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2 Integrating Contextual Factors into Clinical Decision Support to Reduce Contextual Error and
3 Improve Outcomes in Ambulatory Care
4

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21 **Study Location(s):** UIC Primary Care Clinics, Loyola University Medical Center Primary Care
22 Clinics
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24 **Sponsor:** Agency for Health Care Quality and Research (R01HS25374)
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26
27 **Version:** 2

28 **Date:** 6/8/2017
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LIST OF ABBREVIATIONS

60		
61		
62	4C	Content Coding for Contextualization of Care
63	CDS	Clinical Decision Support system
64	COI	Conflict of Interest
65	DHHS	Department of Health and Human Services
66	DMC	Data Monitoring Committee
67	DSMB	Data and Safety Monitoring Board
68	DSMP	Data and Safety Monitoring Plan
69	HIPAA	Health Insurance Portability and Accountability Act
70	ICD	Informed Consent Document
71	IRB	Institutional Review Board
72	LAR	Legally Authorized Representative
73	LUMC	Loyola University Medical Center
74	OHRP	Office of Human Research Protections
75	OPRS	Office for the Protection of Research Subjects
76	PHI	Protected Health Information
77	PI	Principal Investigator
78	RA	Research Assistant
79	SAE	Serious Adverse Event
80	USP	Unannounced Standardized Patient
81		

82 1.0 Project Summary/Abstract

83 The term *patient context* refers to the myriad *contextual factors* in patients' lives that
84 complicate the application of research evidence to patient care.¹ For instance, the inability of a
85 patient to afford a medication for a particular condition is a contextual factor. Contextual factors
86 can be addressed when correctly identified. Substituting a low cost generic for a high cost brand
87 name medication may enable a patient to afford a medication. Addressing contextual factors in
88 a care plan is termed *contextualizing care*.² Conversely, the failure to address a contextual
89 factor when it is feasible to do so is a *contextual error*, because it results in an inappropriate plan of
90 care.³ In sum, contextual errors are medical errors caused by inattention to patient context.
91 They are common and linked to both diminished health care outcomes⁴ and an increase in
92 health care costs related to overuse and misuse of medical services.⁵ These findings were
93 determined using a validated method for coding audio recorded data called Content Coding for
94 Contextualization of Care ("4C")⁶ collected during the encounters by both real patients, and by
95 unannounced standardized patients (USPs) employing checklists.⁷

96 Preventing contextual errors requires heightening clinician responsiveness to clues that
97 there are contextual factors during the clinical encounter, in real time.^{8,9} These clues, termed
98 *contextual red flags* are evident in two sources: the medical record and from patients directly.¹⁰
99 An unexpected increase in glycosylated hemoglobin is an example of the former; a patient's
100 comment that they've recently been having episodes of hypoglycemia reflects the latter. An
101 effective intervention would prompt clinicians to determine whether there are underlying
102 contextual factors that could be addressed in the care plan, averting contextual error. This
103 desirable process is termed *contextual probing*.⁶

104 While clinical decision support (CDS) has been used to provide physicians with timely
105 biomedical information at the point of care to prevent errors¹¹⁻¹³ and promote appropriate care,¹⁴⁻
106 ¹⁶ this technology also affords an opportunity to draw physician attention to both contextual red
107 flags and contextual factors in order to avert contextual errors. The proposed study is submitted
108 in response to Special Emphasis Notice (SEN) NOT-HS-16-015, "Advancing the Collection and
109 Use of Patient-Reported Outcomes and Patient Contextual Data to Improve Quality and
110 Outcomes in Ambulatory Care through Health Information Technology." We will assess the
111 potential of "contextualized CDS" to improve contextualization of care through a randomized
112 controlled intervention trial, with assessment measures of both patient health care outcomes
113 and averted costs associated with overuse and misuse of medical services. In addition to
114 pursuing the aforementioned aim, the study design will adopt best practices for CDS design. We
115 propose to implement highly personalized, concise, actionable contextual CDS strategies. The
116 proposed study will pursue these aims by testing three hypotheses about contextualized CDS,
117 and adhering to one design principle. The three hypotheses are that CDS:

- 118 1. *Reduces contextual error*: CDS tools that inform clinicians of contextual factors and prompt
119 them to explore contextual red flags should result in a reduction in contextual error.
- 120 2. *Improve health care outcomes*: Contextualized CDS predicts improved health care
121 outcomes defined as a partial or full resolution of the contextual red flag (e.g. elevated HgB
122 A1c) after the index visit.
- 123 3. *Reduces avoidable health care costs*: Contextualized CDS is associated with a reduction in
124 misuse and overuse of inappropriate or unnecessary medical services.

125 The design principle, referred to as "*Five Right*"¹⁷ is to provide the right information to the right
126 people through the right channels in the right format at the right point in care delivery.

