

Fig. S1. Quality control of total mRNA-seq datasets. (a, b, c) Scatter plot showing the Pearson correlation between two biological replicates in total mRNA-seq datasets in NSCs. (d) Principal component analysis of total mRNA-seq datasets.

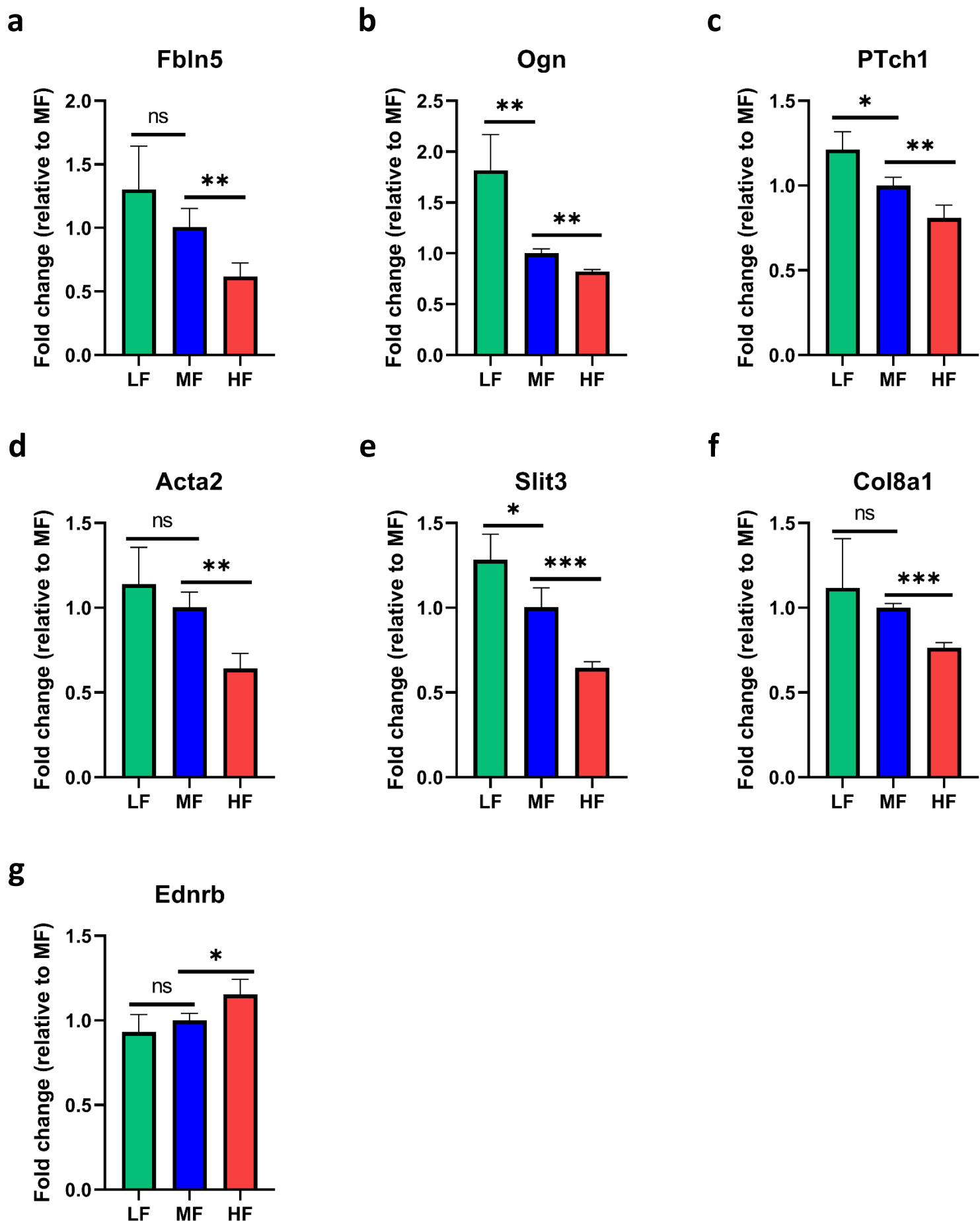


Fig. S2. Validation of differentially expressed genes (DEGs). (a-g) RT-qPCR was performed to validate the expression of DEGs identified by RNA-seq. (number of replicates = 3 or 4. * <0.05 , ** <0.01 , *** <0.001 .) Numerical data is provided in Additional file 7. The error bars indicate standard error of the mean (SEM).

