



**Supplementary Table 1.** Quality appraisal of included studies using the modified Mixed Methods Appraisal Tool (MMAT): Quantitative Studies

	Cataldo, et al. 2016 (4)	Copeland, et al. 2019 (5)	Coughlin 2020 (6)	Duong, et al. 2017 (9)	Eberth, et al. 2014 (11)	Eberth, et al. 2018 (10)	Ersek, et al. 2016 (12)	Hall, et al. 2018 (13)	Henderson, et al. 2017 (14)	Henderson, et al. 2019 (15)	Iaccarino, et al. 2015 (17)	Khairy, et al. 2018 (19)	Leng, et al. 2020 (20)	Lewis, et al. 2019 (21)	Li, et al. 2020 (22)	Lillie, et al. 2017 (23)	Monu, et al. 2020 (26)	Mukthinuthalapati, et al. 2020 (27)	Rajupet, et al. 2017 (29)	Randhawa, et al. 2018 (30)	Raz et al. (31)	Williams, et al. (37)
S1. Are there clear research questions?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
S2. Do the collected data allow to address the research questions?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
4.1. Is the sampling strategy relevant to address the research question?	Y	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	NS	Y	NS	Y	Y
4.2. Are the qualitative data collection methods adequate to address the research question?	Y	N S	N S	Y	Y	Y	N	Y	Y	Y	Y	NS	Y	Y	Y	NS	N	NS	NS	NS	Y	NS
4.3. Are the measurements appropriate?	Y	N S	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
4.4. Is the risk of nonresponse bias low?	Y	N S	N S	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	NS	Y	NS	NS	NS	NS	NS	NS
4.5. Is the statistical analysis appropriate to answer the research question?	Y	N S	Y	NS	NS	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	NS	Y	Y

**Abbreviations:** Y=Yes; N=No; NS=Not Sure

**Supplementary Table 2.** Quality appraisal of included studies using the modified Mixed Methods Appraisal Tool (MMAT): Qualitative Studies

	Ahsan, et al. 2019 (1)	Allen, et al. 2020 (2)	Carter-Harris & Gould. 2017 (3)	Dukes, et al. 2020 (8)	Hoffman, et al. 2015 (16)	Kanodra, et al. 2016 (18)	Mishra, et al. 2016 (25)	Roth, et al. 2018 (32)	Simmons, et al. 2017 (33)	Sin, et al. 2016 (34)	Watson, et al. 2021 (36)
S1. Are there clear research questions?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
S2. Do the collected data allow to address the research questions?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
1.1. Is the qualitative approach appropriate to answer the research question?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
1.2. Are the qualitative data collection methods adequate to address the research question?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
1.3. Are the findings adequately derived from the data?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
1.4. Is the interpretation of results sufficiently substantiated by data?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation?	Y	Y	Y	N	Y	Y	N	N	N	N	Y

**Abbreviations:** Y=Yes; N=No; NS=Not Sure

**Supplementary Table 3.** Quality appraisal of included studies using the modified Mixed Methods Appraisal Tool (MMAT): Mixed Methods Studies

	Draucker, et al. 2019 (7)	McDonnell, et al. 2019 (24)	Qiu, et al. 2016 (28)	Tseng, et al. 2019 (35)
S1. Are there clear research questions?	Y	Y	Y	Y
S2. Do the collected data allow to address the research questions?	Y	Y	Y	Y
5.1. Is there an adequate rationale for using a mixed methods design to address the research question	Y	Y	Y	Y
5.2. Are the different components of the study effectively integrated to answer the research question?	Y	Y	Y	Y
5.3. Are the outputs of the integration of qualitative and quantitative components adequately interpreted?	Y	Y	Y	Y
5.4. Are divergences and inconsistencies between quantitative and qualitative results adequately addressed	Y	Y	Y	Y
5.5. Do the different components of the study adhere to the quality criteria of each tradition of the methods involved?	Y	Y	Y	Y

**Abbreviations:** Y=Yes; N=No; NS=Not Sure

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