127 To test the hypotheses, patients who consent to participate will be randomized to usual
128 care or care enhanced with contextualized CDS. Participants will audio record their visits, and

129 the data will be coded using 4C. They will be followed for 4-6 months following the index visit for
130 assessment of outcomes using an established tracking method.⁶ In addition, USPs presenting
131 with cases containing complicating contextual factors that if overlooked result in overuse and
132 misuse of medical services, will be employed to assess the third hypothesis, and to supplement
133 the data obtained by observing the effects of contextual alerts on the care of real patients for the
134 first hypothesis.

135 **2.0 Background/Scientific Rationale**

136 A *contextual error* occurs when a care plan is inappropriate because of inattention to
137 patient context.¹ Increasing the dosage of a patient’s medication to manage deterioration of a
138 chronic condition is a contextual error when the unaddressed underlying etiology is something in
139 the patient’s circumstances, such as a change in health insurance coverage, loss of social
140 support or competing responsibilities. Contextual errors are a subtype of medical error as they
141 reflect “....a wrong plan to achieve an aim.”³

142 Our team has spent over a decade characterizing contextual errors (what they are and
143 how to detect them), assessing their prevalence in various practice settings, measuring their
144 impact on health care outcomes and costs, and trying to prevent them.^{8,9} For the latter we have
145 attempted medical education interventions,^{4,18} and performance improvement strategies
146 employing audit & feedback.¹⁹ A common theme of all of this work has been that contextual
147 errors occur when physicians overlook essential information about patients’ circumstances and
148 behaviors when planning their care, with measurably deleterious consequences for both health
149 care outcomes and costs.²⁰ Reducing contextual error rates may require real time strategies,
150 activated during the clinical encounter, that prompt physicians to explore and address patient
151 context in care planning.

152 In our research employing real patient collected audio we learned that contextual errors
153 are common. In a study in which 601 patients carried concealed audio recorders into their visits
154 across multiple practice sites, we found that contextual red flags were present in 403 of visits
155 (67%), and that contextual factors were revealed in 208, meaning that in 35% of encounters
156 effective care required identifying and addressing a contextual factor.⁴ Physicians were
157 successful about 59% of the time, and responsible for a contextual error in the remaining 41%.
158 In other words, about 14% (0.41 x 35%) of overall care was derailed by a contextual error.
159 When we followed these patients for 9 months, the presenting problem at the time of the index
160 visit was less likely to improve or resolve compared to visits without a contextual error (46% vs
161 71%; *P*= 0.002).

162 In our research employing unannounced standardized patients (USPs), actors
163 presenting to clinicians as patients and collecting audio recordings, we documented similar
164 performance problems, with high contextual error rates.⁷ These errors are caused either by
165 inattention to contextual red flags – i.e. not noticing or responding to clues of underlying
166 contextual factors, or not addressing contextual factors in care planning. The cases we
167 developed were designed such that physicians were also challenged to avoid making
168 biomedical errors, e.g. overlooking evidence of gastroesophageal reflux in a patient with asthma
169 presenting with increased symptoms after meals and when recumbent. Before deploying USPs,
170 the cases were iteratively refined until board certified physicians reviewing paper based
171 versions had a low probability of making either a biomedical or contextual error when explicitly
172 informed of the contextual factor. ¹⁰ In situ, however, contextual error rates turned out to be
173 both common and more frequent than biomedical errors. In a subsequent analysis we added up
174 the direct service utilization costs of these errors using Medicare cost-based reimbursement
175 data, by tabulating the expenses associated with misuse and overuse of medical services.⁵
176 Over 400 encounters, biomedical errors contributed a mean cost of \$30 per encounter, and
177 contextual errors \$231 per encounter (Figure 2).

178 Clinical Decision Support (CDS) provides a set of strategies for both individualizing and
179 timing heightened awareness of patient specific information to inform decision making. CDS
180 integrates patient specific data with a knowledge base and interprets the resulting data with
181 clinical rules and guidelines to provide support to clinicians at various points in the care

182 process.²⁴ CDS can interact with clinicians in a variety of ways, from interactive alerts to passive
183 visualization that guides decisions without interrupting clinicians. It can be real time, or a
184 message that can come at a more convenient time for non-urgent information.²⁵

185 To date the knowledge base in CDS systems has been primarily biomedical information,
186 such as laboratory data, pharmaceuticals, diagnosis, patient allergies, age, sex, etc... We
187 propose incorporating contextual information into the CDS knowledge base to allow CDS
188 interventions that help clinicians pick up on contextual red flags and prevent contextual errors.
189 The approach would embrace the “Five Rights” framework already widely adopted in CDS
190 design.¹⁷ CDS interventions must provide the *right information*, to the *right people*, through the
191 *right channels*, in the *right intervention formats*, at the *right points* in workflow.

192 In the following section, we outline a plan for incorporating and rigorously assessing
193 patient contextual information (contextual red flags and contextual factors) into CDS, and
194 assessing its impact on contextual error rates, health care outcomes and the misuse and
195 overuse of medical services, drawing on methods of measurement developed, validated and
196 extensively employed in our prior research. In addition to measuring the benefits of
197 contextualized CDS, this project will focus on best design practices, such that the contextual
198 information is presented in a manner that is relevant to those who can act on the information
199 and that results in the right action.

