

Evaluation of real-life use of Point-Of-Care Rapid Antigen Testing for SARS-CoV-2 in schools (EPOCRATES)

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Abbreviations: ABM (agent-based model), Ct (cycle threshold), COVID-19 (Coronavirus disease 2019), D (day), ESCL (École Secondaire Calixa-Lavallée), LOD (limit of detection), PCR (polymerase chain reaction), PSNM (Pensionnat du Saint-Nom-de-Marie), RADT (rapid antigen detection test), SARS-CoV-2 (Severe acute respiratory syndrome coronavirus 2), TAT (turnaround time)

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3 **Table of Contents Summary:** Rapid antigen tests were compared to standard PCR to diagnose
4 SARS-CoV-2 infections in high-school students. They performed better in symptomatic
5 individuals.
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8 **What’s Known on This Subject**

9 Rapid antigen detection tests (RADT) are often used to diagnose respiratory pathogens at the point-
10 of-care. Their performance characteristics vary, but they usually have high specificity and
11 moderate sensitivity compared with PCR.
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14 **What This Study Adds**

15 RADT sensitivity ranged from 28.6% in asymptomatic individuals to 83.3% in symptomatic
16 individuals. Return to school after 7 days of quarantine was safe in exposed students. Secondary
17 cases were identified in 28% of classes with an index case.
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3 **Authors contribution statement:**
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5 Caroline Quach conceptualized and designed the study, acquired funding, carried out the data
6 analysis and drafted the initial manuscript.
7

8
9 Marc Desforges, Annie-Claude Labbé, Cat Tuong Nguyen, Kate Zinszer, Jean Longtin, Ioannis
10 Ragoussis and David L. Buckeridge conceptualized and designed the study.
11

12 Kelsey Adams, Marie-Ève Benoit collected data and managed and coordinated the research
13 project on site.
14

15
16 Yves Petit, Dominic Besner, Zineb Laghdir, Geneviève Leduc managed and coordinated the
17 research project on site.
18

19 Ana C. Blanchard carried out the data analysis and drafted the initial manuscript.
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21 Olivier Séguin carried out the data analysis.
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24 All authors critically reviewed, revised the manuscript and approved the final manuscript as
25 submitted and agree to be accountable for all aspects of the work.
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3 **Abstract (246 words)**
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6 **Background:** We evaluated the use of rapid antigen detection tests (RADT) for the diagnosis of
7 severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection in school settings to
8 determine RADT's performance compared to PCR.

9 **Methods:** In this real-world, prospective observational cohort study, high-school students and
10 staff were recruited from two high-schools in Montreal (Canada) and followed from January 25th
11 to June 10th, 2021. Twenty-five percent of asymptomatic participants were tested weekly by
12 RADT (nasal) and PCR (gargle). Class contacts of cases were tested. Symptomatic participants
13 were tested by RADT (nasal) and PCR (nasal and gargle). The number of cases and outbreaks
14 were compared to other high schools in the same area.

15 **Results:** Overall, 2,099 students and 286 school staff members consented to participate. The
16 overall RADT's specificity varied from 99.8 to 100%, with a lower sensitivity, varying from
17 28.6% in asymptomatic to 83.3% in symptomatic participants. Secondary cases were identified
18 in 10 of 35 classes. Returning students to school after a 7-day quarantine, with a negative PCR
19 on D6-7 after exposure, did not lead to subsequent outbreaks. Of cases for whom the source was
20 known, 37 of 57 (72.5%) were secondary to household transmission, 13 (25%) to intra-school
21 transmission and one to community contacts between students in the same school.

