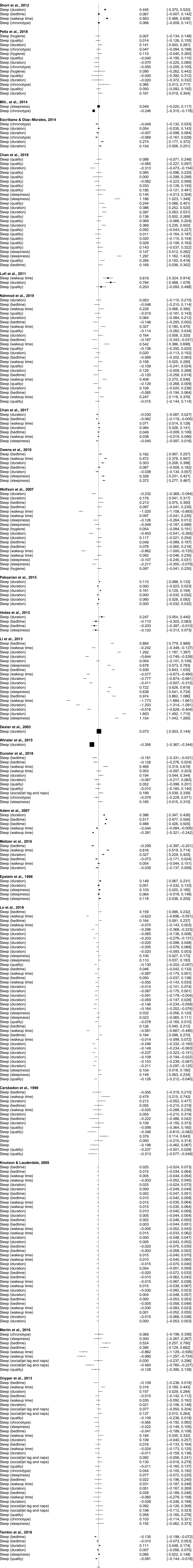
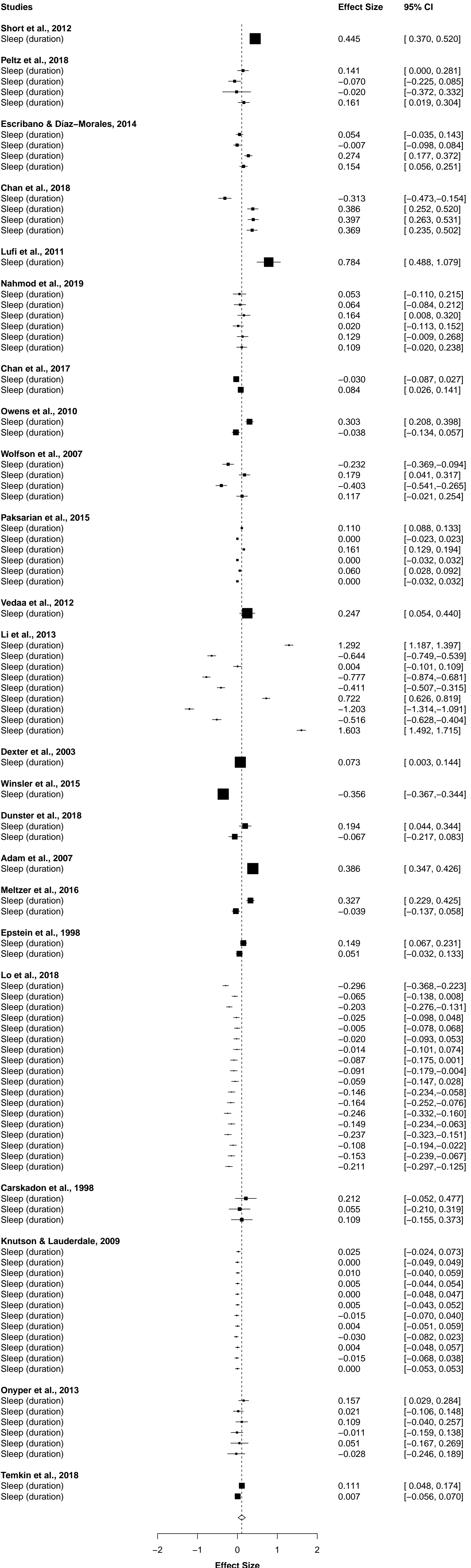


