

## Electronic Supporting Information (ESI)

### Single-Crystal to Single-Crystal Addition of H<sub>2</sub> to [Ir(<sup>i</sup>Pr-PONOP)(propene)][BAr<sup>F</sup><sub>4</sub>] and Comparison Between Solid-State and Solution Reactivity.

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## 1. Experimental

### 1.1. General Procedures

All manipulations, unless otherwise stated, were performed under an argon atmosphere using standard Schlenk line and glove-box techniques. Glassware was oven-dried at 130 °C overnight and flamed under vacuum prior to use. CH<sub>2</sub>Cl<sub>2</sub> and pentane were dried using a Grubbs-type solvent purification system (Innovative Technologies) and degassed by three successive freeze-pump-thaw (FPT) cycles. CD<sub>2</sub>Cl<sub>2</sub> and 1,2-C<sub>6</sub>H<sub>4</sub>F<sub>2</sub> (pre-treated with alumina) were dried over CaH<sub>2</sub>, vacuum distilled, degassed (3 × FPT) and stored over 3 Å molecular sieves. 1,5-Cyclooctadiene (COD) was dried over sodium and fractionally distilled before use and stored over 3 Å molecular sieves. H<sub>3</sub>B·NMe<sub>3</sub> was recrystallised from diethyl ether before use. Na[BAR<sup>F</sup><sub>4</sub>],<sup>1</sup> [Ir(COD)<sub>2</sub>][BAR<sup>F</sup><sub>4</sub>]<sup>2</sup> and iPr-PONOP<sup>3</sup> were prepared by literature methods.

Solution state NMR spectra were recorded on Bruker Avance III HD 500 MHz or 600 MHz NMR spectrometers at 298 K unless otherwise specified. Residual protio solvent was used as reference for <sup>1</sup>H spectra in deuterated solvent samples.<sup>4</sup> <sup>31</sup>P{<sup>1</sup>H} NMR spectra were externally referenced to 85% H<sub>3</sub>PO<sub>4</sub>. <sup>1</sup>H assignments were aided by <sup>1</sup>H{<sup>31</sup>P} experiments. All chemical shifts (δ) are quoted in ppm and coupling constants (*J*) in Hz. NMR assignments were aided by 2D spectra (<sup>1</sup>H,<sup>1</sup>H-COSY, <sup>1</sup>H,<sup>13</sup>C-HSQC, <sup>1</sup>H,<sup>13</sup>C-HMBC, <sup>1</sup>H,<sup>1</sup>H-NOESY) where required.

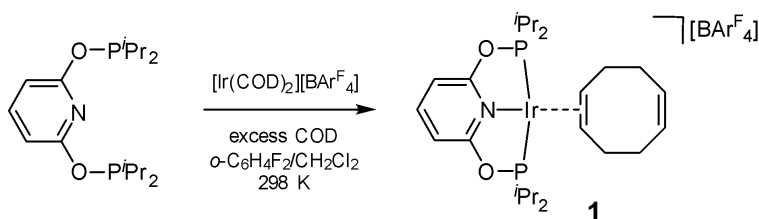
Solid state NMR spectra were recorded on a wide bore Bruker Avance III HD spectrometer (<sup>13</sup>C = 100.66 MHz; <sup>31</sup>P = 162.03 MHz) in 4.0 mm zirconia rotors with a MAS rate of 10 kHz unless otherwise specified. Rotors were packed and sealed in an argon filled glovebox. Spectra are referenced externally to SiMe<sub>4</sub> or H<sub>3</sub>PO<sub>4</sub> using the secondary references adamantane (<sup>13</sup>C δ = 29.5 for the shielded methylene resonance)<sup>5</sup> or triphenylphosphine (<sup>31</sup>P, δ = -9.3)<sup>6</sup>

Elemental microanalyses were performed by Dr Graeme McAllister on an Exeter Analytical Inc. CE-440 at the University of York.

Electrospray Ionisation Mass Spectrometry (ESI-MS) was carried out using a Bruker compact® Time of Flight mass spectrometer by Mr Karl Heaton at the University of York.

## 1.2. Synthesis and Characterisation

### 1.2.1. Synthesis of $[(^i\text{Pr-PONOP})\text{Ir}(\eta^2\text{-COD})][\text{BAR}^{\text{F}}_4]$ (**1**)



COD (50  $\mu\text{L}$ ,  $4.1 \times 10^1 \mu\text{mol}$ ) was added to a solution of  $[\text{Ir}(\eta^2, \eta^2\text{-COD})_2][\text{BAR}^{\text{F}}_4]$  (100 mg, 78.6  $\mu\text{mol}$ ) in  $\text{CH}_2\text{Cl}_2$  (2 mL). A solution of  $^i\text{Pr-PONOP}$  (27 mg, 79  $\mu\text{mol}$ ) in 1,2-difluorobenzene (0.2 mL) was added dropwise to the stirred solution of  $[\text{Ir}(\eta^2, \eta^2\text{-COD})_2][\text{BAR}^{\text{F}}_4]$  at 298 K, inducing a colour change from rusty pink to bright orange. The mixture was stirred for an additional 60 minutes before transfer to an appropriate crystallisation vessel and layering with pentane at 298 K to give  $[(^i\text{Pr-PONOP})\text{Ir}(\eta^2\text{-COD})][\text{BAR}^{\text{F}}_4]$  (**1**; 107 mg, 90%) as large orange-red crystals amenable to *sc*-XRD studies after two weeks.

$^1\text{H}$  NMR (400 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 7.93 (t,  $^3J_{\text{HH}} = 8.2$  Hz, 1 H; heterocyclic C4), 7.73 (br. m, 8 H;  $[\text{BAR}^{\text{F}}_4]^-$  *o*-H), 7.57 (s, 4 H;  $[\text{BAR}^{\text{F}}_4]^-$  *p*-H), 6.90 (d,  $^3J_{\text{HH}} = 8.2$  Hz, 2 H; heterocyclic C3,5), 5.68 (t,  $^3J_{\text{HH}} = 3.7$  Hz, 2 H; uncoordinated alkene CH), 4.45 (br. m, 2 H; bound alkene CH), 2.56 (septet,  $^3J_{\text{HH}} = 7.2$  Hz, 4 H;  $^i\text{Pr}$  CH), 2.49 (m, 4 H; COD Ir- $\text{C}_{\text{sp}2}\text{H-C}_{\text{sp}3}\text{H}_2$  + Ir- $\text{C}_{\text{sp}2}\text{H-C}_{\text{sp}3}\text{H}_2\text{-C}_{\text{sp}3}\text{H}_2$ ), 2.20 (m, 2 H; COD Ir- $\text{C}_{\text{sp}2}\text{H-C}_{\text{sp}3}\text{H}_2\text{-C}_{\text{sp}3}\text{H}_2$ ), 1.89 (m, 2 H; COD Ir- $\text{C}_{\text{sp}2}\text{H-C}_{\text{sp}3}\text{H}_2$ ), 1.26 (m, 24 H;  $^i\text{Pr}$   $\text{CH}_3$ ).

$^{13}\text{C}\{^1\text{H}\}$  NMR (102 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 164.5 (vt,  $^2J_{\text{CP}} = 2.8$  Hz; heterocyclic C2,6), 162.2 (q,  $^1J_{\text{CB}} = 49.8$  Hz ( $^{11}\text{B}$ );  $[\text{BAR}^{\text{F}}_4]^-$  *i*- $\text{C}_{\text{aryl}}$ ), 146.3 (s; heterocyclic C4), 135.2 (s;  $[\text{BAR}^{\text{F}}_4]^-$  *o*- $\text{C}_{\text{aryl}}$ ), 130.0 (s; spectator alkene CH), 129.3 (qq,  $^2J_{\text{CF}} = 31.5$  Hz,  $^4J_{\text{CF}} = 2.9$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$   $\text{C}_{\text{aryl}}\text{-CF}_3$ ), 125.0 (q,  $^1J_{\text{CF}} = 272.6$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$   $\text{CF}_3$ ), 117.9 (septet,  $^4J_{\text{CF}} = 4.0$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  *p*- $\text{C}_{\text{aryl}}$ ), 102.8 (vt,  $^3J_{\text{CP}} = 2.3$  Hz; heterocyclic C3,5), 65.3 (s; bound alkene CH), 36.8 (vt,  $J = 3.2$  Hz; COD Ir- $\text{C}_{\text{sp}2}\text{-C}_{\text{sp}3}$ ), 31.9 (s; COD Ir- $\text{C}_{\text{sp}2}\text{-C}_{\text{sp}3}\text{-C}_{\text{sp}3}$ ), 31.0 (vt,  $^1J_{\text{CP}} = 13.2$  Hz;  $^i\text{Pr}$  CH), 17.2 (vt,  $^2J_{\text{CP}} = 2.4$  Hz;  $^i\text{Pr}$   $\text{CH}_3$ ), 16.3 (s;  $^i\text{Pr}$   $\text{CH}_3$ ).

$^{13}\text{C}\{^1\text{H}\}$  SSNMR (101 MHz, 10 kHz spin rate, 298 K)  $\delta$ : 165.6 (heterocyclic C2,6), 165.1 (heterocyclic C2,6), 162–165 ( $[\text{BAR}^{\text{F}}_4]^-$  *i*- $\text{C}_{\text{aryl}}$ ), 145.1 (heterocyclic C4), 121–139 (spectator COD  $\text{C}_{\text{sp}2}$  +  $[\text{BAR}^{\text{F}}_4]^-$ ), 117–121 ( $[\text{BAR}^{\text{F}}_4]^-$  *p*- $\text{C}_{\text{aryl}}$ ), 101.9 (heterocyclic C3,5), 68.2 (bound COD  $\text{C}_{\text{sp}2}$ ), 26–40 ( $^i\text{Pr}$  CH + COD  $\text{C}_{\text{sp}3}$ ), 11–20 ( $^i\text{Pr}$   $\text{CH}_3$ ),

$^{31}\text{P}\{^1\text{H}\}$  NMR (162 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  184.4.

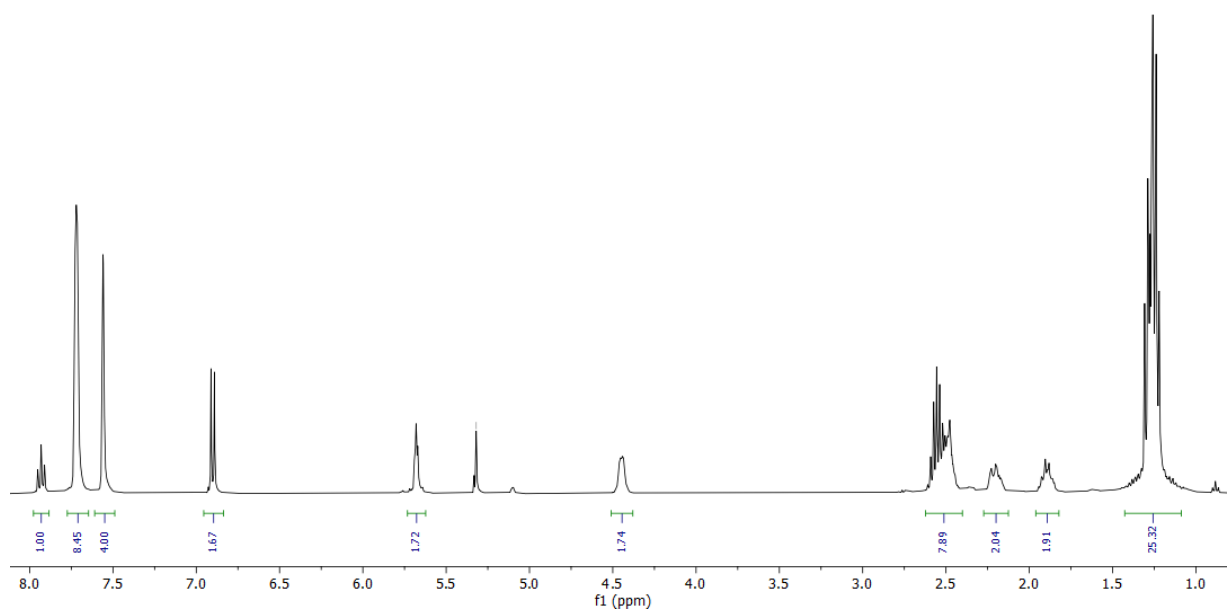
$^{31}\text{P}\{^1\text{H}\}$  SSNMR (162 MHz, 10 kHz spin rate, 298 K)  $\delta$  194.4 (d,  $^2J_{\text{PP}'} \sim 330$  Hz), 185.4 (d,  $^2J_{\text{PP}'} \sim 330$  Hz),

$^{19}\text{F}\{^1\text{H}\}$  NMR (377 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  -62.8.

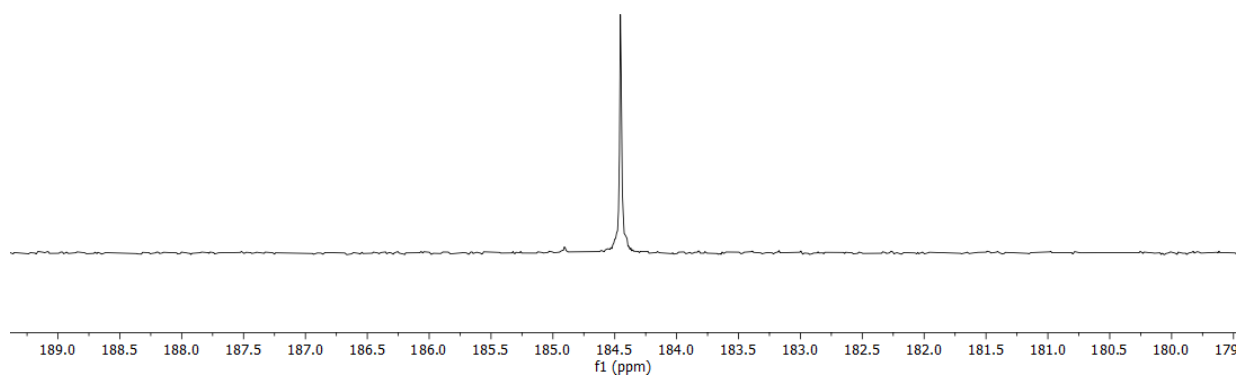
$^{11}\text{B}\{^1\text{H}\}$  NMR (128 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  -6.63.

Elemental analysis (calculated) for  $\text{C}_{57}\text{H}_{55}\text{BF}_{24}\text{IrNO}_2\text{P}_2$ : C, 45.27 (45.43); H, 3.56 (3.68); N, 0.89 (0.93).

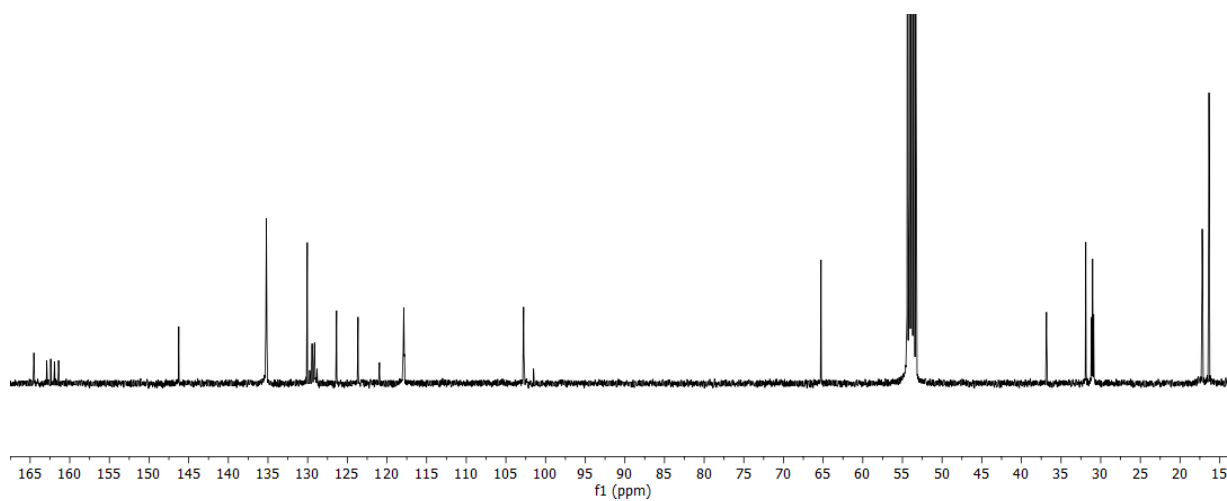
ESI-MS ( $\text{CH}_2\text{Cl}_2$ ) *m/z* found (calculated) for  $\text{C}_{25}\text{H}_{43}\text{IrNO}_2\text{P}_2$   $[\text{M}]^+$ : 644.2426 (644.2394).



**Figure S1**  $^1\text{H}$  NMR spectrum of **1** (400.20 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).

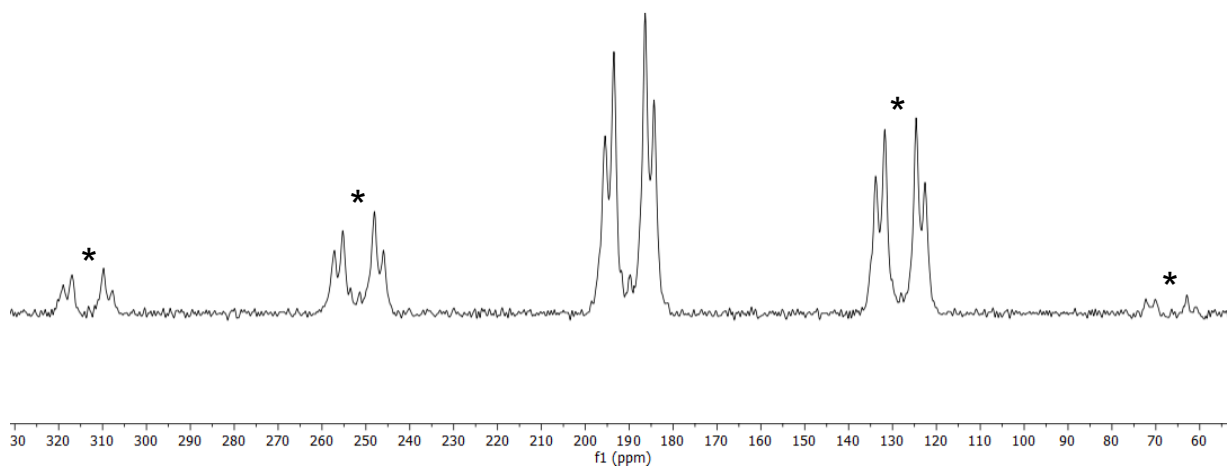


**Figure S2**  $^{31}\text{P}\{^1\text{H}\}$  NMR spectrum of **1** (162 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).

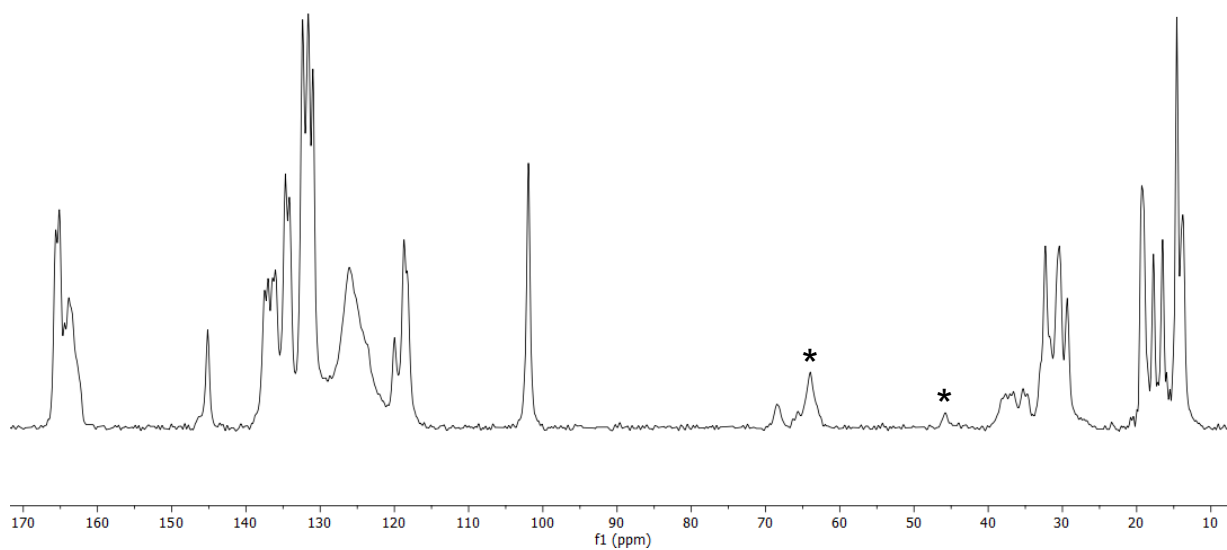


**Figure S3**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum of **1** (100.64 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



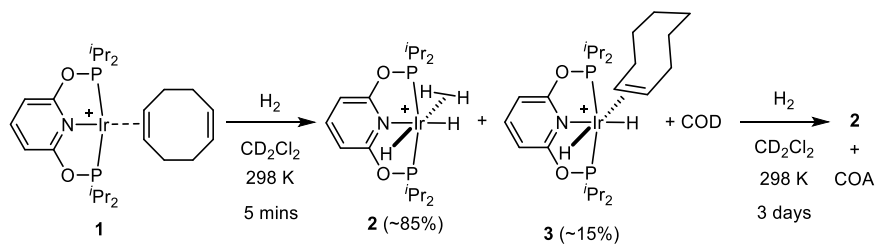


**Figure S4**  $^{31}\text{P}\{^1\text{H}\}$  SSNMR spectrum of **1** (162.03 MHz, 10 kHz spin rate, 298 K). \* indicate spinning side-bands.



