

1 ***Understanding the Impact of Public Health Measures Planned for School Reopening during COVID-19***
2 ***using Simulation Exercises***
3

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45
46 **1.0 INTRODUCTION**

47 **1.1 Overview:** The American Academy of Pediatrics¹ and the Canadian Pediatric Society² have issued
48 statements emphasizing the importance of children returning to school for broader child health. The
49 Ministry of Education has released guidance for return to school during the COVID-19 pandemic which
50 includes recommended health and safety measures.³ However, there are limited details provided around
51 the implementation of these measures.

52
53 **1.2 COVID-19 in children:** Multiple reports from around the world indicate that children account for less
54 than 5-10% of SARS-CoV-2 infections.⁴⁻⁶ In Canada, of 104,370 COVID-19 cases reported as of July 4th 2020,
55 7,470 (7.16%) were in children aged 0-19 years.⁷ While this may, at least in part, be related to testing
56 practices and early school closure, evidence is mounting that children may be less susceptible to SARS-CoV-
57 2 infection and less likely to transmit the virus to others.⁸⁻¹⁰ There is also strong evidence that the majority
58 of children who become infected with SARS-CoV-2 are either asymptomatic or have only mild symptoms,
59 such as cough, fever, and sore throat.^{4,5,11-13} While serious disease requiring hospitalization is known in
60 children, including multisystem inflammatory syndrome in children (MIS-C), this is relatively rare and is
61 generally treatable.¹⁴⁻¹⁶ Severe disease requiring intensive care admission occurs in a small minority of
62 paediatric cases, particularly among those with certain underlying medical conditions, but the clinical
63 course is much less severe than in adults and deaths are uncommon.^{4,6,17,18}

64
65 **1.3 Transmission risk from children and in schools:** While the concerns around infection and infectious
66 complications in children appear to be minimal, it is important to consider the potential role children may
67 play in transmission (especially to vulnerable individuals both inside and outside of the classroom) and
68 disease propagation. Children are considered to be efficient transmitters of influenza and other respiratory
69 virus infections and this was one of the rationales for early school closures. However, data from multiple
70 countries is emerging that children do not play a predominant role in the transmission of SARS-CoV-2.^{8,9,19-}
71 ²¹ This is further supported by the evidence to date that schools do not appear to have played a significant
72 role in transmission²² and even when cases have been identified in schools, contact tracing and testing
73 have not identified a large number of secondary cases.²³⁻²⁶ Furthermore, several countries have reopened
74 schools without demonstrating a significant increase in cases.²³⁻²⁷

75
76 **1.4 Risk mitigation strategies:** Despite the reassuring evidence cited above, it should be recognized that it
77 will not be possible to remove all risk of infection and disease now that SARS-CoV-2 is well established in
78 many communities. Mitigation of risk, while easing restrictions, will be needed for the foreseeable future to
79 balance health with social and economic goals. The mitigation strategies implemented for school reopening
80 have varied from country to country, ranging from strict enforcement of physical distancing and masking,
81 to no masking and emphasis on cohorting to allow for close interactions. While outbreaks have been
82 reported in schools in some countries (e.g. Israel²⁸), the risk mitigation strategies appear to have been
83 largely successful in the majority of other countries.²³⁻²⁶ The Ministry of Education has released guidance
84 for return to school during the COVID-19 pandemic which includes recommended health and safety
85 measures.³ However, there remains controversy around how several measures will be implemented upon
86 return to school.

87
88 **1.5 Face masks/coverings in children:** In particular, the use of face masks/coverings in children of various
89 ages has been suggested as an important element to reducing SARS-CoV-2 (COVID-19) transmission in the
90 school setting.²⁹ In contrast, others have raised concerns that this may lead to an increased risk of infection
91 due to increased touching of the masks and face by children and will be difficult to enforce, especially in
92 younger children.¹ The Province of Ontario has not mandated the use of facemasks/coverings in indoor
93 spaces which is contrary to many local bylaws, although schools are excluded from the bylaws.³⁰

