

1 [Supplement]

2

3 ***Lacillus reuteri* NK33 and *Bifidobacterium adolescentis* NK98 alleviate *Escherichia*
4 *coli*-induced depression in mice by the amelioration of colitis and gut dysbiosis**

5

6 [Methods]

7 Behavioral tasks

8 The tail suspension (TS) task was measured according to the method of Jang et al. [1]. Mice
9 were suspended on the edge of a table 30 cm above the floor by taping 1 cm from the tail tip.
10 Immobility time was measured for 5 min. Mice were judged to be immobile, when they did
11 not move and hanged passively.

12 The forced swimming (FS) task was performed in a round transparent plastic jar (20 × 40
13 cm³) containing fresh water (25°C) to a height of 25 cm [1]. Immobility time was measured
14 during 5 min. Mice were judged to be immobile, when they remained floating in the water
15 without struggling.

16

17 ELISA assay

18 The bloods collected from carotid artery and hippocampal and colon tissue homogenates
19 were centrifuged at 3000 g, 4°C for 5 min and levels of corticosterone and cytokines TNF- α
20 and IL-6 in the resulting supernatants of tissue homogenates and corticosterone in the plasma
21 (the supernatant of blood) were assessed using ELISA kits [1].

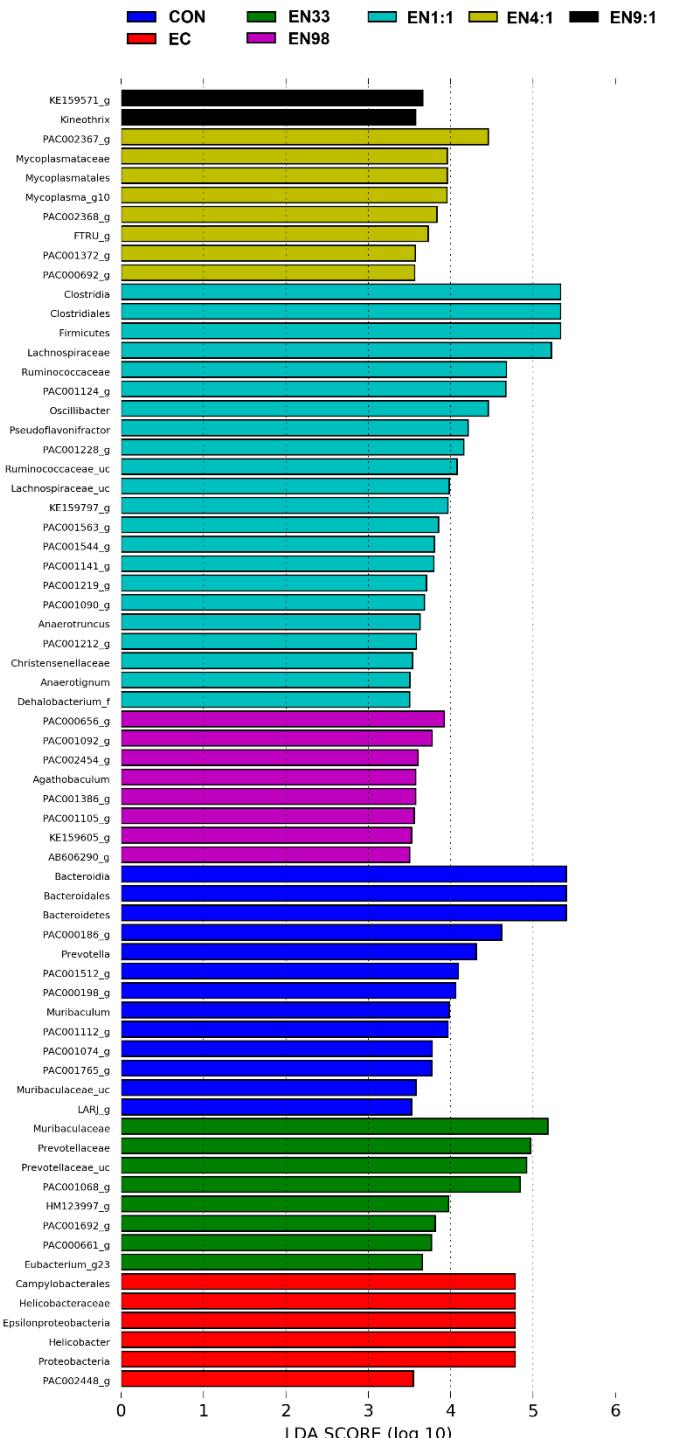
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23 Microbiota pyrosequencing

