

**Table S1. Descriptive characteristics of the analytic sample over the study period by age cohort\* and gender, UCNets**

Characteristic	Age 21-30 y		Age 50-70 y	
	Men	Women	Men	Women
	n=117	n=262	n=196	n=365
<b>Network Outcomes</b>				
Churn, M (SE)	0.51 (0.02)	0.51 (0.01)	0.42 (0.01)	0.41 (0.01)
% Kin, M (SE)	0.36 (0.02)	0.38 (0.02)	0.43 (0.01)	0.40 (0.01)
Network confidence, M (SE)	2.67 (0.05)	2.71 (0.04)	2.42 (0.05)	2.46 (0.04)
<b>Life Transitions, n (%)</b>				
School or job transition	96 (80.1)	227 (82.3)	—	—
Became married/partnered	40 (32.2)	120 (39.9)	—	—
Birth of a child	11 (15.7)	31 (27.3)	—	—
Retired	—	—	56 (27.6)	104 (29.1)
Became divorced/unpartnered	—	—	12 (6.1)	30 (6.6)
Empty nest	—	—	9 (3.8)	35 (9.2)
<b>Wave 1 Characteristics</b>				
Age, M (SE)	25.8 (0.4)	25.4 (0.3)	59.2 (0.5)	59.5 (0.4)
Race/Ethnicity, n (%)				
Non-Hispanic white	58 (41.8)	134 (36.1)	158 (64.8)	270 (53.4)
Non-Hispanic black	4 (7.4)	14 (9.5)	9 (7.0)	33 (8.8)
Latino	14 (16.9)	45 (29.0)	11 (10.5)	26 (14.9)
Asian	41 (33.9)	69 (25.3)	18 (17.7)	36 (22.9)
Educational Attainment, n (%)				
Less than bachelor's degree	24 (48.0)	56 (56.9)	54 (51.9)	103 (52.4)
Bachelor's degree	65 (36.3)	143 (28.3)	70 (26.2)	142 (30.2)
More than bachelor's degree	28 (15.7)	63 (14.8)	72 (21.9)	120 (17.4)
Overall Health, n (%)				
Excellent or very good	75 (52.7)	168 (53.5)	119 (55.6)	220 (57.7)
Good	26 (27.2)	69 (34.8)	46 (26.4)	94 (25.6)
Fair or poor	16 (20.1)	25 (11.7)	31 (18.0)	51 (16.7)
Network Size, M (SE)	9.4 (0.4)	10.7 (0.3)	9.6 (0.4)	10.6 (0.3)

Notes. Group sums may not add to one due to rounding. M (SE), Mean (standard error).

\* Weighted proportions or means (standard error) and unweighted frequencies shown.