94

95 Unfortunately, there is limited data on masking in children on which to make evidence informed decisions.
96 Some studies have evaluated the habitual and voluntary behaviours such as face mask-wearing and hand
97 hygiene in children and adolescents. Wong et al (2005)³¹, in a telephone survey of adolescents following
98 SARS in Hong Kong, reported that only 54.8% of 230 respondents reported practicing all recommended
99 behaviours that included face mask wearing and hand hygiene. While the study does not identify whether
100 these adolescents practiced these behaviours in school or at home, the presence of environmental cues
101 and a high perceived health threat were factors associated with increased compliance. In a questionnaire
102 study among all 13,217 elementary school children in Matsumoto City in Japan, the self-reported use of
103 face masks was found to offer higher protection from self-reported influenza diagnosis by a physician
104 (2014/15 season) in older children (Grade 4-6) than younger one (Grade 1-3).³² The ability of older children
105 to control their health-protective and infection control measures and activities such as face mask wearing
106 and handwashing were proposed as possible reasons for the protection conferred in the older age group. A
107 randomised cluster trial of households during the 2009/2010 and 2010/11 influenza seasons in Germany
108 compared masking, masking and hand hygiene (HH) or control in 84 households³³. There was no significant
109 effect from either intervention in the primary analysis. There was a potential effect observed in the
110 subgroup that implemented masking + HH within 36 hours of symptom onset of the index case (adjusted
111 odds ratio (OR) 0.16, 95% CI, 0.03-0.92). There have been no prospective studies evaluating the impact of
112 face mask wearing vs. no face mask in the school environment.
113

114 **1.5 Relevance:** It is critical to gain a better understanding of the benefits and risks associated with the
115 proposed health and safety measures and how teachers and students can be protected. Real-world
116 simulation exercises provide an excellent opportunity to gather this information in a smaller setting and to
117 understand implementation considerations prior to broader implementation of any of these health and
118 safety measures for the start of the school year.
119

120 **2.0 OBJECTIVES**

121

122 The primary objective of this study is to evaluate the impact of the use of face masks/coverings, across
123 various children's age groups, on hand-to-face contact among students in a simulated class environment.
124 Secondary objectives include:

- 125 • To evaluate the impact, across various children's age groups, of the use of face masks/coverings
126 compared to no masks at school on the spread of a safe biological indicator (fluorescein or Glo
127 Germ) from a group of children within a classroom to 1) the hands/face of classmates or the
128 teacher within the same classroom and 2) to other surfaces in the classroom.
- 129 • To evaluate the impact, across various children's age groups, of wearing facemasks versus no
130 facemasks in a class at school on 1) other personal behaviours (i.e. mask removal, hand-to-mucous
131 membrane contact), 2) person to person interactions and 3) teacher and child experiences based
132 on their days in class.
- 133 • To evaluate the use of face shields compared to face masks/coverings worn by teachers as personal
134 protective equipment in terms of 1) effectiveness as source control (using monochromatic camera
135 and dark room), 2) teacher opinions including preference (compared to face mask), ability to
136 communicate, comfort, and 3) student opinions, including comfort with the teacher, ability to
137 learn, distractibility, opinion.
- 138 • To simulate the environment upon return to school with the purpose of 1) identifying teacher and
139 student concerns with a focus on physical distancing and hand hygiene, 2) determining the amount
140 of time children are within both 1 meter and 2 meters of other students inside and outside of the
141 classroom environment and 3) number of hand hygiene events per child per day.
142

143 **3.0 RESEARCH PLAN:**

144

145 **3.1 Brief Overview:** This will be a prospective study simulating return to school for two full days prior to the
146 start of the school year in September. Volunteer students and teachers from six grade ranges will be
147 recruited to participate in the study. In each grade range, there will be two classes that will participate, one
148 that will be assigned to wear face masks/coverings (experimental group/class) and the other that will not
149 wear any face masks/coverings (control group/class). Students will be randomized to either the masking
150 (experimental) or no masking (control) class in their appropriate grade. Personal behaviours and person-to-
151 person interactions will be recorded using video cameras. In addition, a safe biological indicator will be
152 applied to the hands and either mask or tip of the nose to simulate potential asymptomatic infection in a
153 subset of students. Other students will have water applied so that students are blinded to who has the
154 indicator. Cameras will be used to document how the indicator moves throughout the classroom.

155

156 **3.2 Study Site:** The study will occur at Upper Canada College (UCC) and Bishop Strachan School (BSS) to run
157 a mock curriculum over two days prior to the start of the school year in September.

158 **3.3. Study Population:** Grade ranges will include 1) Senior Kindergarten (children who have just completed
159 JK or SK in the 2019-2020 year), 2) Grades 1-2, 3) Grades 3-4, 4) Grades 5-6, 5) Grades 7-8 and 6) high
160 school. A total of 12 teachers and up to 240 students will be recruited. Final class sizes will be in accordance
161 with Ministry of Education and public health guidelines.

