

Supplemental Material

1. Template of the Kidney Palliative Care Clinic Note
2. Exit Interview Questions asked to the Intervention Group
3. Demographic table of all patients who completed the study

S1. Kidney Palliative/Supportive Care Note Template

Kidney Supportive CARE/Kidney CARES Note

Referring Doctor:

Reason for Consultation/Chief Complaint:

Cause of kidney failure

Patient Language:

Interpreter:

Kidney History: CKD Stage:

Kidney Replacement Therapy Details or Choice (Modality/Conservative Kidney Management):

Karnofsky Performance Score:

Tangri Risk of Progression Score (if appropriate)

Hemodialysis Mortality Score (if appropriate)

Charlson Comorbidity Index/Estimating Prognosis for Dialysis Patients (if appropriate)

Hospitalizations in the last six months:

Integrated Palliative Outcome Score-Renal

Health Care Proxy:

Medical Order for Life Sustaining Treatment

Advance Directive:

Past Medical History

Past Surgical History:

Family History:

Social History:

Allergies:

Medications:

Spirituality:

Functional Status:

Interval history/HPI:

Symptoms/Review of Systems:

Physical Exam:

Labs:

Impressions and Recommendations:

Decisional capacity:

Post-Consult Advance Care Planning:

Health Care Proxy:

MOLST:

Advance Care Planning Conversation: (Yes/No)

Visit Activities: Time Spent:

S2. Exit interview given to the intervention group

General Experience Questions:

- 1) Was the palliative care clinic useful or helpful to you?
- 2) What about the palliative care clinic was useful? Please rank the most important elements. Why were these things useful?
- 3) Do you wish you had been introduced to the palliative care clinic earlier?
- 4) Do you wish you had been introduced to the palliative care clinic about when you were actually introduced?
- 5) What about the palliative care clinic was not useful to you and why?
- 6) Is there anything that the palliative care clinic could have done that would have allowed you to participate more fully?
- 7) If transportation would have been provided, would that have enhanced your participation in:
 - a. Caregiver classes?
 - b. Patient care classes?
 - c. Art Experientials?
 - d. Other?
- 8) What services would you have wanted that aren't provided already and why?
- 9) How did the palliative care clinic affect your sense of connection/support to: (answer choices: positive impact, remained the same, negative impact)
 - a. The palliative care clinic?
 - b. Your nephrologist?
 - c. Your family?
 - d. NYU?

Symptom Questions:

- 1) Did you find the palliative care clinic was helpful in managing your physical symptoms?
- 2) Were there any physical symptoms that were not addressed during this past year in your healthcare?
- 3) Did you utilize the psychotherapy/integrative health services?

Spiritual Questions:

- 1) Was the palliative care clinic helpful to your spiritual well-being?
- 2) Why?
- 3) What was it like to have someone ask about your spirituality?

Advance Care Planning Questions/Dialysis Decision-Making Questions:

- 1) Was talking about advance care planning and/or end-of-life with the palliative care clinic:
 - a. Uncomfortable?
 - b. Novel?
 - c. Desired?
- 2) What did it mean to you to discuss these difficult topics with the Kidney Palliative Care team?
- 3) Was the palliative care clinic helpful for you with the dialysis decision-making?
- 4) Was the palliative care clinic helpful for you in providing an explanation of conservative management as a treatment option?
- 5) Had you heard of conservative management before attending the clinic?

Satisfaction with Care Questions:

- 1) Did working with the palliative care team improve , worsen, or have no effect on your satisfaction with:
 - a. Your nephrologist?
 - b. NYU?
 - c. Your family caregivers
- 2) Is there anything we have not asked you that we should have asked you?

Health Care Utilization Questions:

- 1) Did the kidney palliative care team ever results in your avoiding having to go to:
 - a. See your primary care provider?
 - b. The emergency room?
 - c. The pharmacy?
 - d. Be admitted to the hospital?

Participation in a palliative care clinical trial Questions:

- 1) Have you ever taken part in a research study before?
- 2) Did you find the process cumbersome?
- 3) Would you say yes to participating again and would you encourage others to participate?

S3. Demographic table of all patients who completed the study

Table 1: Baseline demographics of patients who completed the study			
	Characteristic	Control	Intervention
		N=14	N=13
Age (mean (SD))		67 (15)	71 (9)
Sex (n, %)	Female	8 (57)	8 (62)
	Male	6 (43)	5 (39)
Race (n, %)	American Indian or Alaska Native	0 (0)	0 (0)
	Asian	0 (0)	1 (8)
	Black or African American	4 (29)	4 (32)
	White	10 (71)	8 (62)
Education (n, %)	Less than high school	1 (7)	0 (0)
	High school/GED	3 (21)	6 (46)
	College	5 (36)	2 (15)
	Graduate/professional degree	5 (36)	5 (39)
Ethnicity (n, %)	Hispanic/Latino	0 (0)	3 (23)
	Non-Hispanic or Latino	14 (100)	10 (77)
Comorbidities (n, %)	Cancer- history of or in remission	3 (21)	1 (8)
	Congestive Heart Failure	1 (7)	0 (0)
	Coronary Artery Disease	3 (21)	1 (8)
	Diabetes	5 (36)	6 (46)
	Liver Disease	1 (7)	0 (0)
	None of the Above	0 (0)	2 (15)
	Other	1 (7)	3 (23)
Charlson Comorbidity Score (mean (SD))		6 (2)	5 (2)
Karnofsky Performance Score (mean (SD))		66 (26)	83 (18)
GFR (mean (SD), mL/min/1.73m²)		11 (3)	11 (4)
Cause of Kidney Failure (n, %)	Diabetes	4 (29)	3 (23)
	Glomerular Disease	2 (14)	0 (0)
	Hypertension	3 (21)	6 (46)
	Other	5 (36)	4 (31)
Albumin (mean (SD), g/dL)		3.8 (0.4)	3.9 (0.4)
Hemoglobin (mean (SD), g/dL)		9.4 (2)	10.2 (3)
Lives alone (n, %)		7 (50)	5 (39)
Presence of a Health Care Proxy (n, %)		11 (79)	7 (54)
Presence of Advance Care Planning Documents (n, %)		5 (36)	3 (23)