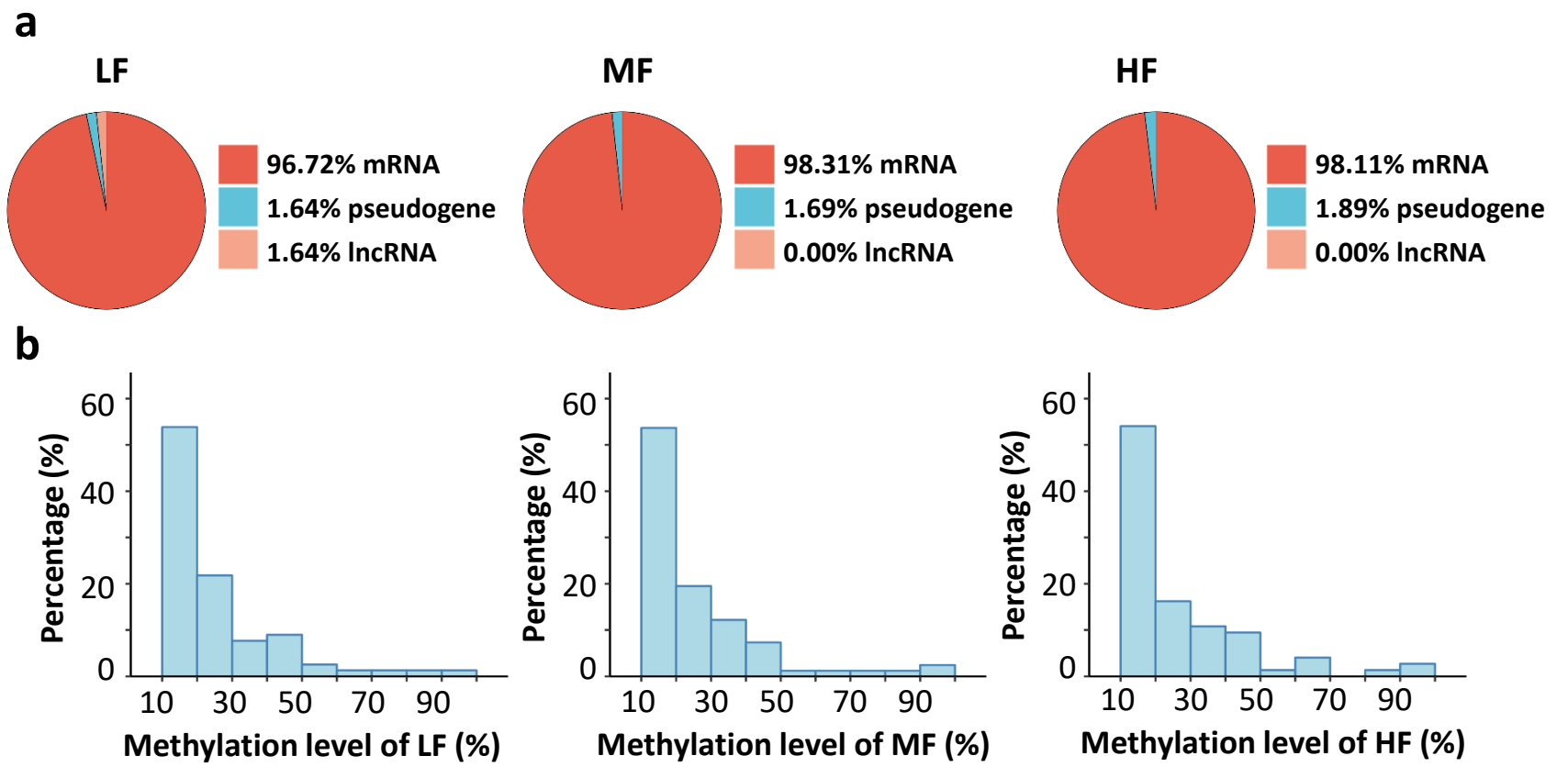


Fig. S3. Distribution of m⁵C sites in total mRNA BS-seq datasets. (a) Pie chart showing the categories of RNA molecules with m⁵C modification. (b) Histogram showing the distribution of methylation level for each condition.