162 **3.4 Inclusion and exclusion criteria**

163 To be included in the study, students must have attended school during 2019-2020 school year and provide
164 informed consent (student in Grade 7 or older) or parental consent (SK – Grade 6) and assent (if
165 appropriate). Students will be excluded if they:

- 166 • Require additional resources or support beyond what can be provided by the single class teacher
- 167 • have been exposed to an individual that has tested positive for SARS-CoV-2 in the 14 days prior to
168 the simulation
- 169 • test positive for COVID-19 in the 14 days prior to the simulation
- 170 • have signs or symptoms of COVID-19, as identified on the screening form (See Screening Form)
171 before the simulations
- 172 • travel outside Canada in the last 14 days
- 173 • known hypersensitivity or allergy to the biological indicator (Fluorescein dye/GloGerm)

174 To be included in the study, teachers must be certified teachers and provide informed consent to
175 participate. Teachers will be excluded if they:

- 176 • have been exposed to an individual that has tested positive for SARS-CoV-2 in the 14 days before
177 the simulation
- 178 • test positive for COVID-19 in the 14 days before the simulation
- 179 • have signs or symptoms of COVID-19, as identified on the screening form (See Screening form)
180 before the simulations
- 181 • travel outside Canada in the last 14 days
- 182 • known hypersensitivity or allergy to the biological indicator (Fluorescein dye/GloGerm)

183

184 **3.4.1 Recruitment:** Students and teachers will be approached by school principals. Recruitment will be
185 directed first to students and teachers from the GTA and broadened to other areas if additional participants
186 are needed. This communication will direct participants to a website that will contain study information
187 and provide details about how to gain access to webinars that will provide more information. While

188 detailed information will be provided, this will not replace the full consent process. At a date following the
189 occurrence of the webinars, individuals will be provided the option to indicate their plan to participate in
190 the study via an online form. This form will ask the parent/student to indicate the child's sex, which grade
191 they just completed, in addition to contact information. This online sign up will be followed up with a call
192 (telephone or virtual platform – see below) from the research coordinator to start the consent discussion,
193 finalize decisions around consent and assent (ideally via teleconference) and proceed to the online
194 consent/signature process. Consent will be obtained from students if they are deemed to have capacity to
195 consent (likely Grade 7 and above, but to be confirmed based on capacity assessment). If a student
196 provides informed consent to participate in the study, a parental permission form will also be completed to
197 document their support for the study. For students who do not have capacity to consent, parental consent
198 will be obtained (likely from students Grade 6 and younger). The assent form will be reviewed and assent
199 will be verbal and will be completed at the time of parental consent and documented on the REDCap form.
200 The aim will be for this to occur over a virtual platform with video capability in order for the research
201 coordinator to assess willingness to participate.

- 202 • Attempt to obtain consent over Microsoft teams (or other approved platform), but telephone is an
203 alternative if it is not feasible given limitations to technologies
- 204 • A capacity assessment and willingness to continue to participate will be confirmed in person prior
205 to doing NP swab testing. This will include two questions 1) do you understand the study and what
206 will be happening if you are involved? 2) are you willing to participate?

207
208 Active communication: The local principal will reach out to potential participants via email (See Email
209 Communication and Poster). We will ask them to include details about our study, including the website
210 information and the RC and PI contact information if they are interested.

211
212 For teachers, options for recruitment may include emails and communication from leadership. The process
213 will be approved by the school and they will be responsible for determining the teachers that will be invited
214 to participate. This communication will direct teachers to a website that will contain study information and
215 the study coordinator and PI information will be provided so that teachers can indicate their interest in
216 participating independent of the school. Once teachers indicate interest in participation, the SickKids study
217 team will contact the teacher to go through the virtual consent process and online consent signature.

218 **Incentives:** Upon completion of the study, students will be provided with volunteer hours and a \$50
219 Amazon gift card. Teachers will be compensated for the two days of teaching (\$200/day) and the
220 testing/training days (\$100), for a total of \$500.00.

221 **3.5 Study Methods**

222 **3.5.1: Study cohort:** We will recruit up to 240 students and 12 teachers for the simulation. Once recruited,
223 information on both students and teachers will be collected using an online REDCap survey, including
224 name, full date of birth, address and contact information in order to register the participant in the SickKids
225 Epic Research Module to facilitate ordering of a COVID-19 swabs (Data Collection Form 1 – Registration).
226 For students, the school health questionnaire (as per school requirements) will also be completed using the
227 online REDCap survey to document any underlying health conditions, medications, allergies and other
228 special requirements for the safe operation of school (Data Collection Form 2 – Health Form). This
229 information will not be linked to any study data, but will be provided to the school and the student's
230 teacher. A third data collection form will be completed via Redcap by the parent and student around their
231 concerns and views related to public health measures for school (Data Collection Form 3 – Baseline Survey).
232 This form will be de-identified after completion and linked only to the classroom to which the student is
233 assigned. It will need to be linked to the classroom to adjust for any baseline differences between the
234 experimental and control groups.