Sleep

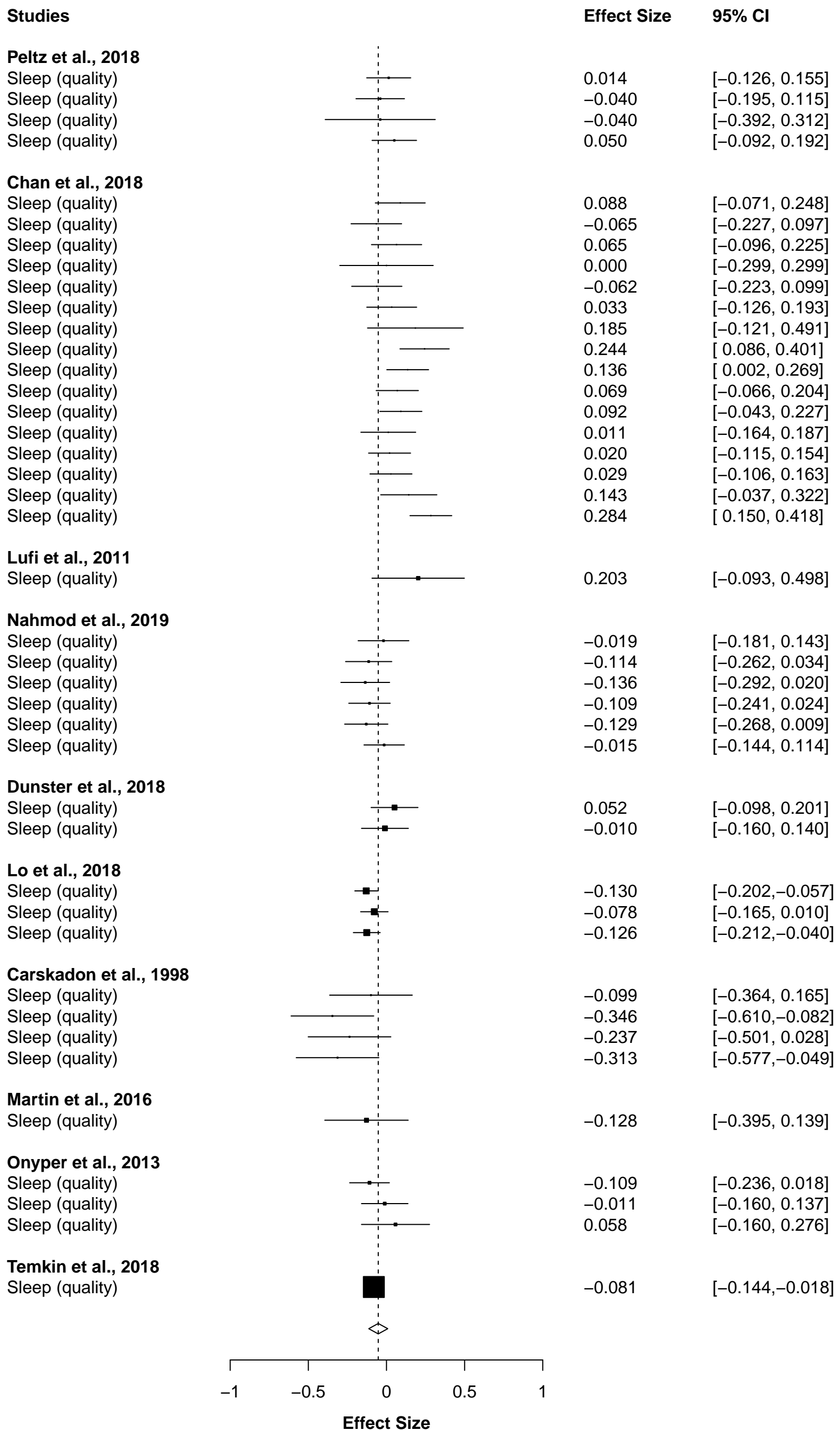


Sleep (duration)

