

**Supplemental Table 1. Baseline characteristics of REGARDS participants free of cardiovascular disease**

**according to race and sex**

Characteristics	Men		Women	
	Black (n=3,329)	White (n=5,926)	Black (n=6,087)	White (n=7,165)
Age (years)±SD	64±9	65±9	63±9	64±9
Education <high school n(%)	561 (17)	330 (6)	1095 (18)	441 (6)
Income <\$35,000	1,437 (43)	1,459 (25)	3,346 (55)	2,639 (37)
Region				
Belt n(%)	1,120 (34)	2,045 (35)	2,058 (34)	2,573 (36)
Buckle n(%)	536 (16)	1,171 (20)	1,178 (19)	1,845 (26)
Non-Belt n(%)	1,673 (50)	2,710 (46)	2,851 (47)	2,747 (38)
Insurance Status				
Yes	2,986 (90)	5,663 (96)	5,412 (89)	6,782 (95)

No	338 (10)	257 (4)	668 (11)	379 (5)
BMI kg/m <sup>2</sup> ±SD	29±6	28±5	32±7	28±6
Systolic blood pressure ±SD mmHg	132±17	127±15	129±17	123±16
<b>Behavioral Factors</b>				
Current smoking n(%)	630 (19)	668 (11)	923 (15)	885 (12)
Never exercises n(%)	893 (27)	1,384 (24)	2,403 (40)	2,539 (36)
<b>Alcohol Use n(%)</b>				
Current	1,745 (52)	3,889 (66)	2,380 (39)	4,070 (57)
Never	657 (20)	1,079 (18)	2,630 (43)	2,418 (34)
Past	927 (28)	958 (16)	1,077 (18)	677 (9)
Elevated Depressive Symptoms	295 (9)	284 (5)	870 (14)	783 (11)
Elevated Stress	854 (26)	1,087 (18)	2,202 (36)	2,085 (29)
<b>Comorbidities</b>				
Diabetes n(%)	879 (27)	781 (14)	1,563 (27)	747 (11)
Atrial fibrillation n(%)	145 (5)	312 (5)	362 (6)	445 (6)

Left ventricular hypertrophy n(%)	414 (13)	350 (6)	837 (14)	368 (5)
<b>ECG Variables</b>				
Heart rate $\pm$ SD, bpm	67 $\pm$ 12	64 $\pm$ 11	69 $\pm$ 11	67 $\pm$ 11
QRS interval $\pm$ SD, ms	87 $\pm$ 14	91 $\pm$ 15	85 $\pm$ 12	86 $\pm$ 12
Corrected QT interval $\pm$ SD, ms	400 $\pm$ 23	402 $\pm$ 22	408 $\pm$ 22	410 $\pm$ 21
<b>Laboratory Parameters</b>				
<b>Estimated Glomerular filtration rate</b>				
$\geq$ 90 n(%)	1,659 (52)	2,424 (42)	3,340 (58)	3,166 (46)
60-89 n(%)	1,251 (39)	2,933 (51)	1,832 (32)	3,158 (46)
45-59 n(%)	170 (5)	313 (5)	349 (6)	427 (6)
<45 n(%)	109 (3)	108 (2)	211 (4)	162 (2)
<b>Albumin to Creatinine Ratio</b>				
<15 n(%)	2,271 (71)	4,632 (81)	4,230 (74)	5,452 (80)
15-30 n(%)	332 (10)	511 (9)	619 (11)	782 (11)
>30 n(%)	579 (18)	607 (11)	891 (16)	607 (9)

Total cholesterol mg/dL $\pm$ SD	188 $\pm$ 39	188 $\pm$ 36	199 $\pm$ 40	203 $\pm$ 38
HDL mg/dL $\pm$ SD	49 $\pm$ 15	45 $\pm$ 13	57 $\pm$ 16	58 $\pm$ 16
Medications				
Statins n(%)	782 (24)	1,622 (28)	1,468 (24)	1,703 (24)
Antihypertensives n(%)	1,972 (59)	2,587 (44)	4,040 (67)	3,269 (46)

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