

eTable 1. Conditions recorded and included in the total morbidity count except table 1 in discontinuing group

Condition	Number of subjects
Constipation	2
Lung embolism	1
Cataract	2
Chronic obstructive pulmonary disease	1
Colon polyp	1
Compression fracture	1
Dry eye	1
Ear noise	1
Esophagocele	1
Facial palsy	1
Gallbladder polyp	1
Glaucoma	3
Lumbar canal stenosis,	1
Myodesopsia	1
Neurogenic bladder	1
Reflux esophagitis	1
Restless legs syndrome	1
Sleep apnea Syndrome	1
Depression	1
Epilepsy	1
Diffuse lung disease	1
Osteonecrosis of the medial femoral condyle	1
Hallux valgus	1
Arthritis	1
Lower back pain	1
Prostatic hypertrophy	1
Insomnia	1
Bronchial Asthma	1

eTable 2. Conditions recorded and included in the total morbidity count except table 1 in continuing group

Condition	Number of subjects
Constipation	2
Hydrocephalus	1
Allergic	1
Atheroma	1
Bronchial Asthma	3
Cataract	4
Cerebral aneurysm	1
Cervical spondylosis	2
Chronic prurigo	1
Dizziness	3
Dry eye	2
Ear noise	1
Eczema	3
Empyema	1
Glaucoma	1
Hyperuricemia	5
Hypoferric anemia	1
Irritable bowel syndrome	1
Low back pain	2
Lumbar canal stenosis,	6
Lumber vertebrae herniated disk	1
Mild cognitive impairment	1
Reflux esophagitis	4
Ureteral stone	1
Uterine myoma	1
Chronic kidney disease	4
Chronic obstructive pulmonary disease	3
Hepatitis C virus carrier	1
Myelodysplastic syndromes	1
Aspirin asthma	1
Depression	1
Liver failure	1

Ptosis	2
Lumbar kyphosis deformity	1
Urinary	1
De Quervain's tenosynovitis	1
Shoulder pain	1
Uterine prolapse	1
Carpal tunnel syndrome	1
Sleep Apnea Syndrome	2
Sacroiliac joint dysfunction	1
Prostatic hypertrophy	1
Leg pain	1
Cholecystolithiasis	1
Gout	1
Sudden deafness	1
Nontuberculous mycobacterial infection	1
Knee pain	1
Insomnia	4
Peripheral neuropathy	1
Drug-induced parkinsonism	1

Conditions recorded and included in the total morbidity count except table 1 in continuing group
(continued)