200

201 **3.0 Objectives/Aims**

202 We will assess the potential of “contextualized CDS” to improve contextualization of care
203 through a 27 month randomized controlled intervention trial, with assessment measures of both
204 patient health care outcomes and averted costs associated with overuse and misuse of medical
205 services. In addition to pursuing the aforementioned aim, the study design will adopt best
206 practices for CDS design. We propose to implement highly personalized, concise, actionable
207 contextual CDS strategies. The proposed study will pursue these aims by testing three
208 hypotheses about contextualized CDS, and adhering to one design principle. The three
209 hypotheses are that CDS:

- 210 1. *Reduces contextual error*: CDS tools that inform clinicians of contextual factors and
211 prompt them to explore contextual red flags should result in a reduction in contextual
212 error.
- 213 2. *Improve health care outcomes*: Contextualized CDS predicts improved health care
214 outcomes defined as a partial or full resolution of the contextual red flag (e.g. elevated
215 HgB A1c) after the index visit.
- 216 3. *Reduces avoidable health care costs*: Contextualized CDS is associated with a reduction
217 in misuse and overuse of inappropriate or unnecessary medical services.

218

219 **4.0 Eligibility**

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- *Subjects include:*

- 221 • 500 adult patients of primary clinics at UIC and Loyola Medical Center (LUMC)
- 222 (we estimate approaching 1700 patients to recruit 500)
- 223 • The clinicians (physicians or nurse practitioners) seeing the 500 patients (at least
- 224 20 clinicians and up to 200 clinicians)
- 225 • Maximum subjects under this protocol: 2000 patients, 200 clinicians

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227 **4.1 Inclusion Criteria**

- 228 • English-speaking adult patients presenting to outpatient primary care clinics
- 229 for scheduled appointments who can be contacted in advance of their

230 appointment and the clinicians (physicians or nurse practitioners) seeing
231 those patients at those visits.

- 232 • Eligible patients and their clinicians are identified from scheduled clinic
233 appointments

234 **4.2 Exclusion Criteria**

- 235 • Patients with emergent or unscheduled visits or who do not speak English.

236 **4.3 Excluded or Vulnerable Populations**

- 237 • Patients who do not speak English are excluded because previously developed
238 tools for assessing context and contextualization are only available in English
239 and our 4C coding system has only been applied in English
- 240 • Clinician subjects include UIC and LUMC employees.