**Figure S5**  $^{13}\text{C}\{^1\text{H}\}$  SSNMR spectrum of **1** (100.66 MHz, 10 kHz spin rate, 298 K). \* indicate spinning side-bands.

### 1.2.2. Synthesis of $[(i\text{Pr-PONOP})\text{IrH}_2(\text{H}_2)][\text{BAR}^{\text{F}}_4]$ (**2**)



$[(i\text{Pr-PONOP})\text{Ir}(\eta^2\text{-COD})][\text{BAR}^{\text{F}}_4]$  (15.3 mg, 10.2  $\mu\text{mol}$ ) was introduced to a medium-walled NMR tube fitted with a controlled atmosphere valve and dissolved in  $\text{CD}_2\text{Cl}_2$  (0.5 mL) that was added *via* vacuum transfer. The tube was charged with  $\text{H}_2$  (4.0 bar absolute), upon shaking, the solution turned from orange to a pale golden-yellow, generating the non-classical ‘tetrahydride’  $[(i\text{Pr-PONOP})\text{IrH}_2(\text{H}_2)][\text{BAR}^{\text{F}}_4]$  (**2**) *in situ* alongside  $[(i\text{Pr-PONOP})\text{IrH}_2(\text{COE})][\text{BAR}^{\text{F}}_4]$  (**3**) (85:15 ratio **2**:**3**) and free 1,5-cyclooctadiene (COD). Complete hydrogenation of this COD to cyclooctane and corresponding quantitative conversion to **2** takes 72 hours under these conditions.

Spin-lattice relaxation time ( $T_1$ ) measurements on the hydride resonance were carried out by the inversion-recovery method using standard<sup>7,8</sup>  $180^\circ\text{-}\theta\text{-}90^\circ$  pulse sequence:  $119 \pm 8$  ms (295 K) and  $38 \pm 1$  ms (253 K) under a pressure of  $\text{H}_2$  (1.5 bar).

In the absence of an  $\text{H}_2$  atmosphere, solutions of **2** lost  $\text{H}_2$  to yield the dihydride  $[(i\text{Pr-PONOP})\text{IrH}_2][\text{BAR}^{\text{F}}_4]$  (**4**; *vide infra*).

#### NMR data for **2**:

$^1\text{H}$  NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 7.79 (t,  $^3J_{\text{HH}} = 8.2$  Hz, 1 H; heterocyclic C4), 7.72 (br. m, 8 H;  $[\text{BAR}^{\text{F}}_4]^-$  *o*-H), 7.56 (s, 4 H;  $[\text{BAR}^{\text{F}}_4]^-$  *p*-H), 6.85 (d,  $^3J_{\text{HH}} = 8.0$  Hz, 2 H; heterocyclic C3,5), 2.48-2.40 (m, 4 H; *i*Pr CH), 1.53 (*liberated cyclooctane*), 1.21 (m,  $^3J_{\text{HH}} = 6.9$  Hz, 12 H; *i*Pr  $\text{CH}_3$ ), 1.16 (m,  $^3J_{\text{HH}} = 7.0$  Hz, 12 H; *i*Pr  $\text{CH}_3$ ), -8.79 (br. s, 4 H; Ir-*H*).

$^1\text{H}$  NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 253 K)  $\delta$ : 7.76 (t,  $^3J_{\text{HH}} = 8.2$  Hz, 1 H; heterocyclic C4), 7.71 (br. m, 8 H;  $[\text{BAR}^{\text{F}}_4]^-$  *o*-H), 7.55 (s, 4 H;  $[\text{BAR}^{\text{F}}_4]^-$  *p*-H), 6.83 (d,  $^3J_{\text{HH}} = 8.1$  Hz, 2 H; heterocyclic C3,5), 2.43-2.37 (m, 4 H; *i*Pr CH), 1.49 (*liberated cyclooctane*), 1.16 (m,  $^3J_{\text{HH}} = 7.1$  Hz, 12 H; *i*Pr  $\text{CH}_3$ ), 1.12 (m,  $^3J_{\text{HH}} = 7.0$  Hz, 12 H; *i*Pr  $\text{CH}_3$ ), -8.81 (br. t,  $^2J_{\text{HP}} = 7.5$  Hz, 4 H; Ir-*H*).

$^{31}\text{P}\{^1\text{H}\}$  NMR (203 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 181.2 (s).

$^{31}\text{P}\{^1\text{H}\}$  NMR (203 MHz,  $\text{CD}_2\text{Cl}_2$ , 253 K)  $\delta$ : 181.2 (s).

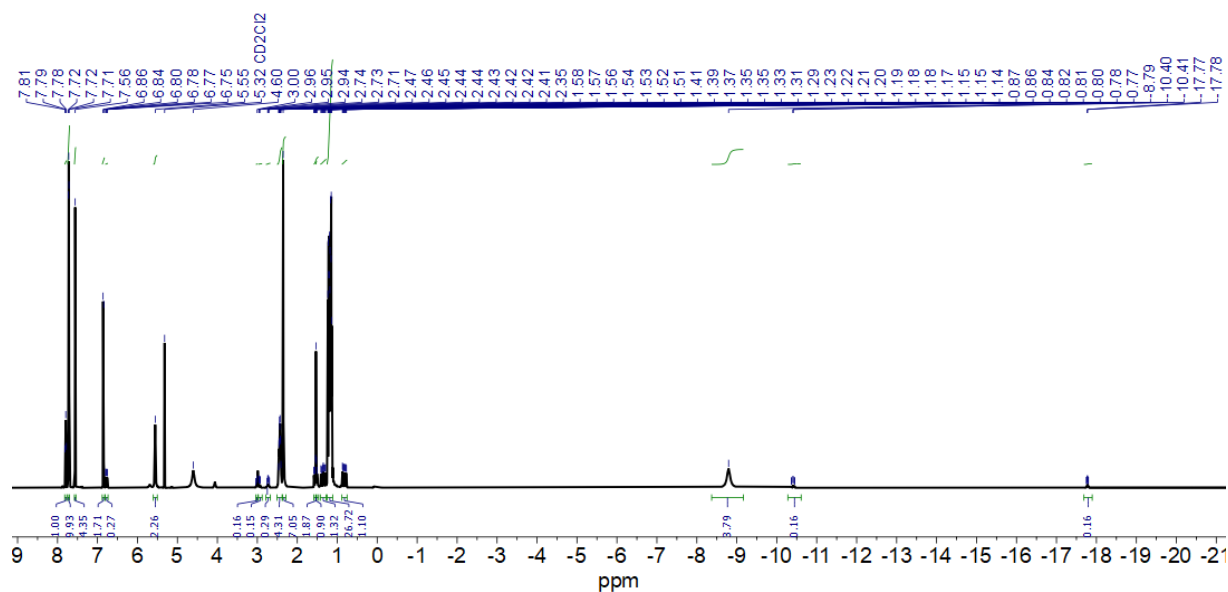
$^{13}\text{C}\{^1\text{H}\}$  NMR (151 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 162.2 (q,  $^1J_{\text{CB}} = 49.8$  Hz ( $^{11}\text{B}$ );  $[\text{BAR}^{\text{F}}_4]^-$  *i*-C<sub>aryl</sub>), 161.1 (s; heterocyclic C2,6), 145.3 (s; heterocyclic C4), 135.2 (s;  $[\text{BAR}^{\text{F}}_4]^-$  *o*-C<sub>aryl</sub>), 129.3 (qq,  $^2J_{\text{CF}} = 31.5$  Hz,  $^4J_{\text{CF}} = 2.9$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  C<sub>aryl</sub>-CF<sub>3</sub>), 125.0 (q,  $^1J_{\text{CF}} = 272.6$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  CF<sub>3</sub>), 117.9 (septet,  $^4J_{\text{CF}} = 4.0$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  *p*-C<sub>aryl</sub>), 103.9 (s; heterocyclic C3,5), 31.3 (vt,  $^1J_{\text{CP}} = 15.8$  Hz; *i*Pr CH), 17.7 (br. vt,  $^2J_{\text{CP}} \sim 3$  Hz; *i*Pr  $\text{CH}_3$ ), 17.3 (s; *i*Pr  $\text{CH}_3$ ).

Selected NMR data for **3**, free COD and dissolved  $\text{H}_2$  present in mixture after 5 minutes:

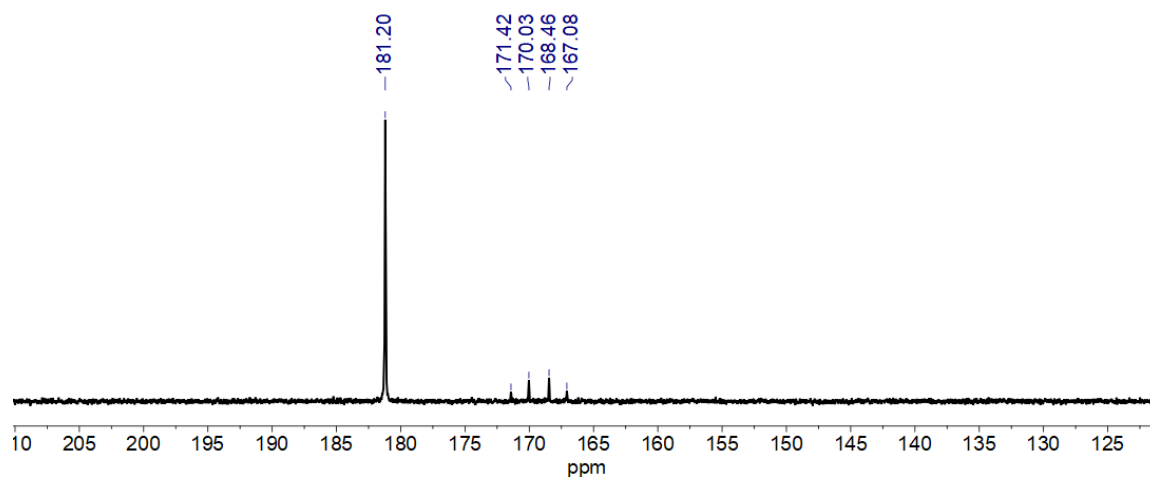
$^1\text{H}$  NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 6.79 (d,  $^1J_{\text{HH}} = 8.2$  Hz, 1 H; heterocyclic C3/5), 6.76 (d,  $^1J_{\text{HH}} = 8.1$  Hz, 1 H; heterocyclic C3/5), 5.55 (br. s, 4H; *liberated COD*), 4.60 (*dissolved H*<sub>2</sub>), 3.04-2.97 (m, 1H, alkene), 2.96-2.91 (m, 1H, alkene), 2.77-2.68 (m, 2H; *i*Pr CH), 2.35 (br. s, 8H; *liberated COD*), 1.56 (dd,  $^3J_{\text{PH}} =$

12.3 Hz,  $^3J_{\text{HH}}$  7.0 Hz, 3H; *i*Pr); 1.53 (m, overlapping signals; COA, *i*Pr), 1.38 (dd,  $^3J_{\text{PH}} = 19.2$  Hz,  $^3J_{\text{HH}} = 7.5$  Hz, 3H; *i*Pr) 1.32 (dd,  $^3J_{\text{PH}} = 19.8$  Hz,  $^3J_{\text{HH}} = 7.6$  Hz, 3H; *i*Pr), 0.84 (dd,  $^3J_{\text{PH}} = 15.4$  Hz,  $^3J_{\text{HH}} = 6.9$  Hz, 3H; *i*Pr), 0.79 (dd,  $^3J_{\text{PH}} = \sim 15$  Hz,  $^3J_{\text{HH}} = 6.6$  Hz, 3H; *i*Pr), -10.41 (vdt,  $^3J_{\text{PH}} = 20.7$  Hz,  $^3J_{\text{PH}} = 19.6$  Hz, 1H; Ir-H), -17.77 (vdt,  $^3J_{\text{PH}} = 10.3$  Hz,  $^3J_{\text{PH}} = 10.1$  Hz, 1H; Ir-H).

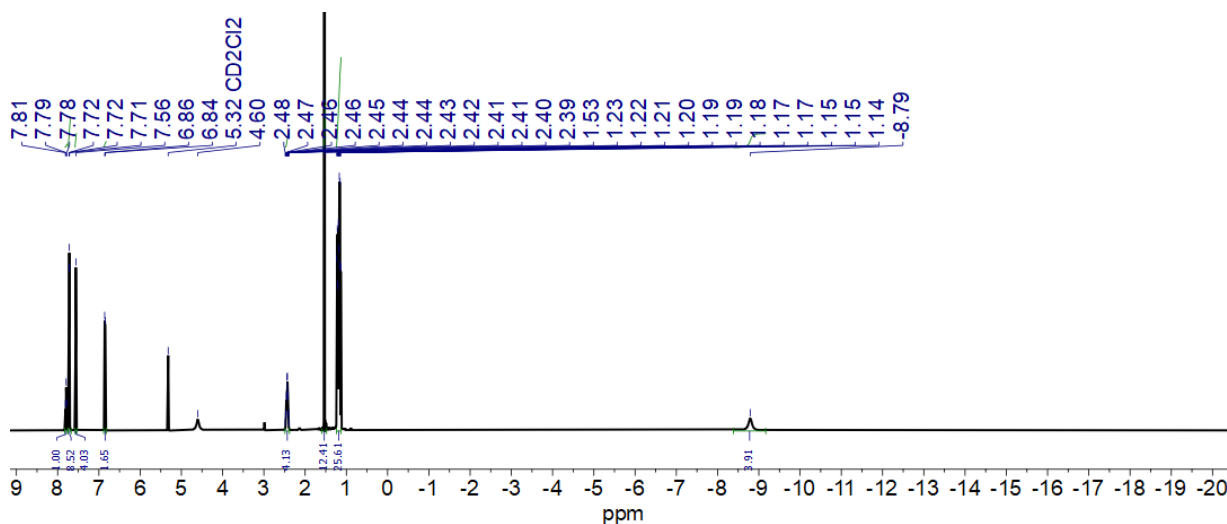
$^{31}\text{P}\{^1\text{H}\}$  NMR (203 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 170.7 (d,  $^2J_{\text{PP}}$  280 Hz), 167.8 (d,  $^2J_{\text{PP}}$  280 Hz).



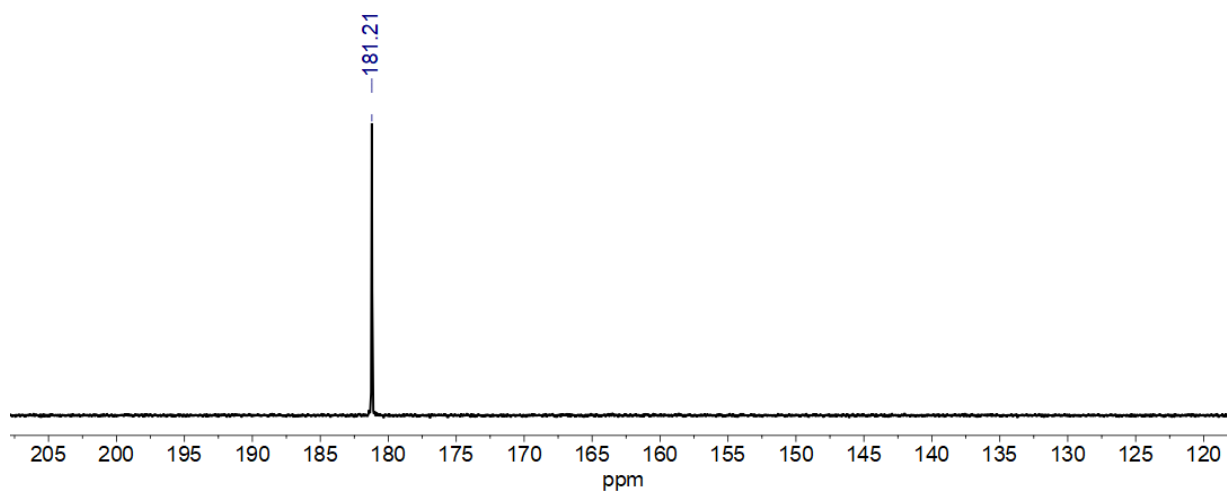
**Figure S6**  $^1\text{H}$  NMR (500 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ) spectrum of mixture of **2** and **3** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 5 minutes).



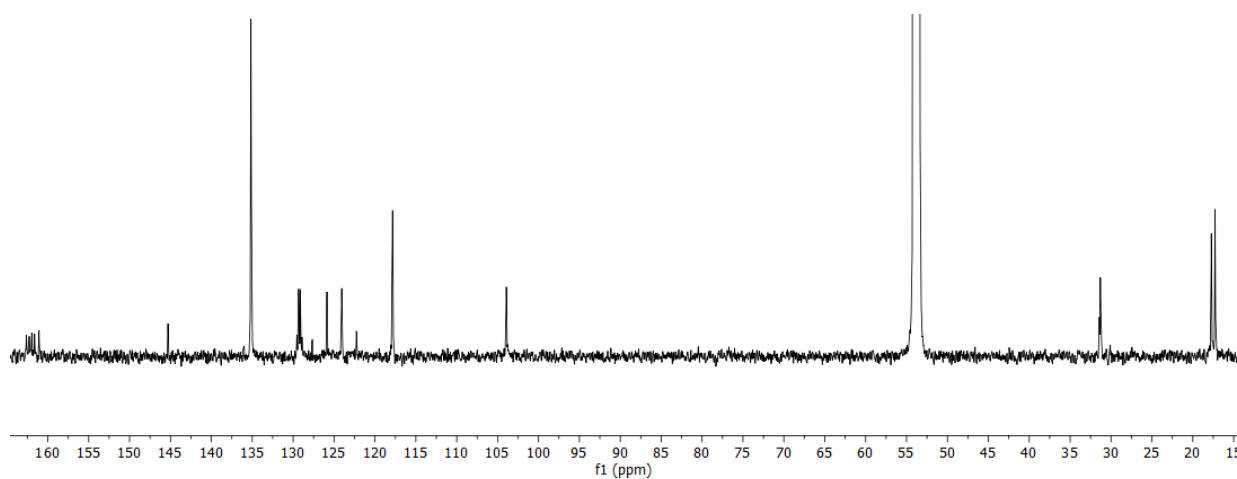
**Figure S7**  $^{31}\text{P}\{^1\text{H}\}$  NMR (202 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ) spectrum of mixture of **2** and **3** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 5 minutes).



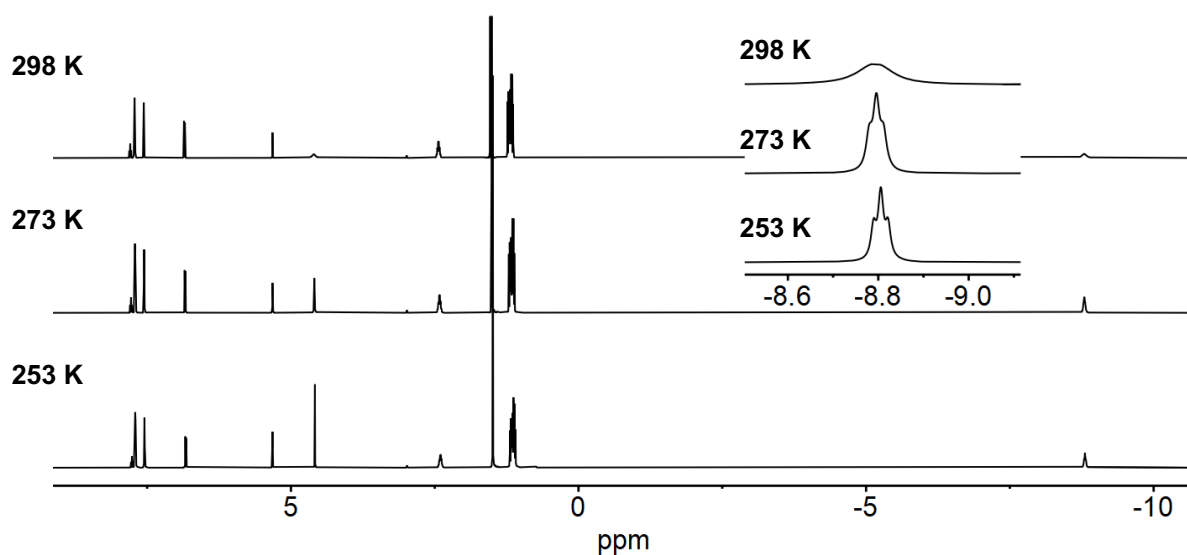
**Figure S8**  $^1\text{H}$  NMR (500 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ) spectrum of **2** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 72 hours).  $\delta$  at 1.53 is cyclooctane.