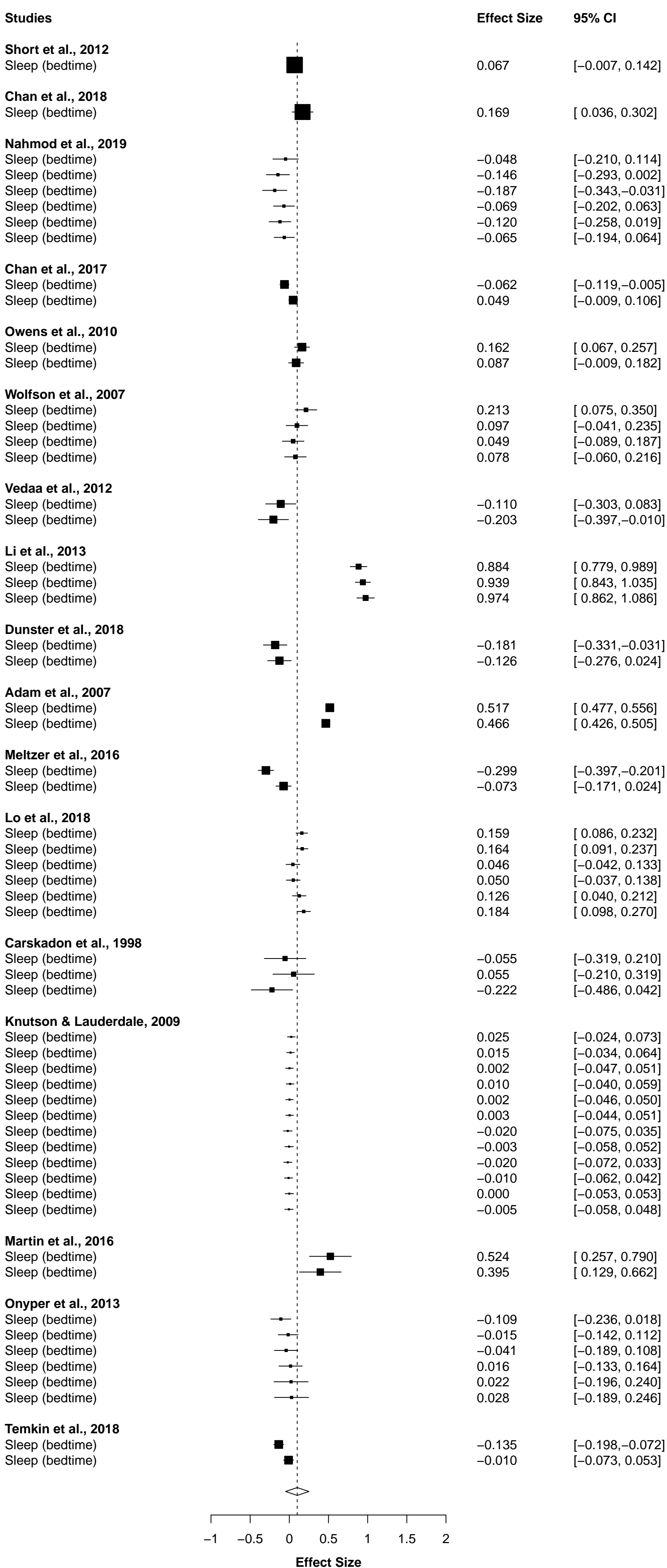


-2 -1 0 1 2  
Effect Size

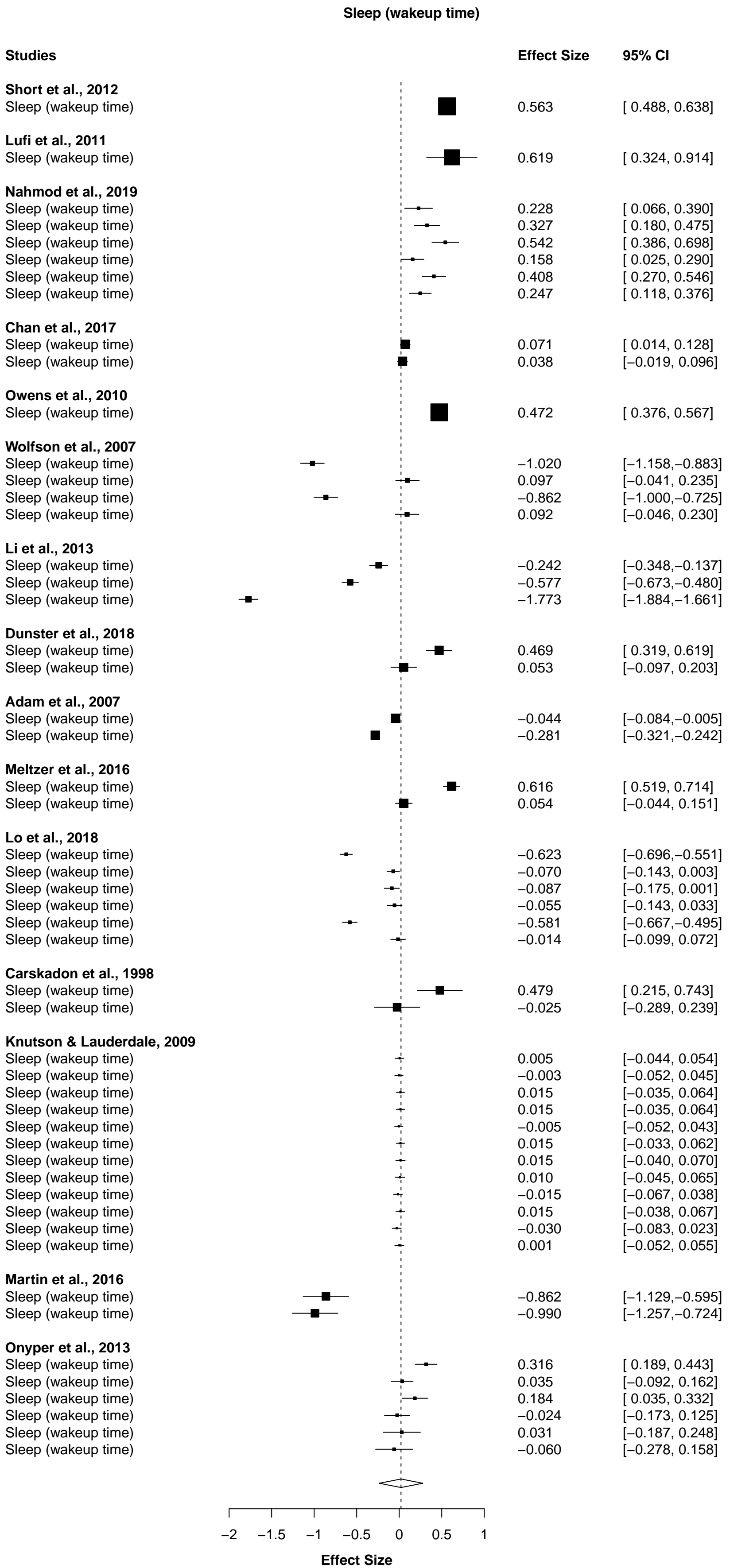
## Sleep (quality)