22 **Conclusion:** RADT did not perform well as a screening tool in asymptomatic individuals.
23 Reinforcing policies for symptom screening when entering schools and testing symptomatic
24 individuals with RADT on the spot may avoid subsequent significant exposures in class.
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24 **Background**

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26 Timely diagnosis of infection enables outbreak control through rapid isolation of index cases and
27 subsequent contact tracing^{1, 2}. Diagnosis of severe acute respiratory syndrome coronavirus 2
28 (SARS-CoV-2) infection is predominantly based on polymerase chain reaction (PCR) testing,
29 which has a turnaround time (TAT) of 24-48 hours. Rapid antigen detection tests (RADT) were
30 used for years to diagnose other respiratory pathogens, such as influenza and respiratory syncytial
31 virus. RADT are inexpensive and can be used at the point-of-care. They usually have high
32 specificity and moderate sensitivity compared with PCR³⁻⁶. Given their rapid TAT, RADT allow
33 for efficient triage, management and cohorting of exposed individuals⁷. The potential use of RADT
34 is especially relevant in school settings, where COVID-19 outbreaks can interrupt in-person
35 teaching, contribute to social isolation and negatively impact learning⁸⁻¹¹.

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37 RADT perform best in the early stages of infection, when viral load is generally high¹²⁻¹⁵ and may
38 help in situations where a person was exposed to a confirmed case of COVID-19. Reported RADT
39 sensitivity ranges from 28.9% to 98.3%, with improved RADT sensitivity in samples with high
40 viral loads and in symptomatic individuals, with a specificity of 99.5%^{16, 17}. PCRs' usual limits of
41 detection (LOD) is 600-1000 viral RNA copies/ml, whereas RADTs usually have LOD 2-3 logs
42 higher (10^5 to 10^6)¹⁸. Many studies have indicated the importance of high viral load dynamics
43 with infectiousness and transmissibility^{19, 20}. There is a strong correlation between cycle threshold
44 (Ct) values and the ability to recover infectious virus and thus transmissibility: for each unit
45 increase in Ct value, the odds of recovering infectious virus decreased by 0.67 being under 10%
46 when Ct-values were > 35 . Ct values of 17 to 32 corresponded to 10^5 and 10^1 SARS-CoV-2 RNA
47 copies/ μ L, respectively²¹.

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5 49 Children being the last group to be fully immunised, we aimed: 1) to determine the performance
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7 50 characteristics of RADT for SARS-CoV-2 compared to PCR in different groups of high-school
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9 51 students and staff and 2) to determine if serial testing of close COVID-19 contacts would allow
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11 52 for a safe and faster return to school.
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16 17 54 **Methods**

18 19 55 *Participating population*

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21 56 The study was conducted in two high schools (Montreal, Canada), of ~3000 students. Pensionnat
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23 57 du Saint-Nom-de-Marie (PSNM) is a private school in an affluent neighbourhood, with 80% of
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25 58 students from native-born families. École secondaire Calixa-Lavallée (ESCL) is a public school
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27 59 where students are predominantly from multiethnic, first-generation immigrant communities. Both
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29 60 schools followed the Ministry of Education recommendations during the COVID-19 pandemic, by
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31 61 forming “classroom bubbles” and providing in-person teaching, except for classes in secondary 3
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33 62 to 5 (grades 9-11) that stayed home every other day. Masks were mandatory at all times, as of
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35 63 October 8th, 2020. Students, were ~30 per class and were seated one metre (three feet) from each
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37 64 other. They remained in the same classroom and teachers moved from one class to the next. School
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39 65 staff, including teachers and administrative personnel, were invited to participate. A first dose of
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41 66 COVID-19 vaccine was offered to staff members as of April 9th, 2021, and to students ≥ 12 years
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3 71 *Study design and interventions*
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5 72 This was a real-world, prospective observational cohort study comparing RADT to PCR. Subjects
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8 73 were high-school students and staff from two schools followed from January 25th to June 10th,
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10 74 2021.
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14 76 The RADT used was a lateral flow immunoassay [PanBio™ COVID-19 Ag test (Abbott
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17 77 Laboratories, Illinois, USA)], authorised by Health Canada²². Nasal swabs were self-collected
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19 78 under the supervision of a research assistant who performed RADT on site. For symptomatic
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21 79 participants, the remaining buffer fluid after RADT was done was sent for PCR. In addition, spring
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23 80 water gargle specimens were collected for PCR testing²³. Laboratory-developed PCR was
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25 81 performed in the CHU Sainte-Justine virology laboratory (Montreal, Canada), with a LOD of 400
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27 82 copies/mL (based on Corman et al.²⁴). Extraction and purification of genetic material (nasal and
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29 83 gargle specimens) was done with Roche's MagNA Pure 96 system. The laboratory testing protocol
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31 84 and the water gargle validation have been described elsewhere²⁵⁻²⁸.
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38 86 Decisions about management of cases and contacts were made by two members of the research
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40 87 team (AB, CQ), in collaboration with local public health (CT, OS), based on RADT and PCR
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42 88 results and history of exposures. The school principals (YP, DB) were actively involved in the
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44 89 study design and organisation throughout the study period.
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47 90 1) Testing protocol in the absence of a known exposure:
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49 91 a. Asymptomatic students and staff: Nasal swabs and gargle specimens on a random
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51 92 sample of 25% of participants were collected weekly for RADT (nasal) and PCR
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53 93 (gargle), stratified by class.
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3 94 b. Symptomatic students and staff: Gargle specimens for PCR and a nasal swab for RADT
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5 95 and PCR were performed on site. Results from RADT and PCR were officially reported
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7 96 to public health; an individual was considered infected if the PCR result was positive.
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10 97 If symptoms occurred while in school, the research team proceeded with sample
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12 98 procurement. If symptoms developed while at home, the participant could either get
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14 99 tested through the usual process of care or through a walkthrough process at school (by
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17 100 appointment, in a specific room away from public areas).
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22 102 2) Management of exposed contacts of a positive individual in a class