235 **3.5.2: Randomization and blinding:** Once teachers and students are recruited; students will be assigned to
236 one of two appropriate classes based on the grade they just completed: students assigned to wear masks
237 will be placed in one class; the other class (herein referred to as the ‘no mask’ group) will be for students
238 who will not be wearing masks (Grades 4 and lower) or wearing masks only when physical distancing
239 cannot be maintained (Grade 5 and up). Central randomization will be done one to two days prior to the
240 simulation using an adequately concealed interactive web-based response system in REDCap (see below),
241 based on computer-generated randomization schedules stratified by age and sex. The allocation will be
242 communicated to parents and students at least half a day before the start of the simulation to ensure
243 appropriate preparation time. Teachers will wear a face shield if within 2 m of students in both
244 experimental and control arm during day 1 (implementation phase), and face masks if within 2 m of
245 students in both experimental and control arm during day 2 when outcome data will be collected. Students
246 and teachers aware that personal behaviours are being recorded, but will be blinded to the primary
247 outcome (hand-to-face contact) and other specific behaviours that are being monitored.

248 On each of day 1 and day 2 of the simulation, students in both experimental and control arm will be
249 randomized in a 1:4 ratio to either a Bio-tracer versus a placebo Bio-tracer. This corresponds to a frequency
250 of the Bio-tracer of 20%, to represent the upper range of asymptomatic colonization. Students, teachers
251 and video assessors will be blinded to which students have bio-tracer or placebo.

252 **3.5.3: Pre-Simulation:** Prior to the simulation, an information package will be distributed to families
253 including information about COVID-19 testing (procedure, location, what happens if the test is positive),
254 logistics for the simulation (arrival and departure times, what to bring) and general safety information
255 (hand hygiene information and facemask, if appropriate based on randomization) (Appendix X - Back to
256 School Package). Testing for COVID-19 will be completed on teachers and students by the SickKids mobile
257 testing unit at the school 24-48 hours before the first day of the simulation to minimize the risk of COVID-
258 19 transmission during the simulation experiment. Students and teachers will not be required to self-isolate
259 following the test, in keeping with current recommendations for asymptomatic testing. A workflow will be
260 instituted onsite to ensure that the testing is completed in a timely manner to avoid crowds. Information
261 will be provided to participants and families about the necessary steps should the swab be positive. The
262 swab results will be used for Toronto Public Health reporting reasons only and will not be linked to study
263 data (positive participants will be excluded from participating – see inclusion and exclusion criteria).

264 **3.5.4 Intervention / Simulation:**

265 **Simulation Scenario Setting:** The simulation will occur at UCC and BSS in designated classrooms. Policies
266 and procedures will replicate the plans for return to school in September. Hand hygiene (either alcohol-
267 based hand rub or soap and water) will be available and regular cleaning will occur by trained staff
268 throughout the simulation days. Students in the face mask classes will be instructed to bring their own face
269 mask/covering to wear throughout the school day. Face masks/coverings will be available at the school if a
270 student assigned to a masking class forgets or loses their face mask. In order to record the classroom and
271 school activity for review and analysis, a secure and privileged CCTV set-up commonly used in simulation
272 studies will be used on a closed mesh network. Six cameras will be set up in each classroom and additional
273 cameras in common spaces (play-ground, hallways). An observer will be placed in the bathroom to observe
274 hand hygiene, distancing and mask use. Proximity sensors will be worn by each participant and will log each
275 encounter where participants are within 1 m and 2 m of other participants. Both the video recording and
276 proximity sensors will be included in the consent process.

277 **Simulated Curriculum:** The curriculum for the school days has been developed by teachers (See
278 Curriculum) to simulate a regular school day. It will include a brief overview of mindfulness strategies to
279 help coping with any anxiety around return to school or around mask-wearing. There will be no COVID-19
280 specific material included in the curriculum as this may be triggering for some students and precipitate

281 increased anxiety (recommendation from SickKids Psychiatry). However, teachers will be given resources
282 and training on how to handle questions should they arise (See COVID-19 Q+A for teachers – developed by
283 Infectious Diseases, approve by Public Health). Mental health resources will be available on site on both
284 simulation days (social work, psychology) should the simulations trigger anxiety.