24 Genomic DNA was extracted from the fresh stools of five mice (not trans-cardiacally

1 perfused with 4% paraformaldehyde for brain and colon tissue sections) using a commercial
2 DNA isolation kit (QIAamp DNA stool mini kit), as previously reported [1]. Briefly, genomic
3 DNA was extracted from the fresh stools of mice using a commercial DNA isolation kit
4 (QIAamp DNA stool mini kit). Amplification of the genomic DNA was performed using
5 barcoded primers, which targeted the V4 region of the bacterial 16S rRNA gene, described in
6 Supplement. Sequencing for each amplicon was performed using Illumina iSeq 100 (San
7 Diego, CA). Predictive functional genes were analyzed using the phylogenetic investigation
8 of communities by reconstruction of unobserved states (PICRUSt) [2]. Linear discriminant
9 analysis (LDA) analysis and cladograms were developed on family level data using LDA
10 effect size (LefSe) on Galaxy platform (<https://huttenhower.sph.harvard.edu/galaxy/>).
11 Pyrosequencing reads have been deposited in the NCBI's short read archive under accession
12 number PRJNA603024.
13
14

1 [Figure]



2

3 Figure S1. Effects of NK33, NK98, and their mixtures on gut microbiota composition in mice
4 with *Escherichia coli* K1-induced anxiety/depression. The described strains were analyzed to

1 the Linear Discriminant Analysis (LDA) along with effect size measurement (LEfSE) in
 2 Galaxy (<http://huttenhower.sph.harvard.edu/galaxy/>). It was used to discriminate significant
 3 differentially strains at each taxon level. The threshold logarithmic score set at 3.5 and
 4 ranked. Bacterial strains were described based on 16SrRNA sequencing data. CON (blue),
 5 EC (red), EN33 (purple), EN98 (green), EN1:1 (blue-green), EN4:1 (orange), and EN9:1
 6 (chartreuse) indicate groups treated with vehicle alone treated control, *Escherichia coli* K1
 7 alone, NK38 with *Escherichia coli* K1, NK98 with *Escherichia coli* K1, NK33/NK98 (1:1)
 8 mix with *Escherichia coli* K1, NK33/NK98 (4:1) mix with *Escherichia coli* K1, and
 9 NK33/NK98 (9:1) mix with *Escherichia coli* K1, respectively.
 10

11 Table S3. Effects of NK33 and NK98 on the gut microbiota composition at the phylum level
 12 in mice with EC-induced depression

Taxon Name	AVE							STD						
	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1
Actinobacteria	0.01	0.01	0.02	0.01	0.00	0.01	0.01	0.02	0.01	0.02	0.01	0.01	0.02	0.01
Bacteroidetes	75.02	45.39 [#]	68.84*	34.64	22.86	27.64	38.14	4.58	19.79	9.90	11.33	11.17	7.80	10.62
Cyanobacteria	0.11	0.07	0.04	0.16	0.08	0.17	0.12	0.15	0.04	0.03	0.12	0.07	0.19	0.15
Deferribacteres	0.02	0.89	0.08	0.73	0.57	0.46	1.53	0.02	1.42	0.05	0.69	0.80	0.88	1.32
Firmicutes	22.46	38.73 [#]	27.86	54.26	65.55*	56.00	50.82	5.04	13.70	9.86	9.03	7.55	10.78	9.64
Proteobacteria	1.62	14.42 [#]	2.45*	8.51	10.39	12.01	8.23	1.47	5.33	0.71	5.44	4.60	5.10	2.94
Saccharibacteria_TM7	0.00	0.00	0.00	0.00	0.00	0.01	0.00	0.00	0.00	0.01	0.00	0.00	0.01	0.01
Tenericutes	0.75	0.37	0.67	1.69	0.55	3.62	1.14	1.12	0.52	0.45	1.86	0.60	7.13	1.18
Verrucomicrobia	0.01	0.11 [#]	0.02	0.00*	0.00*	0.08	0.01*	0.01	0.09	0.02	0.00	0.00	0.08	0.01

13 Mice were orally exposed to K1 and thereafter test agents (EC, vehicle [1% maltose]; EN33, 1×10^9
 14 CFU/mouse/day of NK33; EN98, 1×10^9 CFU/mouse/day of NK98; EN1:1, 1×10^9 CFU/mouse/day of the (1:1)
 15 mixture of NK33 and NK98; EN4:1, 1×10^9 CFU/mouse/day of the (4:1) mixture of NK33 and NK98; EN9:1,
 16 1×10^9 CFU/mouse/day of the (9:1) mixture of NK33 and NK98]) were orally gavaged daily for 5 days. CON
 17 group was treated with vehicle instead of test agents and K1. [#] $p<0.05$ vs. CON group. * $p<0.05$ vs. EC group.
 18