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24 103 Students and staff who were considered contacts of a confirmed COVID-19 positive individual
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26 104 were isolated at home. Students were allocated to either a 7- or 14-day quarantine, staffs were
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28 105 allocated to a 7-day quarantine, with tests (nasal RADT and gargle PCR) three days after last
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31 106 contact with the known positive case, and up to two days before the end of quarantine. RADT was
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33 107 performed in school on day (D)14, D21 and D28, if the initial PCR was negative. If symptoms
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35 108 developed, both the RADT and PCR were performed, as previously described. Students who did
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38 109 not consent to the study were quarantined for 14 days, even if their group was allocated to a 7-day
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40 110 quarantine. Students and staff concerned with significant off-campus exposure were provided to
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42 111 be tested through the project.
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47 113 *Outcomes*

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49 114 The primary outcome was to assess the performance characteristics of RADT in: a) asymptomatic
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51 115 participants randomly screened (compared to gargle PCR); b) asymptomatic close contacts of a
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3 116 confirmed positive case (compared to PCR on nasal swab and gargle); c) symptomatic participants
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5 117 (compared to PCR on nasal swab and gargle).
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10 119 Secondary outcomes included: a) number of positive students by RADT in groups exposed to a
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12 120 confirmed positive index case, allocated to early (on D8) versus standard (on D15) return to school
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14 121 (7 vs. 14 days of quarantine) and b) number of case clusters in schools. These clusters were
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16 122 compared to clusters in other high schools in Montreal during the same time frame, using public
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18 123 health data.
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24 125 *Statistical analysis*

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26 126 Descriptive statistics were used for characteristics of the cohort and test performance (sensitivity
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28 127 and specificity) of the RADT.
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33 129 To determine the precision with which we would be able to estimate our primary outcome, we
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35 130 implemented an agent-based model (ABM) to estimate it through simulations, adapting a
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37 131 previously described school-based ABM²⁹ (Supplementary Appendix A). Based on this
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39 132 simulation, we expected that the number of infections and tests would be sufficient in one school
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41 133 but added an additional school to support generalizability of the findings, as well as to allow
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43 134 exploration of secondary objectives.
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49 136 *Ethical considerations*

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51 137 This project was approved by the CHU Ste-Justine Research Ethics Board (#MP-21-2021-3271).
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53 138 Written invitation letters to participate in the study were sent by schools' direction to parents and
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3 139 staff explaining the study objectives, methods and expected impacts. Online informed parental
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5 140 consent, as well as assent, was required for all students. Parents who preferred to keep their
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7 141 children home for 14 days in case of a class contact could do so. Tests results were communicated
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9 142 to parents and students (aged ≥ 14 years) by the school (via email), as they became available.
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14 144 This study was funded by the Québec Ministry of Health and Social Services.
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147 **Results**

148 During the study period, 2,099 students and 286 school staff members consented to participate.

149 Overall, the participation rate for students was 78.5% and 63.5% (Figure 1) and 94.4% and 89.5%
150 for staff members.

