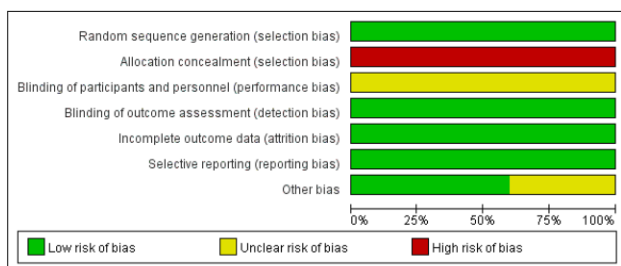


Supplementary Fig 1 Risk of bias of included studies.



	Barroso (2013)	Devil (2014)	Jacomo (2019)	Mullmann (2020)	Padilha (2021)
Random sequence generation (selection bias)	+	+	+	+	+
Allocation concealment (selection bias)	-	-	-	-	-
Blinding of participants and personnel (performance bias)	?	?	?	?	?
Blinding of outcome assessment (detection bias)	+	+	+	+	+
Incomplete outcome data (attrition bias)	+	+	+	+	+
Selective reporting (reporting bias)	+	+	+	+	+
Other bias	+	+	?	?	?