

## Supplementary File 1.

## Search terms for PubMed

(nurse[tiab] OR nurses[tiab] OR nursing[tw] OR nursery[tw] OR “health personnel”[tw] OR “health care personnel”[tw] OR “healthcare personnel”[tw] OR “health care worker”[tw] OR “health care workers”[tw] OR “healthcare worker”[tw] OR “healthcare workers”[tw] OR “health worker”[tw] OR “health workers”[tw] OR “health professional”[tw] OR “health professionals”[tw] OR “health care professional”[tw] OR “health care professionals”[tw] OR “healthcare professional”[tw] OR “healthcare professionals”[tw] OR “medical care personnel”[tw] OR “health staff”[tw] OR “health staffs”[tw] OR “healthcare staff”[tw] OR “healthcare staffs”[tw] OR “health care staff”[tw] OR “health care staffs”[tw]) AND (cognitive[tw] OR behavio\*[tw] OR mindfulness[tw] OR CBT[tw] OR ACT[tw]) AND (burnout[tw] OR anxiety[tw] OR anxious\*[tw] OR depression[tw] OR depress\*[tw] OR “mental health”[tw] OR stress\*[tw] OR distress[tw]) AND (“randomized controlled trial”[pt] OR (randomized[tiab] AND controlled[tiab] AND trial[tiab]))