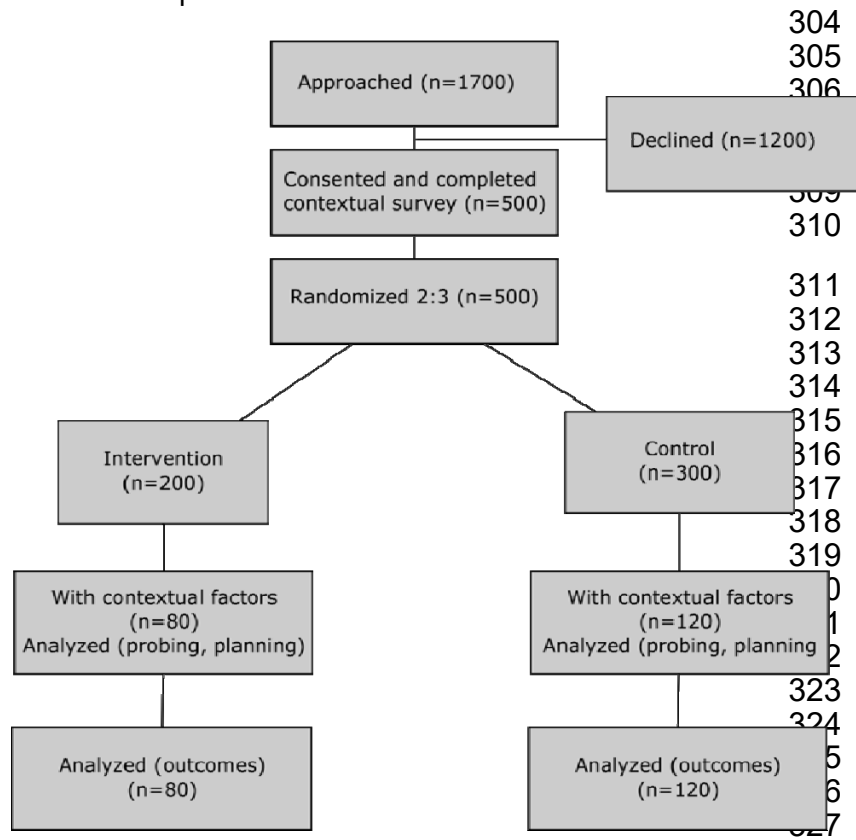
241 **5.0 Subject Enrollment**

- 242 • Clinicians: Clinicians will be informed of the study at their standing staff meetings. They'll
243 be told that the purpose of the project is to assess whether enhanced clinical decision
244 support, that provides both passive and actively delivered information provided by
245 patients and extracted from their medication record about life challenges, or "contextual
246 factors" that may be impacting their health care, can improve clinical decision making
247 and health care outcomes and costs. They'll be informed that if they participate data
248 collection will require listening in on the visit and that we will be inviting patients to audio
249 record their visits. They'll also learn that this is a randomized study so that some of the
250 time they'll see contextualized CDS information and other times they won't. They'll learn
251 that they are not a unit of study, and we will be collecting no data about their individual
252 performance. We'll also inform them that a decision not to participate will not impact their
253 employment in any regard as we are a research team not connected to management.
254 Those indicating they would like to participate will be contacted by an RA to complete
255 the informed consent process
- 256 • Patients: The proposed protocol is that patients of participating physicians will be
257 contacted about 2 weeks prior to a scheduled appointment to the adult primary care
258 clinic at either of the two sites. Initial contact will be via mail with an opt out for a follow
259 up phone call. If they don't opt out, the research assistant will call them. They will be
260 informed that they are invited to participate in a study to determine whether providing
261 their health care team with additional information in the electronic medical record about
262 challenges or life circumstances they are facing that impact their care could improve the
263 quality of their care, including their health outcomes. They will be informed that if they
264 participate they will be asked and, assisted if needed, with completing a brief
265 questionnaire for their medical record about challenges they are having that might
266 impact their care. They'll also learn that when they arrive for their appointment they will
267 receive a small digital audio record to carry into the visit. They'll be told that it is
268 preferable to conceal the audio in their pocket or bag, but that they can take it out if they
269 like. They'll be informed that their doctor supports the study. We also encourage all
270 patients to turn off the audio recorder at any time if they change their mind about
271 participation. Finally, they'll be informed that a member of the research team will access
272 their record twice: first to note any information about their life situation that may be
273 relevant to their health care now, and then several months later to see if key health care
274 indicators noted at the visit have improved. Finally, they'll be told that their doctor may or
275 may not receive the information they provided, based on random assignment. We have
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279 allocated \$20 to each patient participant and they'll be told that as well. Those who
 280 consent to participate will sign the consent document when they arrive for the
 281 appointment and are met by the RA. Only individuals who exhibit a full understanding of
 282 the protocol, and indicate they are comfortable recording their visit, are eligible to do so.
 283

284 **6.0 Study Design and Procedures**

285 The protocol for the proposed trial is as follows: (a) Patients are contacted by phone
 286 approximately two weeks before a scheduled visit and invited to participate in a randomized
 287 controlled study of whether augmenting clinician attention to information about their life
 288 circumstances can result in higher quality care with better health care outcomes. (b) Among
 289 those who consent to participate, prior to randomization, subjects complete a brief questionnaire
 290 consisting of seven questions designed to elicit a broad range of contextual red flags, previously
 291 developed and validated with funding from another study (appendix). An affirmative response to
 292 any item prompts the respondent to then select one or more contextual factors if present. The
 293 instrument will be a commercially available portal tethered to the EHR for data transfer. Those
 294 who do not have web access will complete the instrument with the assistance of an RA over the
 295 phone before their visit or, if necessary, when they report for their appointment. These data
 296 upload (for both the intervention and control group) into the electronic medical record as
 297 discrete variables. (c) For those randomized to the intervention, these contextual factors along
 298 with contextual red flags already stored in the EHR will produce a variety of CDS, both passive
 299 and interruptive alerts. For visits by patients in the control group, the CDS system will not
 300 operate (d) Just prior to their appointment, in a private area near the waiting room, participants
 301 will receive a small encrypted digital audio recorder to conceal in a bag, or eye glass case or
 302 other common personal item. (e) As participants exit the visit, they return the audio recorder to
 303 an RA who uploads the audio to a secure server.



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 306 *Figure 1: Participant flow diagram for randomized trial of contextualized clinical decision support in real patients.*

311 Note that while patient
 312 encounters will be
 313 randomized, physicians will
 314 not. Participating physicians
 315 will provide care both with
 316 and without contextualized
 317 CDS. Hence there is no
 318 specific physician sample
 319 size required for this section
 320 of the study.

