenschr.* 2009;134(30):1511-6.

Articles excluded because not a randomized controlled trial (RCT) (n=27)

1. Avin KG, Hanke TA, Kirk-Sanchez N, McDonough CM, Shubert TE, Hardage J, et al. Management of falls in community-dwelling older adults: Clinical guidance statement from the Academy of Geriatric Physical Therapy of the American Physical Therapy Association. *Phys Ther.* 2015;95(6):815-34.
2. Campani D, Caristia S, Amariglio A, Piscone S, Ferrara LI, Barisone M, et al. Home and environmental hazards modification for fall prevention among the elderly. *Public Health Nurs.* 2021;38(3):493-501.

3. Carlsson G, Nilsson MH, Ekstam L, Chiatti C, Malmgren Fange A. Falls and fear of falling among persons who receive housing adaptations-Results from a quasi-experimental study in Sweden. *Healthcare (Basel)*. 2017;5(4).
4. Carpenter CR, Cameron A, Ganz DA, Liu S. Older adult falls in emergency medicine—A sentinel event. *Clinics in Geriatric Medicine*. 2018;34(3):355-67.
5. Carpenter CR, Cameron A, Ganz DA, Liu S. Older adult falls in emergency medicine: 2019 update. *Clinics in Geriatric Medicine*. 2019;35(2):205-19.
6. Chen TY, Edwards JD, Janke MC. The effects of the A Matter of Balance program on falls and physical risk of falls, Tampa, Florida, 2013. *Prev Chronic Dis*. 2015;12:E157.
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11. Huang MH. Balance and falls in survivors of cancer. *Rehabilitation Oncology*. 2021;39(1):4-5.
12. Isyar M, Saral I, Guler O, Cakar E, Mahirogullari M. Can prosthesis design of total knee arthroplasty affect balance? *Eklemler Hastalik Cerrahisi*. 2015;26(2):72-6.

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14. Lee A, Hayter M. Evaluating falls prevention strategies in community settings: Marginal reduction on rate of falls with individual risk-based multifactorial interventions compared to 'usual care'. *Evidence-Based Nursing*. 2019;22(1):20.
15. Liu S, Yu X, Wang X, Li J, Jiang S, Kang L, et al. Intrinsic Capacity predicts adverse outcomes using Integrated Care for Older People screening tool in a senior community in Beijing. *Archives of Gerontology and Geriatrics*. 2021;94.
16. Lord S, Galna B, Yarnall AJ, Coleman S, Burn D, Rochester L. Have we been overestimating fall rates in Parkinson's disease? *Mov Disord*. 2017;32(5):803-4.
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Articles excluded because not older adult patient population (n=24)

1. Beauchamp MK, Brooks D, Ellerton C, Lee A, Alison J, Camp PG, et al. Pulmonary rehabilitation with balance training for fall reduction in chronic obstructive pulmonary disease: Protocol for a randomized controlled trial. *JMIR Res Protoc*. 2017;6(11):e228.

2. Carling A, Forsberg A, Gunnarsson M, Nilsagard Y. CoDuSe group exercise programme improves balance and reduces falls in people with Multiple Sclerosis: A multi-centre, randomized, controlled pilot study. *Mult Scler*. 2017;23(10):1394-404.
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10. Henderson EJ, Lord SR, Brodie MA, Gaunt DM, Lawrence AD, Close JC, et al. Rivastigmine for gait Stability in Patients with Parkinson's Disease (ReSPonD): A randomised, double-blind, placebo-controlled, phase 2 trial. *Lancet Neurol*. 2016;15(3):249-58.
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in Parkinson's disease: A feasibility study for a randomised control trial. *Clinical Rehabilitation*. 2021;35(4):546-57.

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Articles excluded because not examining effectiveness, cost-effectiveness, or safety of interventions to prevent and/or manage falls (n=18)

1. Barzideh A, Marzolini S, Danells C, Jagroop D, Huntley AH, Inness EL, et al. Effect of reactive balance training on physical fitness poststroke: Study protocol for a randomised non-inferiority trial. *BMJ Open*. 2020;10(6):e035740.
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Articles excluded because protocol, pilot or feasibility study (n=44)

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- (STURDY): A randomized clinical trial of Vitamin D supplement doses for the prevention of falls in older adults. *Contemporary Clinical Trials*. 2018;73:111-22.
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