

Supplemental Materials

**A low n-6 to n-3 polyunsaturated fatty acid ratio diet improves hyperinsulinemia by restoring insulin clearance in obese youth**

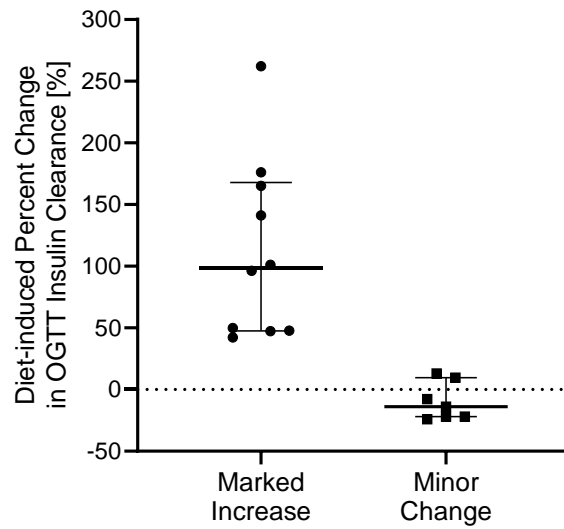
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## Supplemental Figure 1



Percent changes in insulin clearance during the oral glucose tolerance test (OGTT) in participants with with or without substantial ( $\pm 25\%$  from baseline) modifications in insulin clearance.