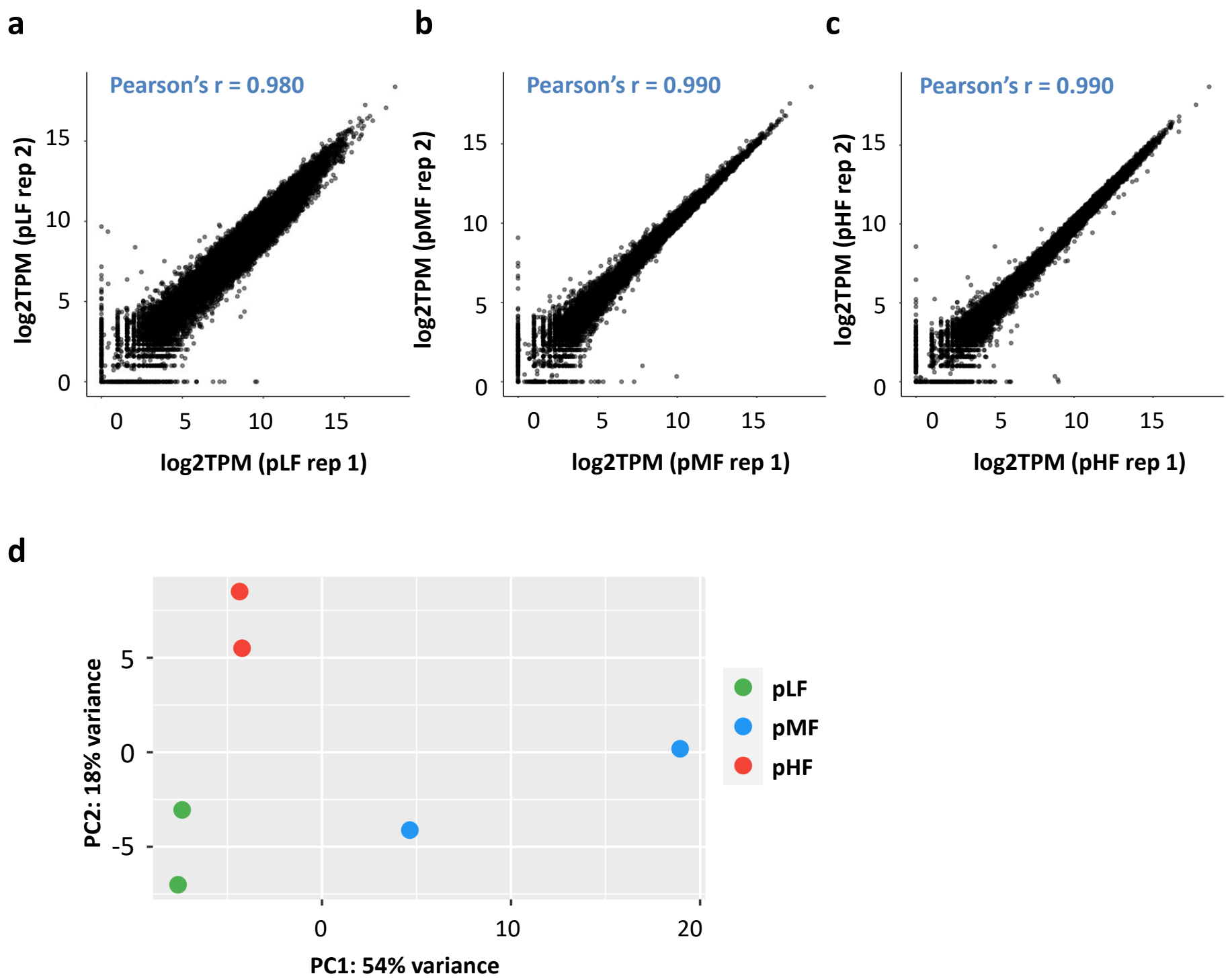


Fig. S4. Quality control of polysome mRNA-seq datasets. (a, b, c) Scatter plot showing the Pearson correlation between two biological replicates in polysome mRNA-seq datasets in NSCs. (d) Principal component analysis of polysome mRNA-seq datasets.

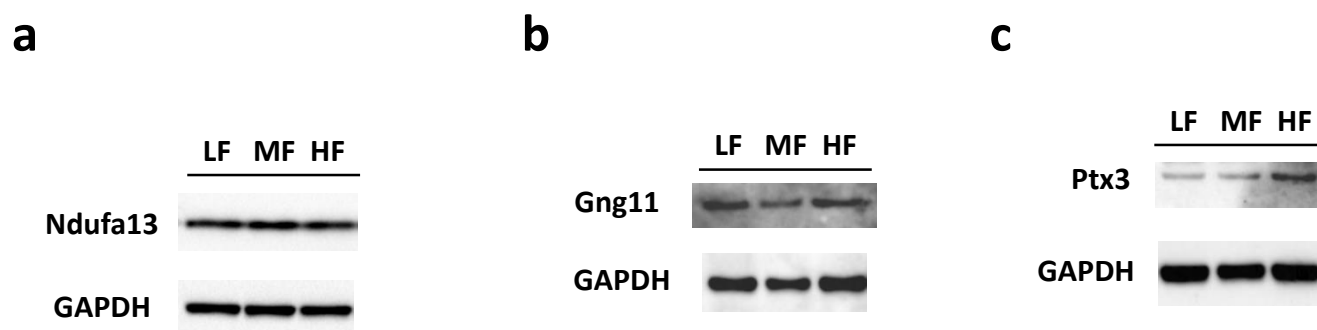


Fig. S5. Validation of differentially translated genes (DTGs). (a, b) Western blot was performed to validate the expression of DTGs identified by polysome profiling. Ndufa13 showed decreased translation efficiency in LF (a), Gng11 showed increased translation efficiency in LF (b), and Ptx3 showed increased translation efficiency in HF (c). Original blot images were provided in Additional file 8.