321 *Randomization of unannounced standardized patients:*

322 There are four
 323 reasons to employ USPs to
 324 assess the impact of an
 325
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328 intervention (contextualized CDS) on overuse and misuse of medical services. First, they are by
 329 definition standardized, meaning that physicians in both the control and intervention groups are
 330 seeing the “same” patient.³⁰ This experimental approach enables apples-to-apples comparisons
 331 (i.e. intrinsic risk adjustment) of clinical decision making, isolating the intervention as the sole
 332 changing variable. Second they assess actual performance in practice, rather than just skills.²²
 333 The third reason is that USP cases can be designed around ambulatory presentations for which
 334 there is evidence based consensus about what constitutes appropriate care.³¹ For instance,
 335 there is consensus that ordering radiographic studies on a patient presenting with
 336 uncomplicated lower back pain is an overuse of medical services. Similarly, ordering a
 337 malignancy work up on patient with weight loss in the setting of caloric deprivation is a misuse
 338 of medical services. The fourth reason is that USPs scripts can be customized around the
 339 particular CDS features we seek to assess. For instance, if we seek to assess whether alerts
 340 designed to inform clinicians when their patients are not adhering to medications in the setting
 341 of deteriorating chronic care management (e.g. a diabetic patients with elevated Accucheck
 342 readings in their log book) reduce unnecessary consultation of specialists, prescribing of
 343 additional medications etc...we will employ USP scripts that simulate such presentations.

344 For this project, 4 USP scripts with embedded contextual red flags and factors, drawn
 345 from our library of such cases will be selected. Their training and deployment will be managed
 346 by the UIC Graham Clinical Performance Center, which has extensive prior USP experience.^{7,32}
 347 The scripts will be modified and customized to assess the efficacy of the selected CDS
 348 innovations such that failure of CDS to prevent inattention to contextual red flags or factors in
 349 USP cases would result in a contextual error. Following the development of the 4 scripts, each
 350 script will be portrayed at 10 control visits without CDS support and 10 intervention visits with
 351 CDS support, divided across the two sites, for a total of 80 USP visits.
 352

	Year 1	Year 2	Year 3	Year 4
Recruitment and Randomization of Real Patients				
Recruit 500 patients across two sites and assist with patient reported data entry (RA)				
Collect and 4C code audio recorded data (Project Manager and RA)				
Collect Outcomes Data based on tracking outcomes of contextual red flags on 120 patients for 6-9 months				
Randomization and Deployment of USPs				
Identify and train 13 USPs (CPC)				
Conduct 80 USP visits				
Analysis				
Data analyses of contextual error rates, outcomes, and costs of overuse and misuse of medical services				

353 *Table 1: Project Timeline*

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356 **7.0 Expected Risks/Benefits**

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358 **7.1 Expected Risks**

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- Patients: The risks to patients are those that could be associated with any unintended dissemination of personal health information. A member of the research team, with patient consent, will access their medical record and will hear an audio recording of the patients encounter, collected by the patient. We have highly secure procedures and extensive experience avoiding any breach of PHI, using encryption for audio recorders, a secure server space approved for research data storage, and removal of patient identifiers when no longer needed for tracking outcomes (at about 4 months post index visit).
 - Clinicians: The risks to clinicians are those associate with any harm to reputation if they perform poorly and the encounter, captured on audio, were disseminated. We use encrypted audio, with data transfer directly to a secure research server space, and removal of identifiers when no longer needed for tracking.

372 *7.2 – Expected Benefits*

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- Patients: We are conducting this study because we have prior evidence that indicates that patient have better health care outcome when clinicians address patient context in care planning. We hypothesize that providing contextual information via CDS will increase contextualization of care. Those patients in the intervention group may therefore receive better care. Those in the control group may also benefit from the exercise of completing a brief questionnaire that primes them to consider how their life challenges are impacting their health care.
 - Clinicians: Participating clinicians will benefit from clinical decision support that provides them with information about any life challenges patients in the intervention group are experiencing that may be relevant to care planning. In addition they'll receive CDS about how to use the information in care planning efficiently. For patients in the control group, clinicians will receive usual CDS.

387 **8.0 Data Collection and Management Procedures**

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- Patients: Data for this study will come from 3 patients sources: (a) Their medical record. These are contextual red flags (e.g. missed appointments, loss of control of a chronic condition); (b) a patient completed inventory that is tethered to their electronic medical record, eliciting both contextual red flags and contextual factors that are not likely to be present in the EHR. See appendix for items; (c) Audio recordings they collect of their encounter, from which contextual red flags and contextual factors will be noted, and whether the care plan is contextualized or contextual errors are present. The extraction of all these data follow the Content Coding for Contextualization of Care (“4C”) methodology as described in the proposal and previously published. These data will be accessible to the research assistant, project manager, and PI who are trained 4C coders, in a format that contains identifiers (MRNs). However, once they have extracted the data and paired data from the EHR with the audio coded data, identifiers are removed and replaced with arbitrary codes. They do retain, however, a crosswalk file between codes and MRNs separate from the research data so that they can follow up on patient chart based outcomes for the presenting red flag 4-6 months post index visit; once chart outcomes are extracted and tagged with the code, the crosswalk file will be destroyed. Beyond the coding team, data is only shared without identifiers. We will employ encryption on all audio recorders, and audio is immediately uploaded to a

408 secure research data approved server using a USB port following the visit. Access to
409 the medical record is conducted by an RA trained in the “4C” method, as detailed in
410 the proposal, which requires extracting specific information onto a spread –
411 contextual red flags and factors as outlined in the research plan and detailed in our
412 online and cited coding manual. In addition the patients note is linked to their data
413 using a cross-walk file accessible only to the RA, project manager and PI, and then
414 discarded after outcomes data is collected at 4-6 months, and identifiers are no
415 longer needed.