285 **Simulation Day Procedures:** Students will arrive at school as outlined in the “Back to school package”.
286 Procedures will be in accordance with the school plans for return to school in September (i.e. staggered
287 start times). On arrival, students in each class will congregate in a designated area (i.e. outside, weather
288 permitting). When the class is assembled, a safe invisible biological indicator (Fluorescein) will be applied to
289 the hands and the tip of the nose to a random 3 students in each class to be consistent with the potential
290 for up to 20% asymptomatic infection in children. Other children will have water applied so that teachers
291 and students are blinded to the students with the indicator. The children’s hand, face and classroom
292 environment will be photographed 3 times per day as to identify the fluorescent indicator. Video recording
293 will be utilized to record all events with cameras mounted in each classroom and public recess area.
294 Proximity sensors worn by each participant will log non-identifying log data on the number of durations of
295 proximity contact. The students will enter the classroom and the curriculum will proceed as outlined in
296 “simulated curriculum” above. Students will bring their lunches and eat in their assigned classroom. Mental
297 health resources will be available on site should any concerns arise for teachers or students.

298 For teachers, simulation exercises will be done with face shields to evaluated their effectiveness as source
299 control (Appendix X – Teacher Face Shield Experiment Procedure).

300 **Video Coding:** A trained rater will watch the video recorded simulations independently. Initially, key events
301 and actions in the videos (e.g., touching face, removing a mask, activities causing proximity of students) will
302 be time stamped. Subsequently codes will be assigned to key events using the SEIPS framework to identify
303 safety threats and categorize them by theme. The SEIPS model depicts a system as a human-centered with
304 6 interacting components that influence system performance, including persons – both individuals and
305 teams (e.g., teacher, students, classroom unit), task(s) (e.g., in-class work, recess play), tools and
306 technologies (i.e., objects that people use to do work or that assist people in doing work), organizational
307 conditions (e.g., schedules, policies, resources), the internal (physical) environment (e.g., physical layout
308 and available space) and external environment. It uses a human factors approach to identify safety threats
309 among the interactions of the system components. The deliberate inclusion of persons emphasises that
310 systems should work to support individuals.

311
312 Coding will be both deductive, based on themes from the SEIPS analytic framework, and inductive, looking
313 purposefully for potential safety threats that fall outside of the prescribed framework. If a priori subthemes
314 are not sufficient, the framework may need to be refined or expanded to include new subcategories that lie
315 under the six main SEIPS framework categories. If new sub-themes are identified, further rater training and
316 calibration will be undertaken to ensure acceptable inter-rater reliability around those subthemes. All the
317 codes identified can be identified more than once. Severity of each safety threat will be described using the
318 quality improvement harm scoring system (potential to cause harm; likely to cause minimal harm, likely to
319 cause significant temporary harm, likely to cause permanent harm and death). Additionally, each event will
320 be categorized using the Human Factors Analysis and Classification System as an unsafe act (related to
321 human behaviour), unsafe condition (related to the environment or organisation) or near miss (a situation
322 that involved workers without physical consequence for them).

323
324 **3.5.5 Study Outcomes:** The **primary outcome** will be the number of hand-to-face contacts per hour per
325 student. This was chosen as the primary outcome for several reasons: 1) measuring actual infection
326 transmission is not possible in this simulation setting and 2) of the outcomes possible to obtain, it was felt

327 to be most strongly associated with the risk of infection transmission (the most clinically meaningful
328 endpoint).

329 **Secondary outcomes** will include:

- 330 1. The number of hand-to-mucus membrane contact with eyes, nose or mouth per hour per student
- 331 2. The number of hand-to-face contacts with skin or membrane contact per hour per student
- 332 (excluding isolated mask contact)
- 333 3. Proximity contact (being within 1 metre and 2 meters of another person)
- 334 4. The proportion of the class (including students and teacher) who were not tagged with the bio-
335 tracer but have dye on their hands and/or face by the end of the day. It is acknowledged that this
336 measure focuses on contact and fomite transmission and will not assess the protective impact of
337 masks for droplet source control or protection. However, it will assess whether mask wearing leads
338 to increased risk of fomite transmission, thereby quantifying potential “harms” from masks.
- 339 5. The presence of fluorescein dye on the teacher
- 340 6. The number of high touch surfaces in the classroom contaminated with bio-tracer at the end of the
341 day. High touch surfaces in the classroom will include desks, chairs, light switches, classroom door
342 and door handles, cell phones (as appropriate) and any common objects. Surfaces will be identified
343 *a priori* in the classroom and marked as contaminated (dye in any location) or not contaminated
344 (no dye) at the end of the day.
- 345 7. The number of interpersonal hand holding per hour per student
- 346 8. The number of interpersonal physical contact per hour per student
- 347 9. The number of hand hygiene episodes per hour per student
- 348 10. The number of mask removals per student per hour (in masking arm only). Masks for source
349 control would only be effective if worn properly. As such, we will quantify the duration of
350 appropriate mask wearing to help balance the risks / benefits.
- 351 11. Self-reported experiences of students and teachers in a qualitative substudy
- 352 12. Human Factors influencing behaviours