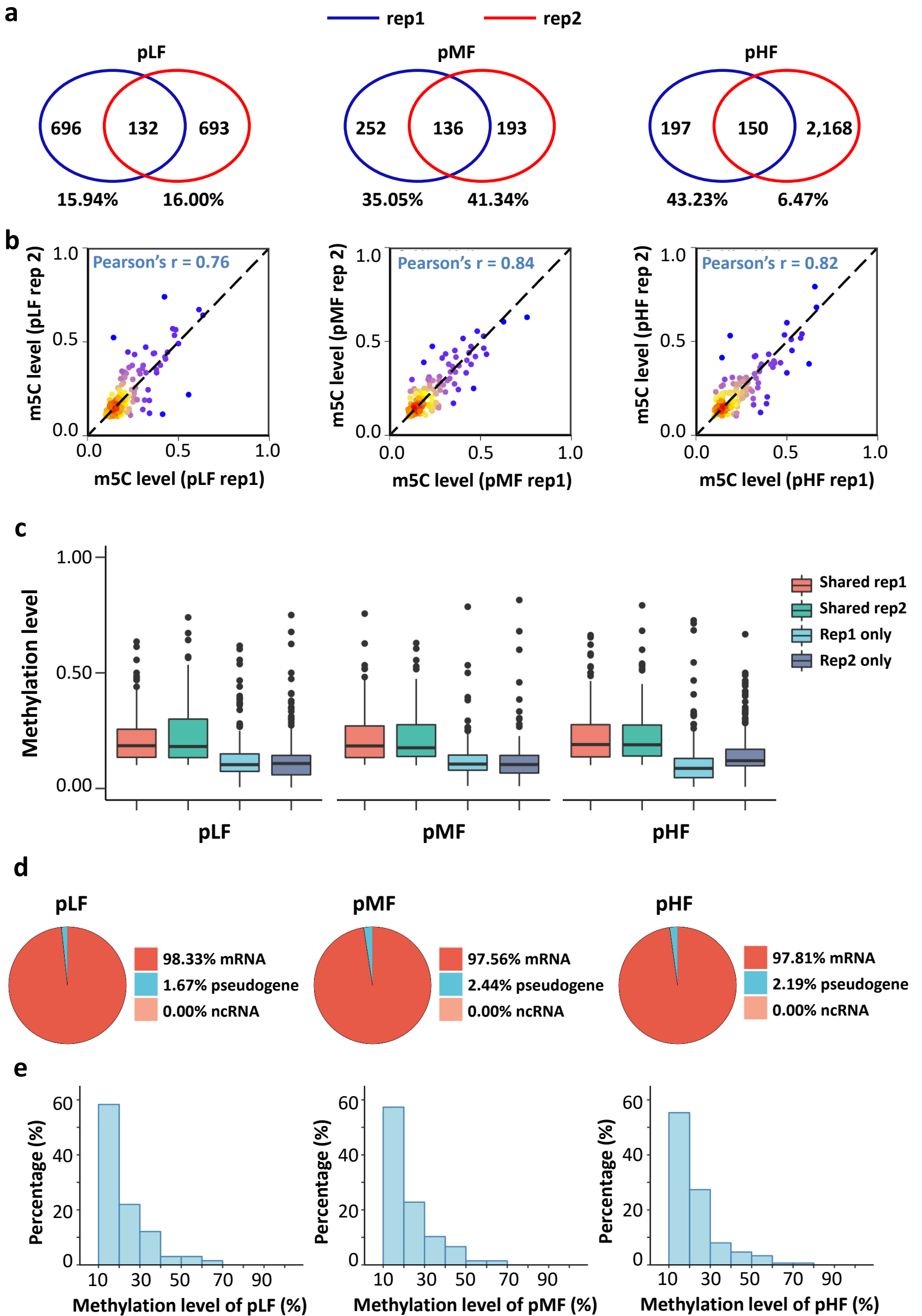


Fig. S6. Characterization of m⁵C sites in polysome mRNA BS-seq datasets.

(a) Venn diagram showing the overlap of m⁵C sites between two replicates.

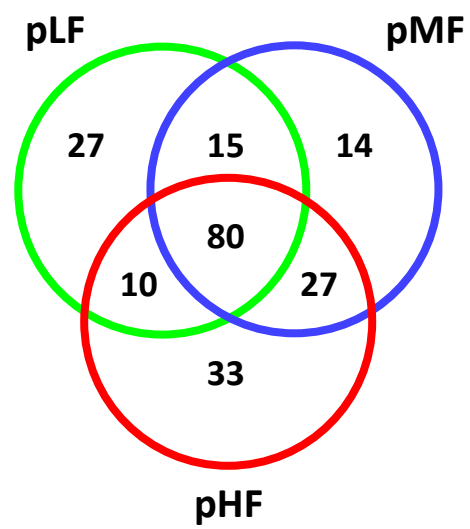
(b) Dot plot showing the methylation level correlation of the overlapped m⁵C sites between two replicates.

(c) Box plot showing the methylation level of overlapped and non-overlapped m⁵C sites in the two replicates.

(d) Pie chart showing the categories of RNA molecules with m⁵C modification.