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152 *RADT results and PCR validation (from gargle specimens only)*

153 1) Asymptomatic students and staff

154 Of 5,583 RADT done on asymptomatic students (Table 1), seven had an invalid PCR result on the
155 gargle sample, seven were equivocal and three were weak positive, of which one was negative
156 when repeated the next day (and was excluded). Two students with equivocal or weak positive
157 PCR results had a positive PCR result in the previous 90 days. The infection prevalence in
158 asymptomatic participants was 0.30% (95% CI 0.18- 0.49). Therefore, the sensitivity of RADT in
159 that population was 41.2% (95% CI 21.6-64.0), with a specificity of 100.0%.

160 Of 784 asymptomatic RADT screening tests done on asymptomatic randomly screened staff
161 members, two gave invalid PCR results and six were lost. Only one RADT was positive, but the

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3 162 PCR was negative on both the gargle and nasal specimens, giving a specificity of 99.8% (95% CI
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5 163 99.3-100.0) (Table 1).
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8 164 2) Asymptomatic exposed contacts in a classroom
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10 165 A total of 1491 RADT tests and PCR were done on asymptomatic students exposed to a positive
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12 166 classmate index case at D3 and 2 days before returning to class. After excluding one equivocal
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14 167 PCR result, SARS-CoV-2 prevalence in this exposed group was 0.7% (95% CI 0.5-1.6). The
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16 168 sensitivity of RADT was 28.6% (95% CI 8.4-58.1) with a specificity of 99.6% (95% CI 99.1-99.9)
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18 169 (Table 1). Of 627 RADTs done for asymptomatic exposed contacts on D14, D21 and D28, only
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20 170 one was positive (also positive by PCR when tested on D12 – see outbreak section). A total of 61
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22 171 RADT and PCRs were done for staff members on D3 and D7 after a contact with a positive index
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24 172 case in school (Table 1). All tests were negative.
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28 173 3) Symptomatic students and staff
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30 174 Overall, 235 students developed symptoms and were tested on site for SARS-CoV-2. As shown in
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32 175 Table 1, 10 had a positive RADT and 12 had a positive PCR [prevalence=5.1% (95% CI 2.7-8.7)].
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34 176 The sensitivity of RADT in that population was 83.3% (95% CI 51.6-97.9) with a specificity of
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36 177 100.0% (95% CI 98.4-100.0). Sixty-four staff members were tested on site for symptoms
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38 178 compatible with COVID-19. Only one had a positive RADT and PCR. In addition, one positive
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40 179 case was identified by PCR after a negative RADT (sensitivity of 50% (95% CI 1,3- =98,7) and
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42 180 specificity of 100%.
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3 185 *Outbreaks and comparison with other schools in the region*
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5 186 Of all participants, 76 PCR (gargle or nasal) positive cases were identified, including three cases
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7 187 in staff members. Of the 35 classes included in the study, 20 returned on D8 after contact, if the
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9 188 gargle PCR was negative on D6 or D7.
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14 190 Secondary cases were identified in 10 classes. The number of secondary cases in each class were
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16 191 one (n=8 classes), three (n=1 class) and four (n=1 class). Overall, four secondary cases had a
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18 192 positive RADT, including three asymptomatic students and one symptomatic student who tested
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20 193 positive by RADT and PCR on D12, with symptoms starting on D9 after last contact with the
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22 194 positive classmate – a community exposure was also suspected. No tertiary case occurred.
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26 195 Outbreaks were limited to the classroom bubble and to school friends seen outside of school. When
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28 196 the source was known, 37/57 cases (72.5%) were secondary to household transmission, 13 (25%)
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30 197 to intra-school transmission and one to community contacts between students in the same school.
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35 199 During the same period, outbreaks declared in other Montreal schools had a lower proportion of
