

Supplementary table S2. Demographics and baseline data of Turmeric-Boswellia formulation (TBF) and placebo groups

	TBF (n=116)	Placebo (n=116)	#P value (2t)
	Mean ± SE	Mean ± SE	
Age	37.18 ± 1.19	37.55 ± 1.25	0.919
Height	166.85 ± 0.87	166.69 ± 0.81	0.747
Weight	69.81 ± 1.07	69.75 ± 1.08	0.846
NRS Rest	7.97 ± 0.11	7.66 ± 0.11	0.053*
NRS Movement	8.41 ± 0.10	8.28 ± 0.10	0.357*
NRS Pressure	8.44 ± 0.10	8.29 ± 0.09	0.266*

# Mann-Whitney U test.

\* Kolmogorov-Smirnov Test for Comparing Distributions