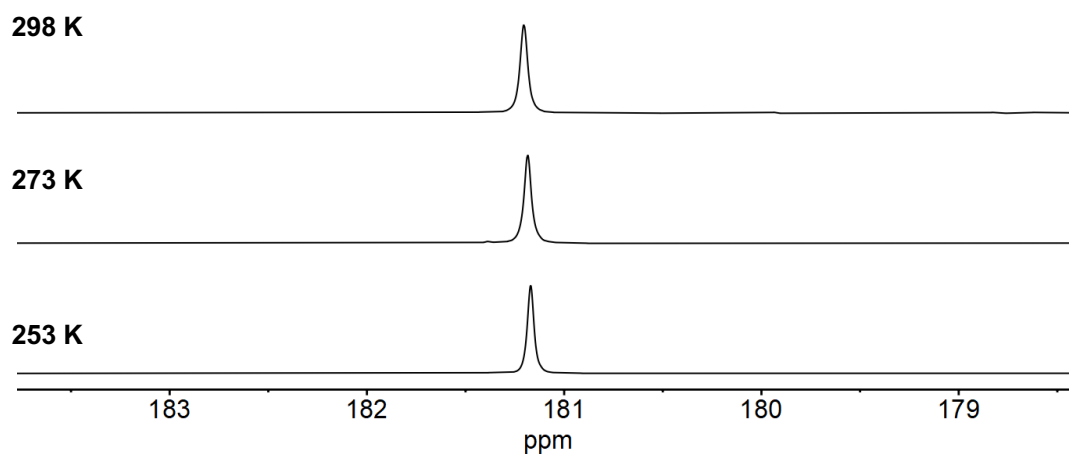
**Figure S9**  $^{31}\text{P}\{^1\text{H}\}$  NMR (202 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ) spectrum of mixture of **2** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 72 hours).



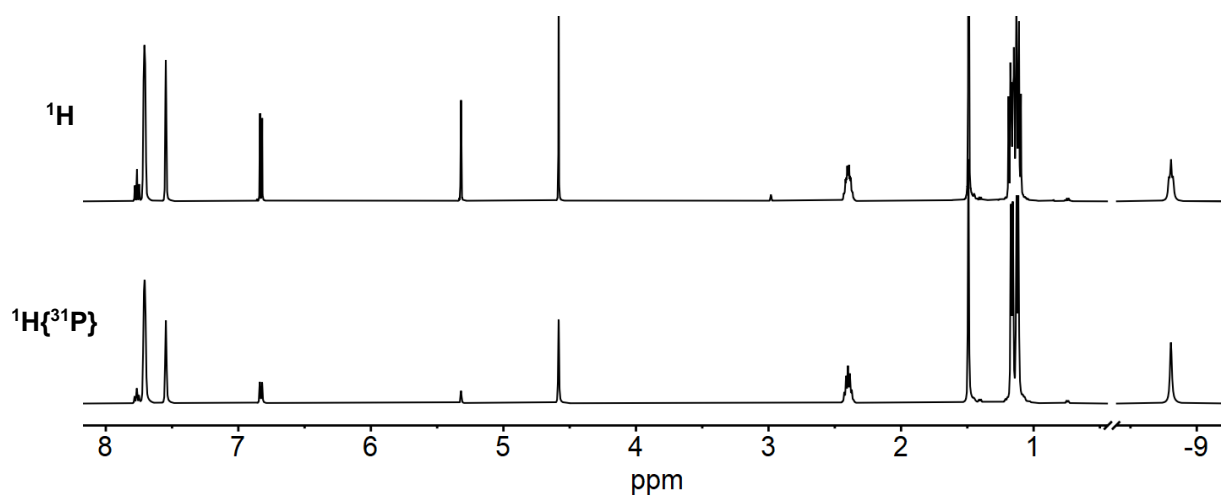
**Figure S10**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum of **2** (151 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ), generated *in situ* from **4** (~2 mg; *vide infra*) under an atmosphere of  $\text{H}_2$  (1.5 bar).



**Figure S11**  $^1\text{H}$  VT-NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ ) spectrum of **2** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 72 hours).  $\delta$  at 1.53 is cyclooctane.

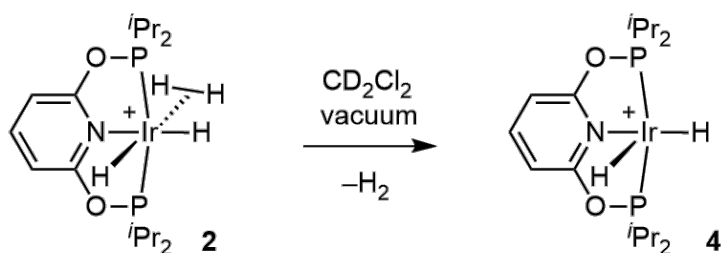


**Figure S12**  $^{31}\text{P}\{^1\text{H}\}$  NMR (202 MHz,  $\text{CD}_2\text{Cl}_2$ ) spectrum of mixture of **2** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 72 hours).



**Figure S13**  $^1\text{H}$  NMR and  $^1\text{H}\{^{31}\text{P}\}$  NMR (500 MHz, 253 K,  $\text{CD}_2\text{Cl}_2$ ) spectrum of **2** generated *in situ* from **1** (15.3 mg) and  $\text{H}_2$  (4.0 bar, 298 K, 72 hours).  $\delta$  at 1.53 is cyclooctane.

### 1.2.3. Synthesis of [(<sup>i</sup>Pr-PONOP)IrH<sub>2</sub>][BAR<sup>F</sup><sub>4</sub>] (**4**)



Samples of **2** as generated above from **1** *in situ* were refrozen with liquid N<sub>2</sub> and the headspaces of the tubes were evacuated; upon thawing, the dihydride [(<sup>i</sup>Pr-PONOP)IrH<sub>2</sub>][BAR<sup>F</sup><sub>4</sub>] (**4**) slowly formed over the course of 3-6 hours, encouraged by further freeze-pump-thaw cycles. Near-pure samples of dihydride **4** were obtained by removing all volatiles (including liberated cyclooctane) *in vacuo*, leaving behind the dihydride as an oily orange solid.

Spin-lattice relaxation time (*T*<sub>1</sub>) measurements on the hydride position were carried out by the inversion-recovery method using the standard 180°-θ-90° pulse sequence: 1870 ± 10 ms (295 K).

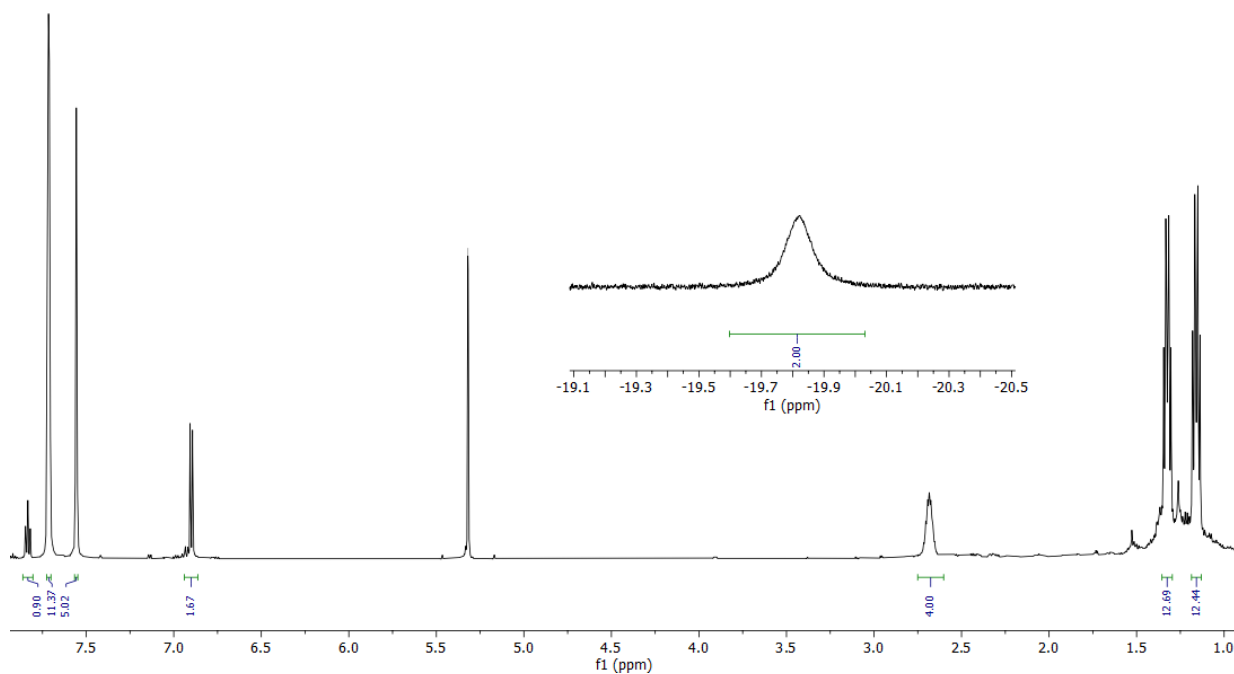
<sup>1</sup>H NMR (600 MHz, CD<sub>2</sub>Cl<sub>2</sub>, 298 K) δ: 7.83 (t, <sup>3</sup>J<sub>HH</sub> = 8.2 Hz, 1 H; heterocyclic C4), 7.71 (br. m, 8 H; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> o-H), 7.56 (s, 4 H; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> p-H), 6.90 (d, <sup>3</sup>J<sub>HH</sub> = 8.2 Hz, 2 H; heterocyclic C3,5), 2.68 (br. septet, <sup>3</sup>J<sub>HH</sub> ~ 7 Hz, 4 H; <sup>i</sup>Pr CH), 1.33 (vq, <sup>3</sup>J<sub>HH</sub> = 6.8 Hz, <sup>3</sup>J<sub>HP</sub> ~ 8 Hz, <sup>3</sup>J<sub>HP'</sub> ~ 9 Hz, 12 H; <sup>i</sup>Pr CH<sub>3</sub>), 1.16 (vq, <sup>3</sup>J<sub>HH</sub> = 7.1 Hz, <sup>3</sup>J<sub>HP</sub> ~ 8 Hz, <sup>3</sup>J<sub>HP'</sub> ~ 9 Hz, 12 H; <sup>i</sup>Pr CH<sub>3</sub>), -19.82 (br. s, 2 H; Ir-H).

<sup>31</sup>P{<sup>1</sup>H} NMR (243 MHz, CD<sub>2</sub>Cl<sub>2</sub>, 298 K) δ 183.3 (br.).

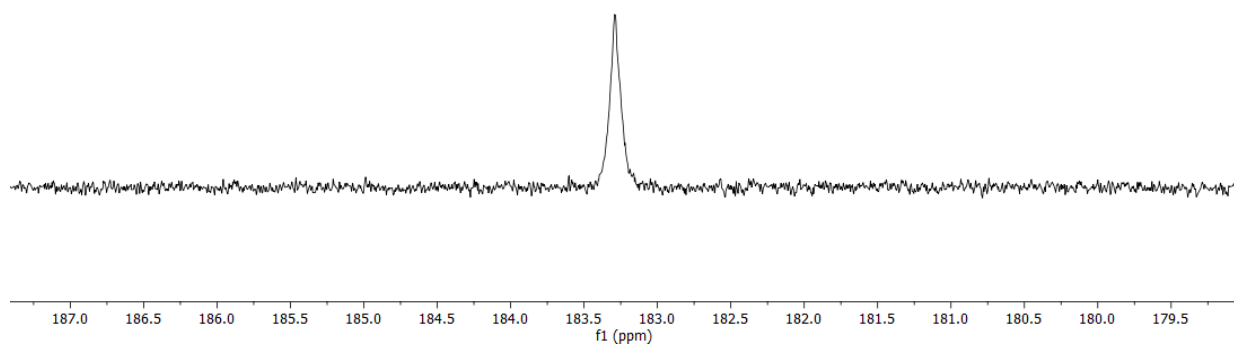
<sup>31</sup>P{<sup>1</sup>H} NMR (243 MHz, 1,2-difluorobenzene, 298 K) δ 186.5 (br.).

<sup>13</sup>C{<sup>1</sup>H} NMR (151 MHz, CD<sub>2</sub>Cl<sub>2</sub>, 298 K) δ: 162.2 (q, <sup>1</sup>J<sub>CB</sub> = 49.8 Hz (<sup>11</sup>B); [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> i-C<sub>aryl</sub>), 161.6 (s; heterocyclic C2,6), 145.0 (s; heterocyclic C4), 135.2 (s; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> o-C<sub>aryl</sub>), 129.3 (qq, <sup>2</sup>J<sub>CF</sub> = 31.5 Hz, <sup>4</sup>J<sub>CF</sub> = 2.9 Hz; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> C<sub>aryl</sub>-CF<sub>3</sub>), 125.0 (q, <sup>1</sup>J<sub>CF</sub> = 272.6 Hz; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> CF<sub>3</sub>), 117.9 (septet, <sup>4</sup>J<sub>CF</sub> = 4.0 Hz; [BAR<sup>F</sup><sub>4</sub>]<sup>-</sup> p-C<sub>aryl</sub>), 103.8 (s; heterocyclic C3,5), 30.5 (vt, <sup>1</sup>J<sub>CP</sub> = 14.5 Hz; <sup>i</sup>Pr CH), 18.0 (br. vt, <sup>2</sup>J<sub>CP</sub> ~ 2 Hz; <sup>i</sup>Pr CH<sub>3</sub>), 17.3 (s; <sup>i</sup>Pr CH<sub>3</sub>).

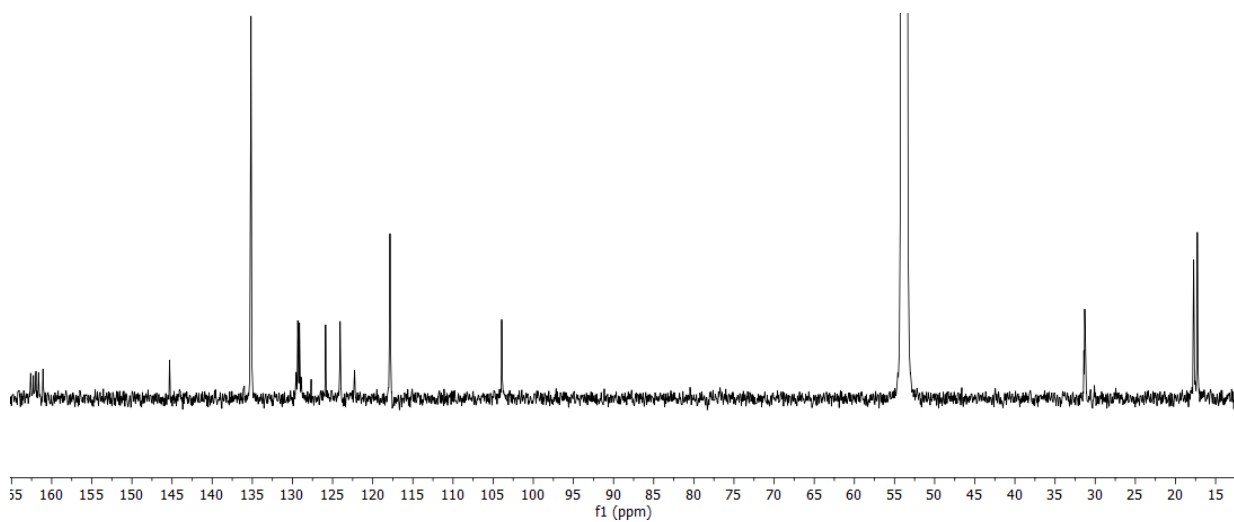
ESI-MS (CH<sub>2</sub>Cl<sub>2</sub>) *m/z* found (calculated) for C<sub>17</sub>H<sub>33</sub>IrNO<sub>2</sub>P<sub>2</sub> [M]<sup>+</sup>: 538.1604 (538.1616); ~60% relative intensity for [(<sup>i</sup>Pr-PONOP)Ir]<sup>+</sup>: 536.1460 (536.1459); ~5% relative intensity for [(<sup>i</sup>Pr-PONOP)Ir(N<sub>2</sub>)]<sup>+</sup>: 564.1403 (564.1521).



**Figure S14:**  $^1\text{H}$  NMR spectrum of **4** (600 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).

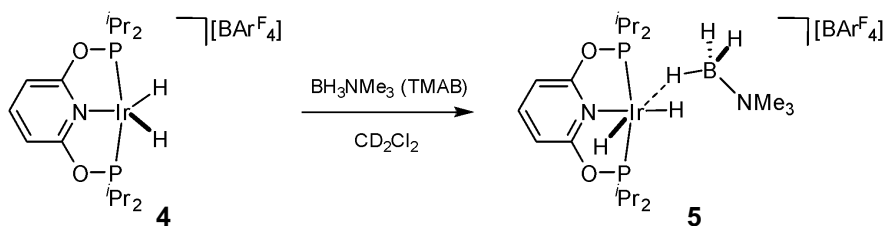


**Figure S15:**  $^{31}\text{P}\{^1\text{H}\}$  NMR spectrum of **4** (243 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



**Figure S16:**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum of **4** (151 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).

#### 1.2.4. Synthesis of $[(^i\text{Pr-PONOP})\text{IrH}_2(\sigma\text{-H}_3\text{BNMe}_3)][\text{BAr}^{\text{F}}_4]$ (**5**)



A solution of Complex **1** (10 mg,  $\sim 7 \mu\text{mol}$ ) in  $\text{CH}_2\text{Cl}_2$  (0.4 mL) in a medium-walled NMR tube fitted with a controlled atmosphere valve was freeze-pump-thaw degassed and the tube was repressurised with  $\text{H}_2$  (4 bar absolute). Upon thawing and shaking, the solution turned from orange to a pale golden-yellow, generating non-classical 'tetrahydride' **2** *in situ*. After this, all volatiles were removed *in vacuo*, leaving behind the dihydride **4** as an oily orange solid. An excess of trimethylamine-borane (TMAB;  $\sim 0.7$  mg,  $\sim 10 \mu\text{mol}$ ) was placed in the tube and the solids were redissolved in  $\text{CD}_2\text{Cl}_2$  (0.4 mL), generating a colourless solution, which was interrogated by solution-phase NMR spectroscopy, revealing the TMAB-dihydride  $[(^i\text{Pr-PONOP})\text{IrH}_2(\sigma\text{-H}_3\text{BNMe}_3)][\text{BAr}^{\text{F}}_4]$  (**5**) as generated *in situ*, in addition to non-stoichiometric free TMAB (ca. 30% by  $^1\text{H}$  NMR integrals). The contents of the NMR tube were layered with pentane at 298 K to yield a limited number of small, colourless crystals of TMAB-dihydride **5** after one week, amenable to *sc*-XRD studies.

OR

Complex **1** (70 mg,  $46 \mu\text{mol}$ ) and  $\text{H}_3\text{B}\cdot\text{NMe}_3$  (20 mg,  $0.27 \text{ mmol}$ ) were dissolved in  $\text{CH}_2\text{Cl}_2$  (5 mL) and the resulting solution degassed by three successive freeze-pump-thaw cycles before charging with  $\text{H}_2$  (4 bar). The resulting solution was stirred at room temperature overnight, after which time *in situ* NMR spectroscopic interrogation displayed complete conversion to **5**. All volatile components were removed and the residual white solid was washed with pentane ( $3 \times 5 \text{ mL}$ ) and dried under reduced pressure to yield **5** as a white powder (58 mg,  $40 \mu\text{mol}$ , 87%). This method allows for the isolation of analytically pure solid.