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37 200 asymptomatic cases (31.8%) compared to ESCL (55.6%) and PSNM (85.7%) (Supplementary
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39 201 Appendix B).
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44 203 **Discussion**
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47 204 RADTs were purchased in many countries as an additional tool to prevent outbreaks. However,
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49 205 their use is limited by the paucity of evidence regarding their performance in school-aged children
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51 206 and their impact on allowing in-person schooling. In this study, we prospectively compared the
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53 207 performance of a COVID-19 RADT to PCR for the purpose of limiting transmission of SARS-
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3 208 CoV-2 infection in a real-world setting in two high schools. In a context of low SARS-CoV-2
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5 209 prevalence in school and higher prevalence in the community (5-7% test positivity in Montreal³⁰),
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7 210 we observed only seven false positive RADT during the 5-month study (all in asymptomatic
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9 211 individuals) and the specificity of the RADT remained excellent in all circumstances (99.8 and
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11 212 100%). However, the sensitivity was much lower, varying between 28.6% in asymptomatic to
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13 213 83.3% in symptomatic students.
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19 215 A recent large observational study described the use of RADT in asymptomatic individuals as
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21 216 beneficial, reporting a sensitivity of 64.4% (95% CI 58.3-70.2)³¹. However, as not all
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23 217 asymptomatic individuals included had a confirmatory PCR, this could be overestimated. In our
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25 218 study, only a few positive cases were detected by RADT (7/6358, 0.11% - students and staff
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27 219 combined) in asymptomatic individuals who were randomly tested. Ten additional cases were
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29 220 detected by PCR from gargle specimens. During the study, two full-time research assistants were
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31 221 in each school, in addition to local school staff who were supporting the study rollout. This level
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33 222 of required resources makes it difficult to justify the use of RADT for random screening of
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35 223 asymptomatic individuals given its low sensitivity in that setting.
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42 225 On the other hand, RADT detected SARS-CoV-2 positive symptomatic cases in 15 minutes,
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44 226 allowing for prompt isolation, contact tracing, and testing – in collaboration with local public
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46 227 health. In this study, the overall sensitivity of RADT in symptomatic individuals (students and
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48 228 staff, combined) was 78.6% (95% CI 49.2-95.3). This finding is in agreement with other published
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50 229 studies^{14, 15, 32-34}. Sood et al. recently described that the positive concordance of RADT was higher
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52 230 among symptomatic children (64.4%) compared to asymptomatic children (51.1%) presenting at
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3 231 a walk-in testing site³³. Similarly, L'Huillier et al. described a sensitivity of 73.0% in symptomatic
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5 232 vs. 43.3% in asymptomatic children³⁴. The authors described the peak of RADT sensitivity as high
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8 233 as 100% on D2 post symptoms onset, with a subsequent decrease to 56% by D5. In our study, 225
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10 234 of 235 symptomatic children had recorded their date of symptoms onset, with a median time of
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12 235 one day (range: 0-33 days). Overall, 46.7% (n=105/225) were tested with RADT and PCR on the
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14 236 day of symptoms onset. Our reported RADT sensitivity may have been higher had students been
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17 237 tested on subsequent days. However, the usefulness of RADT is precisely to control outbreaks and
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19 238 therefore delaying testing to enhance sensitivity would be counterproductive. This trade-off may
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21 239 not apply to the delta variant, for which the kinetic of infection may differ^{35, 36}.

