# Supplemental information

### Supplementary Fig. 1. Transition of intracellular creatine and ATP concentration in neutrophils

Neutrophils  $(1.0x10^7/mL)$  were treated with or without creatine (1.675, 3.35, 6.7, 13.4, 26.8 and 53.6 mM) at 37°C for 6 h, then intracellular creatine (A) and ATP (B) concentrations were measured in each culture. The cumulative data were shown eight (A) and six (B) samples in three independent experiments. One-way ANOVA was used to analyze data for significant differences. \*p < 0.05, \*\*p < 0.01 and \*\*\*p < 0.001 were regarded as significant.

### Supplementary Fig. 2. Transition of serum creatine concentration

The mice received i.p. injection of saline (-;  $200 \mu$  l) or creatine solution ( $200 \mu$  l of 5, 10, 25, 50, 100 and 200 mg/mL) every 24 h for 7 days. The peripheral blood was collected at day 7 and serum was separated for the measurement or creatine concentration. The cumulative data were shown eight samples in three independent experiments. One-way ANOVA was used to analyze data for significant differences. \**p* < 0.0001 was regarded as significant.

# Supplemental figure 1 Transition of intracellular creatine and ATP concentration in neutrophils



#### Supplemental figure 2 Transition of serum creatine concentration