$^1\text{H}$  NMR (600 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 7.72 (br. m, 8 H;  $[\text{BAr}^{\text{F}}_4]^-$  *o*-H), 7.69 (t,  $^3J_{\text{HH}} = 8.2 \text{ Hz}$ , 1 H; heterocyclic C4), 7.56 (s, 4 H;  $[\text{BAr}^{\text{F}}_4]^-$  *p*-H), 6.76 (d,  $^3J_{\text{HH}} = 8.2 \text{ Hz}$ , 2 H; heterocyclic C3,5), 2.85 (septet,  $^3J_{\text{HH}} = 7.1 \text{ Hz}$ , 2 H;  $^i\text{Pr}$  CH), 2.63 (s, 9 H;  $\text{NMe}_3$ ), 2.59-2.53 (m, 2 H;  $^i\text{Pr}$  CH), 1.49 (vq,  $^3J_{\text{HH}} = 6.6 \text{ Hz}$ ,  $^3J_{\text{HP}} = 6.6 \text{ Hz}$ , 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 1.39-1.34 (m, 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 1.13-1.08 (m,  $^3J_{\text{HH}} = 6.9 \text{ Hz}$ ,  $^3J_{\text{HP}} = 10.3 \text{ Hz}$ , 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 0.88 (vq,  $^3J_{\text{HH}} = 7.4 \text{ Hz}$ ,  $^3J_{\text{HP}} = 6.5 \text{ Hz}$ , 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), -2.20 (br. s, FWHM 390 Hz, 3 H;  $\text{BH}_3$ ), -15.91 (td,  $^2J_{\text{HP}} = 12.0 \text{ Hz}$ ,  $^2J_{\text{HH}} = 5.6 \text{ Hz}$ , 1 H; Ir-*H*), -20.01 (br. td,  $^2J_{\text{HP}} = 16.9 \text{ Hz}$ ,  $^2J_{\text{HH}} \sim 4 \text{ Hz}$ , 1 H; Ir-*H*),

$^{31}\text{P}\{^1\text{H}\}$  NMR (243 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  179.8.

$^{11}\text{B}\{^1\text{H}\}$  NMR (193 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  -6.6 (s;  $[\text{BAr}^{\text{F}}_4]^-$ ), -14.2 (br. s, FWHM 325 Hz;  $\sigma\text{-H}_3\text{BNMe}_3$ ).

Elemental analysis found (calculated) for  $\text{C}_{52}\text{H}_{57}\text{N}_2\text{OP}_2\text{F}_{24}\text{B}_2\text{Ir}$ : C, 42.25 (42.84); H, 3.64 (3.94); N, 1.65 (1.92).



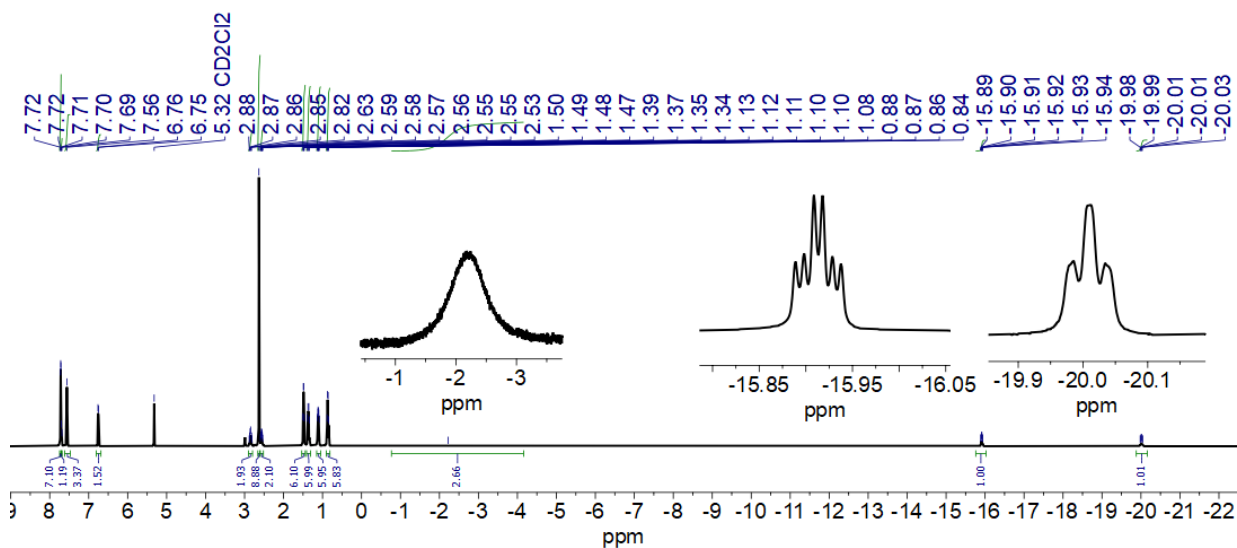


Figure S17 <sup>1</sup>H NMR (600 MHz, 298 K, CD<sub>2</sub>Cl<sub>2</sub>) spectrum of **5**.

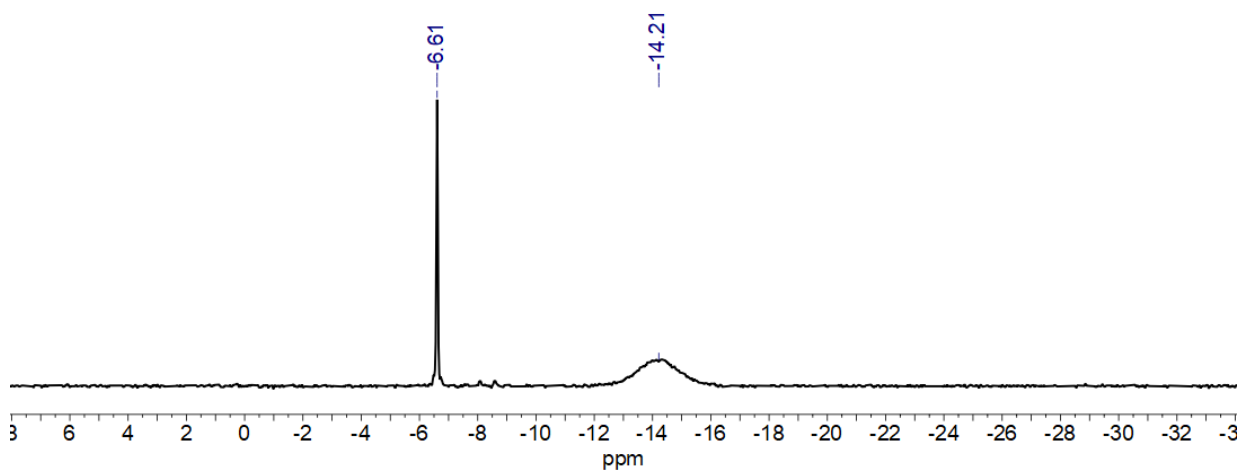


Figure S18 <sup>11</sup>B NMR (192 MHz, 298 K, CD<sub>2</sub>Cl<sub>2</sub>) spectrum of **5**.

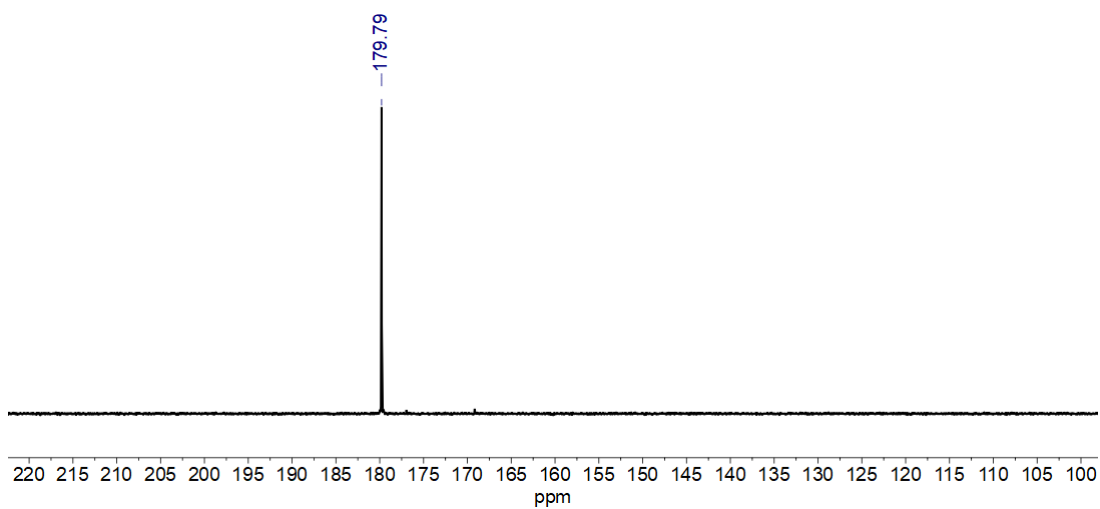
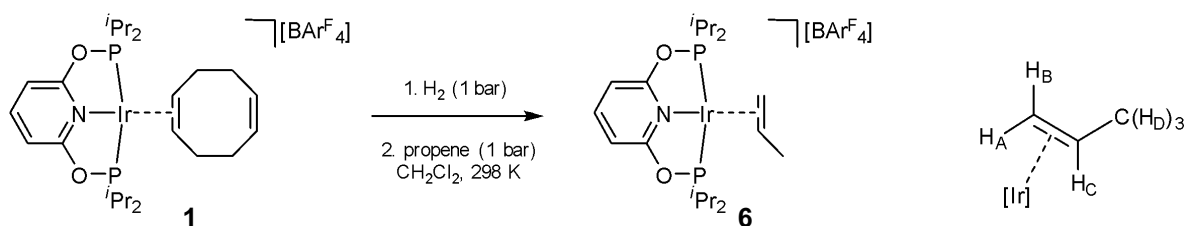


Figure S19 <sup>31</sup>P{<sup>1</sup>H} NMR (203 MHz, 298 K, CD<sub>2</sub>Cl<sub>2</sub>) spectrum of **5**.

### 1.2.5. Synthesis of $[(i\text{Pr-PONOP})\text{Ir}(\eta^2\text{-propene})][\text{BAr}^{\text{F}}_4]$ (**6**)



A solution of complex **1** (100 mg, 66.4  $\mu\text{mol}$ ) in  $\text{CH}_2\text{Cl}_2$  (5 mL) was freeze-pump-thaw degassed and placed under an atmosphere of  $\text{H}_2$  (4 bar absolute) and stirred at room temperature for three days, over which time the initially orange-red solution turned colourless. The solution was again freeze-pump-thaw degassed and placed under propene (2 bar absolute). The solution was stirred at room temperature for 24 hours; a colour change from pale golden-yellow to bright orange was observed. All volatiles were then removed *in vacuo* to yield an amorphous orange solid. The solid was dried *in vacuo* overnight, redissolved in 1,2-difluorobenzene (2 mL), layered with excess pentane and stored at room temperature to yield orange blocks of  $[(i\text{Pr-PONOP})\text{Ir}(\eta^2\text{-propene})][\text{BAr}^{\text{F}}_4]$  (**6**; 90 mg, 94%) suitable for *sc*-XRD studies after two weeks.

$^1\text{H}$  NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 7.95 (tt,  $^3J_{\text{HH}} = 8.0$  Hz,  $^5J_{\text{HP}} = 1.0$  Hz, 1 H; heterocyclic C4), 7.76 (br. m, 8 H;  $[\text{BAr}^{\text{F}}_4]^-$  *o*-H), 7.60 (s br, 4 H;  $[\text{BAr}^{\text{F}}_4]^-$  *p*-H), 6.92 (d,  $^3J_{\text{HH}} = 8.0$  Hz, 2 H; heterocyclic C3,5), 4.33 (ddqt,  $^3J_{\text{HCHD}} = 5.8$  Hz,  $^3J_{\text{HCHA}} = 7.5$  Hz,  $^3J_{\text{HCHB}} = 10.6$  Hz,  $^3J_{\text{HP}} \sim 5.5$  Hz, 1 H; H<sub>C</sub>), 3.40 (dt,  $^3J_{\text{HBHC}} = 10.6$  Hz,  $^3J_{\text{HP}} = 6.3$  Hz, 1 H; H<sub>B</sub>), 3.08 (d,  $^3J_{\text{HAHC}} = 7.5$  Hz, 1 H; H<sub>A</sub>), 2.77 (septet,  $^3J_{\text{HP}} = 7.2$  Hz, 2 H;  $i\text{Pr}$  CH), 2.57 (br. septet,  $^3J_{\text{HP}} \sim 7.0$  Hz, 2 H;  $i\text{Pr}$  CH), 1.72 (d,  $^3J_{\text{HDHC}} = 5.8$  Hz, 3 H; H<sub>D</sub>), 1.38 (dd,  $^3J_{\text{HH}} \sim 6.5$  Hz,  $^3J_{\text{HP}} = 7.5$  Hz, 6 H;  $i\text{Pr}$  CH<sub>3</sub>), 1.36 (dd,  $^3J_{\text{HH}} \sim 6.5$  Hz,  $^3J_{\text{HP}} = 7.0$  Hz, 6 H;  $i\text{Pr}$  CH<sub>3</sub>), 1.14 (dd,  $^3J_{\text{HH}} \sim 6.5$  Hz,  $^3J_{\text{HP}} = 7.0$  Hz, 6 H;  $i\text{Pr}$  CH<sub>3</sub>), 1.13 (dd,  $^3J_{\text{HH}} \sim 3J_{\text{HP}} = 7.0$  Hz, 6 H;  $i\text{Pr}$  CH<sub>3</sub>).

$^1\text{H}$  NMR (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 183 K)  $\delta$ : 7.87 (t,  $^3J_{\text{HH}} = 8.0$  Hz, 1 H; heterocyclic C4), 7.72 (br. m, 8 H;  $[\text{BAr}^{\text{F}}_4]^-$  *o*-H), 7.53 (s br, 4 H;  $[\text{BAr}^{\text{F}}_4]^-$  *p*-H), 6.86 (d,  $^3J_{\text{HH}} = 8.0$  Hz, 2 H; heterocyclic C3,5), 4.19 (app. sept,  $J = 6$  Hz, 1 H; H<sub>C</sub>), 3.30 (dt,  $^3J_{\text{HBHC}} = 10.5$  Hz,  $^3J_{\text{HP}} = 6.0$  Hz, 1 H; H<sub>B</sub>), 2.95 (d,  $^3J_{\text{HAHC}} = 7.5$  Hz, 1 H; H<sub>A</sub>), 2.68 (septet,  $^3J_{\text{HP}} = 7.0$  Hz, 2 H;  $i\text{Pr}$  CH), 2.49 (septet,  $^3J_{\text{HP}} = 7.0$  Hz, 2 H;  $i\text{Pr}$  CH), 1.57 (d,  $^3J_{\text{HDHC}} = 6.0$  Hz, 3 H; H<sub>D</sub>), 1.16-1.32 (m, 12 H;  $i\text{Pr}$  CH<sub>3</sub>), 0.89-1.05 (m, 12 H;  $i\text{Pr}$  CH<sub>3</sub>).

$^{13}\text{C}\{^1\text{H}\}$  NMR (126 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 164.2 (vt,  $^2J_{\text{CP}} = 3.5$  Hz; heterocyclic C2,6), 162.1 (q,  $^1J_{\text{CB}} = 49.9$  Hz ( $^{11}\text{B}$ );  $[\text{BAr}^{\text{F}}_4]^-$  *i*-C<sub>aryl</sub>), 145.4 (s; heterocyclic C4), 135.2 (m;  $[\text{BAr}^{\text{F}}_4]^-$  *o*-C<sub>aryl</sub>), 129.2 (qq,  $^2J_{\text{CF}} = 31.5$  Hz,  $^4J_{\text{CF}} = 3.0$  Hz;  $[\text{BAr}^{\text{F}}_4]^-$  C<sub>aryl</sub>-CF<sub>3</sub>), 124.9 (q,  $^1J_{\text{CF}} = 272.6$  Hz;  $[\text{BAr}^{\text{F}}_4]^-$  CF<sub>3</sub>), 117.9 (septet,  $^4J_{\text{CF}} = 4.0$  Hz;  $[\text{BAr}^{\text{F}}_4]^-$  *p*-C<sub>aryl</sub>), 103.2 (vt,  $^3J_{\text{CP}} = 2.7$  Hz; heterocyclic C3,5), 54.8 (s; alkene CH), 42.6 (s; alkene CH<sub>2</sub>), 31.4 (vt,  $^1J_{\text{CP}} = 13.7$  Hz;  $i\text{Pr}$  CH), 30.5 (vt,  $^1J_{\text{CP}} = 14.3$  Hz;  $i\text{Pr}$  CH), 23.9 (s; alkene CH<sub>3</sub>), 17.8 (vt,  $^2J_{\text{CP}} = 2.0$  Hz;  $i\text{Pr}$  CH<sub>3</sub>), 16.8 (s;  $i\text{Pr}$  CH<sub>3</sub>), 16.4 (s;  $i\text{Pr}$  CH<sub>3</sub>), 16.3 (vt,  $^2J_{\text{CP}} = 2.9$  Hz;  $i\text{Pr}$  CH<sub>3</sub>).

$^{13}\text{C}\{^1\text{H}\}$  SSNMR (101 MHz, 10 kHz spin rate, 298 K)  $\delta$ : 165.2 (heterocyclic C2,6), 162–167 ( $[\text{BAr}^{\text{F}}_4]^-$  *i*-C<sub>aryl</sub>), 144.0 (heterocyclic C4), 143.6 (heterocyclic C4), 121–140 ( $[\text{BAr}^{\text{F}}_4]^-$ ), 117.7-120.0 ( $[\text{BAr}^{\text{F}}_4]^-$  *p*-C<sub>aryl</sub>), 102.9 (heterocyclic C3,5), 57.4 (alkene CH), 56.6 (alkene CH), 44.8 (alkene CH<sub>2</sub>), 42.9 (alkene CH<sub>2</sub>), ~32.0 ( $i\text{Pr}$  CH), 29.7 ( $i\text{Pr}$  CH), 23.3 (alkene CH<sub>3</sub>), 23.0 (alkene CH<sub>3</sub>), 13–20 ( $i\text{Pr}$  CH<sub>3</sub>).

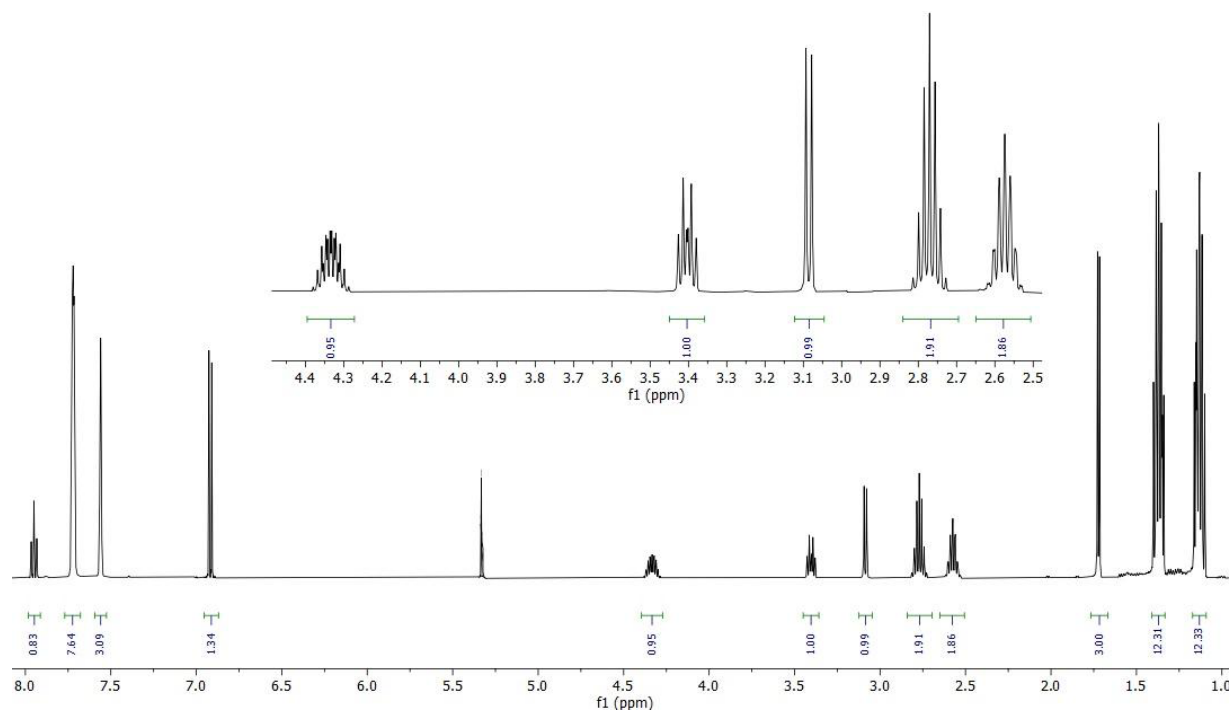
$^{31}\text{P}\{^1\text{H}\}$  NMR (202 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  188.6.

$^{31}\text{P}\{^1\text{H}\}$  NMR (202 MHz,  $\text{CD}_2\text{Cl}_2$ , 183 K)  $\delta$  188.9 (br, fwhm = 70 Hz).

