Sociocultural Factors, Access to Healthcare, and Lifestyle: Multifactorial Indicators in Association with Colorectal Cancer Risk.

Supplemental Table 5. The associations between variables for race, education, access and use of healthcare and adherence to a healthy lifestyle with CRC risk, stratified by anatomic site.								
Baseline Characteristic			Colorectal cancer		Colon cancer		Rectal cancer	
CRC Screening	Cohort	Cases	HR (95%CI) [a]	Cases	HR (95%CI) [a]	Cases	HR (95%CI) [a]
Never	50380	532	1 (ref.)	398	1 (ref.)	102	1 (ref.)
Ever	21210	185	0.67 (0.56 to 0.79)	139	0.65 (0.53 to 0.80)	23	0.50 (0.31 to 0.80)
Race								
Black	50687	549	1 (ref.)	409	1 (ref.)	99	1 (ref.)
White	20903	168	0.77 (0.64 to 0.91)	128	0.78 (0.64 to 0.96)	26	0.67 (0.43 to 1.05)
Education								
< High school	44822	494	1 (ref.)	363	1 (ref.)	86	1 (ref.)
≥ High School	26768	223	0.81 (0.69 to 0.96)	174	0.86 (0.71 to 1.04)	39	0.81 (0.54 to 1.20)
Insurance Status								
Uninsured	28890	290	1 (ref.)	221	1 (ref.)	56	1 (ref.)
Insured	42700	427	0.88 (0.75 to 1.03)	316	0.83 (0.69 to 0.99)	69	0.84 (0.58 to 1.23)
Healthy Lifestyle Score								
0-1	20085	192	1 (ref.)	131	1 (ref.)	39	1 (ref.)
2	28780	310	1.01 (0.84 to 1.21)	235	1.11 (0.89 to 1.38)	54	0.96 (0.63 to 1.45)
3-5	22725	215	0.85 (0.70 to 1.04)	171	0.98 (0.77 to 1.23)	32	0.71 (0.44 to 1.14)

Abbreviations: CI, confidence interval; HR, hazard ratio; Ref., reference; SES, socioeconomic status.
[a] Adjusted for enrollment source, and the variables included in the table. Analysis is restricted to participants self-identified as non-Hispanic white or black.
Healthy lifestyle score is a composite variable including smoking status, alcohol, physical activity, and the ACS diet score.