Supplementary materials

Figure 1. Timeline of announcements, data collection, and dates of self-reported behaviours. All dates 2021.

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22- Nov					
23-					
Nov					
24-	Omicron variant reported to				
Nov	WHO				
25-					
Nov					
26-	Omicron designated a variant				
Nov	of concern		Wave 63		
27-	New measures announced		"past seven		
Nov	First UK cases		days" could		
28-			cover		
Nov					
29-					
Nov					
30-	New measures take effect				
Nov	Daily Mirror breaks 'Partygate'	M/2012 C2			
01-		Wave 63			
Dec					
02-					
Dec					
03-	Omicron cases in the UK			Wave 63.5	
Dec	exceed 100			"past seven	
04-				days" could	
Dec				cover	
05-					
Dec					
06-					
Dec					
07-	ITV reports on a video seeming	Wave			
Dec	to confirm 'Partygate'	63.5			
08-	"Plan B" announced				
Dec					
09-					Wave 64
Dec					"past seven
10-					days" could
Dec					cover
11-					
Dec					
12-					
Dec	//				
13-	"Plan B" mostly takes effect	Wave 64			
Dec	First UK death from Omicron				

14-			
Dec			
15-	UK records its highest number		
Dec	of daily cases (78,610)		
16-	UK records its highest number		
Dec	of daily cases (88,376)		

Table 1. Associations between out-of-home activities and socio-demographic factors, adjusting for all other socio-demographic factors. Bolding denotes significant findings (p<.002).