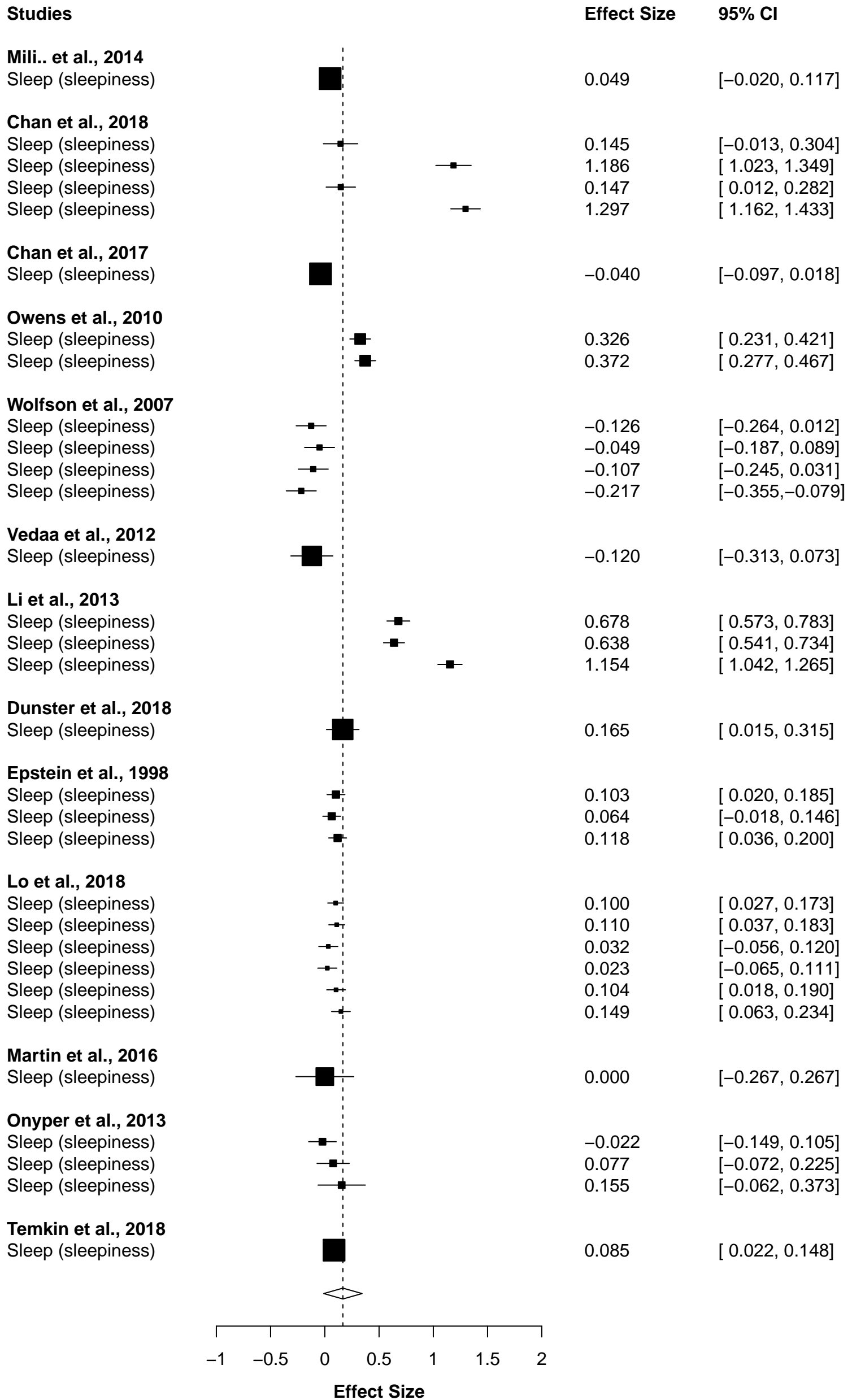
Sleep (bedtime)

