

STROBE Statement—checklist of items that should be included in reports of observational studies

	Item No	Recommendation
Title and abstract	1	<p>(a) Indicate the study’s design with a commonly used term in the title or the abstract Abstract-methods</p> <hr/> <p>(b) Provide in the abstract an informative and balanced summary of what was done and what was found Abstract-methods, results, conclusions</p>
Introduction		
Background/rationale	2	<p>Explain the scientific background and rationale for the investigation being reported Page 5-6</p>
Objectives	3	<p>State specific objectives, including any prespecified hypotheses Page 6- end of background</p>
Methods		
Study design	4	<p>Present key elements of study design early in the paper Methods- Study population & design</p>
Setting	5	<p>Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection Methods- Study population & design</p>
Participants	6	<p>(a) <i>Cohort study</i>—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up Methods- Study population & design</p> <p><i>Case-control study</i>—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls</p> <p><i>Cross-sectional study</i>—Give the eligibility criteria, and the sources and methods of selection of participants</p> <hr/> <p>(b) <i>Cohort study</i>—For matched studies, give matching criteria and number of exposed and unexposed</p> <p><i>Case-control study</i>—For matched studies, give matching criteria and the number of controls per case</p>
Variables	7	<p>Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable Methods - Exposure and Outcome Definitions</p>
Data sources/ measurement	8*	<p>For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group Methods - Exposure and Outcome Definitions</p>
Bias	9	<p>Describe any efforts to address potential sources of bias</p>
Study size	10	<p>Explain how the study size was arrived at Methods- Study population & design</p>
Quantitative variables	11	<p>Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why Methods-statistical analysis</p>
Statistical methods	12	<p>(a) Describe all statistical methods, including those used to control for confounding Methods-statistical analysis</p>

(b) Describe any methods used to examine subgroups and interactions

Methods-statistical analysis

(c) Explain how missing data were addressed

Methods-statistical analysis

(d) *Cohort study*—If applicable, explain how loss to follow-up was addressed

Methods-statistical analysis

Case-control study—If applicable, explain how matching of cases and controls was addressed

Cross-sectional study—If applicable, describe analytical methods taking account of sampling strategy

(e) Describe any sensitivity analyses

Methods-statistical analysis

Continued on next page

Results

Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed Results – page 11 (b) Give reasons for non-participation at each stage - NA (c) Consider use of a flow diagram - NA
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders Results – page 11 (b) Indicate number of participants with missing data for each variable of interest Results – page 11, Table 1 (c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount) Results – page 11
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time Results – page 11 <i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure <i>Cross-sectional study</i> —Report numbers of outcome events or summary measures
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included Statistical analysis, Results & table footnotes (b) Report category boundaries when continuous variables were categorized statistical analysis, results, and tables (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period- NA
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses Results – page 12 & 14
Discussion		
Key results	18	Summarise key results with reference to study objectives Discussion -first paragraph
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias Discussion – page 17
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence Conclusion
Generalisability	21	Discuss the generalisability (external validity) of the study results Discussion – page 17
Other information		
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based Page 19

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.