353

354 **3.6 Material Transfer / data linkage and management:**

355 **3.6.1 Computer Systems:** Personal health information (PHI) required for testing will be collected using
356 REDCap. REDCap is the Hospital for Sick Children’s research-focused electronic data capture system
357 REDCap, under an agreement with the software’s development consortium, led by Vanderbilt University.
358 REDCap supports two secure, web-based applications designed exclusively to support data capture for
359 research studies. REDCap is a PHP web application served by Apache Tomcat over a 128-bit SSL connection
360 using a signed certificate. The application relies on a study-specific data dictionary defined *a priori* by the
361 investigation team. The data dictionary is the foundation for custom extract from the electronic health
362 record and validation of coding of variables. Authentication of research staff will be performed via LDAP
363 using HSC’s enterprise Active Directory service. The application generates a complete audit trail of user
364 activity, provides reporting, and has an automated export mechanism to common statistical packages (SAS,
365 SPSS, Stata, R/S-Plus).

366 The REDCap MySQL database is replicated in real time to a completely redundant instance of MySQL. The
367 redundant instance is available for restoration of the primary database or for manual failover in the case of
368 primary database failure. Time-stamped backup files are made from the replicated database daily by HSC
369 Research Information Systems using automated backup routines. Backup files are encrypted and
370 transferred to a secure file server accessible only to designated personnel. A rolling seven-day window of
371 backup files is maintained in an immediately available online state, with a larger window maintained in a
372 compressed file archive

373 **3.6.2 Confidentiality of Subjects:** To protect the privacy and confidentiality of the participants, the video
374 data will be deleted after six months. We estimate it will take one-two weeks to de-code the video data
375 and the extra time provides a small safe guard should the video need to be revisited during analysis or
376 manuscript preparation. Audio recordings from focus groups will be retained for six months and then
377 deleted.

378 **3.6.3 Physical Security:** All server hardware is securely located in a dedicated secure area. Physical access
379 to the data center is monitored, logged, controlled, and limited to approved personnel. System
380 administration and support is provided by HSC Research Information Systems. Servers and applications are
381 actively monitored 24x7x365 and replicated between two geographically separate, fully redundant data
382 centers. Server backup at the file system level is performed multiple times per day, and where appropriate
383 for volatile data, a multi-day real-time accessible rolling archive can be made available. System and data
384 recovery are accomplished through documented standard operating procedures. Virtual machines will be
385 configured with storage provided through HSC Research Information Systems' enterprise storage solution.

386 **3.6.4 Virtual Environment Security:** HSC has made a significant investment in an enterprise-wide VMWare
387 virtualized environment. This technology allows multiple "virtual" machines with potentially different
388 operating systems to be hosted on the same physical server hardware. This infrastructure greatly simplifies
389 monitoring, reduces server administration overhead, promotes cost-effective and efficient use of
390 computing resources, and allows for future flexibility and enhanced capacity with minimal disruption.

391 The virtualization technology used by VMWare completely separates virtual machines running on the same
392 hardware. Each virtual machine ("guest") instance is completely partitioned into its own sandbox and is
393 unable to interact with or see other guests running on the same physical machine. Access to administer the
394 VMWare environment is limited to authorized HSC Research Information Systems personnel.

395 **3.6.5 Operating System, Database, and Storage Security:** All application software is deployed to virtual
396 machines running CentOS (a variant of Red Hat Linux), or if software requires it, Microsoft Windows Server.
397 HSC Research Information Systems personnel manage the base operating system installation and also run
398 regular scans for vulnerabilities, deploying patches as appropriate if software components are out of date.