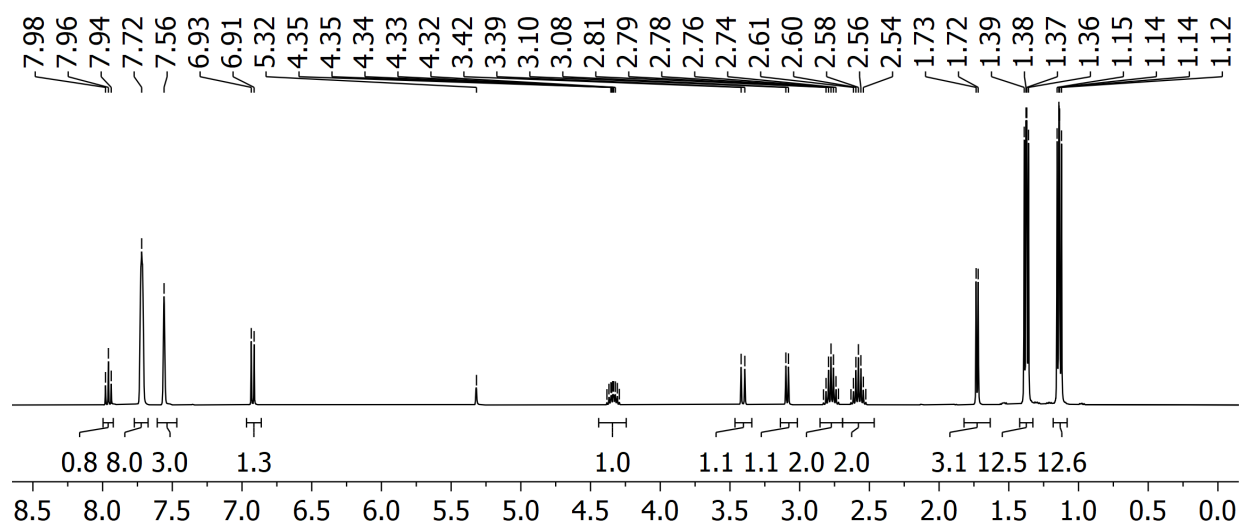
$^{31}\text{P}\{^1\text{H}\}$  SSNMR (162 MHz, 10 kHz spin rate, 298 K)  $\delta$  194.1 (d,  $^2J_{\text{PP}}$  ~ 310 Hz), 189.5 (d,  $^2J_{\text{PP}}$  ~ 310 Hz).

ESI-MS ( $\text{CH}_2\text{Cl}_2$ )  $m/z$  found (calculated) for  $\text{C}_{20}\text{H}_{37}\text{IrNO}_2\text{P}_2$   $[\text{M}]^+$ : 578.1930 (578.1923).

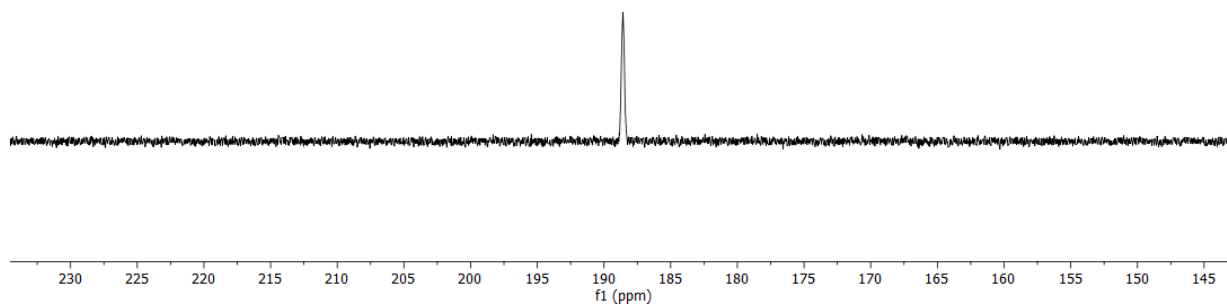
Elemental analysis found (calculated) for  $\text{C}_{52}\text{H}_{49}\text{BF}_{24}\text{IrNO}_2\text{P}_2$ : C, 43.10 (43.35); H, 3.39 (3.43); N, 0.85 (0.97).



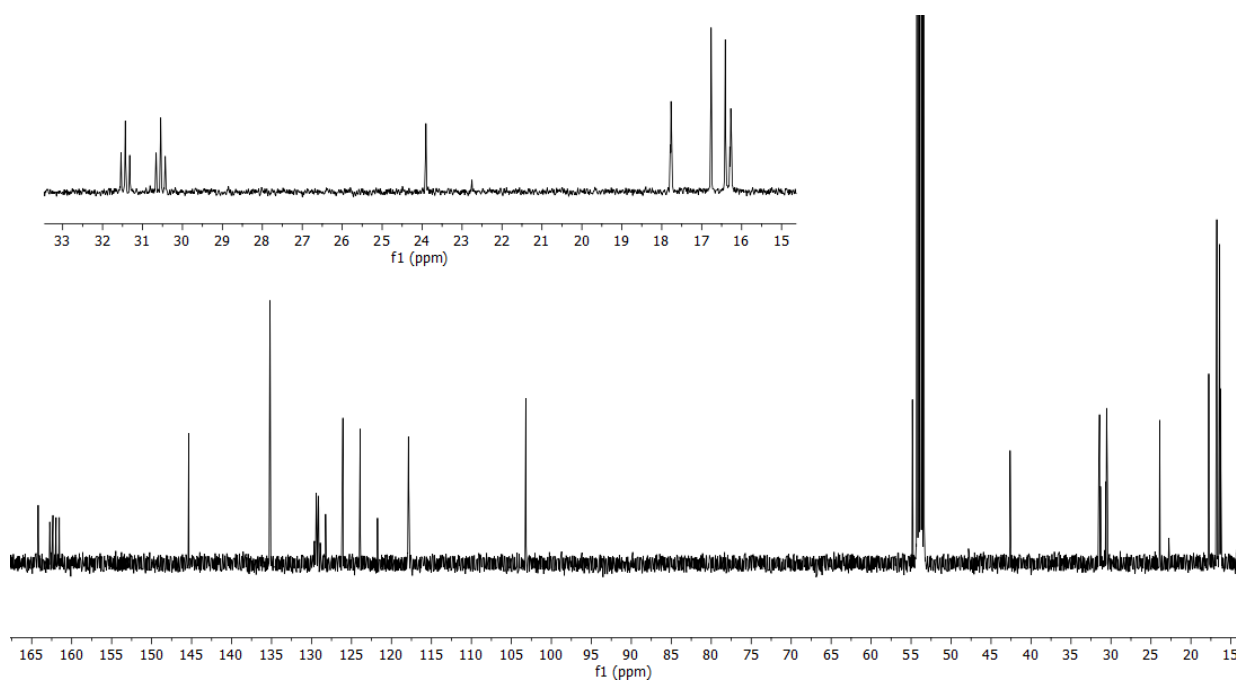
**Figure S20**  $^1\text{H}$  NMR spectrum of **6** (500 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



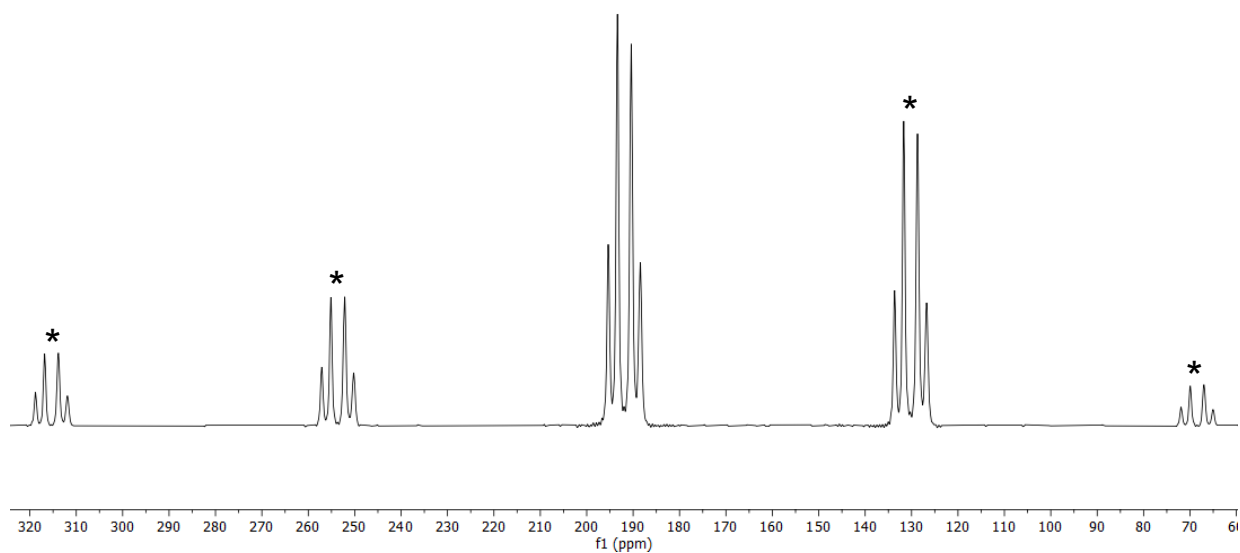
**Figure S21**  $^1\text{H}\{^{31}\text{P}\}$  NMR spectrum of **6** (400.12 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



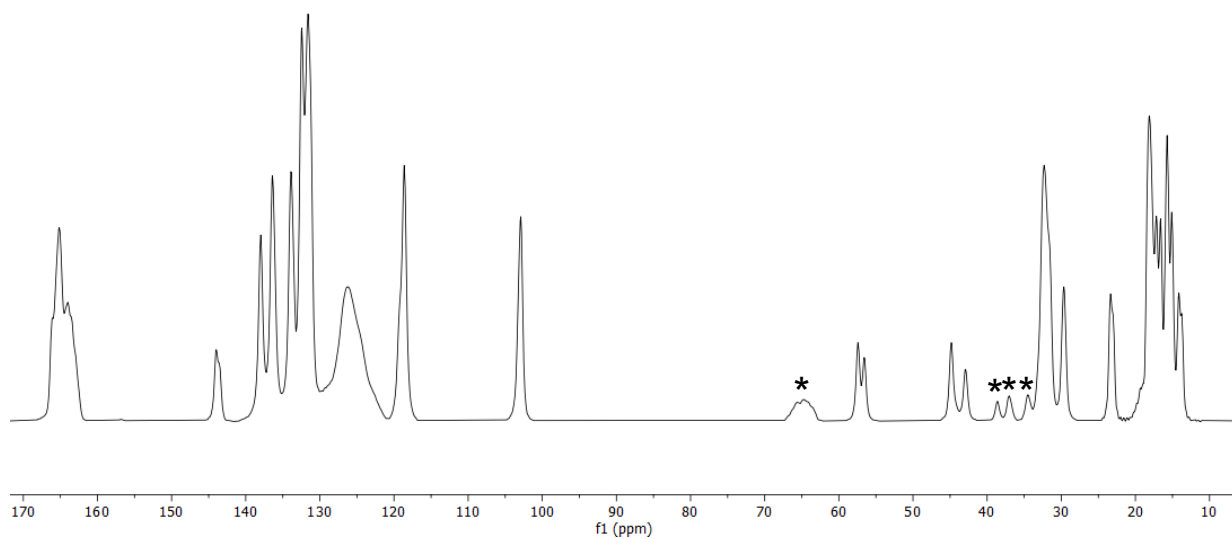
**Figure S21**  $^{31}\text{P}\{^1\text{H}\}$  NMR spectrum of **6** (203 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



**Figure S22**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum of **6** (126 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).

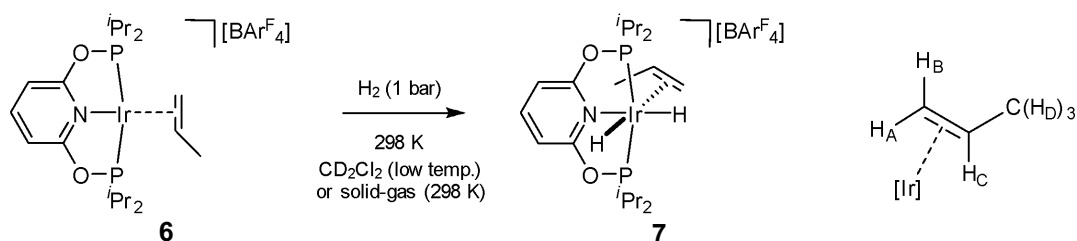


**Figure S23**  $^{31}\text{P}\{^1\text{H}\}$  SSNMR spectrum of **6** (162 MHz, 10 kHz spin rate, 298 K). \* indicate spinning sidebands.



**Figure S24**  $^{13}\text{C}\{^1\text{H}\}$  SSNMR spectrum of **6** (101 MHz, 10 kHz spin rate, 298 K). \* indicate spinning sidebands.

### 1.2.6. Synthesis of $[(i\text{Pr-PONOP})\text{IrH}_2(\eta^2\text{-propene})][\text{BAR}^{\text{F}}_4]$ (**7**)



A solution of **6** (13.9 mg, 9.65  $\mu\text{mol}$ ) in  $\text{CD}_2\text{Cl}_2$  (ca. 0.6 mL) treated with  $\text{H}_2$  (4 bar absolute) in the absence of propene afforded on mixing an approximately equimolar mixture of **7** and **2** and propene, which is then observed to convert to exclusively **2** over the period of approximately 3 days. Note that attempts to obtain a solid-state structure of **7** via recrystallisation of  $\text{CH}_2\text{Cl}_2$  solutions were not successful.

Propene-dihydride **7** was also obtained via a solid-gas route, monitored by SSNMR spectroscopy. A 4.0 mm zirconia rotor was packed with ~25 mg of propene complex **6** (~17  $\mu\text{mol}$ ). Left unsealed, the rotor was placed under  $\text{H}_2$  (2 bar absolute) for 15 min before the system was gently purged with argon and the rotor was capped promptly inside an argon-filled glovebox. The rotor was then uncapped and exposed to dynamic vacuum for two hours, regenerating **6** as measured by  $^{31}\text{P}\{^1\text{H}\}$  SSNMR. Exposure to  $\text{H}_2$  (2 bar absolute) *in situ* in an uncapped rotor for a further five days resulted in no change.

$^1\text{H}$  NMR (600 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 7.76 (tt,  $^3J_{\text{HH}} = 8.0$  Hz,  $^5J_{\text{HP}} = 1.0$  Hz 1 H; heterocyclic C4), 7.72 (br. m, 8 H;  $[\text{BAR}^{\text{F}}_4]^-$  o-H), 7.56 (s, 4 H;  $[\text{BAR}^{\text{F}}_4]^-$  p-H), 6.83 (d,  $^3J_{\text{HH}} = 7.0$  Hz, 2 H; heterocyclic C3,5), 4.84 (br. s, fwhm = 40 Hz, 1 H;  $\text{H}_\text{C}$ ), 3.56-3.68 (br., multiple resonances, 2 H;  $\text{H}_\text{A} + \text{H}_\text{B}$ ), 2.73 (br. s, 2 H;  $^i\text{Pr}$  CH), 2.63 (br. s, 2 H;  $^i\text{Pr}$  CH), 1.72 (d,  $^3J_{\text{HH}} = 5.9$  Hz, 3 H;  $\text{H}_\text{D}$ ), 1.41-1.51 (br. m, 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 1.22-1.36 (br. m, 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 1.05-1.19 (br. m, 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), 0.77-0.92 (br. m, 6 H;  $^i\text{Pr}$   $\text{CH}_3$ ), -11.64 (t,  $^2J_{\text{HP}} = 18.0$  Hz, 1 H; Ir-H), -16.50 (t,  $^2J_{\text{HP}} = 10.5$  Hz, 1 H; Ir-H).

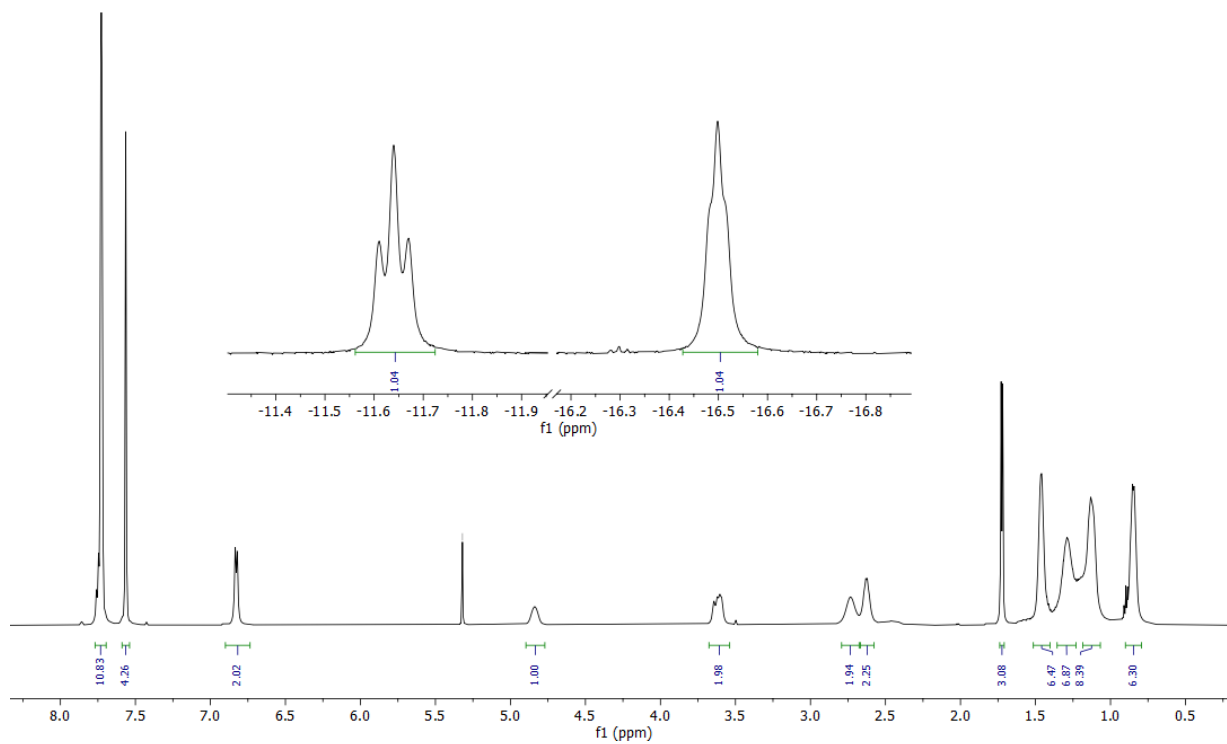
$^{13}\text{C}\{^1\text{H}\}$  NMR (151 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$  162.1 (q,  $^1J_{\text{CB}} = 49.9$  Hz ( $^{11}\text{B}$ );  $[\text{BAR}^{\text{F}}_4]^-$  i-C<sub>aryl</sub>), 160.3 (br. s; heterocyclic C2,6), 144.8 (s; heterocyclic C4), 135.2 (m;  $[\text{BAR}^{\text{F}}_4]^-$  o-C<sub>aryl</sub>), 129.2 (qq,  $^2J_{\text{CF}} = 31.5$  Hz,  $^4J_{\text{CF}} = 3.0$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  C<sub>aryl</sub>-CF<sub>3</sub>), 124.9 (q,  $^1J_{\text{CF}} = 272.6$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  CF<sub>3</sub>), 117.9 (septet,  $^4J_{\text{CF}} = 4.0$  Hz;  $[\text{BAR}^{\text{F}}_4]^-$  p-C<sub>aryl</sub>), 103.9 (s; heterocyclic C3,5), 82.5 (s; alkene CH), 62.0 (s; alkene CH<sub>2</sub>), 30.9 (br. s;  $^i\text{Pr}$  CH), 28.5 (br. vt,  $^1J_{\text{CP}} \sim 15$  Hz;  $^i\text{Pr}$  CH), 21.2 (s; alkene CH<sub>3</sub>), 19.5 (br. s;  $^i\text{Pr}$  CH<sub>3</sub>), 17.2 (br. s;  $^i\text{Pr}$  CH<sub>3</sub>), 17.1 (br. s;  $^i\text{Pr}$  CH<sub>3</sub>), 15.3 (br. s;  $^i\text{Pr}$  CH<sub>3</sub>).

$^{13}\text{C}\{^1\text{H}\}$  SSNMR (101 MHz, 10 kHz spin rate, 298 K)  $\delta$ : 162-167 ( $[\text{BAR}^{\text{F}}_4]^-$  i-C<sub>aryl</sub>), 161.2 (heterocyclic C2,6), 144.3 (heterocyclic C4), 120.5–141.0 ( $[\text{BAR}^{\text{F}}_4]^-$ ), 117.0–120.5 ( $[\text{BAR}^{\text{F}}_4]^-$  p-C<sub>aryl</sub>), 105.1 (heterocyclic C3,5), 104.5 (heterocyclic C3,5), 84.5 (alkene CH), 77.9 (alkene CH), 61.8 (alkene CH<sub>2</sub>), 59.2 (alkene CH<sub>2</sub>), 28.2-33.7 ( $^i\text{Pr}$  CH), 21.1 (alkene CH<sub>3</sub>), 20.0 (alkene CH<sub>3</sub>), 13.0-19.3 ( $^i\text{Pr}$  CH<sub>3</sub>).