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26 241 RADT identified 28.6% of positive asymptomatic exposed school contacts, which was similar to
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28 242 that recently described by Torres et al. for non-household significant contacts (sensitivity:
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30 243 35.7%)³⁷. Although this percentage is relatively low, the rapid diagnosis of SARS-CoV-2 infection
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32 244 in exposed individuals allowed local public health to quickly manage these students' household
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35 245 contacts who, at the time, had to isolate until the result of the D3 testing. With changes in
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37 246 quarantine recommendations for vaccinated family members, the benefit of RADT in this specific
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39 247 population may be smaller. Of note, most positive cases in students, for which the source was
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41 248 known were due to intrafamilial and household SARS-CoV-2 transmission. In many of these
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43 249 instances, students were sent to school despite having a known positive contact. Active screening
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45 250 of symptoms and history of significant contact with known positive cases should be reinforced to
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47 251 prevent school outbreaks. Thirteen of 51 cases were acquired from school, with 15 cases belonging
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49 252 to the same class bubble (in five classes overall). Therefore, the asymptomatic nature of this
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3 253 infection makes screening for school contacts essential. Our results demonstrate that using a more
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5 254 sensitive method, such as PCR, may be more reliable for that purpose.
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10 256 This study had several limitations. First, we did not collect socio-demographic and behavioral data,
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12 257 including risk perception, adherence to public health measures, nor did we systematically
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14 258 document individual contacts with positive cases occurring outside of school. However, for the
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16 259 most part, we were able to identify when significant household transmission occurred and relied
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18 260 on the transparency of participants and local public health. We cannot infer whether PCR positive
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20 261 individuals were contagious. The study was performed before the advent of the delta variant in our
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22 262 region. Because RADT detects the N protein, we expect that its sensitivity and specificity would
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24 263 not be affected negatively, as viral loads of delta variant infections are reported to be higher³⁵.
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26 264 Finally, the sensitivity of RADT in symptomatic individuals was based on a relatively small
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28 265 number (12 students and 2 staff members) of people with PCR-confirmed SARS-CoV-2 infections.
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35 267 This is the largest study to date assessing the use of RADT in school settings. The strengths of this
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37 268 study included its prospective design, as well as the real-world use of RADT in comparison to
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39 269 PCR. We assigned participants to earlier versus standard return to school with serial RADT testing,
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41 270 showing that there were no secondary outbreaks when allowing students to return to school after
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43 271 a shorter quarantine. Although the current study was not powered to rule this out, this aligns with
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45 272 other recently published data³⁸ and may allow policymakers to consider reducing the duration of
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47 273 quarantine for exposed contacts, provided a PCR is negative on D6 or D7 following contact.
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3 275 In conclusion, our findings contribute to the growing evidence that the use of RADT leads to rapid
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5 276 diagnosis of SARS-CoV-2 infection in symptomatic individuals in schools³⁹. However, RADT
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8 277 does not perform well as a screening tool in asymptomatic individuals. In our study, teenagers
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10 278 were able to adequately proceed to self-collection of swabs, while supervised by a research
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12 279 assistant. It may be helpful to reinforce policies for symptom screening when entering schools,
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14 280 where symptomatic individuals, including students or staff could be tested with RADT on the spot.
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17 281 This would avoid subsequent significant exposures in class but would also allow students to attend
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19 282 school if symptoms were due to other viruses. A negative RADT could still mean that symptoms
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21 283 are due to SARS-CoV-2, but with a viral load too low to be detected and therefore less likely to
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24 284 transmit at that point. In such instance, a subsequent sample tested by PCR would be useful.
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Table 1. Performance of RADT in the different participant groups

RADT (nasal)	RESULTS				CLINICAL PERFORMANCE OF RADT		
	PCR (gargle)				Sensitivity		Specificity
	POS	NEG	EQ/Weak POS	INV	Excluding EQ/Weak POS	Including EQ / Weak POS	
<i>Asymptomatic students*</i>							
POS	7	1	0	0	41.2%	26.9%	100%†
NEG	10	5549	9	7	(95% CI 21.6-64.0)	(95% CI= 13.7-46.1)	(95% CI 99.9-100)
INV	0	0	0	0	(n=17)	(n=26)	
<i>Asymptomatic students considered exposed contacts of positive index cases‡</i>							
POS	4	6	0	0	28.6%	26.7%	99.6%
NEG	10	1470	1	0	(95% CI 8.4-58.1)	(95% CI 7.8-55.1)	(95% CI 99.1-99.9)
INV	0	0	0	0	(n=14)	(n=15)	
<i>Symptomatic students§</i>							
POS	10	0	0	0	83.3%	N/A	100.0%
NEG	2	224	0	0	(95% CI 51.6-97.9)		(95% CI 98.4-100.0)
INV	0	0	0	0			
<i>Asymptomatic staff members</i>							
POS	0	1	0	0			99.8%
NEG	0	775	0	0	N/A	N/A	(95% CI 99.3-100.0)
INV	0	0	0	0			
<i>Asymptomatic staff members considered exposed contacts of positive index cases</i>							
POS	0	0	0	0			100.0%
NEG	0	61	0	0	N/A	N/A	(95% CI 94.1-100.0)
INV	0	0	0	0			
<i>Symptomatic staff members</i>							
POS	1	0	0	0	50.0%	N/A	100.0%
NEG	1	62	0	0	(95% CI 1.3-98.7)		(95% CI 94.3-100.0)
INV	0	0	0	0			