416

- 417 • Clinicians: Encounters rather than clinicians are the unit of interest for this study.
418 There will not be sufficient data collection from any individual clinician to draw
419 inferences about his or her performance. In fact, clinicians are not randomized in this
420 study. The same clinician will see patients in both the intervention and control
421 groups, with and without contextualized CDS. He or she will also see USPs with and
422 without clinical decision support. Hence, we plan only to collect aggregate data on
423 the participating clinicians, including age range, years in practice, gender, and
424 whether they are trained in internal medicine, family medicine or as advance
425 practices nurses. As described directly above, the audio recordings by patients of
426 their visit with their doctor or APN will be encrypted and stored on a secure server
427 space. Their voices may be heard on audio, however, and recognizable. Encryption
428 means that only the 4C coders and PI will have the capacity to hear the audio. As
429 doctors are not a unit of study, we do not plan to keep the names of doctors
430 associated with data from their visits. The audio files will be stored until the date of
431 the completion of the study which will be four years from the start date. The digital
432 files will then be irreversibly deleted.

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435 **9.0 Data Analysis**

436 *Hypothesis 1:* CDS tools that inform clinicians of contextual factors and prompt them to ask
437 questions when there are contextual red flags should result in a reduction in contextual error.

438 From real patient encounters (i.e. observational assessment): Each visit is “Content
439 Coded for Contextualization of Care” (“4C”).⁶ 4C coding consists of reviewing the medical
440 record and listening to the audio to identify the presence or absence of each of the four steps to
441 contextualize care: Are there contextual red flags? If so, did the clinician probe them? If so, did
442 the patient reveal contextual factors? Note that patients sometimes reveal contextual factors
443 without a probe.³³ Regardless, did the clinician incorporate the contextual factor(s) into the care
444 plan? 4C enables care plans to be classified as either contextualized or inappropriate because
445 of a contextual error. In the latter instance, 4C also pinpoints the cause of the error as either
446 secondary to a failure to probe a contextual red flag or failure to incorporate a contextual factor
447 into the care plan. Hence, 4C coding will ascertain whether contextualized CDS is associated
448 with a reduction in contextual error. And, when contextual error rates are reduced it will
449 ascertain whether the reduction is associated with a higher probing rate or a higher rate of
450 addressing contextual factors revealed without a probe into the care plan.

451 From USP encounters (i.e. experimental assessment): Does not require 4C
452 coding; instead we use checklists based on evidence based criteria for appropriate vs
453 inappropriate care. We will recruit USPs to present with 4 different scripts, with
454 counterbalancing of control vs. intervention EHR rules and specific USP scripts among
455 physicians, so that each physician sees 2 intervention USPs with the contextualized CDS rules

456 active and 2 control USPs with no contextualized CDS. As in our past work, likelihood of probing
457 contextual red flags and contextualizing care will be tested using mixed effects logistic
458 regression models to control for case differences and clustering of cases within physicians.
459

460 *Hypothesis 2:* Contextualized CDS predicts improved health care outcomes defined as a
461 resolution of the contextual error after the index visit.

462 This analysis is based exclusively on data generated from the real patient visits: 4C
463 coding has been extensively utilized to track the resolution of contextual red flags. We've
464 demonstrated in a research setting that contextualizing care does predict improved health care
465 outcomes as defined by resolution or partial resolution of the presenting contextual red flag at 6-
466 9 months following the index visit (with the range depending on timing of follow up visit or
467 scheduled tests).⁴ We propose to duplicate the methodology in this project, again tracking the
468 status of the contextual red flags of patients seen at the index visit using a blind methodology,
469 comparing those in the intervention group to the control. A detailed description of the process of
470 scoring for outcomes based on contextualization of care is provided in the Content Coding for
471 Contextualization of Care manual, publicly available.²⁷ As noted above, the outcome of interest
472 is the disposition of the original contextual red flag when followed over time. The criteria for a
473 good or poor outcome are prospectively determined, based on the original red flag, to avoid any
474 bias resulting from knowledge of how the encounter gets coded. Determination of outcome is
475 made blind to whether the index visit was coded as contextualized. A good outcome marks an
476 improvement in the patient's condition as reflected in the contextual red flag. A poor outcome
477 indicates no improvement in the contextual red flag.
478

479 *Hypothesis 3:* Contextualized CDS is associated with a reduction in misuse and overuse of
480 medical services.