399 HSC implements enterprise authentication via the LDAP protocol using Microsoft's Active Directory service.
400 All operating system level authentication will use the HSC Active Directory service. Passwords must meet or
401 exceed HSC Information Security requirements for length and complexity, and they are required to be
402 rotated on a regular basis. Database account information will be stored in a password vault. Operating
403 system level access would be granted only to study personnel and Research Information Systems
404 administrators. All other individuals would be denied access.

405 In cases where the operating system hosts an application that must communicate over the open Internet (a
406 website for example), the virtual machine will be deployed to the HSC DMO (a location behind HSC's
407 enterprise firewall which allows limited access via the Internet). HSC Information Security regularly scans
408 virtual machines deployed in the DMO for vulnerabilities and currency of patches, providing reports and
409 follow-up scans to both HSC Research Information Systems system administrators and to application
410 owners. All applications and servers will be subjected to these scans, with appropriate remediation of any
411 vulnerability. The HSC enterprise firewall will be configured to only allow connections on ports required for
412 communication with non-HSC personnel (for example, those required for web access). Any other access
413 (for example, to perform operating system maintenance or modify system configuration files) must occur
414 behind the HSC firewall.

415 Any system which does not need to be directly accessed via the public Internet (a relational database
416 server for example), will be deployed behind HSC's enterprise firewall that provides security for HSC's
417 clinical and research systems. In addition, each individual virtual machine will have its own firewall enabled

418 by the operating system, and only those ports required for administration or communication with public-
419 facing systems will be open. These steps will ensure that no access is possible for non-STUDY individuals.

420 Data at rest will be secured using operating system and/or database-level security. Database-level
421 authentication will be implemented using strong passwords, meeting or exceeding the HSC requirements
422 for password strength. All data will be stored using the HSC enterprise storage solution managed by
423 Research Information Systems.

424 **3.6.6 Data Collection and Management:** Data will be uploaded to the SDB through a secure web portal.
425 Data will be stored on a password encrypted HSC computer and access will be limited to HSC investigators
426 and HSC database managing staff. Participating institutions may enter data into the registry using a web
427 interface following approval by the HSC IT team. The Redcap Software will be programmed to remove
428 institution identifiers when aggregate data is released.

429 Self-reported experiences of students and teachers will be collected using both qualitative and quantitative
430 research methods. Students (> grade 4) and teachers will be asked several open-ended questions post-
431 simulation to gather feedback on the learning environment and their experience with the mitigation
432 strategies. For students, these questions will be posed in-person to each class as a group at the end of the
433 second day of school. For teachers, these questions will be posed during a virtual focus group conducted
434 via ZOOM Healthcare or Microsoft Teams, at the end of the second day of school. These interviews / focus
435 group will be conducted by research staff with training in qualitative methods and will follow an interview
436 guide (see attached). The interviews / focus group will be audio-recorded. Students and teachers will also
437 complete a post-simulation REDCap form.

438 **3.6.7 Future Use of Data:** Data will not be released to third parties. Only the final results of the study
439 (i.e. aggregate data / results) will be provided to the school and non-SickKids study team members.

440 **3.6.8 Risk Assessment:** The primary risk of this registry is breach of confidentiality. The study investigators
441 are taking several steps to minimize this risk

- 442 • Data will be transmitted and stored securely and in an encrypted fashion online
- 443 • Hard data will be stored in locked cabinets in the co-PIs, SickKids offices in rooms 7253 Black Wing and
444 2406 Black Wing
- 445 • Only a small group of investigators will have access to the data set

446 **3.7 Statistical Analysis:** We will use a mixed linear regression model adjusted for age and sex with a
447 random intercept for class to analyse the primary outcome. 95% confidence intervals will be bootstrapped.

448 **Secondary outcomes:** We will use appropriate mixed regression models adjusted for age and sex with a
449 random intercept for class to analyse different secondary outcomes. No adjustments for multiplicity will be
450 made for the analysis of secondary outcomes.

451 **Analysis of video:** All identified codes (See “video codes”) will be charted onto a framework matrix,
452 mapped and open for review by the study team. This matrix is a table that organizes codes by the group
453 (i.e., mask versus non-masked classrooms) in which they occur and by safety threat theme to enable
454 comparison within and across groups. The nature, severity and number of safety threat detected using the
455 SEIPS framework will then be compared across study groups (i.e., mask versus non-masked classrooms)
456 both descriptively and quantitatively. Summary descriptive statistics will be generated for the number of
457 total safety threats identified per group and time observed. The number of safety threat detected across
458 detection modalities will also be compared using bivariate and regression analyses to identify influencing
459 factors and will be included as co-factors in primary outcome

460 **Proximity data:** Proximity data will be summarized in cumulative number and duration per participant and
461 group and included as a co-factor in the primary outcome.