RADT: rapid antigen detection test, PCR: polymerase chain reaction, POS: positive, NEG: negative, INV: invalid, EQ: equivocal, CI: confidence interval; N/A: non-applicable

* Prevalence of SARS CoV-2 infection, based on PCR results (including equivocal and weakly positive results): 0.30% (95% CI 0.18-0.49)

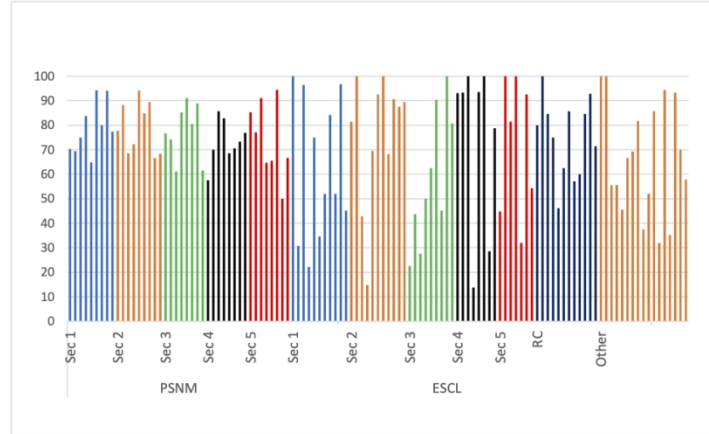
†The specificity of RADT in asymptomatic students was 99.98% when adjusted to two decimal places

‡ Prevalence of SARS CoV-2 infection, based on PCR results (including equivocal and weakly positive results): 0.7% (95% CI 0.5-1.6)

§ Prevalence of SARS CoV-2 infection, based on PCR results (including equivocal and weakly positive results): 5.1% (95% CI 2.65-8.71)

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Figure 1: Proportion of participating students per class and level



Sec: Secondary; RC: Reception class; PSNM: Pensionnat du Saint-Nom-de-Marie; ESCL : École Secondaire Calixa-Lavallée.

Sec: Secondary; RC: Reception class; PSNM: Pensionnat du Saint-Nom-de-Marie; ESCL : École Secondaire Calixa-Lavallée.

431x558mm (72 x 72 DPI)

Supplementary Appendix A : Sample size calculation

As the school populations were fixed in size, we determined the precision with which we would be able to estimate our primary outcome. Given the non-linear nature of the epidemic process and the complexity of the quarantine and testing policies proposed, it was not possible to estimate precision through a direct calculation. We therefore implemented an agent-based model (ABM) to estimate through simulations the number of tests that would be performed, the likely results of the tests, and other outcomes of interest in planning the study (e.g. number of days in school, number of secondary infections). We implemented a variation of a previously described school-based ABM to adapt the characteristics of the school²⁹. For simplicity, we did not model household transmission explicitly, although we did allow for infection outside of the school. We also extended the model to include testing and quarantine, and we simulated random testing of students, routine testing of teachers, testing of symptomatic students and teachers and the first quarantine policy where a full 14-day quarantine was imposed for a class in which any student or teacher received a positive test (RADT or PCR). Based on the mean across 100 simulation runs for 182 days each, with an estimated sensitivity (compared to PCR) of the RADT of 0.41 (IQR: 0.39 – 0.42) as compared to the true (i.e., modelled) sensitivity of 0.40 and an estimated specificity of POC test of 0.99 (IQR: 0.99 – 0.99) as compared to the true specificity of 0.98, we expected that the number of infections and tests would be sufficient in one single school to estimate the accuracy of RADT with acceptable precision. An additional school was added to support generalizability of the findings, as well as to allow exploration of the secondary objectives.