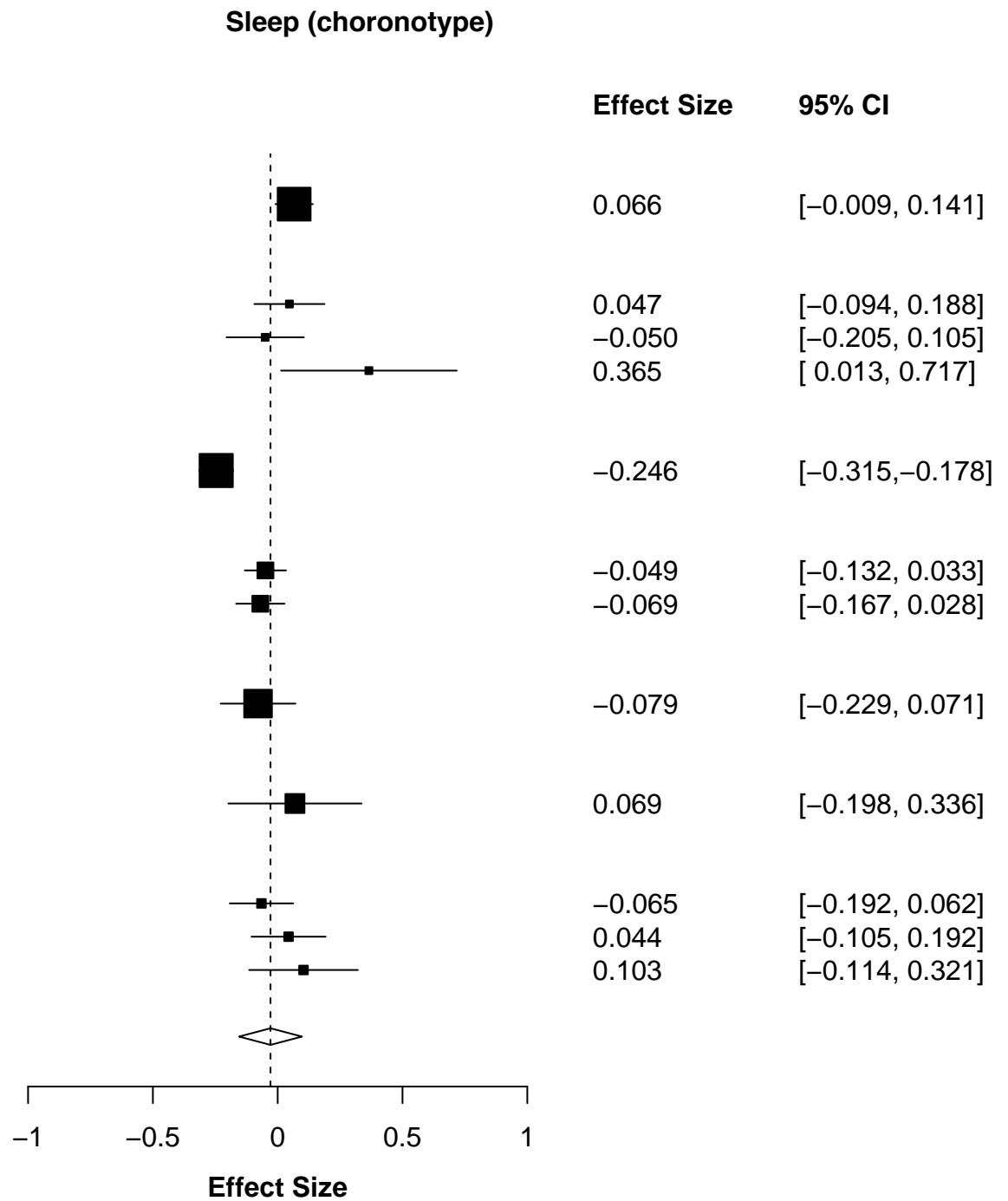


-1 -0.5 0 0.5 1 1.5 2  
