

SUPPLEMENTAL MATERIAL

Data S1.

PAD Awareness Assessment.

The percent of participants (out of N=28 respondents) who selected each answer is listed in parentheses. Correct answers are in bold.

1. How would you describe your level of understanding about PAD?
 - High (“I’m an expert”) – 0 (0%)
 - Partial (“I know some things”) – 4 (14%)
 - Low (“I might have heard of it”) – 5 (18%)
 - Non-existent (“I’ve never heard of it before this study”) – 19 (68%)

2. Which of the following medical problems increase the risk of developing PAD?
(Please check all that apply):
 - Hypertension – 14 (50%)**
 - Diabetes – 12 (43%)**
 - Cigarette smoking – 14 (50%)**
 - High cholesterol– 14 (50%)**

3. Sign(s) that you may have PAD can include (please check all that apply):
 - Pain in the buttocks, hips, or legs with walking – 13 (46%)**
 - Headaches with walking – 8 (29%)
 - No symptoms – 7 (25%)**
 - Ulcers on feet – 7 (25%)**

4. Having PAD can increase the risk of heart attack.
 - True - 25 (89%)**
 - False - 3 (11%)

5. Amputation is one of the severe consequences of untreated PAD.
 - True - 20 (71%)**
 - False - 8 (29%)

6. Signs of critical limb ischemia (CLI), which is the most severe type of PAD, can include (please check all that apply):
 - Absent pulses in the foot – 12 (43%)**
 - Cool and pale foot - 8 (29%)**
 - Painless, swollen legs – 11 (39%)
 - Sore that won’t heal on the foot – 6 (21%)**
 - Pain in legs at rest – 15 (54%)**

7. Supervised exercise has been shown to be as or more effective at improving walking ability in patients with PAD than putting in a stent to open the blockage.
True - 24 (86%)
 False - 4 (14%)
8. Black men are more likely than White men to have which condition(please check all that apply):
 Hypertension – 17 (61%)
 Diabetes – 18 (64%)
 Peripheral artery disease (PAD) – 9 (32%)
 Atrial fibrillation (irregular heartbeat) – 9 (32%)
9. In addition to poor health outcomes, untreated PAD can have a negative impact on how a person experiences life (quality of life).
True -26 (93%)
 False - 2 (7%)

Algorithm for the PAD Assessment Questionnaire

1. High=3, Partial=2, Low=1, Non-existent=0
2. 1 point for each box checked (up to 4 points)
3. Headaches with walking (no points), all other answers (1 point each, up to 3 points)
4. True=1 point, False=0 points
5. True=1 point, False=0 points
6. Painless, swollen legs (no points), all other answers (1 point each, up to 4 points)
7. True=1 point, False=0 points
8. Atrial fibrillation (no points), all other answers (1 point each, up to 3 points)
9. True=1 point, False=0 points

Point range: 0 - 21

Score 0-8: Poor PAD Awareness; 9-21: Good PAD Awareness