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3 ***Supplementary Appendix B: Comparison of outbreaks to other high schools in Montreal using***
4 ***public health data during the same period***
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6 Data from Montréal Public Health showed that in other Montréal high schools (n=177), a range of
7 1 to 16 exposures and outbreaks per school (median: 1; IQR: 2) were observed during the study
8 period, for a total of 358 outbreaks, one affecting two different schools. Schools declared that 1 to
9 52 cases (median: 4; IQR 5) were linked to an outbreak, for a total of 1181 cases. A range of 1 to
10 25 classes (median: 2, IQR: 3) were involved in outbreaks (n=161), for a total of 447 classes.
11 Outbreaks at ESCL and PSNM comprised, on average, 3 and 2 cases, respectively. ESCL and
12 PSNM had three outbreaks, with nine and seven students involved, from four and two groups,
13 respectively, during the same period.
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27 Despite active surveillance of SARS-CoV-2 infection through this study, there was no difference
28 in outbreaks observed between participating schools and the rest of the Montréal high schools.
29 However, outbreaks declared in other schools had a lower proportion of asymptomatic cases
30 (31.8%) compared to ESCL (55.6%) and PSNM (85.7%). Participating schools had a lower
31 proportion of cases linked to an outbreak present in school while contagious (28.6% and 6.7%),
32 compared to the average in other schools of Montréal (n=241; 36.5%). Interestingly, data showed
33 that 66.0% of cases linked to an outbreak in other high schools tested positive or started their
34 symptoms within seven days of their first exposure (Supplementary Figure). Furthermore, 51.0%
35 of the 741 cases linked to an outbreak who went to school while contagious were only processed
36 by the Public Health team, due to capacity, after the recommended first testing date.
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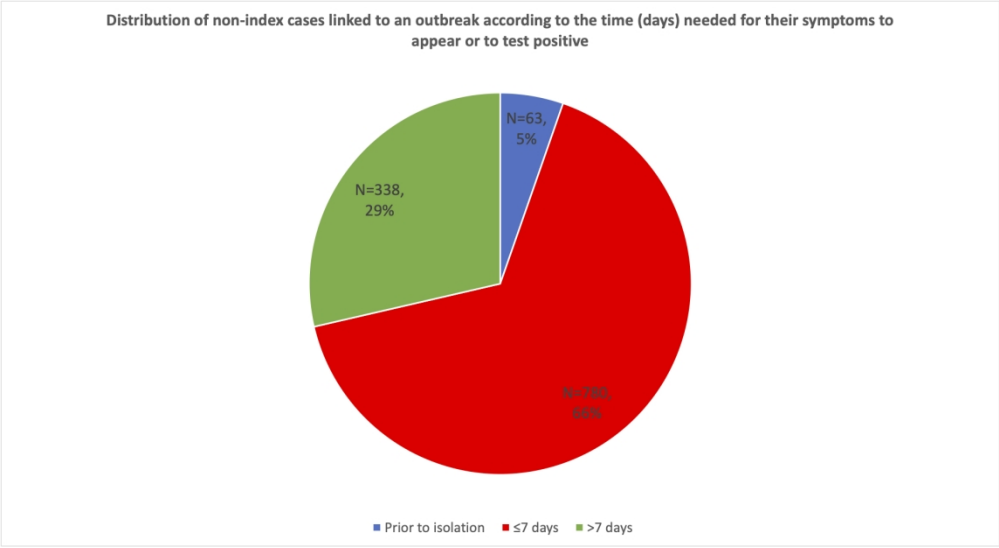
52 Using the number of classes where an outbreak occurred, assuming on average that one student is
53 in class while contagious, we estimated that 50,010 high school students were isolated during the
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study period in other high schools which, with 14 days of isolation, leads to an estimated 700,140 days or ~1,918 years of cumulative isolation. A safe, accelerated return to school could have possibly saved an estimated 350,070 days or ~959 years of cumulative isolation (Supplementary Table).

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Supplementary Table. Predicted days of isolation

<i>January 25 to June 10 2021</i>	<i>Average students per group</i>	<i>Groups</i>	<i>Total students put in isolation (instances)</i>	<i>Days of isolation (14 days)</i>	<i>Days of isolation (7 days)</i>
<i>High school</i>	30	1667	50010	700140	350070

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