Effect Size

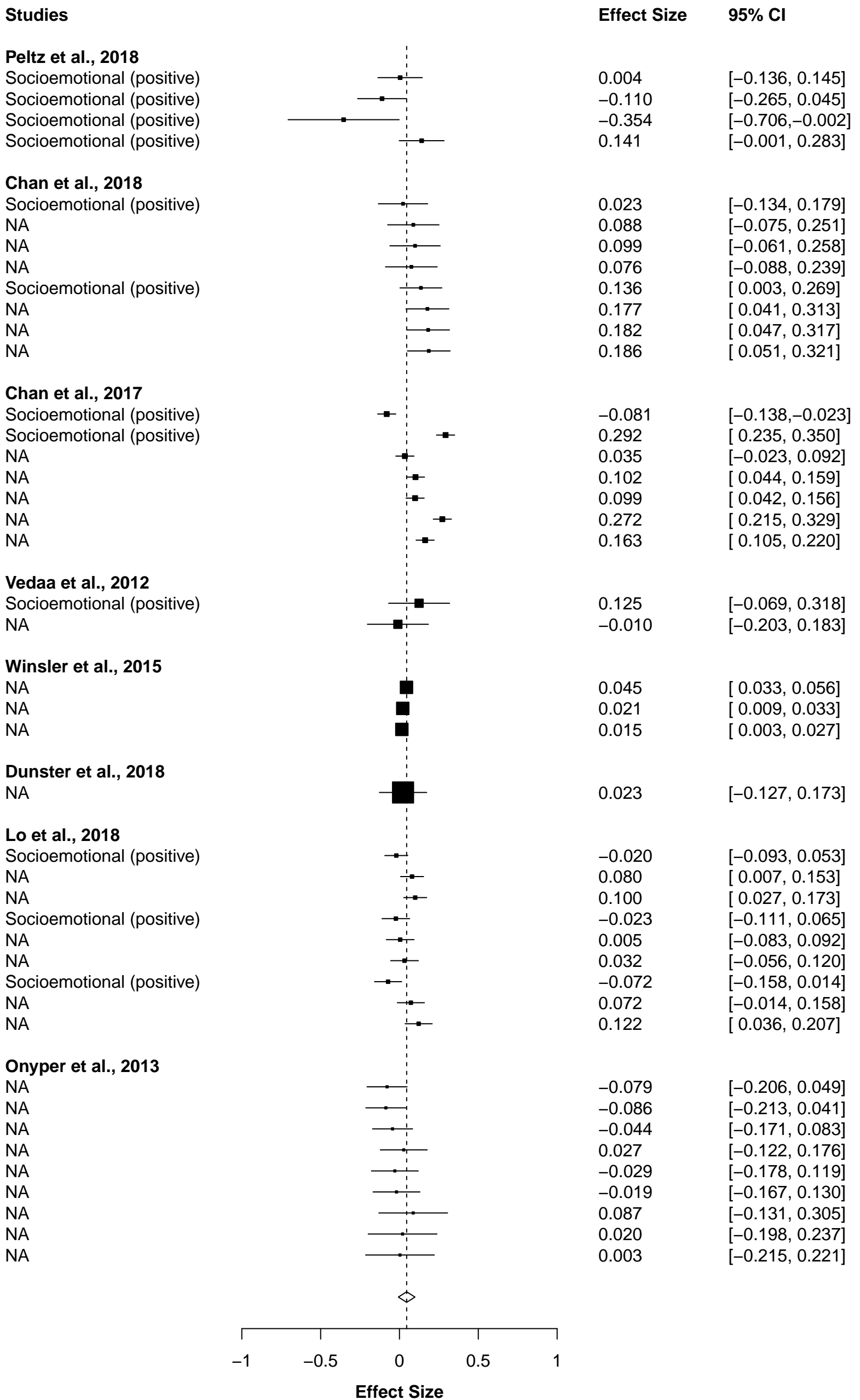


Sleep (sleepiness)



