## **Supplementary Figure Legends**

**Supplementary Figure 1:** Average food intake in the (A) dark and (B) light phases, average energy expenditure (EE) in the (C) dark and (D) light phases, average EE normalised to body weight (BW) in the (E) dark and (F) light phases, average pedmeters travelled in the (G) dark and (H) light phases, average time spent asleep in the (I) dark and (J) light phases, and average respiratory quotient (RQ) in the (K) dark and (L) light phases in male and female mice in the first 3 days of a transition to a HFD (Early) compared to after 4-5 weeks of HFD feeding. Data are means  $\pm$  SEM of at least 7 per group. Data were analysed by two-way ANOVA. \* = p < 0.05, \*\* = p < 0.01, \*\*\* = p < 0.001 as indicated.

**Supplementary Figure 2:** (A) Body weight (BW), (B) lean mass, (C) fat mass, (D) fat mass as a percentage of BW, (E) bone mineral content (BMC), and (F) bone mineral density (BMD) in male and female mice 4 days after transition back to chow following 4 weeks of HFD feeding (diet) compared to age matched controls maintained on chow diet (chow). Average food intake in the (G) dark and (H) light phases, average energy expenditure (EE) in the (I) dark and (J) light phases, average EE normalised to BW in the (K) dark and (L) light phases, average pedmeters travelled in the (M) dark and (N) light phases, average time spent asleep in the (O) dark and (P) light phases, and average respiratory quotient (RQ) in the (Q) dark and (R) light phases in male and female mice under diet conditions compared to chow-fed controls. Data are means  $\pm$  SEM of at least 4 per group. Data were analysed by two-way ANOVA. \* = p < 0.05, \*\* = p < 0.01, \*\*\* = p < 0.001 as indicated.



**Supplementary Figure 1** 



**Supplementary Figure 2**