(e) Histogram showing the distribution of methylation level for each condition.

a



b

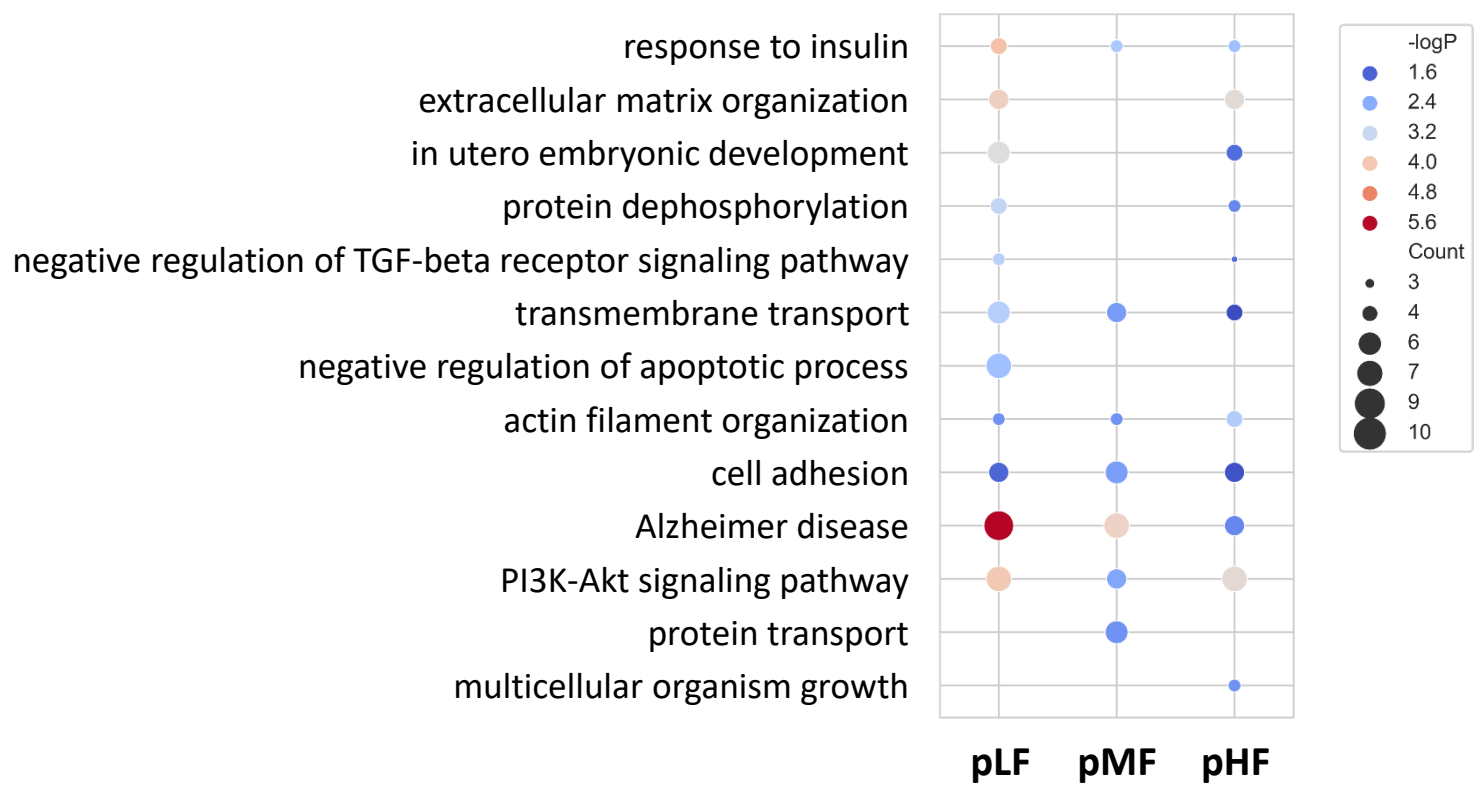


Fig. S7. Functional annotation of m⁵C-modified mRNAs in polysome mRNAs. (a) Venn diagram showing the overlap of m⁵C sites among the three conditions (pLF, pMF, pHF) (b) Bubble plot showing the GO terms of m⁵C-modified mRNAs in pLF, pMF and pHF.