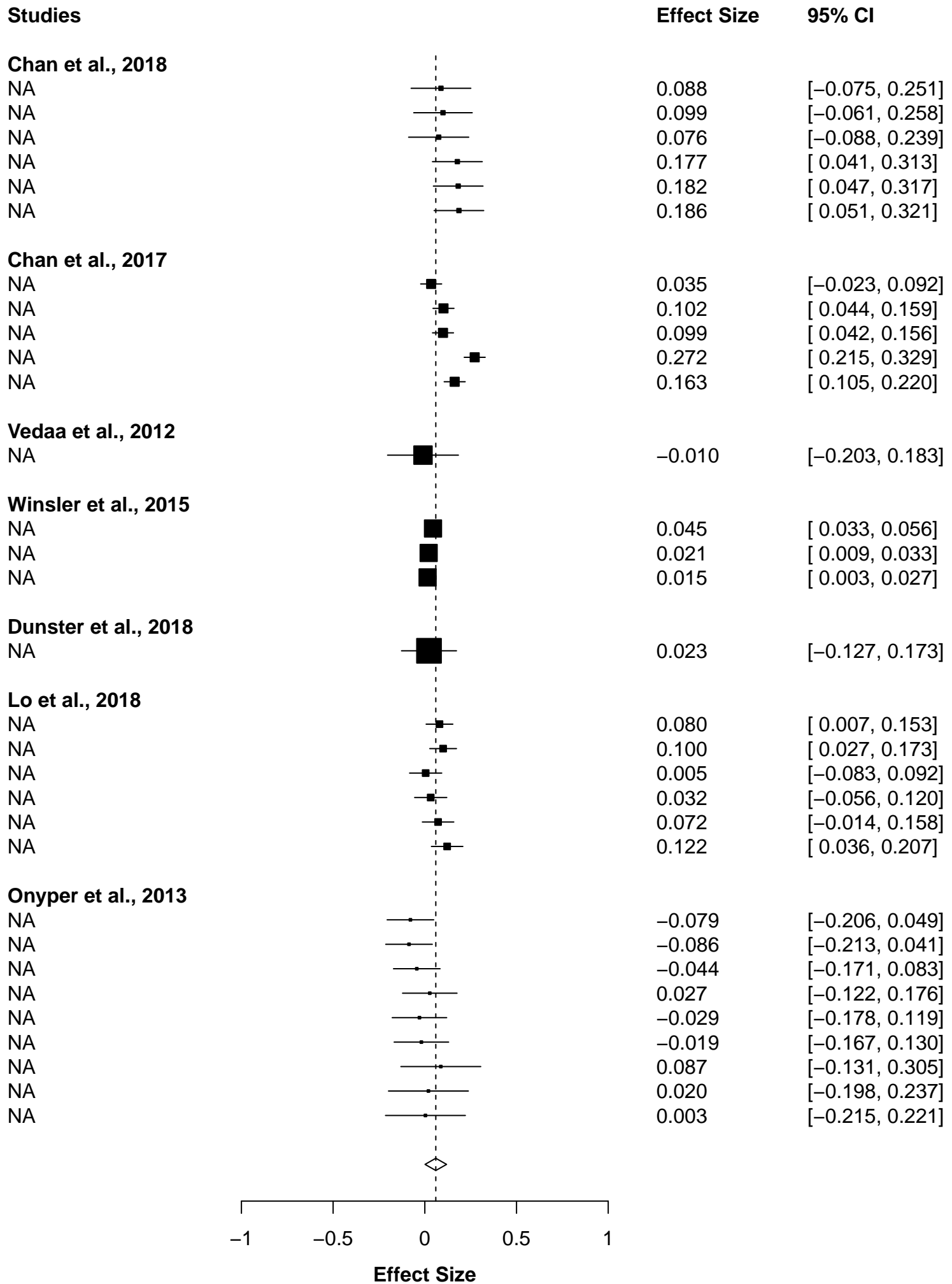


Socioemotional





Socioemotional (negative)



Supplemental Figure 13

Academic

