

Description of Additional Supplementary Files

File Name: Supplementary Data 1

Description: List of excluded studies with justification for exclusion.

File Name: Supplementary Data 2

Description: Detailed information on the characteristics of the included systematic reviews.

File Name: Supplementary Data 3

Description: Summary of the country origin of the systematic review.

File Name: Supplementary Data 4

Description: AMSTAR 2 results.

File Name: Supplementary Data 5

Description: Detailed information on meta-analytical data and analysis of the included systematic reviews.

File Name: Supplementary Data 6

Description: PRISMA checklist.