481 This analysis is based exclusively on data generated from the USP visits, in which
482 physicians in the usual care and contextualized CDS groups see sets of "identical" patients for
483 which misuse and overuse of medical services has been pre-defined. Utilizing our previously
484 published methods,⁵ we will adopt the economic perspective of the patient and their third party
485 payer, if any, with a time horizon of the expected consequences of care during the 30 days
486 following the consultation. We consider only the direct consequences of care associated with
487 diagnosis or misdiagnosis. We will not consider downstream costs beyond the initial
488 recommendations from the consultation, and we will not consider societal costs not incurred by
489 the patient or payer, such as lost productivity. We will include only resources related to the
490 immediate diagnostic and therapeutic management at the index visit. Resources are direct
491 medical costs in the case of unnecessary treatment and foregone direct medical costs in the
492 case of under treatment.
493

494 *Sample size calculations*

495 *Real patients* (see Figure 5): Assuming, based on our prior research⁴ and data from the audit &
496 feedback program,¹⁹ that contextual red flags with associated factors will be present in 50% of
497 recorded visits, that 30% of patients approached will consent to participate, that physicians
498 unaided will probe 50% of contextual red flags and that physicians unaided will contextualize
499 care in 50% of visits with contextual factors, we propose to power the study for 80% power to
500 detect an absolute increase in probe rate from 50% to 75% with contextualized CDS, and a
501 corresponding increase in contextualization rates from 50% to 75%. Testing hypothesis 1
502 requires 58 patients with identified contextual factors per group, and therefore at least 145
503 patients consented and recorded per group. Testing hypothesis 2 requires at least 60
504 contextualized care plans in the intervention group and 60 non-contextualized care plans in the
505 control group, which we expect to achieve with 80 identified contextual factors in the

506 intervention group (requiring 192 recorded visits) and 120 identified contextual factors in the
507 control group (requiring 288 recorded visits). Thus, to test all project hypotheses, we will
508 approach and consent a sufficient number of patients (approximately 1600) to obtain recordings
509 of 480 patients, randomize them to the intervention and control groups on a 2:3 basis (192
510 intervention, 288 control), and expect to identify contextual factors associated with red flags in
511 80 intervention and 120 control patients. As the primary care clinics at the participating sites see
512 approximately 5,000 unique patients (UIC) and 25,000 (Loyola) annually, accrual is likely to
513 require no more than 4-6 months.

514 *Sample size (USPs):* In our past work with USPs, physician made contextual errors
515 approximately 80% of the time.⁷ Assuming that the contextualized CDS enhances physician
516 attention to red flags and leads them to probe substantially more often (e.g. increasing probe
517 rate from 50% to 75%) and attend to identified information (e.g. increasing plan rate from 50%
518 to 75%), we would expect overall contextual errors to occur no more than 45% of the time, and
519 28 control and 28 intervention USP visits would provide 80% power to detect such a difference
520 and test hypothesis 1.

521 In our past work, we found an overall median cost of error of \$194 when cases
522 presented with contextual red flags, based on a median cost of \$231 when contextual errors
523 occurred and a median cost of \$0 when contextual errors did not occur.⁵ Based on bootstrapped
524 simulation from our cost data in that study, 40 control and 40 intervention USP visits provide
525 83% power to detect the expected cost reduction (a median of \$156) due to reduced contextual
526 errors using a Wilcoxon rank-sum test with a significance level of $p < .05$. Accordingly, we will
527 conduct 40 control and 40 intervention USP visits to provide sufficient power to test both study
528 hypotheses. As the study comprises 4 USP visits (2 control, 2 intervention) per physician, we
529 will recruit 20 physicians for this portion of the study.

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531 **10.0 Data and Safety Monitoring**

532 We believe this study is minimal risk. However, to ensure the safety of research participants
533 and to comply with NIH policies, a DSMB will be formed in early months of the project and
534 given responsibility to review and approve study methods and analysis plan for the
535 research. The DSMB will be organized by Dr. Weiner and will consist of senior, experienced
536 clinicians and health services researchers. If deemed necessary by the IRB, the Principal
537 Investigators will not be on the Data Safety and Monitoring Committee, thereby ensuring
538 some level of independent review. When necessary, we will bring in experts from outside
539 the project to serve on the committee. The DSMB will review interim data mid-way through
540 the study using a predetermined stopping rule to determine whether the intervention group
541 is being significantly benefitted (or harmed) over the control group and whether early
542 stopping is necessary. In the rare event that an adverse event attributable to the CDS
543 intervention is found, we will contact the patient's provider and document in the chart the
544 potential error that was found.

545

546 One mid-trial (half of patients enrolled) comparison of rate of 4-6 month post-visit resolution
547 of visit contextual red flag for intervention vs. control visits using a mixed effects logistic
548 regression model with random effect of clinic/site and fixed effect of trial arm. An effect of
549 trial arm that is significant at the $p < .01$ level in either direction will trigger early stopping of
550 additional recruiting (however, in patients already recruited who have completed the study
551 visit, we will continue to obtain and analyze their 4-6 month post-visit medical records)

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553 **11.0 Regulatory Requirements**