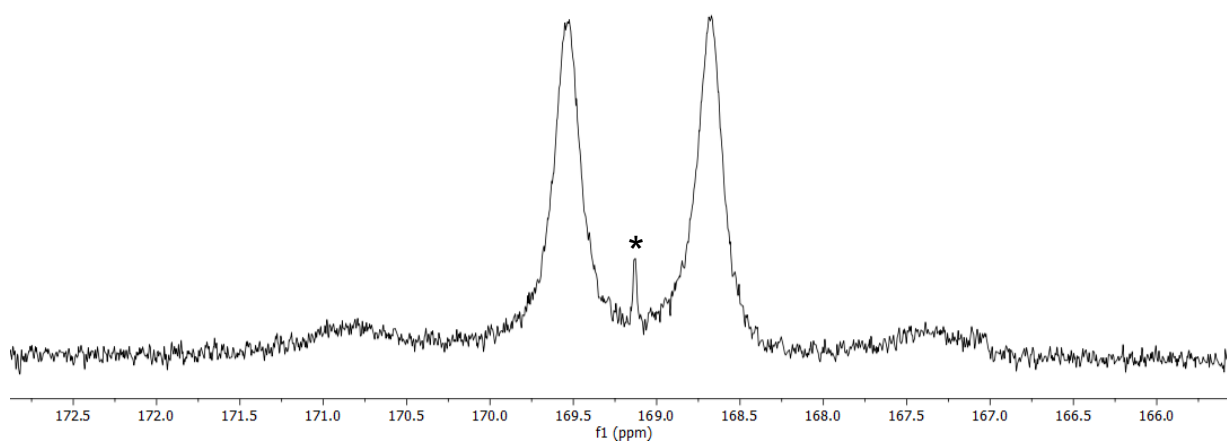
$^{31}\text{P}\{^1\text{H}\}$  NMR (243 MHz,  $\text{CD}_2\text{Cl}_2$ , 298 K)  $\delta$ : 170.0 (br. d,  $^2J_{\text{PP}} \sim 320$  Hz), 168.2 (br. d,  $^2J_{\text{PP}} \sim 320$  Hz).

$^{31}\text{P}\{^1\text{H}\}$  NMR (243 MHz,  $\text{CD}_2\text{Cl}_2$ , 185 K)  $\delta$ : 172.3 (br. d,  $^2J_{\text{PP}} \sim 300$  Hz,  $\sim 1/6$ ), 169.7 (br. d,  $^2J_{\text{PP}} \sim 300$  Hz,  $\sim 1/6$ ), 167.7 (br. s, FWHM  $\sim 80$  Hz,  $\sim 2/3$ ),

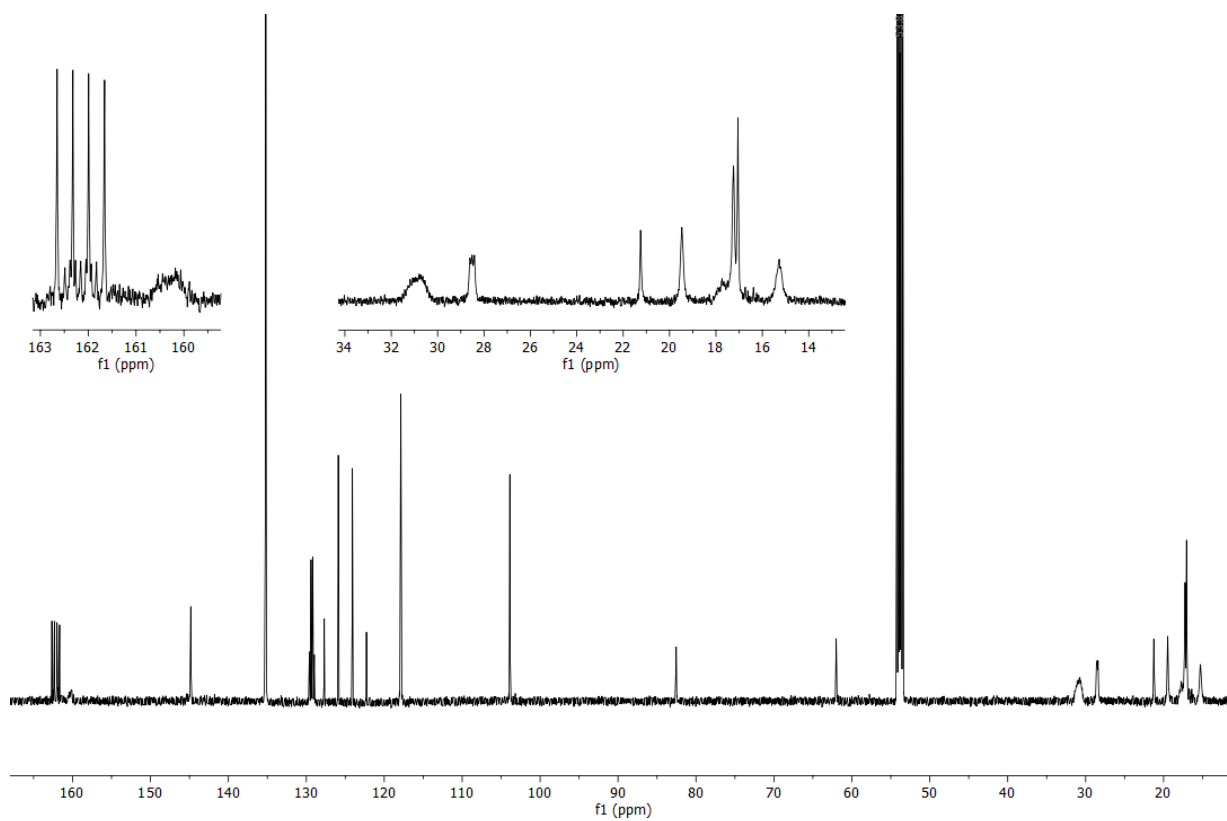
$^{31}\text{P}\{^1\text{H}\}$  SSNMR (162 MHz, 10 kHz spin rate, 298 K)  $\delta$  169-178 (multiple signals).



**Figure S25**  $^1\text{H}$  NMR spectrum of **7** (600 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



**Figure S26**  $^{31}\text{P}\{^1\text{H}\}$  NMR spectrum of **7** (243 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ). \*indicates an unknown impurity.



**Figure S27**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum of **7** (151 MHz, 298 K,  $\text{CD}_2\text{Cl}_2$ ).



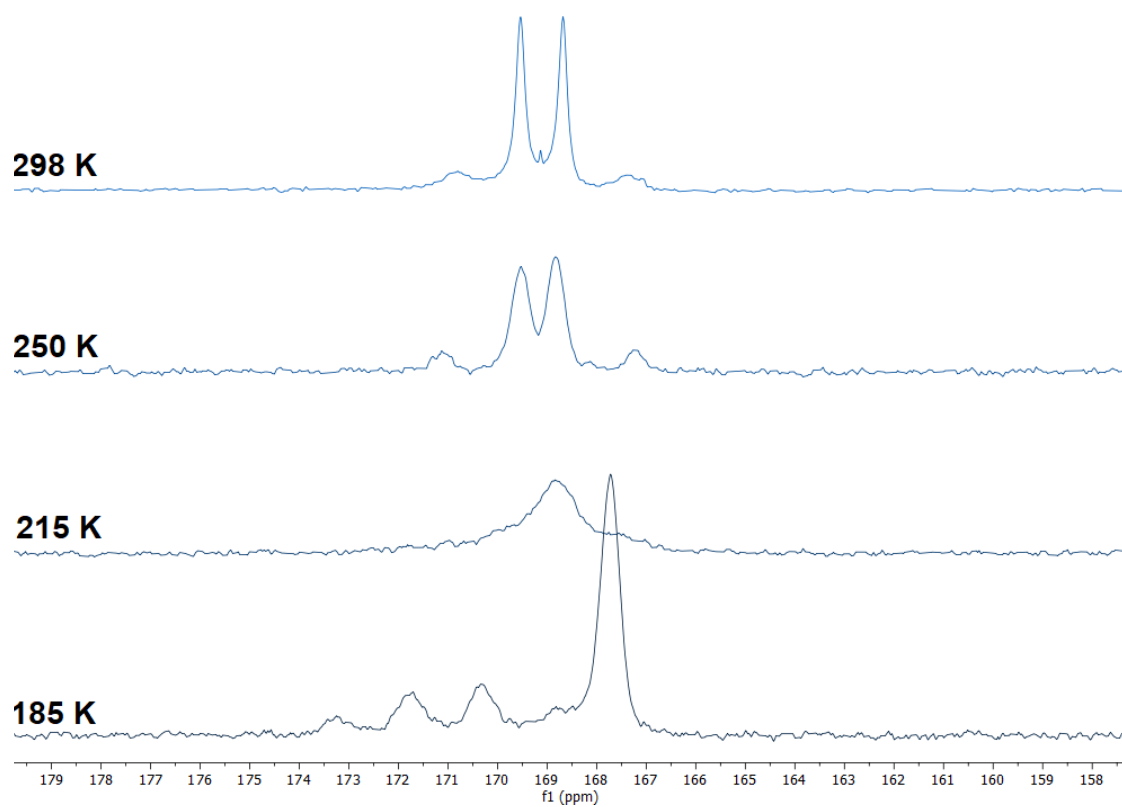


Figure 28  $^{31}\text{P}\{^1\text{H}\}$  VT-NMR spectra of **7** (203 MHz,  $\text{CD}_2\text{Cl}_2$ ).

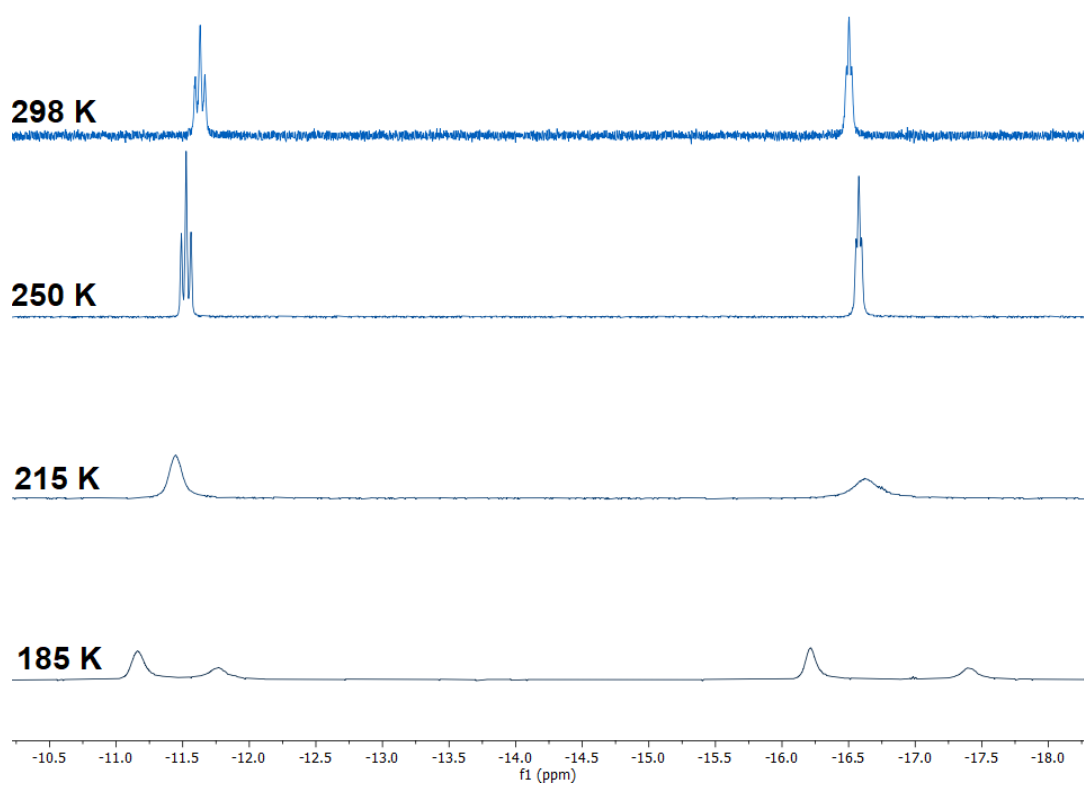
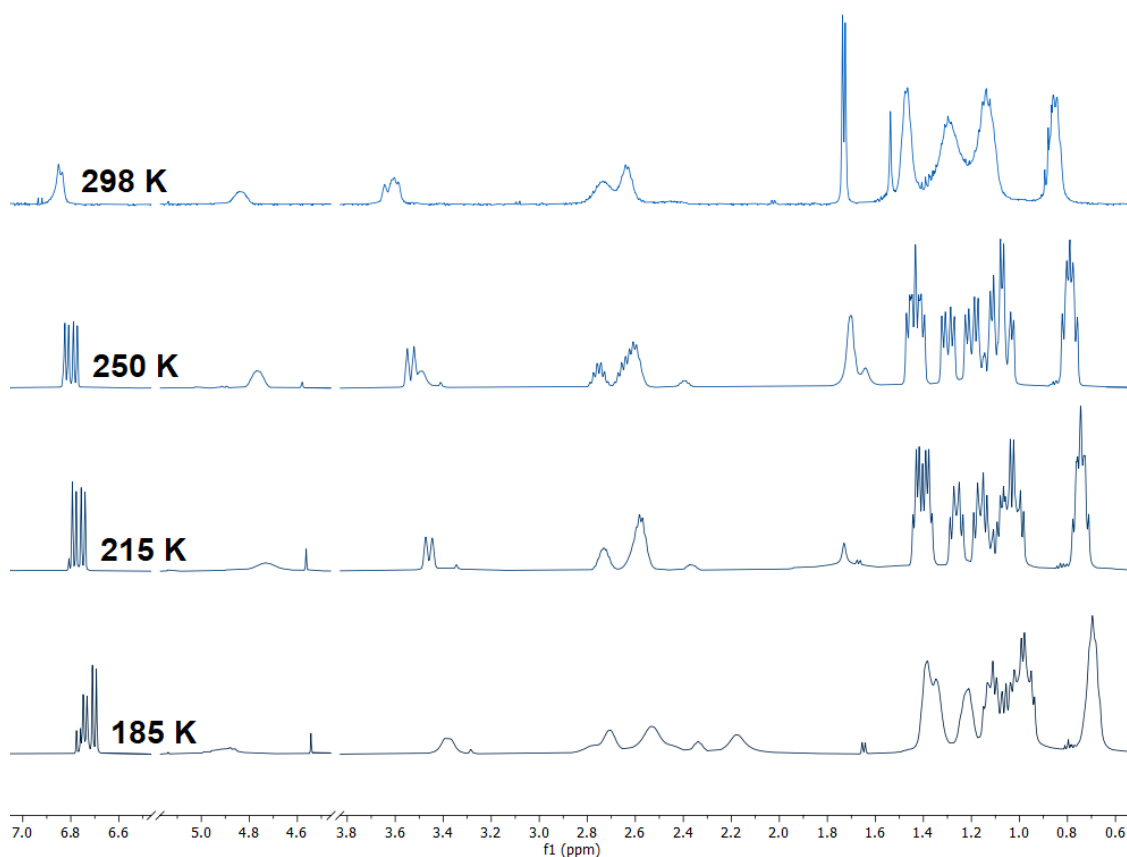
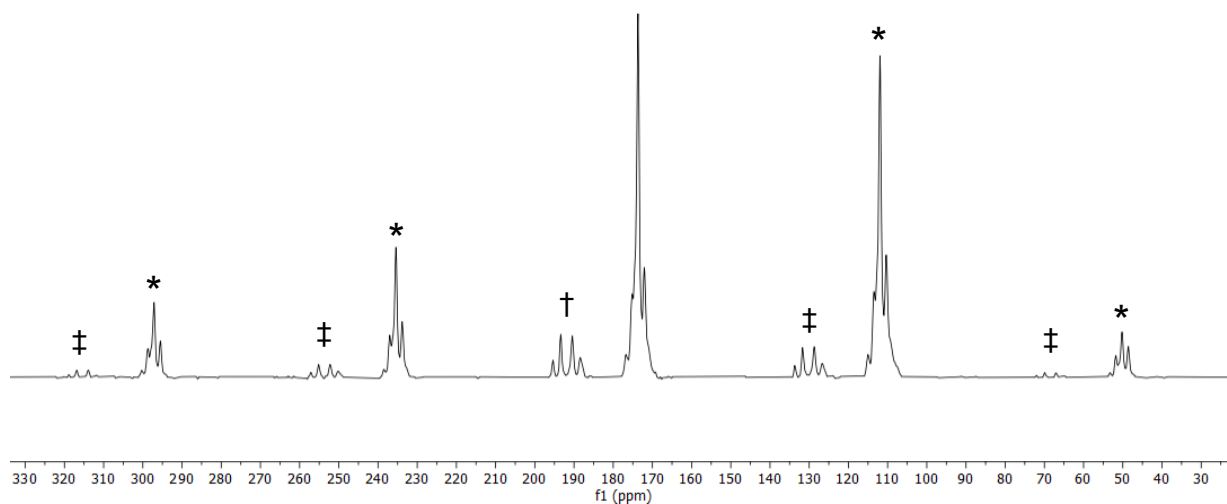


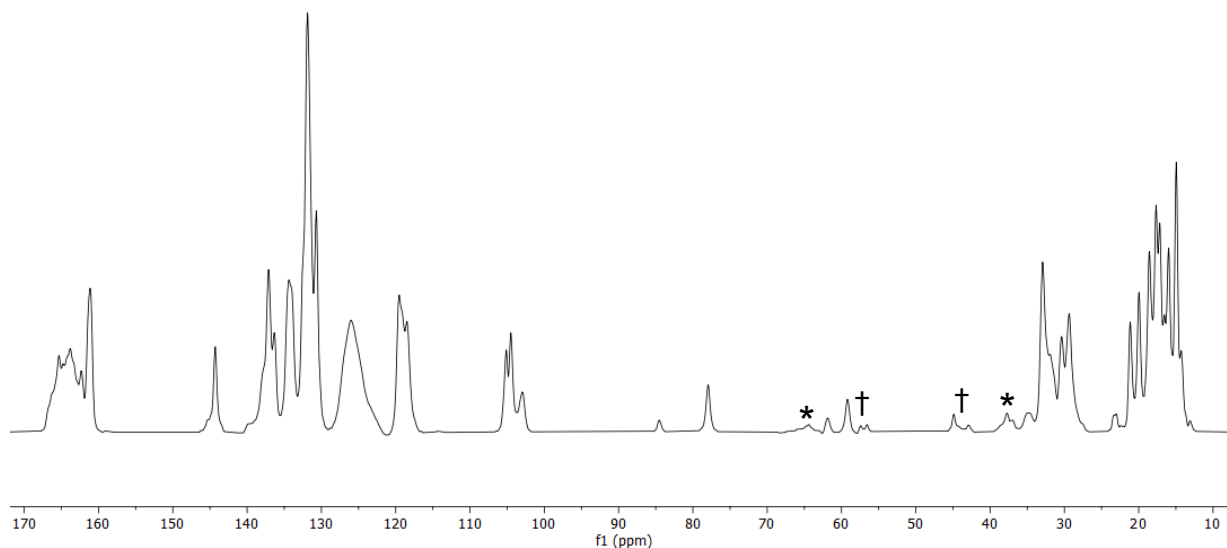
Figure S29 Hydric region of the  $^1\text{H}$  VT-NMR spectra of **7** (500 MHz,  $\text{CD}_2\text{Cl}_2$ ).