19 Table S3. Effect of NK33 and NK98 on the gut microbiota composition at the family level in
 20 mice with EC-induced depression

Taxon Name	AVE							STD						
	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1
AC160630_f	0.62	0.91	0.22	0.26	0.31	0.58	0.22	0.95	1.13	0.08	0.30	0.14	0.65	0.09
Acholeplasmataceae	0.01	0.30	0.07	0.24	0.35	1.94	0.17	0.01	0.46	0.07	0.45	0.63	4.06	0.35
Bacteroidaceae	16.62	9.08	3.94	4.51	2.63	6.05	5.19	14.80	8.63	1.74	1.41	2.17	5.62	3.87
Christensenellaceae	0.42	0.56	0.21*	0.66	0.82	0.58	0.53	0.12	0.30	0.07	0.31	0.36	0.35	0.40
Defribacteraceae	0.02	0.89	0.08	0.73	0.57	0.46	1.53	0.02	1.42	0.05	0.69	0.80	0.88	1.32

Desulfovibrionaceae	0.18	0.70 [#]	0.72	1.31	1.04	1.30	0.66	0.24	0.22	0.17	0.86	0.27	0.75	0.15
Helicobacteraceae	0.88	13.47 [#]	1.43*	7.08	9.28	10.47	7.47	0.90	5.29	0.84	5.03	4.61	4.91	2.93
Lachnospiraceae	12.73	29.52 [#]	19.76	42.23	47.33*	43.56	41.54	2.37	11.77	9.18	8.89	4.20	10.31	9.59
Lactobacillaceae	2.14	0.38	0.71	0.24	0.35	0.28	0.44	3.60	0.21	0.36	0.10	0.26	0.24	0.42
Muribaculaceae	41.40	24.48 [#]	39.92*	12.97*	10.57*	14.32	15.42	5.36	11.56	7.39	3.23	5.87	3.85	5.93
Mycoplasmataceae	0.52	0.00	0.34	1.24	0.00	1.51	0.83	1.14	0.01	0.46	1.83	0.01	3.11	0.92
Odoribacteraceae	0.80	1.56	0.82	0.72	0.86	0.36*	1.55	0.95	0.91	1.52	1.17	0.58	0.40	1.75
PAC000197_f	0.15	0.05	0.21	0.17	0.14	0.12	0.10	0.11	0.05	0.30	0.12	0.18	0.18	0.10
Peptococcaceae	0.34	0.05	0.02	0.06	0.06	0.04	0.02	0.53	0.03	0.02	0.03	0.03	0.02	0.02
Porphyromonadaceae	0.44	0.51	0.44	0.46	0.50	0.34	0.31	0.31	0.36	0.22	0.10	0.36	0.12	0.15
Prevotellaceae	8.48	3.92	21.07*	11.36*	3.81	3.18	11.12	8.11	2.56	6.37	5.41	3.16	2.10	8.61
Rhodospirillaceae	0.18	0.22	0.07	0.04	0.02*	0.01*	0.03	0.20	0.18	0.03	0.04	0.04	0.01	0.06
Rikenellaceae	6.64	4.93	2.39	4.34	4.18	2.79	4.29	5.31	3.65	1.46	5.08	1.88	0.82	1.44
Ruminococcaceae	6.48	7.96	6.66	10.61	16.54*	11.11*	7.92	1.22	2.07	1.82	2.71	6.05	1.80	3.78

1 Mice were orally exposed to K1 and thereafter test agents (EC, vehicle [1% maltose]; EN33, 1×10^9
2 CFU/mouse/day of NK33; EN98, 1×10^9 CFU/mouse/day of NK98; EN1:1, 1×10^9 CFU/mouse/day of the (1:1)
3 mixture of NK33 and NK98]; EN4:1, 1×10^9 CFU/mouse/day of the (4:1) mixture of NK33 and NK98]; EN9:1,
4 1×10^9 CFU/mouse/day of the (9:1) mixture of NK33 and NK98]) were orally gavaged daily for 5 days. CON
5 group was treated with vehicle instead of test agents and K1. [#]*p*<0.05 vs. CON group. **p*<0.05 vs. EC group.