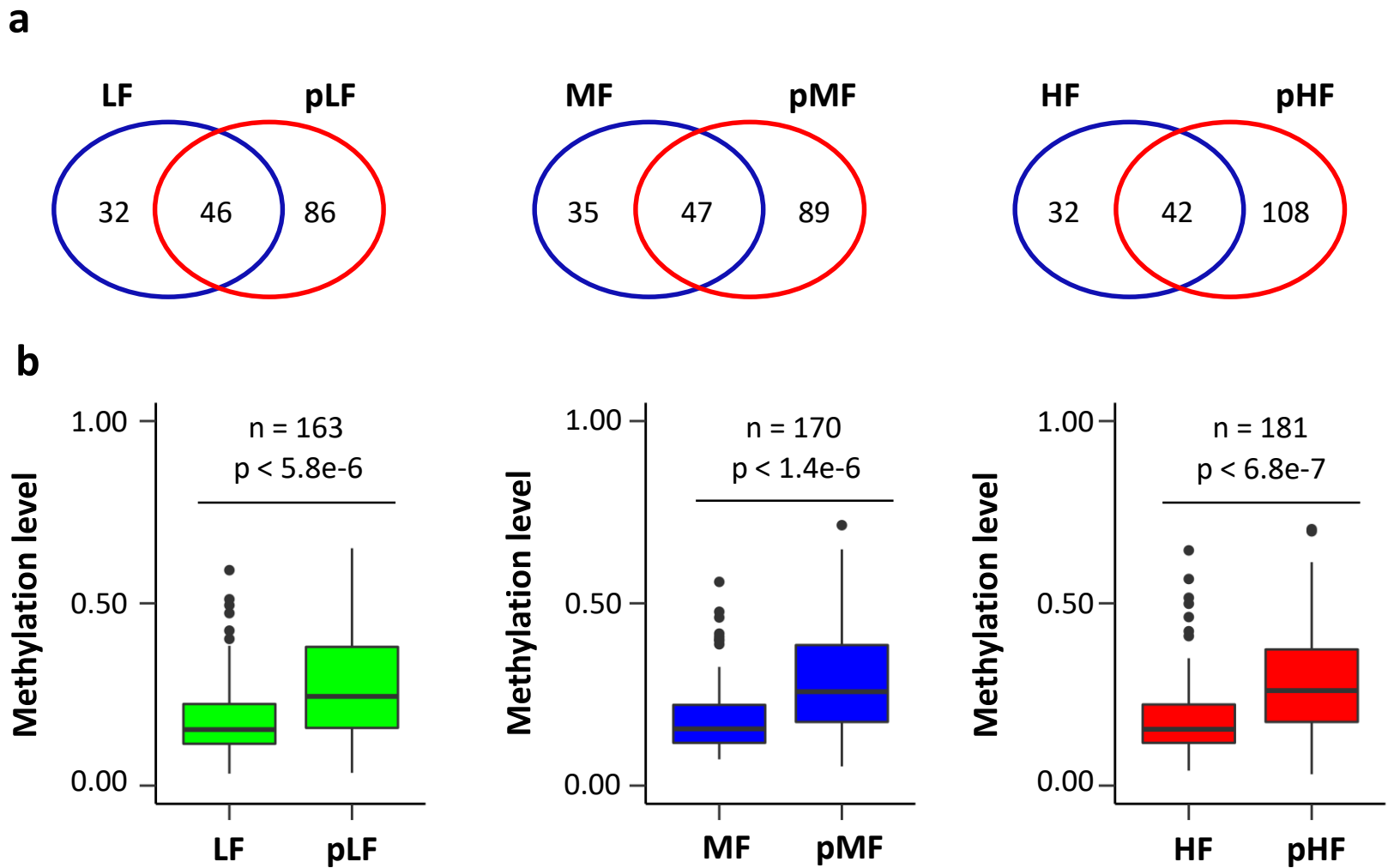


Fig. S8. Comparison between total and polysome methylomes. (a) Venn diagram showing the overlap of m⁵C sites between total and polysome mRNAs. (b) Box plot showing the methylation level of the union of m⁵C sites between total and polysome mRNAs with 20x coverage in both samples. A Wilcoxon signed-rank test was performed.