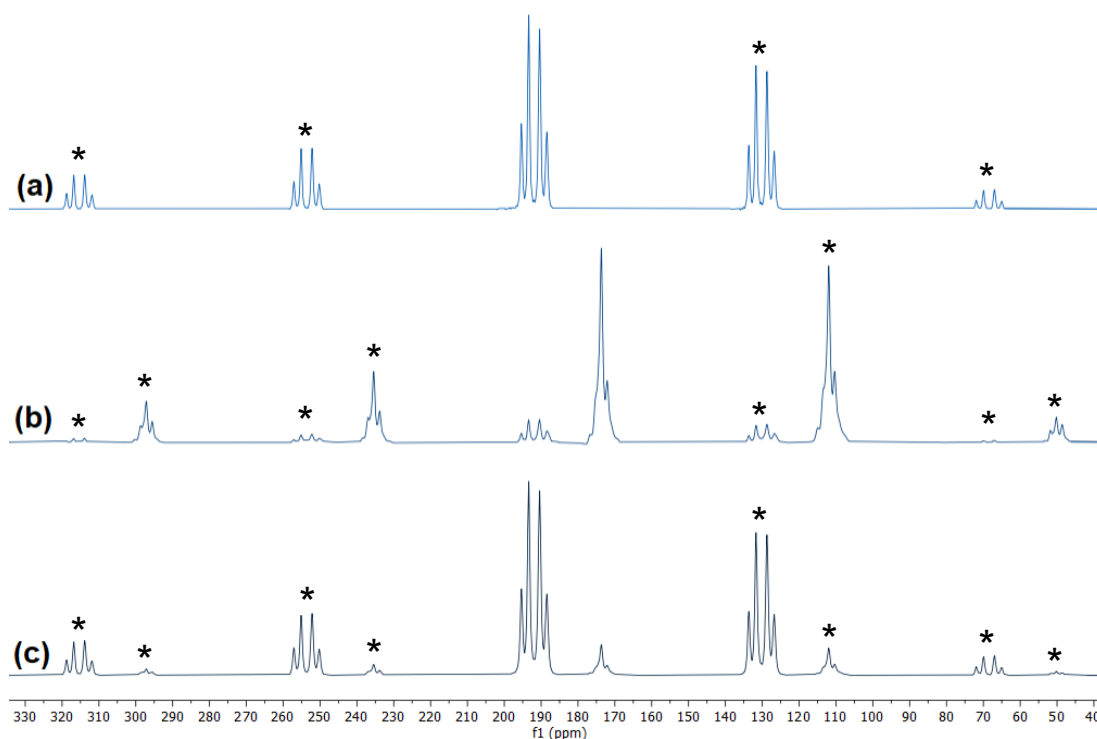
**Figure 30** Aliphatic and aromatic regions of the  $^1\text{H}$  VT-NMR spectra of **7** (500 MHz,  $\text{CD}_2\text{Cl}_2$ ).



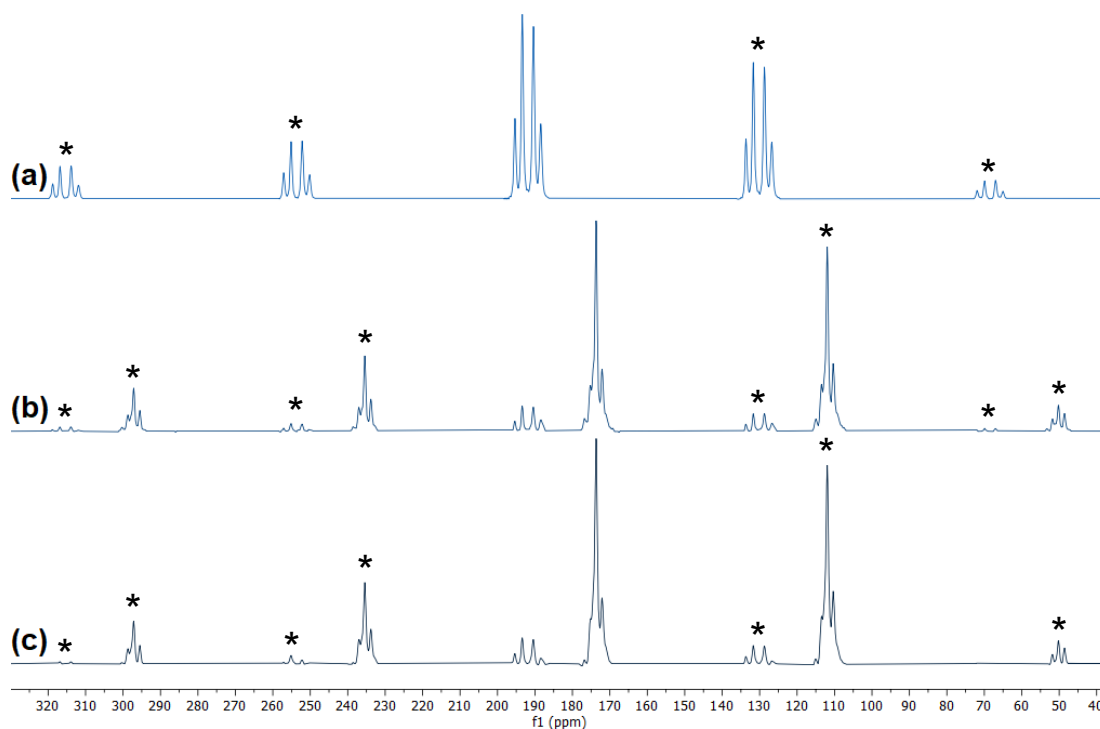
**Figure S31**  $^{31}\text{P}\{^1\text{H}\}$  SSNMR spectrum (162.03 MHz, 10 kHz spin rate, 298 K) of **7** (~90%) as generated by exposure of the packed rotor to  $\text{H}_2$  (1.0 bar) for 15 minutes, with some loss of  $\text{H}_2$  upon removal of the  $\text{H}_2$  atmosphere to regenerate **6** (~10%). \* indicate spinning side-bands; † indicate regenerated **6**, and ‡ indicate its corresponding side-bands.



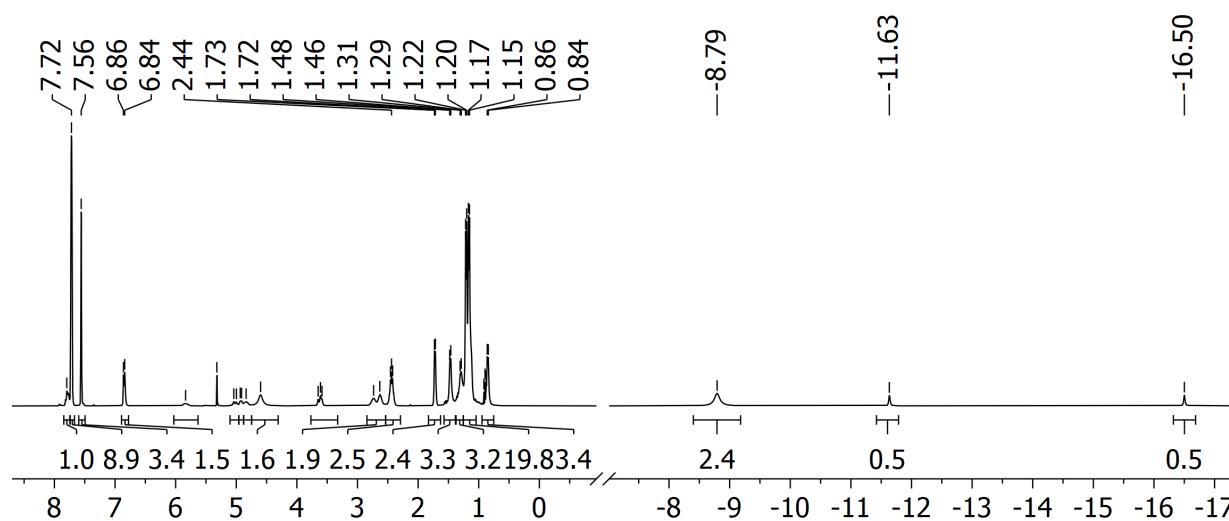
**Figure S32**  $^{13}\text{C}\{^1\text{H}\}$  SSNMR spectrum (101 MHz, 10 kHz spin rate, 298 K) of **7** (~90%) as generated by exposure of the packed rotor to  $\text{H}_2$  (1.0 bar) for 15 minutes, with some loss of  $\text{H}_2$  upon removal of the  $\text{H}_2$  atmosphere to regenerate **6** (~10%). \* indicate spinning side-bands; † indicate regenerated **6**.



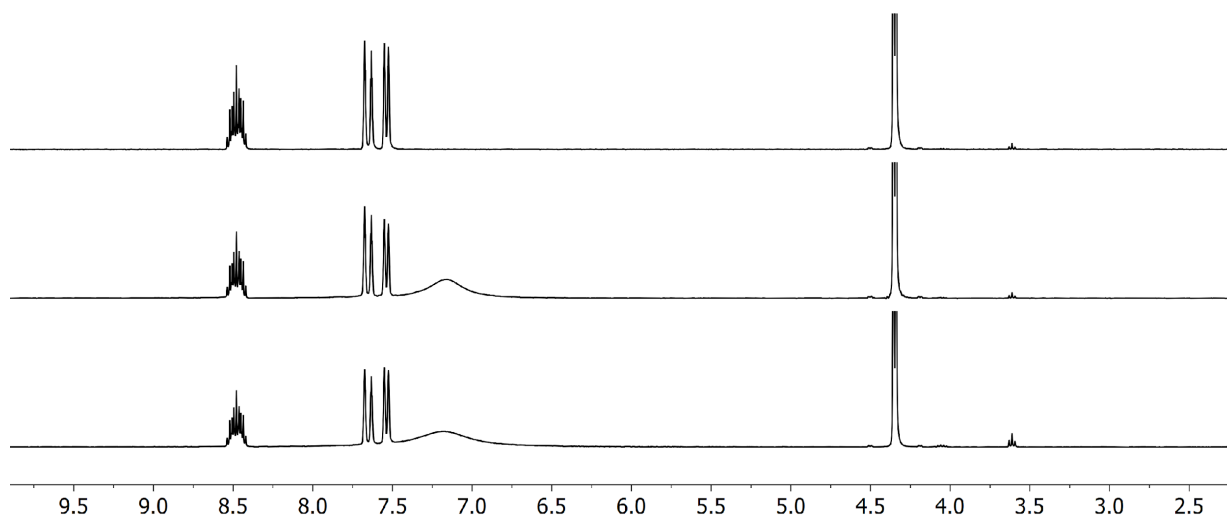
**Figure S33**  $^{31}\text{P}\{^1\text{H}\}$  SSNMR spectra (162.03 MHz, 10 kHz spin rate, 298 K) of (a) propene complex **6**; (b) propene-dihydride **7** (~90%) as generated by exposure of the packed rotor to  $\text{H}_2$  (1.0 bar) for 15 minutes, with some loss of  $\text{H}_2$  upon removal of the  $\text{H}_2$  atmosphere to regenerate **6** (~10%), and (c) near-complete regeneration of **6** (~90%) by exposure of the rotor contents to dynamic vacuum for two hours. \* indicate spinning side-bands.



**Figure S34**  $^{31}\text{P}\{^1\text{H}\}$  SSNMR spectra (162.03 MHz, 10 kHz spin rate, 298 K) of (a) propene complex **6**; (b) propene-dihydride **7** (~90%) as generated by exposure of the packed rotor to  $\text{H}_2$  (1.0 bar) for 15 minutes, with some loss of  $\text{H}_2$  upon removal of the  $\text{H}_2$  atmosphere to regenerate **6** (~10%), and (c) further exposure of the packed rotor to  $\text{H}_2$  (1.0 bar) for five days, with no significant changes visible. \* indicate spinning side-bands.



**Figure S35**  $^1\text{H}$  NMR spectrum (400.12 MHz,  $\text{CD}_2\text{Cl}_2$ ) recorded after the time of mixing of a solution of **6** and  $\text{H}_2$  (4 bar absolute)



**Figure S36** Gas phase <sup>1</sup>H NMR spectra of recorded of the headspace over a sample of **6** under exclusively propene (top), after addition of excess H<sub>2</sub> (middle) and after 18 hours (bottom). Spectra in the gas phase are not referenced.

### 1.3. Crystallography

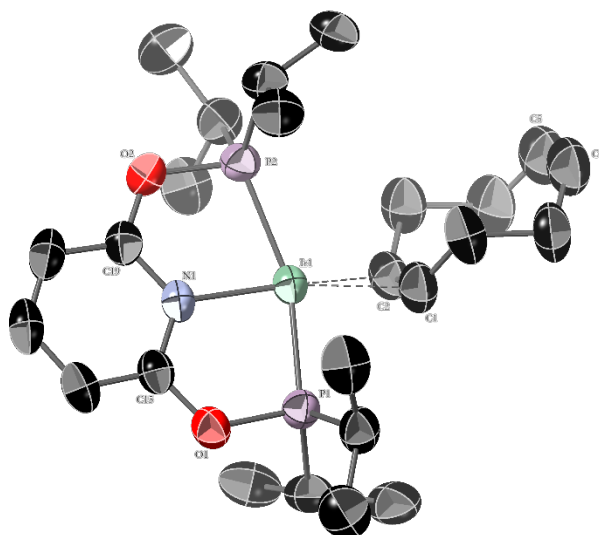
#### XRD:

Single crystal X-ray diffraction data for all samples were collected as follows: a typical crystal was mounted on a MiTeGen Micromount using perfluoropolyether or polyisobutylene oil and cooled rapidly to the collection temperature in a stream of nitrogen gas using an Oxford Cryosystems Cryostream unit.<sup>9</sup> The structures were collected at the Department of Chemistry, University of York on an Oxford Diffraction SuperNova diffractometer using an EOS CCD camera.

Raw frame data were reduced using CrysAlisPro.<sup>10</sup> The structures were solved using *SHELXT*<sup>11</sup> and refined using full-matrix least squares refinement on all F<sup>2</sup> data using *SHELXL-2018*<sup>12</sup> in the Olex2 GUI.<sup>13</sup> All hydrogen atoms were placed in calculated positions (riding model) with the exception of **5** where the hydride ligands were located against the difference map and freely refined isotropically. Disorder of the -CF<sub>3</sub> groups of all [BAr<sup>F</sup><sub>4</sub>]<sup>-</sup> anions was treated by introducing a split site model and restraining geometries and displacement parameters appropriately.

*In situ* gas cell experiments were collected in the Experiments Hutch 2 (EH2) of Beamline I19, at the Diamond Light Source, using the Newport kappa-geometry four-circle diffractometer fitted with a Dectris Pilatus 300 K pixel-array photon-counting detector using an X-ray wavelength of 0.4859 Å (Ag edge). Data sets consisted of three  $\Omega$  sweeps with step size and exposure time of 0.2° and 0.2 s, respectively. All datasets recorded on I19 were at 273K using an Oxford Cryosystems - CryostreamPlus 700 device.

Under an inert atmosphere within a glove box equipped with a microscope, a crystal (70 x 70 x 50 microns) of complex **6** was selected without the use of manipulation oil and glued using a minimum amount of epoxy resin onto a micromount loop. The glue only covered the corner of the crystal to avoid blocking any crystal channels. The sample mount was then inserted into the I19 beamline gas cell which consists of a 1 mm quartz capillary, Swagelok connections, and miniature quick connect. The gas cell was mounted on the diffractometer and the connected to the gas rig apparatus (1 bar N<sub>2</sub> atmosphere) using the swagelok miniature quick connector. The system was then slowly put under vacuum before an ambient dataset was obtained for comparison purposes. The system was then subjected to a 2 bar pure H<sub>2</sub> environment and an additional dataset was obtained yielding complex **7**. The diffraction pattern deteriorated upon H<sub>2</sub> with a drop of resolution from 0.65 Å to 1.2 Å and a smearing of diffraction peak shape.



**Figure S37** Molecular structures of **1**. Displacement ellipsoids at 50% probability. Selected key bond angles ( $^{\circ}$ ) and bond lengths ( $\text{\AA}$ ) for **1**: Ir1-N1, 2.055(3); Ir1-P1, 2.2556(8); Ir1-P2, 2.280(1); Ir1-C1, 2.181(4); Ir1-C2, 2.171(4); C1-C2, 1.359(6); C5-C6, 1.297(8); P1-Ir1-N1, 80.37(8); N1-Ir1-P2, 80.46(8).

All structures collected have been deposited in the Cambridge Crystallographic Data Centre with deposition numbers as specified below.

	1	5
<b>Empirical Formula</b>	C <sub>57</sub> H <sub>55</sub> BF <sub>24</sub> IrNO <sub>2</sub> P <sub>2</sub>	C <sub>52</sub> H <sub>57</sub> B <sub>2</sub> F <sub>24</sub> IrN <sub>2</sub> O <sub>2</sub> P <sub>2</sub>
<b>Formula Weight</b>	1506.97	1473.75
<b>Temperature/K</b>	150.0(2)	150.05(10)
<b>Crystal System</b>	Triclinic	Monoclinic
<b>Space group</b>	<i>P</i> $\bar{1}$	<i>P</i> 2 <sub>1</sub> / <i>n</i>
<b>a/Å</b>	12.9568(2)	12.54330(10)
<b>b/Å</b>	13.0286(2)	26.5647(2)
<b>c/Å</b>	19.6838(3)	19.1920(2)
<b>α/°</b>	73.7910(10)	90
<b>β/°</b>	73.9640(10)	109.0180(10)
<b>γ/°</b>	83.3290(10)	90
<b>Volume/Å<sup>3</sup></b>	3063.82(8)	6045.89(10)
<b>Z</b>	2	4
<b>ρ<sub>calc</sub> g/cm<sup>3</sup></b>	1.634	1.619
<b>μ/mm<sup>-1</sup></b>	5.751	5.813
<b>F(000)</b>	1496.0	2928.0
<b>Crystal size/mm<sup>3</sup></b>	0.1 × 0.1 × 0.05	0.1 × 0.05 × 0.01
<b>Radiation</b>	Cu Kα (λ = 1.54184)	Cu Kα (λ = 1.54184)
<b>2θ range for data collection/°</b>	7.106 to 152.404	7.46 to 142.664
<b>Index ranges</b>	-16 ≤ h ≤ 16, -16 ≤ k ≤ 16, -24 ≤ l ≤ 24	-14 ≤ h ≤ 15, -32 ≤ k ≤ 32, -23 ≤ l ≤ 23
<b>Reflections collected</b>	86798	93686
<b>Independent reflections</b>	12726 [R <sub>int</sub> = 0.0384, R <sub>sigma</sub> = 0.0196]	11637 [R <sub>int</sub> = 0.0443, R <sub>sigma</sub> = 0.0225]
<b>Data/restraints/parameters</b>	12726/657/941	11637/390/881
<b>Goodness-of-fit on F<sup>2</sup></b>	1.051	1.031
<b>Final R indexes [I ≥ 2σ (I)]</b>	R <sub>1</sub> = 0.0333, wR <sub>2</sub> = 0.0843	R <sub>1</sub> = 0.0260, wR <sub>2</sub> = 0.0599
<b>Final R indexes [all data]</b>	R <sub>1</sub> = 0.0362, wR <sub>2</sub> = 0.0869	R <sub>1</sub> = 0.0303, wR <sub>2</sub> = 0.0624
<b>Largest diff. peak/hole / e Å<sup>-3</sup></b>	1.51/-0.40	0.94/-1.28
<b>CCDC Deposition Number</b>	2175292	2175293

Table 1 Crystallographic Data for Structures Collected on Single Crystal Diffractometer.