6

7 Table S3. Effect of NK33 and NK98 on the gut microbiota composition at the genus level in
8 mice with EC-induced depression

Taxon Name	AVE							STD						
	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1	CON	EC	EN33	EN98	EN1:1	EN4:1	EN9:1
Acholeplasma_g2	0.01	0.30	0.02	0.23	0.31	1.93	0.16	0.01	0.46	0.05	0.45	0.65	4.06	0.35
Alistipes	6.31	4.64	1.74	3.87	3.57	2.45	3.57	5.13	3.64	1.22	4.84	1.78	0.83	1.56
Alloprevotella	0.12	0.34	0.02	0.02	0.20	0.01	1.02	0.25	0.52	0.04	0.04	0.30	0.00	2.27
Bacteroides	16.05	9.07	3.94	4.51	2.62	6.04	5.18	14.03	8.62	1.74	1.42	2.16	5.60	3.85
Helicobacter	0.88	13.44 [#]	1.43*	7.06	9.26	10.43	7.46	0.89	5.28	0.84	5.01	4.59	4.89	2.91
KE159538_g	1.13	12.76 [#]	5.61	9.95	4.30	11.12	16.61	0.67	10.53	6.93	3.09	1.64	13.65	17.02
LLKB_g	0.25	2.39	0.69	2.42	2.52	0.99	3.69	0.23	3.43	0.93	1.41	0.64	0.31	3.41
Lachnospiraceae_uc	0.12	0.43 [#]	0.20	0.77	1.91	1.26	1.04*	0.06	0.23	0.20	0.35	1.55	1.39	0.48
Lactobacillus	2.13	0.38	0.71	0.24	0.35	0.28	0.44	3.59	0.21	0.36	0.10	0.26	0.24	0.42
Oscillibacter	1.80	2.90	1.09	3.72	6.97*	4.46	1.87	1.14	1.73	0.47	1.31	3.45	0.78	0.99
PAC000186_g	11.63	4.46 [#]	11.05*	3.67	3.66	4.77	3.79	1.70	2.53	3.29	1.15	2.22	1.60	1.57
PAC000198_g	2.47	0.99	1.64	0.84	0.48	0.63	0.70	1.63	0.68	0.60	0.47	0.18	0.26	0.47
PAC000664_g	1.36	3.14	1.82	4.06	6.36	2.98	4.57	0.38	1.77	0.91	1.38	4.42	1.87	2.38
PAC001063_g	7.43	1.11	0.09*	0.13	0.11	0.17	0.14	10.47	0.99	0.05	0.14	0.07	0.17	0.17
PAC001066_g	2.25	0.60	1.03	0.31	0.35	0.52	0.50	2.02	0.32	1.10	0.18	0.55	0.37	0.25
PAC001068_g	7.49	7.63	16.57*	3.24*	2.84*	4.45	5.75	6.72	3.96	4.99	0.77	1.76	1.63	2.00
PAC001091_g	2.22	2.50	1.98	1.49	0.99*	2.82	0.79*	1.38	1.28	2.68	2.08	0.51	3.26	0.32
PAC001124_g	0.09	0.00	1.32	5.19	8.48*	5.03*	2.58	0.11	0.01	2.28	5.62	6.79	3.99	3.49
PAC001228_g	1.09	0.77	0.44	1.67	3.19*	1.52	0.98	0.90	0.97	0.45	1.53	1.49	0.61	0.96
PAC001512_g	1.85	2.01	1.03	0.81	0.18*	0.32*	0.73	2.34	1.33	0.36	0.43	0.19	0.17	0.70
PAC002367_g	0.87	0.06	0.63	1.71	3.59	5.76*	0.78	1.23	0.08	1.34	2.86	4.41	3.27	1.06
Prevotellaceae_uc	4.65	0.48	16.43*	9.80*	3.19	2.13	7.05	5.80	0.63	8.00	5.20	3.31	1.88	7.64
Pseudoflavonifactor	1.58	3.15 [#]	1.87	3.47	5.13*	3.90	3.18	0.45	1.00	0.80	1.27	1.50	1.07	1.26

9 Mice were orally exposed to K1 and thereafter test agents (EC, vehicle [1% maltose]; EN33, 1×10^9
10 CFU/mouse/day of NK33; EN98, 1×10^9 CFU/mouse/day of NK98; EN1:1, 1×10^9 CFU/mouse/day of the (1:1)
11 mixture of NK33 and NK98]; EN4:1, 1×10^9 CFU/mouse/day of the (4:1) mixture of NK33 and NK98]; EN9:1,
12 1×10^9 CFU/mouse/day of the (9:1) mixture of NK33 and NK98]) were orally gavaged daily for 5 days. CON
13 group was treated with vehicle instead of test agents and K1. [#]*p*<0.05 vs. CON group. **p*<0.05 vs. EC group.

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1 **References**

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