Table S1. Insulin resistance and inflammation of study participants according to incident sarcopenia, 2-year follow-up, by sex

	Male (n=631)			Female (n=722)		
	Normal (n=528)	Sarcopenia (n=103)	p-value	Normal (n=632)	Sarcopenia (n=90)	p-value
log(HOMA-IR)	0.15±0.31	0.22±0.37	0.032	0.25±0.28	0.23±0.25	0.394
log(hs-CRP)	-0.10±0.39	-0.03±0.43	0.087	-0.09±0.36	-0.09±0.42	0.843

To evaluate insulin resistance, we used the homeostasis model assessment of insulin resistance (HOMA-IR), according to the following formula: HOMA-IR=fasting plasma glucose (mg/dL)×fasting insulin (μIU/mL)/405.[20]