

Table - Risk of bias assessment of each study

<i>Reference</i>	<i>Absence of allocation secrecy</i>	<i>Absence of masking (blinding)</i>	<i>Incomplete follow-up</i>	<i>Selective reporting of outcomes</i>	<i>Other limitations</i>	<i>Quality</i>
Al Shaqsi <i>et al.</i> , 2012	No	Yes	No	No	No	Moderated
Alonso <i>et al.</i> , 2010	No	Yes	No	No	No	Moderated
Alonso <i>et al.</i> , 2012	No	Yes	No	No	No	Moderated
Bere <i>et al.</i> , 2015	No	Yes	No	No	No	Moderated
Bergendiova <i>et al.</i> , 2011	No	No	No	Yes	No	Moderated
Blume <i>et al.</i> , 2018	No	Yes	No	No	No	Moderated
Borges <i>et al.</i> , 2018	No	Yes	No	No	No	Moderated
Brisola <i>et al.</i> , 2020	No	Yes	No	No	No	Moderated
Broadbent <i>et al.</i> , 2011	No	Yes	No	No	No	Moderated
Brunelli <i>et al.</i> , 2014	No	Yes	No	No	No	Moderated
Canto <i>et al.</i> , 2018	No	Yes	No	No	No	Moderated
Carol <i>et al.</i> , 2011	No	No	Yes	No	No	Moderated
Carrilo <i>et al.</i> , 2008	No	No	No	No	No	High
Costa <i>et al.</i> , 2005	No	Yes	No	No	No	Moderated
Cox <i>et al.</i> , 2004	No	No	No	No	No	High
Cox <i>et al.</i> , 2010	No	No	No	No	No	High
Crooks <i>et al.</i> , 2006	No	No	Yes	No	No	Moderated
Crooks <i>et al.</i> , 2010	No	No	No	No	No	High
Eda <i>et al.</i> , 2018	No	Yes	No	No	No	Moderated
Fahlman <i>et al.</i> , 2004	No	Yes	No	No	No	Moderated
Filaire <i>et al.</i> , 2003	No	Yes	No	No	No	Moderated
Gleeson <i>et al.</i> , 1995	No	Yes	No	No	No	Moderated
Gleeson <i>et al.</i> , 1999	No	Yes	No	No	No	Moderated
Gomez <i>et al.</i> , 2005	No	Yes	No	No	No	Moderated
Ihalainen <i>et al.</i> , 2016	No	Yes	No	No	No	Moderated
Kunz <i>et al.</i> , 2015	No	Yes	No	No	No	Moderated
Li <i>et al.</i> , 2007	No	Yes	No	No	No	Moderated
Libicz <i>et al.</i> , 2006	No	Yes	No	No	No	Moderated
Louis <i>et al.</i> , 2016	No	Yes	No	No	No	Moderated
Luna <i>et al.</i> , 2011*	No	No	No	No	No	High
Mackinnon, <i>et al.</i> , 1993a	No	Yes	No	No	No	Moderated
Mackinnon <i>et al.</i> , 1993b	No	Yes	No	No	No	Moderated
Mackinnon <i>et al.</i> , 1994	No	Yes	No	No	No	Moderated
Mah <i>et al.</i> , 2020	No	No	Yes	No	No	Moderated
Marinkovic <i>et al.</i> , 2016	No	No	Yes	No	No	Moderated
Martins <i>et al.</i> , 2009	No	Yes	No	No	No	Moderated
McFarlin <i>et al.</i> , 2013	No	No	Yes	No	No	Moderated
Moreira <i>et al.</i> , 2011a	No	Yes	No	No	No	Moderated
Moreira <i>et al.</i> , 2011b	No	Yes	No	No	No	Moderated
Moreira <i>et al.</i> , 2013a	No	Yes	No	No	No	Moderated

Moreira <i>et al.</i> , 2013b	No	Yes	No	No	No	Moderated
Murase <i>et al.</i> , 2015	No	Yes	No	No	No	Moderated
Nehlsen <i>et al.</i> , 2002	No	No	No	No	No	High
Nieman <i>et al.</i> , 1993	No	Yes	No	No	No	Moderated
Nieman <i>et al.</i> , 2000	No	Yes	No	No	No	Moderated
Nieman <i>et al.</i> , 2003	No	Yes	No	No	No	Moderated
Nieman <i>et al.</i> , 2014	No	Yes	No	No	No	Moderated
Novas <i>et al.</i> , 2003	No	Yes	No	No	No	Moderated
Obasi <i>et al.</i> , 2012	No	Yes	No	No	No	Moderated
Orysiak <i>et al.</i> , 2018	No	Yes	No	No	No	Moderated
Owen <i>et al.</i> , 2016	No	Yes	No	No	No	Moderated
Pacque <i>et al.</i> , 2007	No	Yes	No	No	No	Moderated
Peters <i>et al.</i> , 2010	No	Yes	No	No	No	Moderated
Putlur <i>et al.</i> , 2004	No	Yes	No	No	No	Moderated
Pyne <i>et al.</i> , 1995	No	Yes	No	No	No	Moderated
Rama <i>et al.</i> , 2012	No	Yes	No	No	No	Moderated
Reid <i>et al.</i> , 2001	No	Yes	No	No	No	Moderated
Rosa <i>et al.</i> , 2013	No	Yes	No	No	No	Moderated
Sari-Sarraf, <i>et al.</i> , 2006	No	Yes	No	No	No	Moderated
Steerenberg <i>et al.</i> , 1997	No	Yes	No	No	No	Moderated
Thornton <i>et al.</i> , 2016	No	Yes	No	No	No	Moderated
Tiollier <i>et al.</i> , 2004	No	Yes	No	No	No	Moderated
Vardiman <i>et al.</i> , 2011	No	Yes	No	No	No	Moderated
Whitham <i>et al.</i> , 2006	No	Yes	No	No	No	Moderated
Zakovska <i>et al.</i> , 2017	No	Yes	No	No	No	Moderated