



**Supplementary Table 4. Correlation between 16 common bacterial species and their encoded top 20 metabolic pathways**

Number	Common bacterial species	Postbiotic group	Probiotic group
1	<i>Akkermansia muciniphila</i>	+	+
2	<i>Alistipes</i> sp.	+	+
3	<i>Bacteroidales bacterium</i> M1	+	+
4	<i>Bacteroides</i> sp.	+	+
5	<i>Muribaculaceae</i> sp.	+	+
6	<i>Bacteroides dorei/vulgatus</i>	–	–
7	<i>Bacteroides intestinalis</i>	–	–
8	<i>Escherichia coli</i>	–	–
9	<i>Lactobacillus animalis/murinus</i>	–	–
10	<i>Bacteroides acidifaciens</i>	–	+
11	<i>Bacteroides caecimuris</i>	+	–
12	<i>Clostridiales</i> sp.	–	+
13	<i>Clostridium</i> sp.	–	+
14	<i>Erysipelotrichaceae</i> sp.	–	+
15	<i>Lachnospiraceae</i> sp.	–	+
16	<i>Prevotella</i> sp.	+	–

Note: +, positive association; –, inverse association.





**Supplementary Table 6. Criteria for scoring disease activity index**

Score	Weight loss (%)	Stool consistency	Occult blood or gross bleeding
0	None	Normal	Negative
1	1–5	Loose stool	Negative
2	5–10	Loose stool	Hemoccult positive
3	10–15	Diarrhea	Hemoccult positive
4	>15	Diarrhea	Gross bleeding

Note: disease activity index = (combined score of weight loss, stool consistency, and occult blood or gross bleeding)/3

**Supplementary Table 7. Histological grading of colitis**

Score	Severity of inflammation	Depth of injury	Crypt damage
0	None	None	None
1	Slight	Mucosa	Basal 1/3 damaged
2	Moderate	Mucosa and submucosa	Basal 2/3 damaged
3	Severe	Transmural	Only surface epithelium intact
4	–	–	Entire crypt and epithelium lost

Note: the histological score for each mouse was a sum of the score of severity of inflammation, depth of injury, and crypt damage.