462
463 **Qualitative data:** The audio-recorded interviews / focus group will be transcribed verbatim for qualitative
464 thematic analysis using a qualitative description approach. All data will be read and analyzed by multiple
465 members of the research team. Deductive thematic analysis will be utilized and codes will be developed
466 through line-by-line review of the interviews / focus group discussion using NVivo. Through this review
467 process, codes emerging repeatedly in various parts of the transcript will be noted and comparatively
468 analyzed by multiple research team members for purposes of consistency.

469 **3.8 Sample size:** Assuming an intra-cluster correlation coefficient of 0.01, a standard deviation of the
470 number of hand-to-face contacts per hour per student of 6, and a minimal class size of 15 students, we
471 estimate that 12 classes randomized in a 1:1 ratio to either the experimental or to the control arm, will
472 result in more than 80% power to detect an increase in the number of hand-to-face contacts per hour per
473 student from an average of 30 in the control arm to an average of 33 in the experimental arm at a two-
474 sided alpha of 0.05.

475
476 The design will be adaptive using an appropriate sequential design. The information size (corresponding to
477 the sample size required to achieve 80% power to detect a difference of 3 hand-to-face contacts per hour
478 per student between experimental and control arm) will be estimated after the first round of simulations
479 based on the actually observed standard deviations, intra-cluster correlation coefficient and the number of
480 hand-to-face contacts per hour per student in the control arm. If the first round of simulations reached the
481 information size, or if pre-specified monitoring boundaries for either a difference or for equivalence are
482 crossed after the first round of simulations, the trial will be stopped. If neither the information size was
483 reached nor a boundary crossed, we will perform a second round of simulations increasing the sample size
484 as appropriate to reach conditional power of 80% under the alternate hypothesis given the accumulated
485 data.

486
487 **3.9 Timelines:** See attached Flow diagram

488 **3.10: Ethical Considerations:**

- 489 1) Teacher and student consent and assent (where appropriate) will be obtained by the Hospital for
490 Sick Children.
- 491 2) While consent will be clear that the purpose is to monitor personal behaviours, parents and
492 students will be kept unaware to specific primary and secondary hypotheses to minimize the
493 Hawthorne effect.
- 494 3) Risk of infection: As we will be bringing a group of students and staff together, there is a risk that it
495 could lead to transmission of COVID-19.
- 496 a. Mitigation plan: all children and teachers will be tested for COVID-19 the day prior to the
497 simulation to reduce the risk of infection. Common play spaces will be cleaned throughout
498 the day as per planned implementation in September.
- 499 b. Daily screening for symptoms will occur as per the current Ministry of Education return to
500 school recommendation.
- 501 4) Emotional risk for children: it is important to acknowledge that school was stopped abruptly and
502 children were told that it wasn't safe. Preliminary data to date suggests, however, that children's
503 worsened mental health in Ontario is as a result of public health emergency measures including
504 school closures, rather than as a result of COVID-related anxiety (COVID-19 and Kids Mental Health
505 in Ontario preliminary data, REB#1000070222). Nonetheless, some children may have anxiety upon
506 return to school and/or in participating in the simulations.

- 507 a. Mitigation plan: mindfulness will be included as part of the classroom teaching curriculum
508 on the day of the simulations.
509 b. Mask-wearing for a prolonged period of time may also be anxiety provoking or frustrating.
510 A student in the masking arm can refuse to wear the mask at any point and this would be
511 included as a study outcome and they would remain in the study.
512 c. Parents will be provided with the mental health resources should they feel that additional
513 mental health support for their child is required. Information will be contained in the “back
514 to school package”.
- 515 5) Data Handling: All data and records generated during this study will be kept confidential in
516 accordance with Institutional policies and HIPAA on subject privacy. Safeguards will be described
517 outlined in the Data Collection and Management procedures. All video data will be permanently
518 deleted once data coding has been performed. This will be done within 72 hours and will be
519 verified as per the Data Collection and Management procedures
520 6) Oversight team: A study steering committee will oversee and ensure smooth operation of the study

521 **3.11 Knowledge Translation:** We have drawn on our team’s clinical, epidemiological, public health and
522 policy-relevant research experience to shape the research question and study design, ensuring that our
523 findings will be of maximal values to the individual, schools and public health. The goal of our knowledge
524 translation activities is to inform policies and practices related to return to school.

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