		Going out shopping (fo	or groceries,	pharmacy and other ite	ms) [block	Attending the workplace [block 1]						
		Wave 63.5 ^a		Wave 64 b		Wave 63.5 ^c		Wave 64 d				
Attribute	Level	aIRR for going out	р	aIRR for going out	р	aIRR for attending the	р	aIRR for attending the	р			
Attribute	Level	shopping (95% CI)	P	shopping (95% CI)	P	workplace (95% CI)	P	workplace (95% CI)	ρ			
Region	East Midlands	Ref	-	Ref	-	Ref	-	Ref	-			
	East of England	0.93 (0.72 to 1.21)	0.59	0.90 (0.70 to 1.15)	0.40	1.07 (0.53 to 2.16)	0.84	0.94 (0.52 to 1.70)	0.83			
	London	1.10 (0.84 to 1.44)	0.48	1.09 (0.86 to 1.39)	0.46	0.93 (0.51 to 1.69)	0.81	1.15 (0.69 to 1.92)	0.60			
	North East	1.01 (0.71 to 1.45)	0.94	0.96 (0.71 to 1.31)	0.81	0.83 (0.38 to 1.84)	0.65	1.07 (0.49 to 2.34)	0.86			
	North West	1.08 (0.83 to 1.42)	0.57	1.06 (0.84 to 1.33)	0.63	1.17 (0.62 to 2.18)	0.63	0.91 (0.53 to 1.58)	0.75			
	South East	0.99 (0.77 to 1.27)	0.93	0.94 (0.75 to 1.17)	0.57	0.96 (0.51 to 1.82)	0.90	1.14 (0.67 to 1.97)	0.63			
	South West	0.98 (0.75 to 1.30)	0.91	1.05 (0.82 to 1.35)	0.68	1.50 (0.79 to 2.84)	0.22	1.54 (0.81 to 2.91)	0.18			
	West Midlands	1.13 (0.86 to 1.49)	0.37	1.02 (0.80 to 1.31)	0.86	1.32 (0.71 to 2.46)	0.38	0.78 (0.44 to 1.39)	0.41			
	Yorkshire and The	1.37 (0.99 to 1.90)	0.06	0.89 (0.70 to 1.13)	0.33	1.24 (0.53 to 2.88)	0.62	0.67 (0.35 to 1.31)	0.24			
	Humber											
	Overall	χ ² (8)=9.3	0.32	$\chi^2(8)=6.6$	0.58	$\chi^{2}(8)=5.9$	0.66	χ ² (8)=7.9	0.44			
Sex	Male	Ref	-	Ref	-	Ref	-	Ref	-			
	Female	0.83 (0.74 to 0.94)	0.002	0.94 (0.84 to 1.05)	0.25	0.72 (0.54 to 0.96)	0.03	0.72 (0.54 to 0.95)	0.02			
Age (per decade)	Raw age	0.95 (0.91 to 0.99)	0.02	0.98 (0.94 to 1.01)	0.22	0.78 (0.65 to 0.93)	0.007	0.89 (0.77 to 1.03)	0.13			
Age: quadratic (age-mean) ²	-	1.0000 (0.9998 to 1.0002)	0.99	0.9999 (0.9997 to 1.0001)	0.37	0.9995 (0.9987 to 1.0003)	0.23	0.9997 (0.9990 to 1.0005)	0.48			
Dependent child in household	None	Ref	-	Ref	-	Ref	-	Ref	-			
·	Child present	1.07 (0.93 to 1.23)	0.34	1.15 (1.01 to 1.31)	0.04	1.33 (0.98 to 1.81)	0.07	1.21 (0.91 to 1.61)	0.20			
At high risk (self)	No	Ref	-	Ref	-	Ref	-	Ref	-			
	Yes	0.88 (0.75 to 1.03)	0.10	0.96 (0.83 to 1.10)	0.53	0.99 (0.69 to 1.41)	0.94	0.83 (0.57 to 1.22)	0.35			
Household member has	No	Ref	-	Ref	-	Ref	-	Ref	-			
chronic illness	Yes	0.95 (0.80 to 1.13)	0.57	1.14 (0.98 to 1.33)	0.08	1.12 (0.68 to 1.84)	0.66	0.97 (0.61 to 1.55)	0.90			
Employment status	Not working	Ref	-	Ref	-	-	-	-	-			
	Working	1.07 (0.92 to 1.23)	0.37	0.97 (0.85 to 1.11)	0.65	-	-	-	-			
Socio-economic grade	ABC1	Ref	-	Ref	-	Ref	-	Ref	-			
	C2DE	1.06 (0.93 to 1.20)	0.38	0.98 (0.87 to 1.10)	0.74	0.70 (0.51 to 0.96)	0.03	0.85 (0.61 to 1.18)	0.32			
Index of multiple deprivation	1st (least) to 4th quartile (most deprived)	0.95 (0.90 to 1.01)	0.10	0.95 (0.89 to 1.00)	0.05	0.97 (0.84 to 1.12)	0.71	0.84 (0.73 to 0.97)	0.02			
Highest educational or	Less than degree	Ref	-	Ref	-	Ref	-	Ref	-			
professional qualification	Degree or higher	0.96 (0.84 to 1.10)	0.54	1.02 (0.90 to 1.16)	0.74	0.83 (0.63 to 1.11)	0.22	0.64 (0.47 to 0.87)	0.004			
Ethnicity	White British	Ref	-	Ref	-	Ref	-	Ref	-			
-	White other	1.21 (0.88 to 1.64)	0.24	0.76 (0.55 to 1.06)	0.11	1.36 (0.69 to 2.68)	0.38	0.97 (0.51 to 1.84)	0.92			
	Black and minority ethnicity	0.87 (0.71 to 1.07)	0.20	1.06 (0.88 to 1.27)	0.55	1.03 (0.70 to 1.49)	0.90	0.98 (0.67 to 1.44)	0.92			
	Overall	$\chi^2(2)=4.3$	0.12	$\chi^2(2)=3.9$	0.14	χ ² (2)=0.8	0.68	χ ² (2)=0.0	0.99			