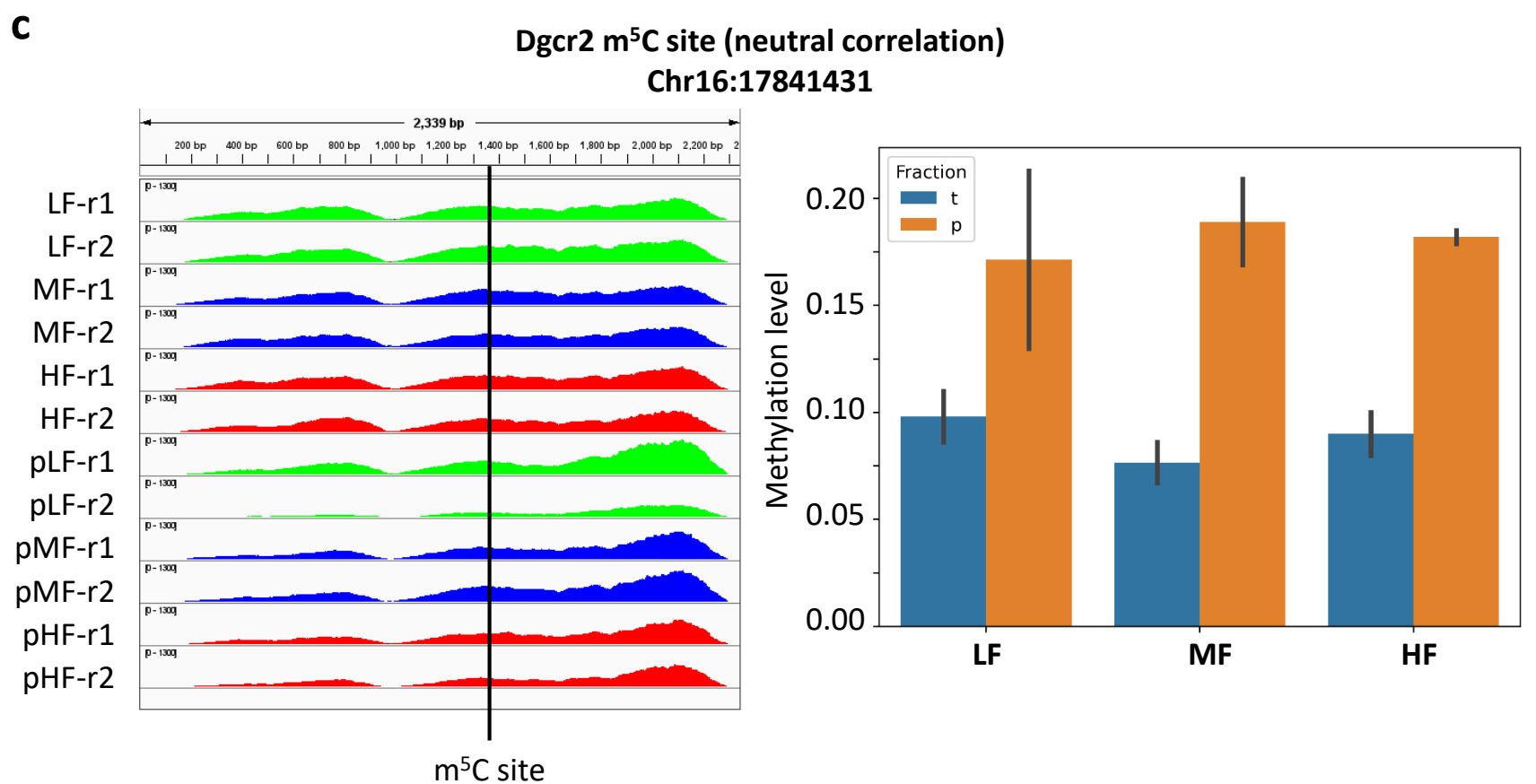
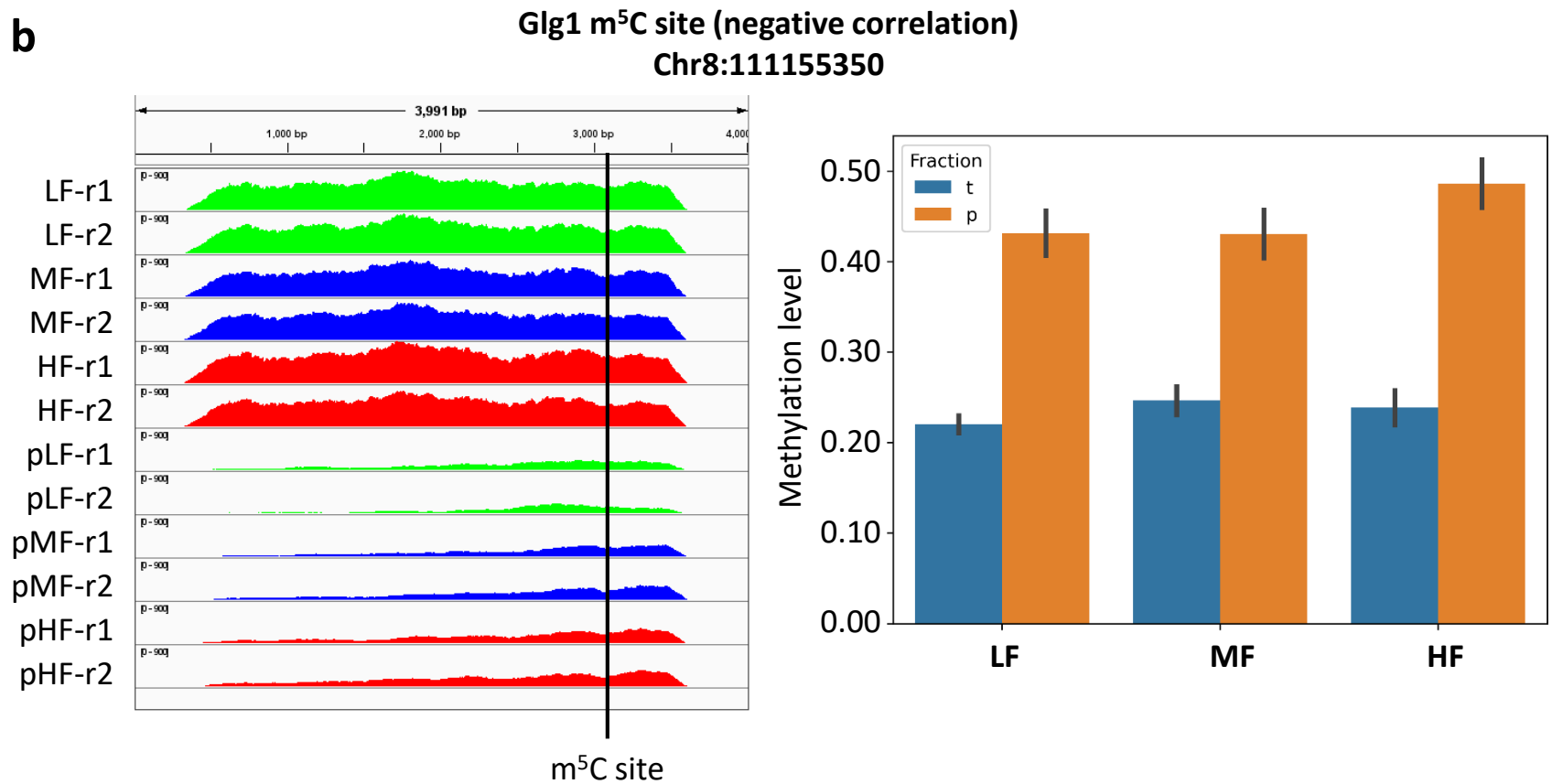
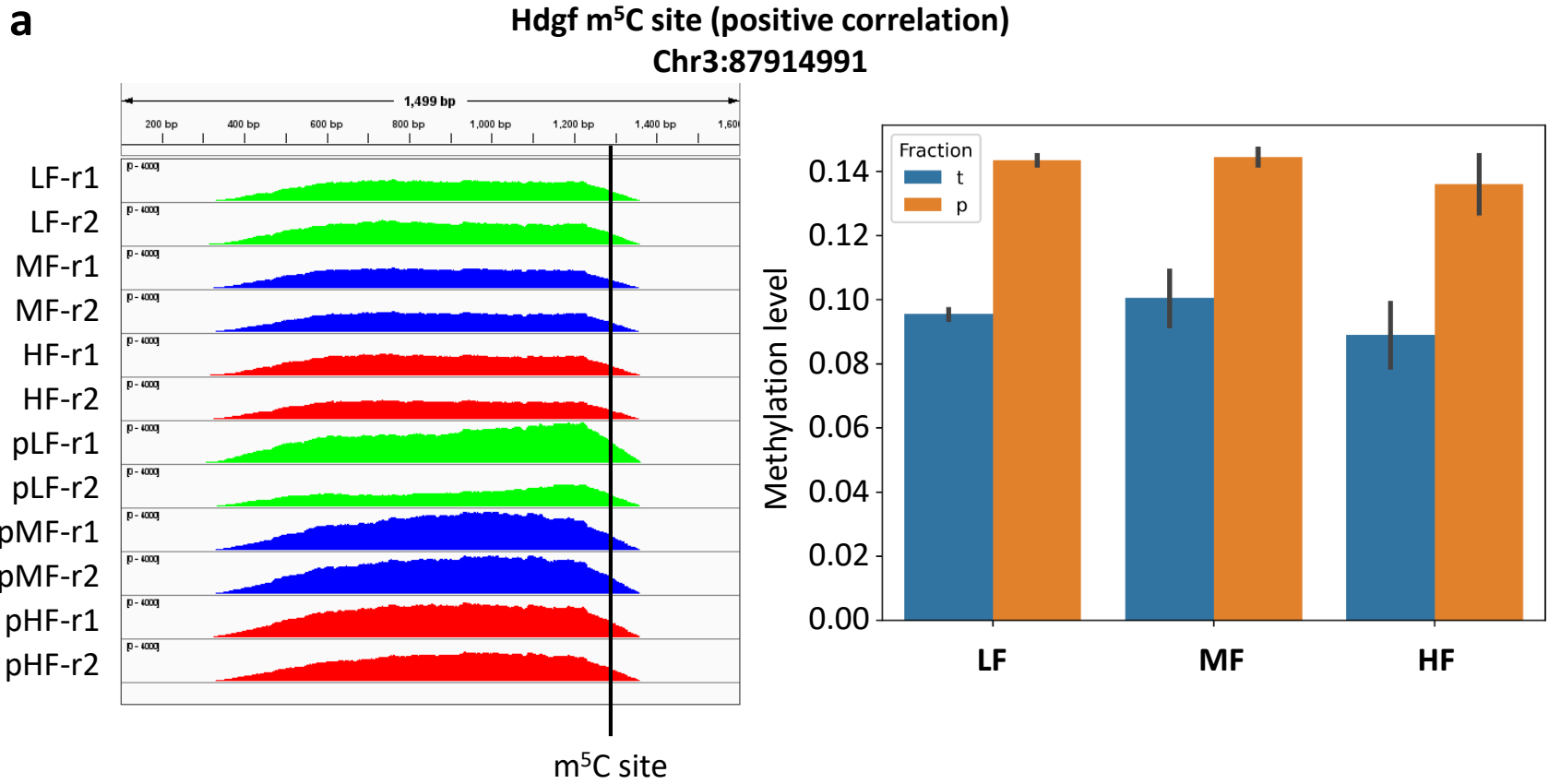


Fig. S9. Visualization of the correlation between m⁵C methylation and mRNA translation. (a, b, c) Left panel depicts transcript-level read pileup of the mRNAs: Hdgf (a), Glg1 (b), and Dgcr2 (c) using the IGV browser. The total and polysome mRNA-seq datasets were shown (green – LF, blue – MF, red –HF). Right panel depicted the methylation level of the m⁵C site identified in the respective transcript in both total and polysome mRNAs (t: total, p: polysome).