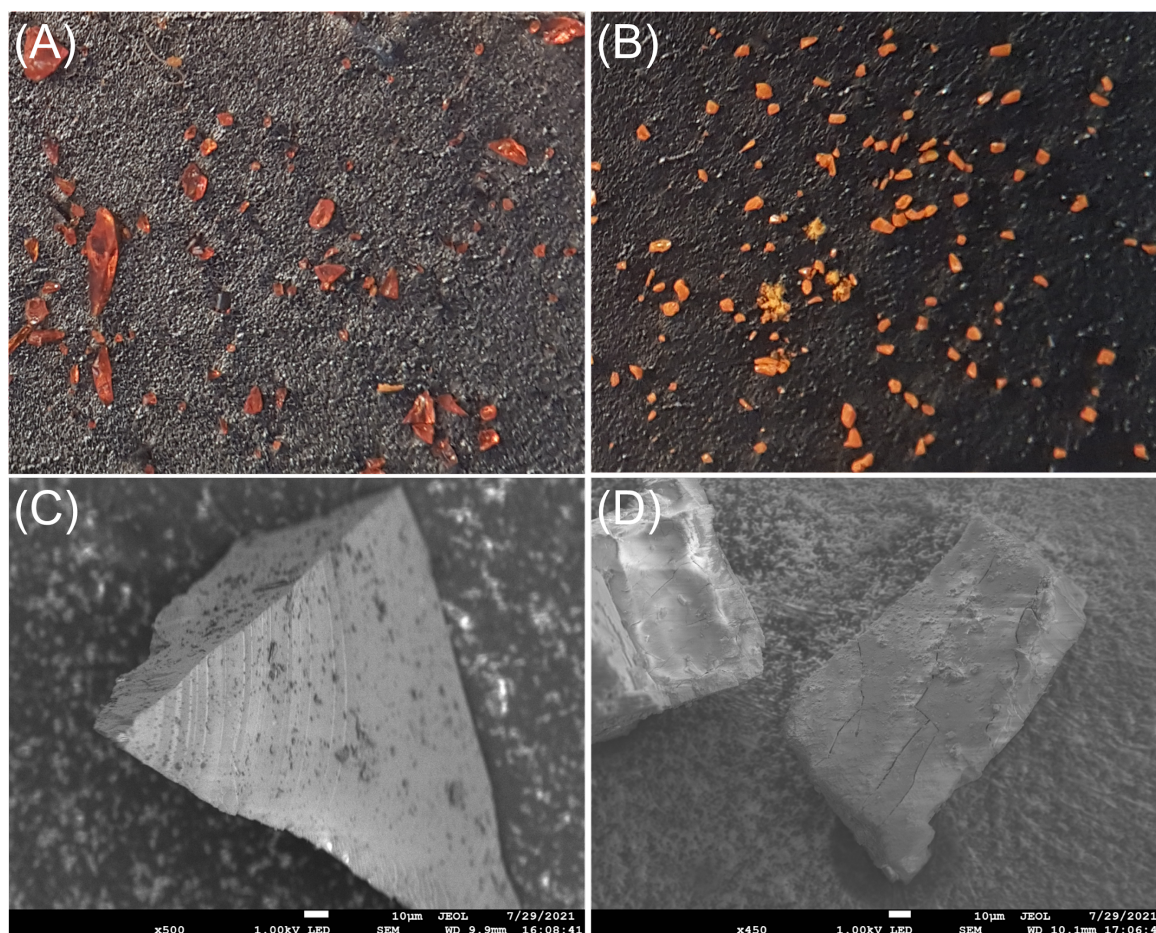


	6	7
<b>Empirical Formula</b>	C <sub>52</sub> H <sub>43</sub> BF <sub>24</sub> IrNO <sub>2</sub> P <sub>2</sub>	C <sub>52</sub> H <sub>48</sub> BF <sub>24</sub> IrNO <sub>2</sub> P <sub>2</sub>
<b>Formula Weight</b>	1440.89	1439.86
<b>Temperature/K</b>	273(2)	273(2)
<b>Crystal System</b>	Triclinic	Triclinic
<b>Space group</b>	<i>P</i> $\bar{1}$	<i>P</i> $\bar{1}$
<b>a/Å</b>	12.2766(2)	12.585(3)
<b>b/Å</b>	12.5237(2)	12.978(3)
<b>c/Å</b>	20.1630(4)	19.526(3)
<b><math>\alpha</math>/°</b>	102.534(2)	104.537(16)
<b><math>\beta</math>/°</b>	100.2280(10)	100.275(16)
<b><math>\gamma</math>/°</b>	90.054(2)	90.322(18)
<b>Volume/Å<sup>3</sup></b>	2975.54(9)	3033.1(11)
<b>Z</b>	2	2
<b><math>\rho_{\text{calc}}</math> g/cm<sup>3</sup></b>	1.608	1.577
<b><math>\mu</math>/mm<sup>-1</sup></b>	0.903	0.886
<b>F(000)</b>	1412	1422
<b>Crystal size/mm<sup>3</sup></b>	0.07 x 0.07 x 0.05	0.07 x 0.07 x 0.05
<b>Radiation</b>	Synchrotron ( $\lambda$ = 0.4859)	Synchrotron ( $\lambda$ = 0.4859)
<b>2<math>\theta</math> range for data collection/°</b>	2.878 to 43.896	2.98 to 23.36
<b>Index ranges</b>	-18 ≤ h ≤ 18, -11 ≤ k ≤ 19, -30 ≤ l ≤ 30	-10 ≤ h ≤ 10, -10 ≤ k ≤ 10, -16 ≤ l ≤ 16
<b>Reflections collected</b>	37719	11125
<b>Independent reflections</b>	21029 [R <sub>int</sub> = 0.0433, R <sub>sigma</sub> = 0.0527]	3604 [R <sub>int</sub> = 0.0875, R <sub>sigma</sub> = 0.0889]
<b>Data/restraints/parameters</b>	21029/142/945	3604/1057/936
<b>Goodness-of-fit on F<sup>2</sup></b>	0.971	1.159
<b>Final R indexes [I ≥ 2<math>\sigma</math> (I)]</b>	R <sub>1</sub> = 0.0404, wR <sub>2</sub> = 0.0961	R <sub>1</sub> = 0.0934, wR <sub>2</sub> = 0.2239
<b>Final R indexes [all data]</b>	R <sub>1</sub> = 0.0497, wR <sub>2</sub> = 0.1014	R <sub>1</sub> = 0.1131, wR <sub>2</sub> = 0.2360
<b>Largest diff. peak/hole / e Å<sup>-3</sup></b>	0.98/-0.064	1.62/-1.19
<b>CCDC Deposition Number</b>	2175294	2175295

**Table 2** Crystallographic Data for Structures Collected at I9 Beamline.

## 1.4. SEM Imaging

SEM images were taken using a JEOL JSM-7800F Prime Field Emission Scanning Electron Microscope at 1 keV using a lower electron detector (LED) at a working distance (WD) of 10 mm. Crystals for optical analysis were mounted onto aluminium stubs using carbon coated double-sided tape and carbon coated by vapor deposition prior to imaging.



**Figure S38** Optical (top) and SEM (bottom) images of samples of **6** (A, C) and a sample (B, D) of complex **6** that has undergone 5 × cycles of exposure to H<sub>2</sub> (2 bar absolute, 5 minutes) and then vacuum (*i.e.* **6** → **7** → **6**) showing cracking and loss of crystallinity after reaction.

## 2. Computational details

### 2.1. Solid-state calculations

All static Kohn-Sham DFT calculations were performed on periodic models of the studied iridium complexes, employing the Gaussian Plane Wave (GPW) formalism as implemented in the QUICKSTEP<sup>14</sup> module within the CP2K program suite (Version 5.0).<sup>15</sup> Molecularly optimized basis sets of double- $\zeta$  quality plus polarization in their short-range variant (DZVP-MOLOPT-SR-GTH)<sup>16</sup> were used on all atomic species. The interaction between the core electrons and the valence shell (Ir: 17, B: 3, C: 4, N: 5, O: 6, P: 5, F: 7, H: 1 electrons) was described by Goedecker-Teter-Hutter (GTH) pseudo potentials.<sup>17-19</sup> The generalized gradient approximation (GGA) to the exchange-correlation functional according to Perdew-Burke-Ernzerhof (PBE)<sup>20</sup> was used in combination with Grimme's D3-correction for dispersion interactions.<sup>21</sup> The auxiliary plane wave basis set was truncated at a cutoff of 500 Ry. The maximum force convergence criterion was set to  $10^{-4}$  Eh·Bohr<sup>-1</sup>, whilst default values were used for the remaining criteria. The convergence criterion for the self-consistent field (SCF) accuracy was set to  $10^{-7}$  Eh and  $10^{-8}$  Eh for geometry optimizations and vibrational analysis, respectively.

The Brillouin zone was sampled using the  $\Gamma$ -point. Initial coordinates for  $[\text{Ir}(\text{iPr-PONOP})\text{H}_2(\eta^2\text{-propene})][\text{BAr}^{\text{F}}_4]$ , **6**, and  $[\text{Ir}(\text{iPr-PONOP})\text{H}_2(\eta^2\text{-propene})][\text{BAr}^{\text{F}}_4]$ , **7**, were obtained from the experimental crystallographic data where in each case one of the disorder components was selected using Mercury.<sup>22</sup> Periodic boundary conditions (PBC) were applied throughout in combination with fixed unit cell parameters obtained from experiment.

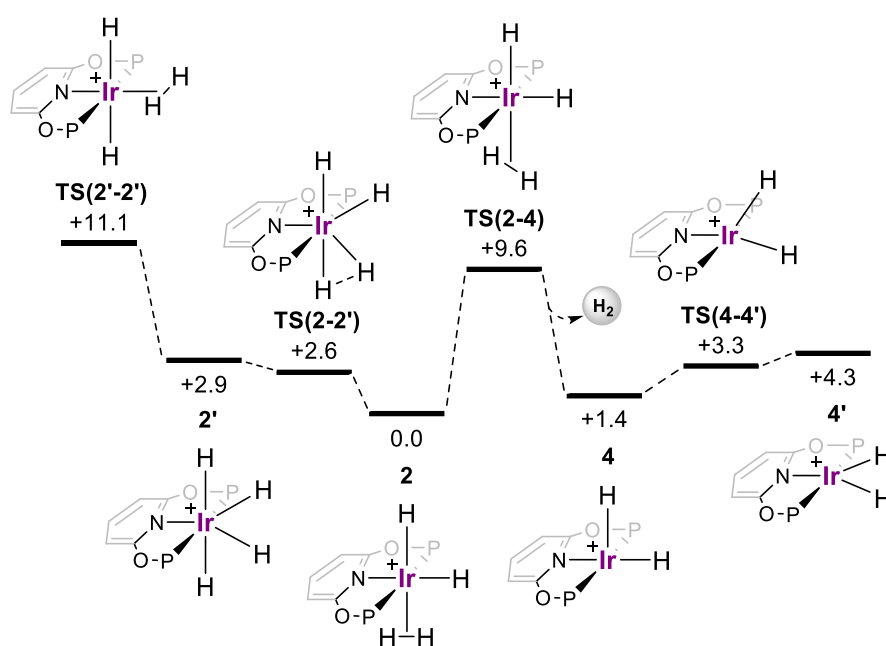
Different reaction pathways were initially explored using an isolated iridium molecular cation model with the Gaussian suite of programs (see details below). Transition states located in this way provided the basis for transition state searches in the solid state, with pre-optimisations in the solid state run by fixing the key reacting atoms at one of the Ir-centres. A partial vibrational analysis was then used to identify the corresponding imaginary mode. This pre-optimized TS structure was then refined using the dimer method<sup>23</sup> with the tighter convergence criteria detailed above. For challenging fluxional processes the climbing image nudged elastic band (CI-NEB) method,<sup>24</sup> using 8 to 16 images, was used to obtain candidate transition states that were then optimised using the dimer method as above. All optimized stationary points were characterized by analysis of their numerical second derivatives with a displacement of 0.01 Bohr. Minima and transition states have no or exactly one imaginary eigenvalue, respectively. All transition states were further analysed displacing the transition state geometries along the negative mode in both directions and then fully optimising the two resulting structures. Further details on this protocol have been reported elsewhere.<sup>25-27</sup>

Geometries are supplied as a separate XYZ file along with the SCF energies. Gibbs free energies for structures computed in the solid state were calculated using the TAMkin software toolkit.<sup>28</sup>

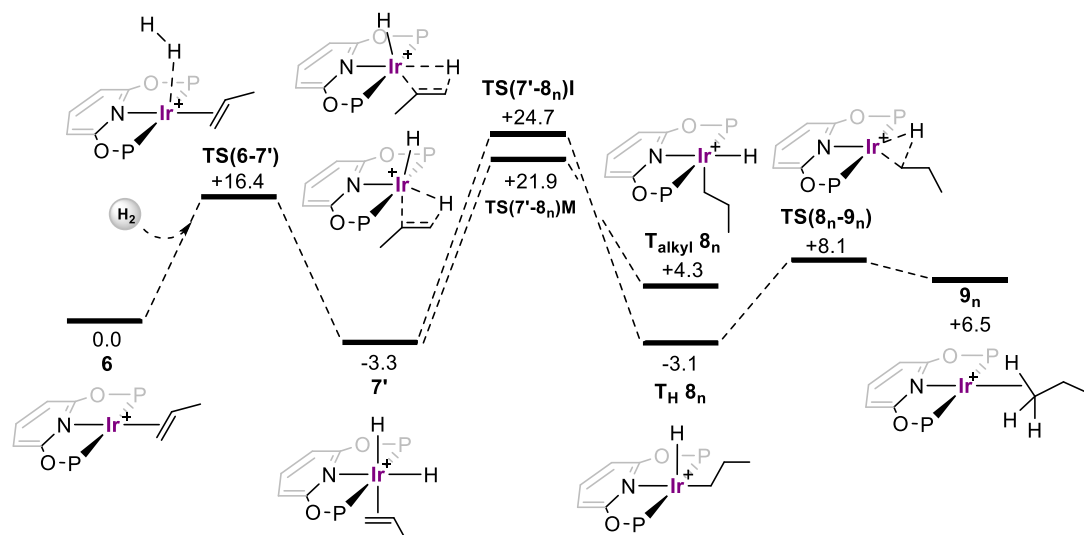
## 2.2. Molecular calculations

DFT geometry optimizations were run with Gaussian 16 (Revision A.03)<sup>29</sup> using the BP86 functional.<sup>30,31</sup> Ir, and P centers were described with the Stuttgart RECPs and associated basis sets<sup>32</sup> and 6-31G\*\* basis sets were used for all other atoms.<sup>33,34</sup> A set of d-orbital polarization functions was also added to P ( $\zeta^d=0.387$ ).<sup>35</sup> Stationary points were characterized with analytical frequency calculations. Transition states (one negative frequency) were characterized via IRC calculations and subsequent geometry optimizations to confirm the adjacent minima. Electronic energies were re-computed using the triple- $\zeta$  basis set Def2-TZVP<sup>36,37</sup> and include corrections for dispersion using the D3BJ method<sup>38</sup> and solvation in CH<sub>2</sub>Cl<sub>2</sub> using PCM.<sup>39</sup> Geometries are supplied in the next section and as a separate XYZ file.

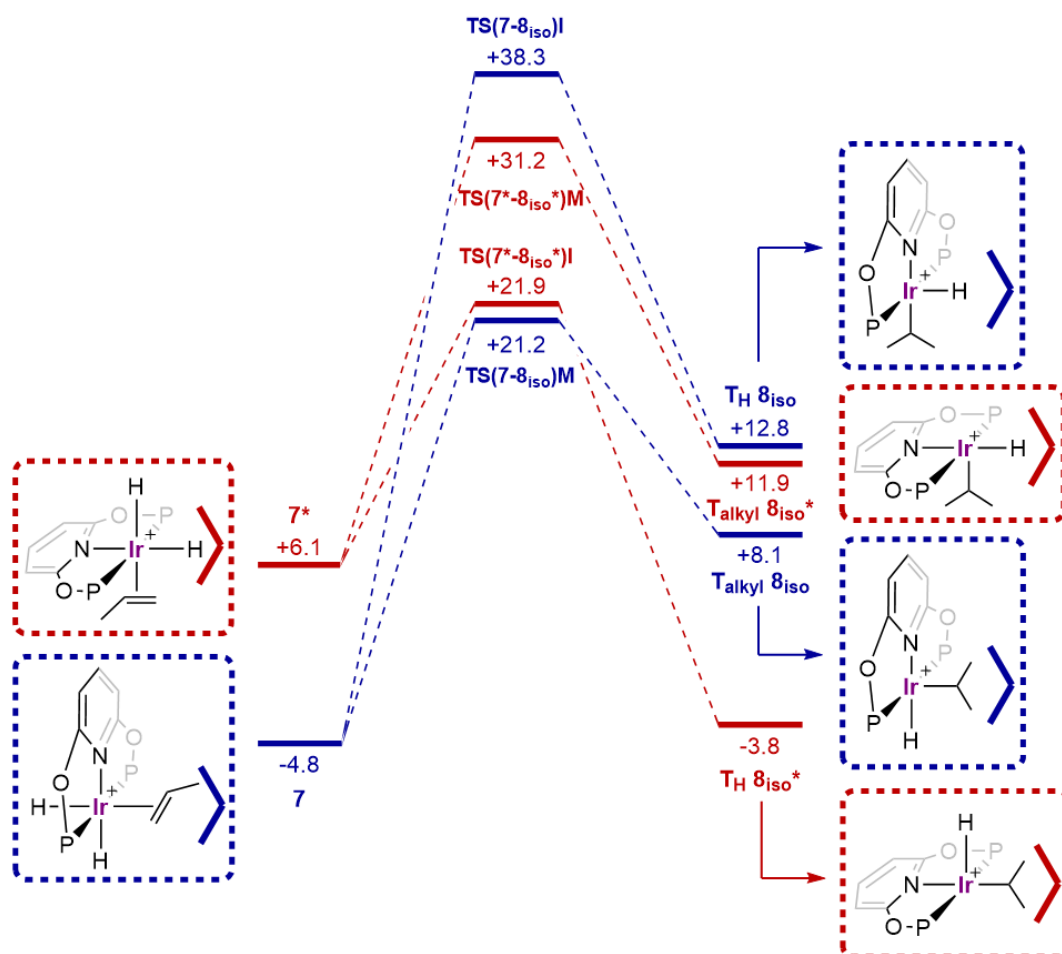
## 2.3. Additional free energy diagrams



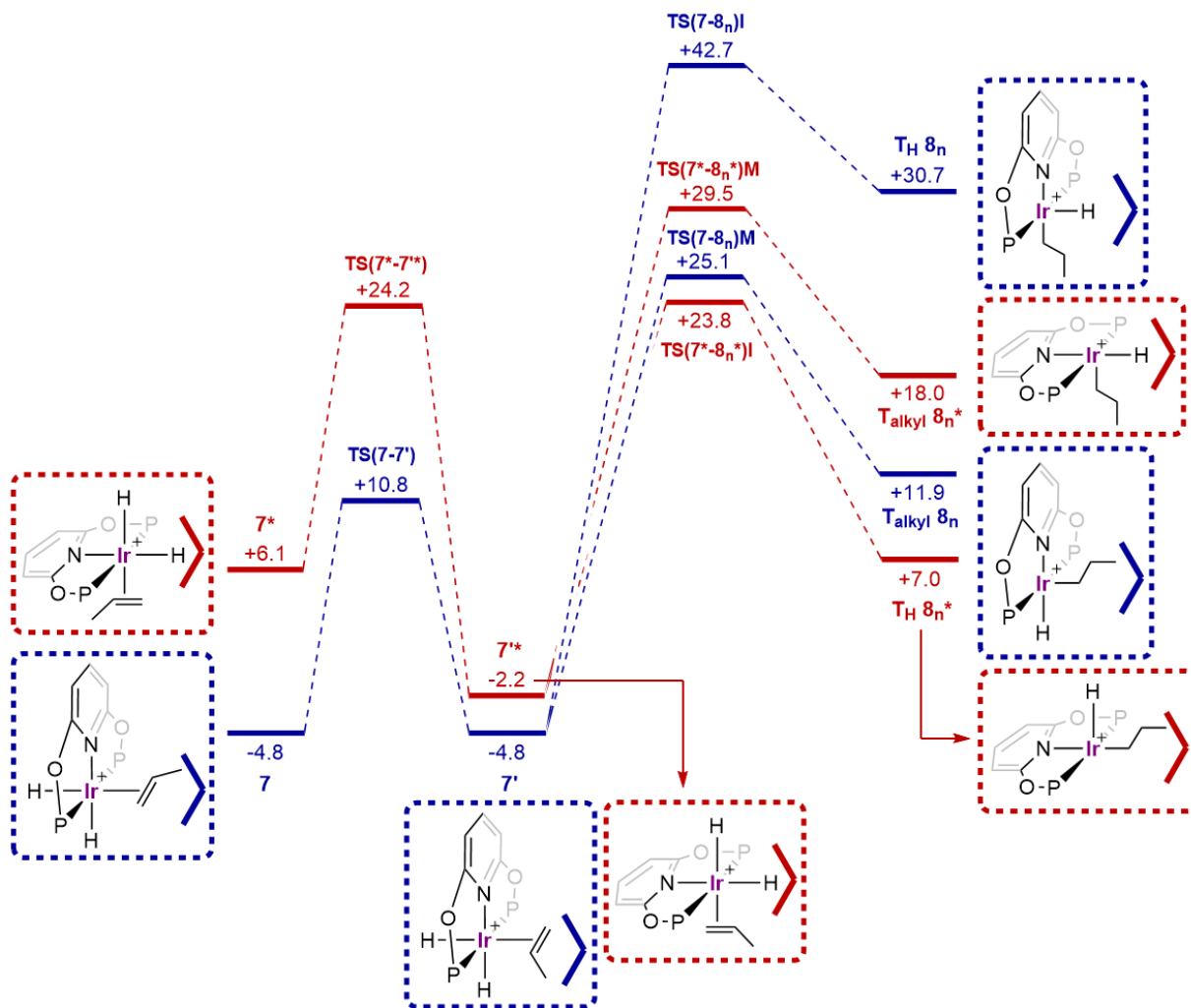
**Figure S39** Computed free energy reaction profile (kcal/mol) for the isomerisation of **2**, **4** and related transition states in solution.



**Figure S40** Computed free energy reaction profile (kcal/mol) for propene hydrogenation from **6** via n-propyl intermediate in solution.



**Figure S41** Computed free energy reaction profile (kcal/mol) for the hydride migration (M) and propene insertion (I) from **7** and **7\*** in the “red” and “blue” lattices.



**Figure S42** Computed free energy reaction profile (kcal/mol) for the rotation of propene in **7** and **7\*** and the hydride migration (M) and propene insertion (I) from **7'** and **7'\*** in the “red” and “blue” lattices.

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