First language	Not English	Ref	-	Ref	-	Ref	-	Ref	-
	English	0.72 (0.55 to 0.93)	0.013	0.71 (0.55 to 0.92)	0.01	1.23 (0.74 to 2.04)	0.42	0.68 (0.41 to 1.12)	0.13
Ever had COVID-19	Think not	Ref	-	Ref	-	Ref	-	Ref	-
	Think yes	1.17 (1.02 to 1.34)	0.03	0.95 (0.84 to 1.09)	0.48	0.92 (0.68 to 1.25)	0.60	0.96 (0.71 to 1.30)	0.80
Vaccination status	Not vaccinated	Ref	-	Ref	-	Ref	-	Ref	-
	1 dose	1.19 (0.89 to 1.57)	0.24	1.16 (0.89 to 1.51)	0.27	1.37 (0.81 to 2.32)	0.24	1.47 (0.87 to 2.47)	0.15
	2 doses or more	0.98 (0.82 to 1.18)	0.85	0.80 (0.68 to 0.96)	0.01	0.95 (0.64 to 1.40)	0.78	1.10 (0.76 to 1.60)	0.62
	Overall	χ²(2)=2.2	0.34	χ²(2)=12.5	0.002	χ²(2)=2.6	0.27	χ²(2)=2.1	0.34
Financial hardship	Range 3 (least) to 15	1.01 (0.99 to 1.03)	0.21	1.03 (1.02 to 1.05)	<0.001	1.02 (0.97 to 1.07)	0.40	1.06 (1.01 to 1.10)	0.02
	(most)								

a) 1622 people were eligible for inclusion in analyses investigating going out shopping analyses. There were different amounts of missing data depending on variables included in the models, so n ranged between 1440 and 1491 for different models.

b) 1841 people were eligible for inclusion in analyses investigating going out shopping analyses. There were different amounts of missing data depending on variables included in the models, so n ranged between 1671 and 1713 for different models.

c) 374 people were eligible for inclusion in analyses investigating non-essential workplace attendance (sample limited to people who reported they could work entirely from home). Due to missing data, n included in analyses ranged between 349 and 354.

d) 410 people were eligible for inclusion in analyses investigating non-essential workplace attendance (sample limited to people who reported they could work entirely from home). Due to missing data, n included in analyses ranged between 379 and 389.

Table 2. Associations between highest risk social mixing and socio-demographic factors, adjusting for all other socio-demographic characteristics. Results reported are for block 1 of worry analyses. Bolding denotes significant findings (p<.002).

Artibute			Highest risk social mixing				Wearing a face c	overing in	shops		Wearing a face covering in hospitality venues				
Part	Attribute	Level	aOR for engaging in highest risk social mixing	р	aOR for engaging in highest risk social mixing		aOR for wearing a face covering in	р	aOR for wearing a face covering in	p	aOR for wearing a face covering in hospitality	p	aOR for wearing a face covering in hospitality	p	
Part	Region	East Midlands	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	
Part			•	0.06	•	0.61	•	0.91	•	0.13	•	0.17	•	0.65	
North-West 1.25 (0.75 to 0.27 0.27 0.23 0.20 0.30 (0.44 to 0.62 0.31 (0.55 to 0.44 (0.21 t		London	,	0.23	•	0.77	,	0.75	,	0.05	,	0.08	•	0.76	
South Each South West Sou		North East		0.21	•	0.33		0.99	•	0.08	,	0.12	•	0.06	
South West 1.34 (1.08) to 1.76 (1.08) to 1.76 (1.08) to 1.09 (1.09) to 1.02 (1.08) to 1.02 (1.		North West		0.39		0.45	•	0.65	•	0.001	,	0.04	•	0.20	
Part		South East	•	0.05	•	0.46	•	0.81	•	0.05	•	0.06	•	0.42	
Midlands		South West	•	0.27	•	0.89		0.96	•	0.03	•	0.28	•	0.45	
The Humber 2.46 1.87 2.75 0.69 0.69 0.70 2.32			•	0.35	•	0.96	•	0.85	•	0.004	,	0.09	•	0.97	
Sex Male Ref - Ref <th< td=""><td></td><td></td><td>•</td><td>0.35</td><td>•</td><td>0.40</td><td>•</td><td>0.65</td><td>•</td><td>0.003</td><td>•</td><td>0.008</td><td>•</td><td>0.54</td></th<>			•	0.35	•	0.40	•	0.65	•	0.003	•	0.008	•	0.54	
Female 1.40 (1.12 to 1.55 1.5		Overall	χ²(8)=5.6	0.69	χ²(8)=5.0	0.76	χ²(8)=1.6	0.99	χ²(8)=15.2	0.05	$\chi^2(8)=8.8$	0.36	χ²(8)=12.3	0.14	
Age: quadratic (age-mean) ² - 1.0000 (0.9996 0.97 1.0002 (0.9999 0.20 1.0006) - 1.000	Sex		1.40 (1.12 to	0.003	1.35 (1.10 to	0.003	1.64 (1.22 to		1.37 (1.03 to		1.34 (0.96 to		1.46 (1.09 to	0.01	
At high risk (self) No. Ref - Ref </td <td>Age (per decade)</td> <td>Raw age</td> <td>,</td> <td>0.55</td> <td>•</td> <td>0.15</td> <td>,</td> <td>0.005</td> <td>•</td> <td><0.001</td> <td>,</td> <td>0.66</td> <td>•</td> <td>0.24</td>	Age (per decade)	Raw age	,	0.55	•	0.15	,	0.005	•	<0.001	,	0.66	•	0.24	
in household Child present 0.82 (0.63 to 1.06) 0.13 0.83 (0.65 to 1.05) 0.12 0.56 (0.41 to 0.78) 0.001 0.93 (0.68 to 0.97 (0.67 to 0.68 to 0.97 (0.67 to 0.88 to 1.68 (1.19 to 0.003 to 1.40) 0.003 At high risk (self) No Ref - Ref <td>• .</td> <td>-</td> <td>,</td> <td>0.97</td> <td>•</td> <td>0.20</td> <td>•</td> <td>0.91</td> <td>•</td> <td>0.40</td> <td>•</td> <td>0.64</td> <td>•</td> <td>0.02</td>	• .	-	,	0.97	•	0.20	•	0.91	•	0.40	•	0.64	•	0.02	
At high risk (self) No Ref -	Dependent child	None	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	
Yes 0.90 (0.67 to 0.45 0.77 (0.59 to 0.05 1.14 (0.77 to 0.50 0.80 (0.56 to 0.24 1.32 (0.87 to 0.19 1.34 (0.91 to 0.13 1.19) 1.01) 1.69) 1.16) 2.00) 1.96)	in household	Child present	•	0.13	•	0.12	•	0.001	•	0.66	•	0.88	•	0.003	
	At high risk (self)		0.90 (0.67 to		0.77 (0.59 to	0.05	1.14 (0.77 to		0.80 (0.56 to		1.32 (0.87 to		1.34 (0.91 to	0.13	
		No	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	

