

Additional File 2. Details of the training, resources and delivery of the MOHMQuit Intervention

Table A2.2 Details of the training, resources and delivery of the MOHMQuit Intervention

Target group	Activities [^]	Resources
Maternity service leaders, midwives, Aboriginal health workers, obstetricians and obstetric trainees	Two 30-minute online training modules from HETI^{^^} covering: (i) Harms of antenatal smoking (ii) The evidence for SCS (iii) Use of the 5As (iv) Use of nicotine replacement therapy (NRT) in pregnancy <i>Note - it is intended that participants will have completed the HETI modules to ensure basic knowledge prior to MOHMQuit-specific training, which reinforces the learning presented in the modules.</i>	<i>Not applicable</i>
Maternity service leadership group: <ul style="list-style-type: none"> • Midwifery unit managers • Clinical midwifery consultants • Clinical midwifery educators • Other senior midwives 	3-hour workshop covering: <ul style="list-style-type: none"> • SCS leadership • Reviewing eMaternity* reports (local performance data on provision of SCS) • Action planning • Developing care pathways for SCS • Developing and maintaining champions 	<ul style="list-style-type: none"> • Template for generating eMaternity reports on provision of SCS in their clinic • Guidance on use of the eMaternity reports for quality improvement • Comparison with action for other conditions e.g., gestational diabetes • A clinic/service action planning tool • Guidance on developing champions • Guidance on developing local care pathways • Summary of evidence of effectiveness of 5As, Quitline and interventions in pregnancy

<p>Clinical midwifery educators</p> <ul style="list-style-type: none"> • In addition to attending the leadership workshop above, and attending the clinician training, educators at each site will attend an additional training to maximise sustainability of the intervention. 	<p>1-hour workshop covering:</p> <ul style="list-style-type: none"> • How to provide MOHMQuit training to midwives, Aboriginal health workers and obstetricians. 	<ul style="list-style-type: none"> • A specific train-the-trainer resource pack that includes all the materials used in the training for midwives, Aboriginal health workers and obstetricians • Instruction on how to run training • Guidance on adapting the MOHMQuit training to different situations (e.g., one-on-one support, half-hour brief team training, or the full one-day workshop)
<p>Midwives and Aboriginal health workers:</p> <ul style="list-style-type: none"> • All midwives providing antenatal care in any setting • All Aboriginal health workers providing antenatal care in any setting <p><i>N.B. settings may include hospital or community-based clinics, outreach programs, and hospital wards</i></p>	<p>Full-day workshop covering:</p> <ul style="list-style-type: none"> • Importance of providing SCS • How to provide effective SCS • How to use the MOHMQuit resources • Using tools for self-monitoring provision of SCS and action planning • Documentation of SCS in eMaternity to accurately record SCS provided in eMaternity, to enhance record keeping and communication with other clinicians 	<ul style="list-style-type: none"> • 11 short videos demonstrating critical techniques in providing SCS • Guidance on recording smoking information in eMaternity • Information on NSW Quitline** • Comparison with action for other conditions e.g., gestational diabetes • Summary guide of the 5As • Assist and arrange follow-up flip booklet • Helpful hints for clinicians • Reference card to attach to ID card • Self-help booklet for use with women • NRT (nicotine replacement therapy) information sheets for clinicians • NRT information for women

<p>Obstetricians and obstetric trainees involved in antenatal care</p>	<p>2-hour training covering:</p> <ul style="list-style-type: none"> • Importance of providing SCS • How to provide effective SCS • Use of the MOHMQuit resources • Documentation of SCS in eMaternity 	<ul style="list-style-type: none"> • 11 short videos demonstrating critical techniques in providing SCS • Guidance on recording smoking information in eMaternity • Information on NSW Quitline** • Comparison with action for other conditions e.g., gestational diabetes • Summary guide of the 5As • Assist and arrange follow-up flip booklet • Helpful hints for clinicians • Reference card to attach to ID card • Self-help booklet for use with women • NRT (nicotine replacement therapy) information sheets for clinicians • NRT information for women
<p>Maternity service leaders, midwives, Aboriginal health workers, obstetricians and obstetric trainees who have attended the MOHMQuit Training. <i>Attendees will be invited to attend at their discretion.</i></p>	<p>Community of Practice meetings (1-hour meetings, held online)</p> <ul style="list-style-type: none"> • Five weeks after training occurs at their site, each site will be encouraged to participate in Community of practice meetings, facilitated online by the research team. • Meetings will continue monthly and provide additional and ongoing support to all leaders and clinicians and encourage peer support and encouragement. 	<p><i>Not applicable</i></p>

^While it is intended to run both the leader and clinician workshops in a face-to-face format, remote options (video-conferencing etc) will be used if required because of COVID-19 restrictions. Remote options will also be used to supplement or reinforce the face-to-face training, as required, including the Community of Practice meetings.

^^HETI (The NSW Health Education and Training Institute) provides training and education to support clinicians, trainers, managers and leaders across the NSW health system. The Institute has developed two 30-minute online training modules on supporting pregnant women to quit smoking.

*eMaternity is the electronic health record used by maternity services in New South Wales.

**NSW Quitline is confidential telephone information and advice service to help smokers quit smoking and remain abstinent.