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11.1 Informed Consent

- Patients: The proposed protocol is that patients will be contacted about 2 weeks prior to a scheduled appointment to the adult primary care clinic at either of the two sites. Initial contact will be via mail with an opt out for a follow up phone call. If they don't opt out, the research assistant will call them. They will be informed that they are invited to participate in a study to determine whether providing their health care team with additional information in the electronic medical record about challenges or life circumstances they are facing that impact their care could improve the quality of their care, including their health outcomes. They will be informed that if they participate they will be asked and, assisted if needed, with completing a brief questionnaire for their medical record about challenges they are having that might impact their care. They'll also learn that when they arrive for their appointment they will receive a small digital audio record to carry into the visit. They'll be told that it is preferable to conceal the audio in their pocket or bag, but that they can take it out if they like. They'll be informed that their doctor supports the study. We also encourage all patients to turn off the audio recorder at any time if they change their mind about participation. Finally, they'll be informed that a member of the research team will access their record twice: first to note any information about their life situation that may be relevant to their health care now, and then several months later to see if key health care indicators noted at the visit have improved. Finally, they'll be told that their doctor may or may not receive the information they provided, based on random assignment. We have allocated \$20 to each patient participant and they'll be told that as well. Those who consent to participate will sign the consent document when they arrive for the appointment and are met by the RA. If a patient is unable to participate fully in the informed consent process, there will be delegation to a representative. Only individuals who exhibit a full understanding of the protocol, and indicate they are comfortable recording their visit, are eligible to do so.

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- Clinicians: Clinicians will be informed of the study at their standing staff meetings. They'll be told that the purpose of the project is to assess whether enhanced clinical decision support, that provides both passive and actively delivered information provided by patients and extracted from their medication record about life challenges, or "contextual factors" that may be impacting their health care, can improve clinical decision making and health care outcomes and costs. They'll be informed that if they participate data collection will require listening in on the visit and that we will be inviting patients to audio record their visits. They'll also learn that this is a randomized study so that some of the time they'll see contextualized CDS information and other times they won't. They'll learn that they are not a unit of study, and we will be collecting no data about their individual performance. We'll also inform them that a decision not to participate will not impact their employment in any regard as we are a research team not connected to management. Those indicating they would like to participate will be contacted by an RA to complete the informed consent process.

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11.2 Subject Confidentiality

- Patients: Data for this study will come from 3 patient sources: (a) Their medical record. These are contextual red flags (e.g. missed appointments, loss of control of a chronic condition); (b) a patient completed inventory that is tethered to their electronic medical record, eliciting both contextual red flags and contextual factors

601 that are not likely to be present in the EHR. See appendix for items; (c) Audio
602 recordings they collect of their encounter, from which contextual red flags and
603 contextual factors will be noted, and whether the care plan is contextualized or
604 contextual errors are present. The extraction of all these data follow the Content
605 Coding for Contextualization of Care (“4C”) methodology as described in the
606 proposal and previously published. These data will be accessible to the research
607 assistant, project manager, and PI who are trained 4C coders, in a format that
608 contains identifiers (MRNs). However, once they have extracted the data and paired
609 data from the EHR with the audio coded data, identifiers are removed and replaced
610 with arbitrary codes. They do retain, however, a crosswalk file between codes and
611 MRNs separate from the research data so that they can follow up on patient chart
612 based outcomes for the presenting red flag 4-6 months post index visit; once chart
613 outcomes are extracted and tagged with the code, the crosswalk file will be
614 destroyed. Beyond the coding team, data is only shared without identifiers. We will
615 employ encryption on all audio recorders, and audio is immediately uploaded to a
616 secure research data approved server using a USB port following the visit. Access to
617 the medical record is conducted by an RA trained in the “4C” method, as detailed in
618 the proposal, which requires extracting specific information onto a spread –
619 contextual red flags and factors as outlined in the research plan and detailed in our
620 online and cited coding manual. In addition, the patients note is linked to their data
621 using a cross-walk file accessible only to the RA, project manager and PI, and then
622 discarded after outcomes data is collected at 4-6 months, and identifiers are no
623 longer needed.

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- 625 • Clinicians: Encounters rather than clinicians are the unit of interest for this study.
626 There will not be sufficient data collection from any individual clinician to draw
627 inferences about his or her performance. In fact, clinicians are not randomized in this
628 study. The same clinician will see patients in both the intervention and control
629 groups, with and without contextualized CDS. He or she will also see USPs with and
630 without clinical decision support. Hence, we plan only to collect aggregate data on
631 the participating clinicians, including age range, years in practice, gender, and
632 whether they are trained in internal medicine, family medicine or as advance
633 practices nurses. As described directly above, the audio recordings by patients of
634 their visit with their doctor or APN will be encrypted and stored on a secure server
635 space. Their voices may be heard on audio, however, and recognizable. Encryption
636 means that only the 4C coders and PI will have the capacity to hear the audio. As
637 doctors are not a unit of study, we do not plan to keep the names of doctors
638 associated with data from their visits.

639 **11.3 Unanticipated Problems**

640 • Unanticipated problems will be reported to the UIC IRB and the DSMB, as well
641 as to the sponsor if required by conditions of the grant.
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