Household member has chronic illness	Yes	0.83 (0.61 to 1.13)	0.24	1.07 (0.81 to 1.41)	0.64	0.84 (0.55 to 1.27)	0.40	0.85 (0.58 to 1.25)	0.42	0.96 (0.60 to 1.55)	0.88	1.47 (0.97 to 2.22)	0.07
Employment status	Not working Working	Ref 0.76 (0.58 to 0.99)	0.04	Ref 0.77 (0.60 to 0.98)	0.04	Ref 0.98 (0.69 to 1.40)	- 0.92	Ref 1.01 (0.72 to 1.42)	- 0.96	Ref 0.63 (0.42 to 0.95)	- 0.03	Ref 0.96 (0.66 to 1.38)	0.81
Socio-economic grade‡	ABC1 C2DE	Ref 0.89 (0.71 to 1.13)	0.34	Ref 0.79 (0.64 to 0.98)	0.03	Ref 0.76 (0.56 to 1.04)	- 0.09	Ref 0.74 (0.55 to 1.01)	- 0.06	Ref 0.84 (0.59 to 1.20)	- 0.34	Ref 0.88 (0.64 to 1.21)	- 0.43
Index of multiple deprivation	1 st (least) to 4 th quartile (most deprived)	1.02 (0.91 to 1.14)	0.71	1.03 (0.93 to 1.14)	0.54	1.01 (0.87 to 1.17)	0.93	1.07 (0.93 to 1.24)	0.34	0.99 (0.84 to 1.18)	0.95	1.04 (0.89 to 1.21)	0.61
Highest educational or	Less than degree	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-
professional qualification	Degree or higher	1.05 (0.83 to 1.34)	0.68	1.05 (0.84 to 1.32)	0.66	1.16 (0.83 to 1.61)	0.38	1.21 (0.86 to 1.70)	0.27	1.03 (0.72 to 1.46)	0.88	1.40 (1.01 to 1.95)	0.04
Ethnicity	White British	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-
·	White other	1.16 (0.64 to 2.11)	0.63	0.99 (0.54 to 1.80)	0.96	1.17 (0.54 to 2.50)	0.69	0.84 (0.38 to 1.85)	0.67	0.52 (0.21 to 1.30)	0.16	1.57 (0.66 to 3.72)	0.31
	Black and minority ethnicity	0.69 (0.47 to 1.03)	0.07	0.81 (0.57 to 1.16)	0.25	1.39 (0.86 to 2.26)	0.18	1.65 (1.02 to 2.68)	0.04	1.49 (0.87 to 2.55)	0.14	1.40 (0.85 to 2.29)	0.19
	Overall	χ ² (2)=4.4	0.11	χ ² (2)=1.5	0.48	χ²(2)=1.8	0.41	χ ² (2)=5.4	0.07	χ²(2)=5.4	0.07	χ ² (2)=2.1	0.35
First language	Not English	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-
	English	1.45 (0.86 to 2.47)	0.17	0.90 (0.55 to 1.49)	0.68	1.09 (0.58 to 2.02)	0.80	0.91 (0.46 to 1.78)	0.77	1.48 (0.72 to 3.03)	0.28	1.10 (0.56 to 2.16)	0.79
Ever had COVID- 19	Think not Think yes	Ref 1.01 (0.78 to 1.31)	0.93	Ref 1.31 (1.03 to 1.66)	0.03	Ref 1.11 (0.80 to 1.54)	- 0.54	Ref 0.85 (0.62 to 1.18)	0.34	Ref 1.13 (0.78 to 1.64)	- 0.50	Ref 0.63 (0.45 to 0.87)	- 0.006
Vaccination status	Not vaccinated	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-	Ref	-
	1 dose	0.72 (0.41 to 1.26)	0.25	0.61 (0.36 to 1.01)	0.06	2.62 (1.37 to 4.99)	0.003	2.62 (1.48 to 4.66)	0.001	3.83 (1.86 to 7.88)	<0.001	1.22 (0.63 to 2.39)	0.55
	2 doses or more	0.90 (0.64 to 1.26)	0.54	0.98 (0.71 to 1.35)	0.92	2.31 (1.56 to 3.40)	<0.001	4.44 (3.05 to 6.48)	<0.001	2.29 (1.35 to 3.87)	0.002	1.34 (0.84 to 2.15)	0.22
	Overall	χ²(2)=1.4	0.51	χ²(2)=4.3	0.11	χ²(2)=19.4	<0.001	χ²(2)=60.1	<0.001	χ²(2)=14.9	0.001	χ²(2)=1.5	0.48
Financial hardship	Range 3 (least) to 15 (most)	0.95 (0.92 to 0.98)	0.004	0.96 (0.92 to 0.99)	0.01	0.97 (0.93 to 1.02)	0.21	0.94 (0.9 to 0.99)	0.02	1.03 (0.97 to 1.08)	0.33	1.01 (0.96 to 1.06)	0.65

a) 1622 people were eligible for inclusion in highest risk social mixing analyses. There were different amounts of missing data depending on variables included in the models, so n ranged between 1439 and 1446 for different models.

b) 1841 people were eligible for inclusion in highest risk social mixing analyses. There were different amounts of missing data depending on variables included in the models, so n ranged between 1668 and 1689 for different models.

- c) 1404 people were eligible for inclusion in wearing a face covering in shops analyses (sample limited to people who reported having been out shopping in the last week). There were different amounts of missing data depending on variables included in the models, so n ranged between 1247 and 1266 for different models.
- d) 1600 people were eligible for inclusion in wearing a face covering in shops analyses (sample limited to people who reported having been out shopping in the last week). There were different amounts of missing data depending on variables included in the models, so n ranged between 1454 and 1475 for different models.
- e) 789 people were eligible for inclusion in wearing a face covering in hospitality venues analyses (sample limited to people who reported having been out to hospitality venues in the last week). There were different amounts of missing data depending on variables included in the models, so n ranged between 700 and 713 for different models.
- f) 894 people were eligible for inclusion in wearing a face covering in hospitality venues analyses (sample limited to people who reported having been out to hospitality venues in the last week). There were different amounts of missing data depending on variables included in the models, so n ranged between 817 and 829 for different models.